



OPENING YOUR HEART: THE STARTING POINT (OYH)

LOCATION: St Catherine of Siena, Cenacle Rm, Parish Hall **TIME:** 7:00 - 8:30 PM, Thursdays

MATERIALS: *THE BIBLE* AND *OPENING YOUR HEART* STUDY GUIDE (CONNECT COFFEE TALKS ACCESSIBLE ONLINE OR DVD PURCHASE)

Session One	09/14/2023	Lesson 1: Connect Coffee Talk: Four Steps to Walking with Purpose
Session Two	09/21/2023	Lesson 2: Who Is Jesus Christ?
Session Three	09/28/2023	Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four	10/05/2023	Lesson 4: Why and How Should I Pray?
Session Five	10/12/2023	Lesson 5: Connect Coffee Talk: God—First Place in All Things
Session Six	10/19/2023	Lesson 6: Who Is the Holy Spirit?
Session Seven	10/26/2023	Lesson 7: Why Should I Read the Bible?
Session Eight	11/02/2023	Lesson 8: What Is Grace, and What Difference Does It Make?
Session Nine	11/16/2023	Lesson 9: What Are the Limits of Christ's Forgiveness?
Session Ten	11/30/2023	Lesson 10: Connect Coffee Talk: Your Heart—You Are Captivating
Session Eleven	01/18/2024	Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?
Session Twelve	01/25/2024	Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
Session Thirteen	02/01/2024	Lesson 13: How Do I Conquer My Fears?
Session Fourteen	02/08/2024	Lesson 14: Connect Coffee Talk: Marriage—Transformed by Grace
Session Fifteen	02/15/2024	Lesson 15: What Is the Role of Suffering In My Life?
Session Sixteen	02/22/2024	Lesson 16: What Does Mary Have to Do with My Friendship with Christ?
Session Seventeen	02/29/2024	Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
Session Eighteen	03/07/2024	Lesson 18: Connect Coffee Talk: Children—Reaching Your Child's Heart
Session Nineteen	03/21/2024	Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
Session Twenty	04/04/2024	Lesson 20: What Is the Relevance of the Church in My Life?
Session Twenty-one	04/11/2024	Lesson 21: How Do I Read the Bible in a Meaningful Way?
Session Twenty-two	04/18/2024	Lesson 22: Connect Coffee Talk: Outside Activities—Set the World on Fire

OPENING YOUR HEART: THE STARTING POINT (OYH)

2023 - 2024 OYH Calendar

* The following weeks are skipped for holiday or Retreat:

11/09/23 - ACTS Women's Retreat

11/23/23 - Thanksgiving Holiday

12/07/23 - 1/11/24 Christmas break

03/14/24 - Spring Break

03/28/24 - Holy Week

** Note: Any dates missed due to inclement weather will be covered the following week in addition to that week's scheduled lesson.