

TO: PBDCCW

FROM: Patricia Ann Amann

RE: SPIRITUALITY CHAIR REPORT

DATE: December 13, 2021

In this season of Advent, I invite you to have an attitude of gratitude, to pray daily, to read scripture, to meditate, to go to confession, to examine your conscience every night, and to practice the gift of presence – listening to the concerns of others. Prayer is putting yourself in the presence of God. That sounds strange, because we are always in the presence of God. He is always there. God is always present to us. But do we know that with all our hearts?

As we prepare for His coming into our world as a little infant this Christmas, let us remember that He always seeks our attention. He is in the moment. And the moment is ours. It is sometimes in the cracks of our vulnerability that we can see Him, the Light. As He shines His light on us, may we rejoice with the angels and reflect this Light to everyone this holy season.

As we reflect on Jesus, we will find that we are called to action in the ways of love and compassion. As we grow in spirituality, we will find that we are taking on a servant leadership model, and serving others is something we do joyfully. The Holy Spirit propels us to this action and completes it in us. Come Holy Spirit.

Please send me the hours of your parish Adoration Chapel. If you need meditation exercises, please let this chair know. Doing Lectio Divina on even one paragraph of scripture is so fruitful. Dear Father, give us the heart of Jesus.

For the Spirituality Chairs, please remember to say the Prayer to St. Joseph at the end of your meetings.

It is an honor to start the CCW year as your Spirituality Chair. Thank you for the opportunity to share.