



**St. Theresa  
Catholic School**  
*in Memorial Park*

# Peek of the Week

Oct. 2nd - Oct. 6th

School Hours: 7:50am-3:20pm

Main Office: (346) 335-1700

## ----- QUICK LINKS -----

[23-24 STCS School Calendar](#) | [Arrival & Dismissal Procedures](#)

[STCS Parent Corner](#) | [STCS Student Parent Handbook](#)

## HOME OF THE



## Important Dates

### Monday, Oct. 2nd

- Awareness Day - Breast Cancer (The Rose)

### Friday, Oct. 6th

- No School - Staff In-Service

### Monday, Oct. 9th

- No School - Fall Holiday

### Thursday, Oct. 19th

- 8th Grade: ISEE Test Registration Closes

### Friday, Oct. 20th

- Parent-Teacher Conferences (more details to come)

### Saturday, Oct. 21st

- TWEENS Read 2023!

Be sure to check our ["Events Calendar"](#) weekly for the most up to date information.



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## Forgotten Items

An important part of building responsibility in children is allowing them to experience logical and natural consequences. When a student has to leave class to call home for forgotten items, he/she is losing valuable instructional time.

Instructional time will not be interrupted to deliver books, and homework, etc. Students will not be allowed to use the school phone to call home for forgotten items during instructional time.

Lunch count orders are calculated and submitted by 8:20 am. The quantity of food prepared is based on this lunch count. Therefore, parents are not permitted to bring lunches after lunch count is taken (with the exception of students with life-threatening food allergies). Special carry-out lunches are permitted for the birthday student only, with advanced written notice to the homeroom teacher.

If a student has forgotten an item at school after he/she has been picked up in carpool, the student and/or parent **will not be able to re-enter the building to retrieve the item.**

## After School Sports Events

Students wishing to attend all sports events after school must be picked-up at regular dismissal or checked out of KV and be brought back to the game. Students are not allowed to remain on campus unsupervised. Students are not able to attend games without a parent/guardian.



There will be no access to school buildings during games with the exception of the restrooms in the gym.

## Around Campus

# Annual Fund Update

**St. Louis & St. Zelig Martin Society**  
The Mullervy Family

**Legacy Society**

**Leadership Society**  
The Gallo Family  
The Kolanski Family  
The Ling Family

**Partners Society**  
The Bollich Family  
The Simmons Family

**Little Flower Society**  
The D'Souza Family  
The Revia Family  
The Stewart Family

**Viking Society**  
The Fox Family

**Principal's Club**  
The Adolph Family  
The Dickinson Family  
The Margulis Family



*click here to  
donate today!*

**Thank you to all that have contributed to our Annual Fund.**

**As of today, we have raised a total of \$16,956.51!**

**Thank you all for your continued support!!**

## Pastries with the Principals



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nders on Wednesday after Mass. Be  
is [here](#) as we embark on our journey

together to develop the whole person.

## Monday, Oct. 2nd: Awareness Day



Thank you all for your generosity during last month's awareness day to Childhood Cancer. We collected a total of \$405 to support "A Shelter for Cancer Families' Hearts of Gold"!

Students may donate \$1 to support The Rose and come to school dressed in a Pink shirt or Viking Spirit wear shirt and blue or black jeans or uniform bottoms. The Rose provides screening, diagnostics and access to treatment to all regardless of their ability to pay. Please have your child give their donation to their homeroom teacher.

## 4th-8th Grades: TWEENS Read 2023 Information

Students in 4th-8th grades are invited to join us to the Tweens Read 2023 Book Festival on Saturday, October, 21st!

The goal of the Tweens Read Book Festival is to celebrate and promote reading by connecting tweens with authors and to encourage interaction between aspiring tween writers and established authors. Additional information can be found [here](#).



[SIGN-UP HERE!](#)

## NJHS Tutoring Program

The National Junior Honor Society would like to offer support to those children who may need a little help academically. We would like to offer one-on-one tutoring for children in grades 1st-5th for only \$5 per session. The tutors are scholars who maintain a 93 cumulative average. Mrs. Revia will be on hand to supervise and assist.

**When:** Tuesdays (beginning 10/24 - no tutoring on Halloween)

**Time:** 3:15-3:45pm

**Cost:** \$5 per session

**Location:** New School Building Science Lab

**Student Pick-Up:** Main Office Doors at 3:45pm



Please contact Mrs. Revia if you wish to sign-up your child or if you have any questions at [mary.revia@sttheresa.cc](mailto:mary.revia@sttheresa.cc).

