

The Parish of Immaculate Conception & Assumption of Our Lady

Church and Parish Center:
53 Winter Hill Road
Tuckahoe, NY 10707

Church and Fr. Fata Hall:
125 Wallace Street
Tuckahoe, NY 10707

www.icaparish.org · (914) 961-3643

March 2, 2025 | Eighth Sunday in Ordinary Time

Vigil and Sunday Masses

Saturday:

4:00 PM Assumption of Our Lady

5:00 PM* Immaculate Conception

Sunday at Immaculate Conception:

8:00 AM | 10:00 AM* | 12:00 PM | 5:00 PM

Sunday at Assumption of Our Lady:

9:00 AM | 11:30 AM (Spanish)

Spanish Mass/*Misa en Español*:

11:30 AM Assumption of Our Lady

Bilingual Italian/English Mass/*Messa in Italiano*:

(first Sunday of the month)

9:00 AM Assumption of Our Lady

Sacrament of Reconciliation on Saturdays:

3:30-3:55 PM Assumption of Our Lady

4:00-5:00 PM Immaculate Conception
and anytime by calling the priest on duty.

* Livestream Mass: www.icaparish.org/livestream

Weekday Masses

(recitation of the Rosary before Mass)

Monday - Friday:

7:30 AM Assumption of Our Lady

8:30 AM Immaculate Conception

12:00 PM* Immaculate Conception

Saturday:

8:30 AM* Immaculate Conception

* Livestream Mass: www.icaparish.org/livestream

Miraculous Medal Novena on Mondays:

After 12:00 PM Mass Immaculate Conception

Exposition of the Blessed Sacrament with Adoration and Benediction on Thursdays and First Fridays:

9:00 AM - 3:00 PM Divine Mercy Chapel

**Parish Office and
Holy Mount Cemetery**
(914) 961-3643

Office: 8:30 AM - 4:30 PM Monday-Friday

Cemetery: 8:00 AM - 4:00 PM Daily Visitation



Wednesday, March 5

Masses

Assumption Church

7:30 AM

Immaculate Conception Church

8:30 AM, 9:30 AM (School Mass), Noon, and 7 PM

Liturgy of the Word with Ashes

4:30 PM in Both Churches

Ashes will only be distributed at the above times.

*Small packets of Blessed Ashes with prayers
for the homebound may be requested
from the Sacristans after the Mass or Service.*

Pastoral Staff

Rev. Anthony Sorgie, *Pastor*

Rev. Tony Bautista, *Parochial Vicar*

Rev. Philip Amankwa-Danquah, *Parochial Vicar*

Deacon Francis Orlando

Deacon Paul Reisman

Deacon John Inzeo, *Director*

Religious Education: (914) 961-1076

Mrs. Michelle LaMassa, *Principal*

ICS Regional School: (914) 961-3785

Trustees: Steven Murphy, Kenneth Williams

Prayers for our Parishioners

Mass Intentions

SATURDAY, MARCH 1 — 8th Sunday in Ordinary Time, Vigil

4:00 PM Jose Boyer Mem.
5:00 PM Edna Murphy Mem.

SUNDAY, MARCH 2 — 8th Sunday in Ordinary Time

8:00 AM Francisco and Alexandrina Goncalves,
Maria Alfonso, and Albino Lopes Mem.
9:00 AM Carmela and Biagio Troiano Mem.
10:00 AM Alberto, Gaetana, and Antonio Nardone Mem.
11:30 AM Intentions of Our Parishioners Living
12:00 PM Robert Trahey Mem.
5:00 PM Frank Pisano Mem.

MONDAY, MARCH 3

7:30 AM James M. France Mem.
8:30 AM Ivana Furci Mem.
12:00 PM Deceased Members of the
Massey and Birmingham Families Mem.

TUESDAY, MARCH 4

7:30 AM Emiddio Licursi Mem.
8:30 AM Joseph F. Racine Mem.
12:00 PM Antonio Murro Mem.

WEDNESDAY, MARCH 5 — Ash Wednesday

7:30 AM Intentions of Samantha Felis Living
8:30 AM Armando and Angelina Frusciante Mem.
12:00 PM Francesco Solano Mem.
7:00 PM Thomas Patrick Mahoney Mem.