## Character Pumpkin

Please see the [flyer](#) detailing information about our annual book character pumpkin patch taking place October 23-27 in the school library. This is a fun, family event to celebrate reading and books.





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[sttheresa.cc](mailto:sttheresa.cc)

## Viking Sports Calendar

# VIKING SPORTS CALENDAR

9/30: CC-TRACK HOUSTON CROSS COUNTRY MEET	10/12: 4:30P: VIKING SOCCER AT REGIS (AWAY)
10/2: 4:30P: VIKING VOLLEYBALL V. ST. ANNE-TOMBALL (GYM)	10/16: 4:30P: VIKING VOLLEYBALL V. ST. ROSE (GYM)
10/3: 4:30P: VIKING SOCCER V. ST. ANNE-TOMBALL (FIELD)	10/17: 4:30P: VIKING SOCCER V. ST. ANTHONY (FIELD)
10/4: 4:30P: VIKING VOLLEYBALL AT ST. ANTHONY (AWAY) 5:00P: VIKING FOOTBALL AT ASSUMPTION (AWAY)	10/18: 5:00P: VIKING FOOTBALL V. ST. THOMAS MOORE (FIELD)
10/9: 4:30P: VIKING VOLLEYBALL V. ST. MARTHA (GYM)	10/19: 4:30P: VIKING SOCCER V. CTR (FIELD)
10/10: 4:30P: VIKING SOCCER V. EPIPHANY (FIELD)	10/24: 4:30P: VIKING SOCCER AT ST. ANNE-TOMBALL (AWAY)
10/11: 4:30P: VIKING VOLLEYBALL AT EPIPHANY (AWAY) 5:00P: VIKING FOOTBALL V. ST. ANNE-TOMBALL (FIELD)	10/26: 4:30P: VIKING SOCCER AT EPIPHANY (AWAY)

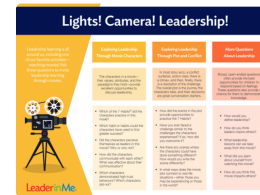
## Counselor's Corner

Greetings all,

We had a great week learning about how to take turns in Pre-K/Kinder, and in middle school learning how to take feedback constructively. Next week, in Pre-K/Kinder the children will learn about healthy choices, and middle school will learn about stress.

The Leader in me activity this week is a fun activity you can do with your children over the weekend. Popcorn recommended!

Have a restful weekend,  
Dr. Kirstie Carmichael LMSW, DBH  
School Counselor



## Leader In Me

Habit 1: Be Proactive!

### 1. Proactive (Water) Versus Reactive (Soda)

Resource: An unopened bottle of soda and an unopened bottle of water.

Firmly shake the bottle that is filled with soda and the bottle of water at the same time, while sharing examples of a day of upsetting events. Use situations applicable to your family. For example: "Imagine this is your day: It started off rushed because the alarm didn't sound, and then a friend made fun of you at school. And then..." Conclude by asking: "How do you feel?"

State: The carbonation in this soda is like a reactive person. The more you shake it up, the bigger the explosion is going to be if you take off the top. Not only will it explode on you, but the soda will get all over everyone around you.

Now, imagine the water bottle is a proactive person. As soon as I stopped shaking it, the water settled down. Being proactive doesn't mean we don't get shaken up, it is natural to get "all shaken up" and it is healthy to have emotions. But when we feel like this, we





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make choices based on

## 2. Pause, Think, and Choose

Ask family members to think of a situation where they usually respond reactively. Have each family member write down the answers to the following questions:

- What is the situation?
- What is something you can do to take a PAUSE in this specific situation?
- THINK, what are some choices you could make in this situation? What will be the consequence of each choice?
- What will you CHOOSE to do to be proactive in this situation?
- Invite family members to take a turn to be a performer and act out their situation. Cheer for the proactive choices!

## 3. Breathe Deeply

Discuss the benefits of taking time to focus on your breathing. Mindful breathing helps people to be proactive because it allows space to pause and take time to be aware of our actions and choices. Practice mindful breathing with family members.