THURSDAY, MARCH 6 — Thursday after Ash Wednesday

7:30 AM Intentions of Orla O'Reilly Living
8:30 AM Wendy Athey Mem.
12:00 PM Domenico Richichi Mem.

FRIDAY, MARCH 7 — Friday after Ash Wednesday

7:30 AM Martin Henry Mem.
8:30 AM Karen J. Balbi Mem.
12:00 PM Denise Ambroselli 15th Anniversary

SATURDAY, MARCH 8 — Saturday after Ash Wednesday

8:30 AM Elvira and Francisco Trueba Mem.

SATURDAY, MARCH 8 — 1st Sunday of Lent, Vigil

4:00 PM Deceased Members of the
Piro-Rossi Families Mem.
5:00 PM Deceased Members of the
Sirabella and Ruggiero Families Mem.

SUNDAY, MARCH 9 — 1st Sunday of Lent

8:00 AM Rosemarie Flamio 5th Anniversary
9:00 AM Luigi and Maria D'Aversa Mem.
10:00 AM Gilda Chisari Mem.
11:30 AM Intentions of Our Parishioners Living
12:00 PM Peter Laterza Mem.
5:00 PM Adriano Alves Mem.

*There is an appointed time for everything,
and a time for every affair under the heavens.*

- Ecclesiastes 3:1

A time to be Born: Baptism ...

Galo Matheo Guaman, Georgia Giovanna Landri

A time to Die: Those who have died...

Joseph A. Tambone, Vittorio Maiorano, Susan Taylor,
James Papa, Barbara J. DeLasho, Felice Forgione

A time to Love: Banns of Marriage...

I: Francis Salvone and Kristina Boyer

III: Kevin Davis and Nina Kenny

A time to Heal: Those who are ill...

Patrick Longo, Phyllis Longo, Deacon Anthony Viola,
Clare Francis, Joseph Pallas, Anita Bonnazio,
Margaret Ambrose, Frances Kraft, John Spruck,
Mary Patricia Spruck

A time for War: And a time for Peace...

For those in the military who have died in the service
of our country.

Memorial Offerings March 2 - 8, 2025

THE SANCTUARY LAMP

at Immaculate Conception Church
honors the memory of the
**Anne and Thomas F. Culhane Jr. and
Mary and Harry Myskow**
donated by Bernadette Culhane.



Flower Offering February 28, 2025



THE ALTAR FLOWERS

at Assumption Church
are in memory of
James "Jimmy" Celestino
on the occasion of the
1st Anniversary of his death,
donated by Julie Jackubiak and Michele Pinto.

From the Desk of Fr. Anthony Sorgie, Pastor

“Remember That You Are Dust ...”

This Wednesday is Ash Wednesday, and we once again sign ourselves with the mark of our humanity. As human beings know, “we are dust and unto dust we shall return.” This would cause us great grief and sadness if we did not know that our savior Jesus Christ took on our human condition to save us. In our humility, we know our weaknesses, but, in Him, we know our strength and eternal home. He has taken our lowly nature and given it immortal value. Each of us is a child of God – extremely loved and redeemed by His sacrifice on the Cross.

This Lent, let us mark our lives with acts of **penance, prayer, and almsgiving**. Our acts of penance can be in the form of “giving things up” – but for the right reasons. We stay away from certain things that we find enjoyable to mortify ourselves for God and others. We can certainly increase our prayer lives by taking advantage of daily Mass, Friday Stations of the Cross with the community, and many of the other activities here at Immaculate Conception and Assumption with which we will mark this season (see pages 7-8). In almsgiving, we could increase our weekly offering to the Parish or support our sister Parish in Nicaragua with our coins. We

could do some charitable work that we would not otherwise do except to thank our Lord for His Passion, Death and Resurrection.

I am especially thrilled to offer all our parishioners a retreat in the form of our Lenten Mission “**Eucharistic Pilgrims of Hope**” at 7 PM on **March 24-26 (Monday-Wednesday)**. Please save the dates and make every effort to come.

Our Easter will be more joyful because we have spent the 40 days of Lent in His presence and wish to thank Him for His generosity to us. Let us hear the words of the Church that ask us to change our ways, rid ourselves of sin and death, and live as true wonderful children of God.

“Repent and believe the Good News.”



Dichiarazione d'intenti della Parrocchia

La Parrocchia Cattolica Romana dell'Immacolata Concezione e Assunzione e' una comunita' dell'Eucaristia la quale glorifica il Padre nell'unione con il Figlio e guidata dallo Spirito Santo e protetta dalla Madonna. Il nostro richiamo e' alla preghiera, all'istruzione e alla servitu' del popolo di Dio in questa vita, e nella speranza della vita eterna.



Unannounced Masses for February

Please Pray for...

Louise Arimondi, Giovanni Carapella,
Mary Sharon Gareff, John Hurley,
Victoria Marchese, Maria Mastromarco,
Thomas McGovern, Kevin Murphy,
Kathleen O'Donnell, Ger O'Shea,
and Margaret Shea

A Warm
Welcome

to the New Families in Our Parish

Elsa Cabrera, The Diaz Family,
The DiMondo Family, Braulio Jara,
Roxann Mariano, Stephanie Polizzi,
Michael Provino, and The Russell Family

Sacraments and Liturgy

If you have a question about any aspect of our Catholic Church and faith, contact us and we will answer to the best of our ability.



465. "Has Mass attendance finally recovered from the COVID pandemic of 2020?"

A report from Georgetown University's Center for Applied Research in the Apostolate (CARA) is shedding light on the Mass attendance tendencies of US adults. The data, pulled from Catholic dioceses annually in October, showed that rates of Mass attendance have returned to levels not seen since 2019, the year before the COVID-19 pandemic.

In 2019, weekly Mass attendance was averaging 24.4% of Catholics, but this number fell significantly. From the beginning of the lockdown era, March 2020, until its declared end in 2023, Mass attendance averaged around 15%, with attendance during the earliest part of the pandemic falling below 10%. Since 2023, the Catholic Church in the United States has seen the pendulum swing, returning the average rate of Mass attendance to 24%. This is up 1% from 2024.

CARA's data shows that Mass attendance for Christmas 2024 was the first time that the holiday Mass reached 2019 levels. Easter and Ash Wednesday Masses had largely returned to normal in 2023, but CARA noted that it will keep track of 2025 numbers to see if the trend has continued.

Go Out and Welcome

This national average lines up nearly perfectly with data from the Diocese of Arlington, which has seen rates return from 17% in 2023 to 23% in 2024. Bishop Michael F. Burbidge of Arlington expressed his gratitude for the return of 2019 numbers. He said that it's not just the October count that shows an increase in attendance but that he notices more Catholics in the pews at every church he visits. "At the same time, we are humbly acknowledging that 70 percent of Catholics in our diocese are not actively engaged on a consistent basis," Bishop Burbidge said. "It doesn't mean they don't go to church once in a while, or that they're not trying to live their vocation or do great things. But the reality is we have to, in the words of Pope Francis, become missionary disciples. We have to go out and welcome and invite and evangelize."

Miraculous Medal Novena: Week Seven

Join us for week seven of the Miraculous Medal Novena on Monday, March 3, after the Noon Mass at Immaculate Conception.

Next Weekend's Celebrants

First Sunday of Lent

IMMACULATE CONCEPTION CHURCH

Saturday, March 8, 2025

5:00 PM: Fr. Tony

Sunday, March 9, 2025

8:00 AM: Fr. McGeory

10:00 AM: Fr. Sorgie

12:00 PM: Fr. Philip

5:00 PM: Fr. Sorgie

ASSUMPTION OF OUR LADY CHURCH

Saturday, March 8, 2025

4:00 PM: Fr. Philip

Sunday, March 9, 2025

9:00 AM: Fr. Tony

11:30 AM: Fr. Ulloa (Spanish)

Next Weekend's Readings

First Sunday of Lent

Reading I: Deuteronomy 26: 4-10

Moses explains to the people how they are to offer their *firstfruits* to the Lord.

Reading II: Romans 10: 8-13

Paul explores the connection between faith, its profession, and salvation and justification.

The Gospel: Luke 4: 1-13

After His baptism, Jesus spends 40 days in the desert where He encounters the devil and resists his temptations.