## Now accepting applications for 2024-2025 school year

St. Theresa Catholic School is now accepting new student applications for the 2024-2025 school year! If you have friends or family that are interested in joining us next year, our application is available on our website under [Admissions Process](#).

**Re-enrollment for your currently enrolled students will take place early in 2024, as usual. You will receive a separate email about re-enrollment in early 2024.**

For new applicants, the application deadline to be considered in our first round of decisions for the 2024-2025 school year is **February 5, 2024**. We WILL continue to consider applications submitted after this date, so long as there is space in the grade. PK3 applicants must be three years old as of September 1, 2024 and toilet trained before school begins in August 2024.

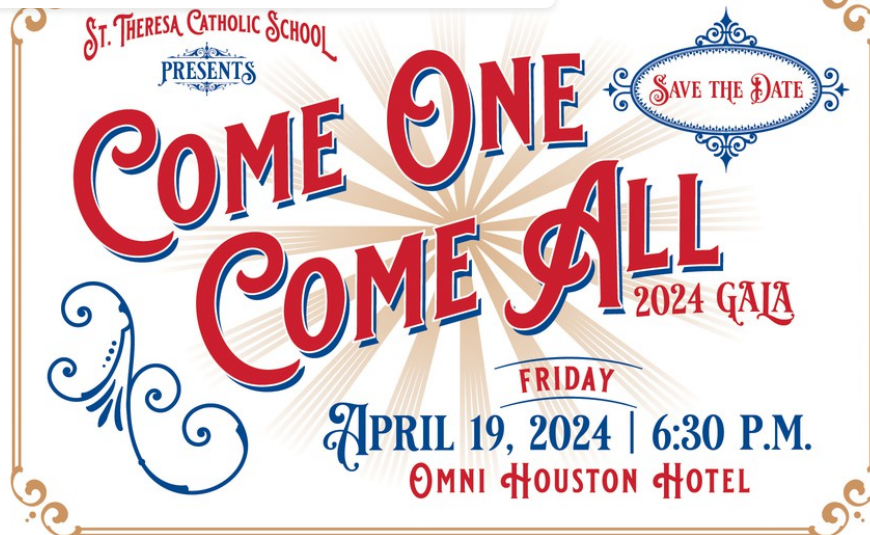
We are scheduling on campus tours on Tuesday mornings while school is in session. If you have any questions regarding the admissions process at St. Theresa, please contact Kelly McCarty at 346-335-1706 or [k.mccarty@sttheresa.cc](mailto:k.mccarty@sttheresa.cc).

## Parent Events





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### Volunteer Opportunities!

### Fund The Mission Ambassadors

Volunteers  
needed

Fund the Mission  
Ambassadors

Fund the Mission Ambassadors help partner with the school in communicating goals and updates related to Annual Fund as well as participate in our Fund the Mission Car Rally in November.

Last year, our Fund the Mission Campaign reached over \$115,000 in donations and corporate matching gifts.

Your leadership and commitment to Catholic School education is vital to our success here at St. Theresa where we are creating leaders in Faith, Service and Knowledge.

Please sign-up to volunteer by clicking below.

**Thank you for all that you do.**

**REGISTER NOW**

### 2023-24 PTO Volunteer Opportunity Sign-Ups

The PTO is working towards being the central resource to connect parents and families willing to contribute their time, talent and support with the events and initiatives at our school that need you!

Please use this [link](#) to sign up for volunteer opportunities for the upcoming school year. Contact information will be shared with the committees for each event or initiative that you sign up for and those committees will reach out to you with more information as it becomes available. **You are not committing to any events or initiatives by signing up on this list, only requesting more information from the individual committees.** If there are any other volunteer opportunities that are not listed, please include those details so we can help make it happen!



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## Girls Exploring Math & Science (GEMS 2023)

The Houston Museum of Natural Science is excited to present [Girls Exploring Math & Science \(GEMS\) 2023](#)!

GEMS will be held on Saturday, **November 4th, 2023** from 9am to 1pm, and we are looking for groups of students to be Student STEM Ambassadors! Students can participate by creating a project involving science, technology, engineering or math to present the day of the event. The top three projects will earn prize money for their school, troop or group! Student projects can cover anything relating to STEM from biology to engineering to programming and more! Student Booths are open to students in grades 4 thru 12. Each booth can have from 1 to 4 students accompanied by a chaperone. Troops and schools can host multiple booths, but each project should be submitted as a separate application.