Would You Like to Reserve a Mass to Remember a Loved One?

Call the Parish Office: (914) 961-3643.

Your Stewardship

Memorialization Opportunities

1) 2025 Paschal Candles

At Easter, our churches will be adorned with the beautiful Sacred Heart Paschal candles that will burn by our Baptismal fonts all year. The candles serve as an excellent opportunity to memorialize a loved one and bring the light of Christ to our churches.

If anyone wishes to memorialize the Paschal Candles at Immaculate Conception or Assumption, please contact the Parish Center Office at (914) 961-3643.

Paschal Candles' Costs

Paschal Candle at Immaculate Conception
(3 inches by 48 inches).....**\$350.00**

Paschal Candle at Assumption
(2.5 inches by 36 inches).....**\$225.00**

Pair of Side Candles at Assumption.....**Taken**

2) Liturgical Linens

Memorialize or honor a loved one or occasion by reserving these beautiful, handmade liturgical linens. These cloths will be used throughout the Lenten season. Please contact the Parish Center Office at (914) 961-3643.

Liturgical Linens' Costs

Lenten Altar Cloth, Tabernacle Skirt, and Table
Covers for Immaculate Conception.....**Taken**

Lenten Altar Cloth and Table Cover for Assumption
.....**\$500.00**

Lenten Altar Cloth for the Divine Mercy Chapel
.....**\$300.00**



*Close-Up of the
Lenten Linen*

The Cardinal's Annual Stewardship Appeal

78 families have pledged \$40,500
to our Cardinal's Annual Stewardship Appeal.

*Thank you to those families who have
donated toward our goal of \$171,800!*

Stewardship:

Weekend of February 23, 2025

SUNDAY COLLECTION:

Church: \$13,032.00

Online Giving:\$8,031.00

TOTAL:\$21,063.00

GOLD ENVELOPE DONATIONS *for gym debt and extraordinary maintenance:*

Church:\$913.00

Online Giving:\$576.00

TOTAL:\$1,489.00

SECOND COLLECTION *for Snow Removal*

.....**\$4,124.00**

OSV Hub:

Our Online Giving Platform

Our Parish has transitioned to a new online giving platform: OSV Hub.

For those of our parishioners currently using WeShare, we ask you to create an account on our new platform.

osvhub.com/icaparish/giving/funds

Once you create an OSV account, please deactivate your WeShare account at **tinyurl.com/weshareapp**.

We invite all to consider contributing online through OSV Hub as it allows you to control your donations from home while allowing the Parish to better plan for the year ahead.



If you have any questions, please call Cheryl in the Parish Office at (914) 961-3643.

2025 Bonanza Lottery

Congratulations to our February 24 Winners

Kathy Paolucci

Angela and John Rescigno

Parish and Community News and Events

OCIA Rite of Election

Next Sunday, March 9 | 10 AM Mass

During OCIA, we have been praying for and studying with those who wish to finish their initiation into the Catholic Church by receiving the Sacraments of Baptism, Confirmation, Holy Communion, and Reconciliation. Please pray for our brothers and sisters as they become the Elect, marking their preparedness and worthiness for receiving their Sacraments at the Easter Vigil.

Catechumen and Candidates

Princessa Davis	Sophia Marku
Daniella DeLuise	Jacob Risi
Kristina DeLuise	Megi Shpardhi
Bridget Girling	Jona Shtjefni
Patrick Siciliano	

Pope St. John Paul II Men's Group

Our group offers mutual support as we discuss the challenges of being faithful Catholic men, husbands, fathers, coworkers, and members of the community. We just invite you to come!

Our next meetings will be on Saturdays, March 15 and 29, from 8 - 9:15 AM, in the Parish Center. For more information, please contact Deacon Paul at PaulReism@aol.com or call or text him at (917) 848-3018.

Help Other People Eat (H.O.P.E.)

Volunteers are needed to prepare or donate food to feed about 10-15 people, but any amount is appreciated. Items needed are listed below.

Aluminum trays are available on the back rectory porch after the weekend Masses preceding the food collection date. Please leave the food on the back rectory porch on the dates listed below no later than 2 PM.



March 12 and 18

- Beef Stew in an Aluminum Pan
- Large Bags of Frozen Vegetables in Original Packaging

Consider Assisting in Youth Ministry

We are the body of the Church, and God has appointed each of us a task within His Church. If anyone over the age of 18 wishes to help Danielle Santoro, Director of Youth Ministry, lead our youth especially in grades 6-12, prayerfully consider being a part of the newly forming leadership team.

Please contact Danielle at:

914-803-7972

or

youthminister@icaparish.org



Day of Recollection

March 29 | 10 AM - 5 PM

Mt. Alvernia Retreat Center in Wappingers Falls

Presented by Fr. André Cirino, O.F.M.

Sponsored by the Assumption Altar Rosary Society

Francis of Assisi had a decisive experience before the Crucifix of San Damiano when the Lord told him to **"rebuild my church."** This day will center on three themes from the prayer Francis uttered before this crucifix. Stories from Franciscan sources and the writings of Francis will help expand each theme. As we prepare for the liturgical season of Lent this year, the retreat lets St. Francis' prayer before a crucifix resonate in our prayer.

A bus will leave the Immaculate Conception parking lot at 8 AM; coffee and bagels will be provided at arrival. Please bring a bag lunch. The outing costs \$35 per person. All are invited to this special day of recollection.

Contact Argia Dallhoff at (914) 629-5550

for more information or to register.

Pope Francis' March Prayer Request

A Prayer for Families in Crisis

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.





OUR 2025 LENTEN JOURNEY



DEEPEN YOUR FAITH:

ATTEND DAILY MASS: Monday-Friday

- 7:30 AM at Assumption Church
- 8:30 AM at Immaculate Conception Church
- Noon at Immaculate Conception Church

WALK STATIONS OF THE CROSS: Every Friday

- 12:30 PM at Immaculate Conception Church
- 7 PM at Assumption Church on March 7, March 21, and April 4
- 7 PM at Immaculate Conception Church on March 14, March 28, and April 11
- *In Spanish:* 7 PM at Assumption Church, Tues., April 15

PRAY THE ROSARY AS A FAMILY

- Before every Mass, Monday-Friday
- Before the 8:30 AM Mass on Saturdays at Immaculate Conception Church
- Before the 9 AM Mass on Sundays at Assumption Church

EXPERIENCE JESUS DURING ADORATION EXPOSITION OF THE BLESSED SACRAMENT

- Thursdays, 9 AM - 3 PM in the Divine Mercy Chapel
- Every First Friday of the month, 9 AM - 3 PM in the Divine Mercy Chapel

RECEIVE THE SACRAMENT OF RECONCILIATION

The time for fulfilling the Easter Duty of making a good confession extends from the First Sunday of Lent (March 9) to Holy Trinity Sunday (June 15).

The Easter Duty is a Precept of the Catholic Church that calls every Catholic to be free of serious sin and receive Holy Communion at least once a year during the Easter Season.

- Sat., 3:30 - 3:55 PM at Assumption Church
- Sat., 4 - 5 PM at Immaculate Conception Church
- Mon., April 14 (**Reconciliation Monday**), 2 - 4 PM and 6 - 9 PM at Immaculate Conception Church in three languages (**English, Spanish, and Italian**)
- Tues., April 15, 6:30 - 7 PM at Assumption Church in **Spanish**

Join us for our
Parish Lenten Mission
Eucharistic Pilgrims of Hope
March 24 - 26
Immaculate Conception Church
7 - 8:30 PM

Monday, March 24
Blessed Clelia Merloni: Her Life, Forgiveness, and the Eucharist
by Sr. Colleen Smith, A.S.C.J.

Tuesday, March 25
Blessed Carlo Acutis and the Eucharist: His Highway to Heaven
by Fr. Anthony Sorgie

Wednesday, March 26*
Pope Saint John Paul II and Eucharistic Amazement
by Msgr. Thomas Caserta

**The Mission concludes with the Prayer of Eucharistic Consecration from 33 Days to Eucharistic Glory by Matthew Kelly.*

HOLY WEEK AND EASTER SCHEDULES



Palm Sunday, April 12-13

Immaculate Conception Church

Saturday: 5 PM

Sunday: 8 AM, 10 AM, Noon, and 5 PM

Assumption Church

Saturday: 4 PM

Sunday: 9 AM and 11:30 AM (Spanish)