Additional information can be found in the [Student information packet](#). If you have any questions about the GEMS Student Booths or event, please contact the GEMS Coordinator at [GEMS@hmns.org](mailto:GEMS@hmns.org).

If you are interested in participating as a Student STEM Ambassador, please fill out the information [here](#) by 5pm on October 6, 2023. Students hosting a booth will get **free** access the Houston Museum of Natural Science permanent exhibit halls on Saturday, November 4, 2023. In addition, students will have the opportunity to visit our Community Booths hosted by STEM professionals and talk about their STEM careers. In the past, we've had booths hosted by Weatherford, NASA, and more!

## HTXII Soccer Camp



## Kendra Scott Gives Back - Ceci Cares Foundation





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## Shine Bright, Do Good

JOIN US FOR A KENDRA GIVES BACK EVENT

### DATE & TIME

Saturday, October 14  
1:00 - 3:00pm

### DETAILS

Enjoy sips, sweets, and jewels as you shop for good! 20% of the proceeds made during these hours will benefit the CECI Cares Foundation.

*Can't make it in store? No worries!*

Use the online code **GIVEBACK-ERFHG** during checkout at [kendrascott.com](http://kendrascott.com) and 20% of the proceeds from that purchase will still benefit the CECI Cares Foundation!



**KENDRA SCOTT**  
Heights Mercantile  
714 Yale St, Suite 1D Houston, TX 77007



## STH Mini E-Gals Cheer Clinic

### STH MINI E-GALS CHEER CLINIC

Come cheer with the St. Thomas Cheerleaders  
and perform during halftime at the  
2023 JV St. John's Game on October 19th



**AGES:** Kindergarten - 8th grade

**COST:** \$100, includes + a t-shirt

**CLINIC DATE:** Saturday, October 14th 9am - 12pm | Check-in: 8:30-9:00

**WHERE:** Granger Stadium Football Field

**PERFORMANCE DATE:** Thursday, October 19th

### HALFTIME PERFORMANCE

**\*\* JV ST. JOHN'S GAME \*\***

THURSDAY, OCTOBER 19TH - Game starts at 6pm-

ARRIVE at GRANGER STADIUM BY 5:30pm

Please Fill out Google Form Below to register for this event  
by Sunday, October 7th.

<https://forms.gle/z8Q6bq66AVHhNlc8>

**\*\*You will get an email, about payment after filling out the google form!\*\***

If you have any questions, please contact the cheer coach at [sths.cheer@sths.org](mailto:sths.cheer@sths.org)

## 4th Graders: Free Pass to Federal Parks, Land & Waters!

**Free Pass to Federal Parks, Land and Waters!** For an entire year, 4th grade teachers, 4th graders and their family have free access to hundreds of parks, public lands, and seas. The pass is valid for the duration of the 4th grade school year through the following summer (September - August).

See additional information here: <https://store.usgs.gov/faq#4th-Grade-Pass>

Get your pass here: <https://everykidoutdoors.gov/index.htm>.



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## JUNIOR HIGH: Get ready for....Extreme Challenge!



**GET READY FOR...  
EXTREME  
CHALLENGE!!**

Extreme Challenge is a day of fun and fellowship, where junior high youth in grades 6-8th play crazy games, dance, eat, pray, build community, and celebrate our faith in prayer and liturgy.

**When:** October 21, 2023  
**Where:** St. Dominic Auditorium  
 2403 Holcombe Blvd. Houston, TX 77021  
**Cost:** \$25 per person

**SAVE THE DATE!**  
 Registration will open soon.



### St. Theresa Catholic School

Email: [m.reyes@sttheresa.cc](mailto:m.reyes@sttheresa.cc)

Website: [www.sttheresaschool.cc](http://www.sttheresaschool.cc)

Location: [6500 Durford Street, Houston, TX, USA](#)

Phone: (346) 335-1700

Facebook: [www.facebook.com/StTheresaCatholicSchool](https://www.facebook.com/StTheresaCatholicSchool)

Instagram: [www.instagram.com/sttheresasocial/](https://www.instagram.com/sttheresasocial/)

### St. Theresa Catholic School

St. is using Smore to create beautiful newsletters

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Communicate quickly and effectively with interactive newsletters.

Smore empowers educators to connect with their community, streamline school communications, and increase engagement.

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