Reconciliation Monday, April 14

2 - 4 PM; 6 - 9 PM

at Immaculate Conception Church

Sacred Triduum

Holy Thursday, April 17

10 AM Tenebrae

at Immaculate Conception Church

7 PM Mass of the Lord's Supper

at Immaculate Conception Church
followed by Adoration until Midnight

Good Friday, April 18

10 AM Tenebrae

at Immaculate Conception Church

3 PM Liturgy of the Lord's Passion

at Immaculate Conception Church

7 PM Liturgy of the Lord's Passion

at Assumption Church

Holy Saturday, April 19

10 AM Tenebrae

at Immaculate Conception Church

8 PM Easter Vigil

at Immaculate Conception Church

Easter Sunday, April 20

Immaculate Conception Church

8 AM,

10 AM - Upper & Lower Church,

Noon - Upper & Lower Church

Assumption Church

9 AM, 10:30 AM, Noon (Spanish)

OUR 2025 LENTEN JOURNEY

*Lent begins on Ash Wednesday, March 5,
and ends on the evening of Holy Thursday, April 17.*

Lenten Fast and Abstinence

During the season of Lent, the Church urges the faithful to reflect a spirit of penance in their daily lives through performing acts of fast and abstinence.

Please note: The ill and elderly are excused from these rules.

ASH WEDNESDAY AND GOOD FRIDAY

These are days of Fast and Abstinence.

This is a serious matter within Church law.

HOW DO I FAST?

Fasting requires that Catholics between the ages of 18-59 only eat one full meal per day on Ash Wednesday (March 5) and Good Friday (April 18). Two additional smaller meals may be taken during the day to maintain physical strength, but these two meals together should not equal a full meal. Snacking between meals is not permitted. Those not obliged to fast (under 18 or over 59) are encouraged to join in the discipline of fasting to the extent that they are able.

WHAT IS ABSTINENCE?

Abstinence prohibits all those 14 years old and older from eating meat or poultry on Ash Wednesday (March 5), all Fridays of Lent, and Good Friday (April 18). Those younger than 14 are encouraged to join in the discipline of abstaining to the extent that they are able.

FRIDAYS THROUGHOUT THE YEAR

All Fridays of the year are designated as days of penance during which we are encouraged to practice self-denial out of gratitude for the suffering and death Jesus accepted for us.

ALMSGIVING

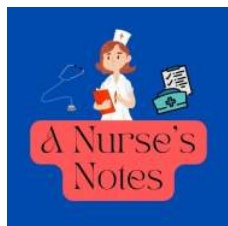
"Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me." (St. Matthew 25: 40)

Consider donating to "Lenten Coins for Nicaragua," mite boxes that support our sister parish and school of Cristo Agonizante del Rosario in Managua, Nicaragua.

DID YOU KNOW?

**Every Sunday is a mini celebration of the Resurrection,
so we break our fast!**

Parish and Community News and Events



A Nurse's Notes

Susan Anello, MS, RN

If you would like Sue to cover a particular topic,
e-mail her at saa38@aol.com with "A Nurse's Notes" in the subject.

Type 1 and Type 2 Diabetes (Part 6 of 8)

Hyperglycemia and Diabetes-Related Ketoacidosis

Hyperglycemia

Symptoms of hyperglycemia include:

- Excessive Thirst
- Frequent urination
- Headache
- Blurred Vision

Diabetes-Related Ketoacidosis:

A Medical Emergency

If left untreated, hyperglycemia could lead to an emergency situation called Diabetes-related ketoacidosis. This condition has the following

symptoms:

- Nausea and vomiting
- Dehydration
- Fruity-smelling breath
- Deep, labored breathing
- Rapid heartbeat
- Confusion and disorientation
- Loss of consciousness

If you suspect that you are experiencing

Diabetes-related ketoacidosis, call 911.

my.clevelandclinic.org/health/diseases/21500-type-1-diabetes



Attention Parents of Children of All Ages: Parents Connect is a great opportunity for YOU to meet and connect with other parents

When? PC meets on Tuesday mornings from 10:00 - 11:30 AM

March 4, 18, & 25

Where? Lower Level of Father Fata Hall @ Assumption Church

What will we do? Discuss the book: *Having a Mary Heart in a Martha World - Finding Intimacy with God in the Busyness of Life* by Joanna Weaver

Questions? Connect with Michelle Horvers: chorvers@optonline.net

Our Mission is to provide an opportunity for parents to connect and learn from each other in a welcoming, open and faith-filled environment

Saint Joseph's Seminary and College

Fourth Annual Gala | April 3 | 6 PM

Glen Island Harbour Club

Fr. Sorgie to Receive the St. Joseph Award

At this year's Gala, Fr. Sorgie will be honored as he receives the inaugural St. Joseph Award, presented to "a priest who has distinguished himself with outstanding service to the people of God."

Fr. Sorgie is a graduate of Dunwoodie and a shining example of its commitment to educating and forming men for the priesthood. He continues to be a supporter of the Seminary's vibrant community and a mentor to the young men who follow in his footsteps.

The Gala will take place on Thursday, April 3, at the Glen Island Harbour Club in New Rochelle. Parishioners are welcome to attend, remembering that this is the major fundraiser for St. Joseph's Seminary. Tickets cost \$300 per person.

*If interested, please call the Parish Office at
(914) 961-3643.*

La Comunidad Hispana



Ayuno y Abstinencia de Cuaresma

Durante la temporada de Cuaresma, la Iglesia insta a los fieles a reflejar un espíritu de penitencia en su vida diaria mediante la realización de actos de ayuno y abstinencia.

Tenga en cuenta: los enfermos y los ancianos están exentos de estas reglas.

Miércoles de Ceniza y Viernes Santo

Estos son días de ayuno y abstinencia. Este es un asunto serio dentro de la ley de la Iglesia.

¿Cómo ayuno?

El ayuno requiere que los católicos entre 18 y 59 años solo coman una comida completa por día el Miércoles de Ceniza (5 de marzo) y el Viernes Santo (18 de abril). Se pueden tomar dos comidas más pequeñas adicionales durante el día para mantener la fuerza física, pero estas dos comidas juntas no deben equivaler a una comida completa. No se permite picar entre comidas. Se anima a quienes no están obligados a ayunar (menores de 18 años o mayores de 59) a que se unan a la disciplina del ayuno en la medida de sus posibilidades.

¿Qué es la abstinencia?

La abstinencia prohíbe a todos los mayores de 14 años comer carne o aves el Miércoles de Ceniza (5 de marzo), todos los viernes de Cuaresma y el Viernes Santo (18 de abril). Se anima a los menores de 14 años a que se unan a la disciplina de la abstinencia en la medida de sus posibilidades.

Exposición del Santísimo Sacramento en la Capilla de La Divina Misericordia

Jueves y cada primer Viernes de mes a las 9 AM

Bendición del Santísimo Sacramento en la Capilla de La Divina Misericordia

Jueves y cada primer Viernes de mes a las 3 PM

Recemos el Rosario Juntos

Todos los Martes a las 7 PM vía Zoom

Llama a Lali, (914) 797-2362

Notas de una Enfermera

Susan Anello, MS, RN

Diabetes Tipo I y Tipo II (Parte 6 de 8): Hiperglucemia y Cetoacidosis Relacionada con la Diabetes

Hiperglucemia

Los síntomas de la hiperglucemia incluyen:

- Sed excesiva
- Dolor de cabeza
- Micción frecuente
- Visión borrosa

Cetoacidosis Relacionada con la Diabetes:

Una Emergencia Médica

Si no se trata, la hiperglucemia puede provocar una situación de emergencia llamada cetoacidosis relacionada con la diabetes. Esta condición tiene los siguientes síntomas:

- Náuseas y vómitos
- Latidos cardíacos rápidos
- Deshidratación
- Confusión y desorientación
- Aliento con olor a frutas
- Pérdida del conocimiento
- Respiración profunda y dificultosa

Si sospecha que está sufriendo cetoacidosis relacionada con la diabetes, llame al 911.



Bienvenido,
Aaron,
Nuestro
Nuevo
Acolito



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914.964.6806

(Evening Hours By Appointment)



914-777-2800

www.arcadiafloral.com

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