SACRED HEART CATHOLIC CHURCH

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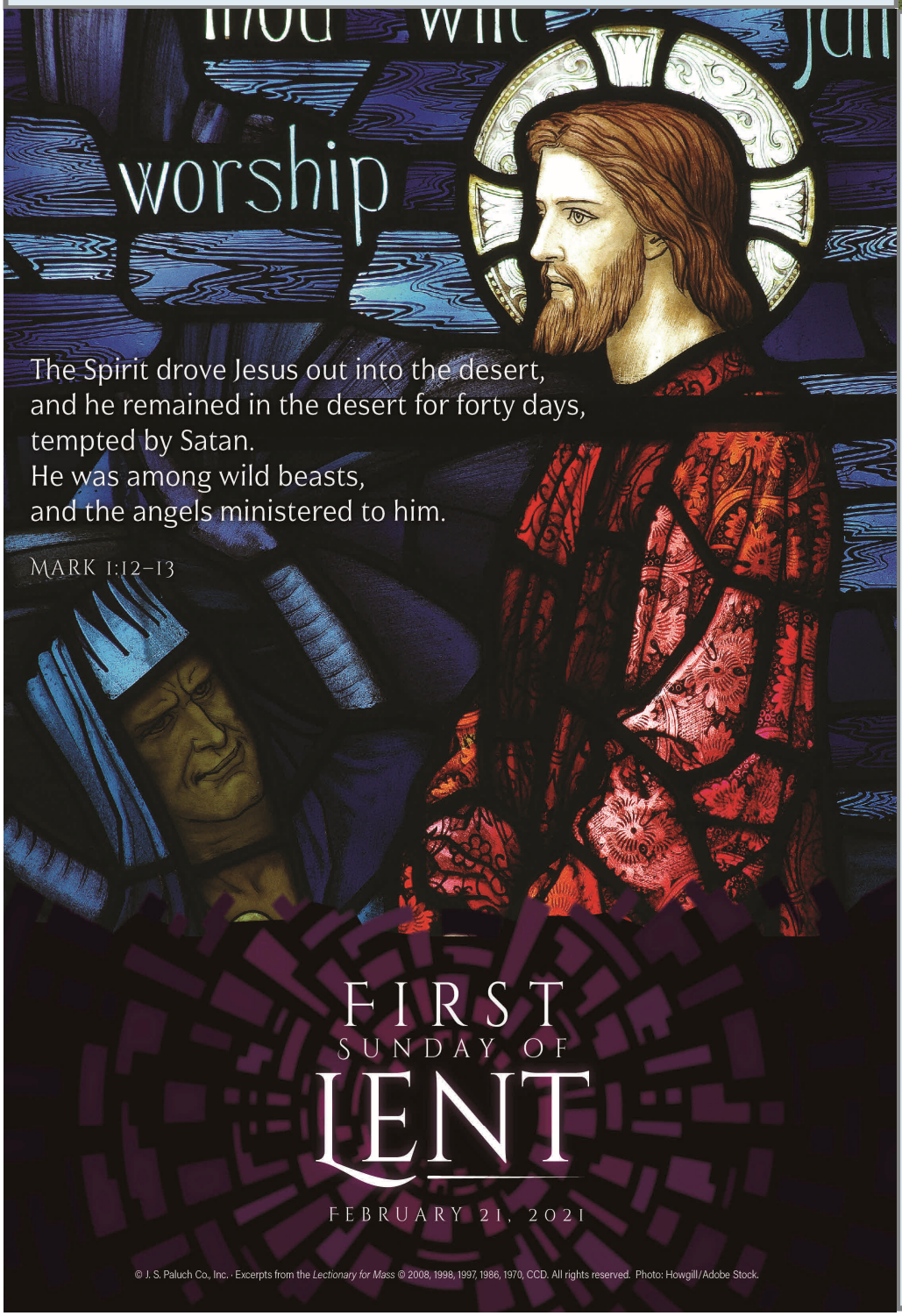

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CELEBRATION OF THE HOLY EUCHARIST

Sunday Masses:
5:30 p.m. (Vigil in English)
8:00 a.m. (Spanish)
10:00 a.m. (English)
12:00 p.m. (Spanish)
2:30 p.m. (Spanish)

Weekday Masses: Wednesday through Friday @ 12:00 p.m..
Adoration to the Blessed Sacrament on First Fridays @ 11:00 a.m.

SACRAMENT OF PENANCE

SUNDAY:7:00 AM to 2:00 PM Anytime before Mass, time permitting.
MONDAY:9:00 AM to 5:00 PM
TUESDAY:9:00 AM to 5:00 PM
WEDNESDAY:9:00 AM to 5:00 PM **Anytime before or after the Noon Mass**
THURSDAY:9:00 AM to 5:00 PM Anytime before or after the Noon Mass
FRIDAY:9:00 AM to 5:00 PM Anytime before or after the Noon Mass
SATURDAY:4:30 PM to 5:15 PM Confessional in church

SACRAMENT OF BAPTISM

Parents & Godparents need to attend a pre-baptism instruction class. Call the parish office to register.

SACRAMENT OF MATRIMONY

Couples are asked to call the parish office to receive information.

SACRAMENT OF ANOINTING OF THE SICK

If you are seriously ill, will have a major surgery, are old aged or in danger of death, call the priest.

HOLY DAYS OF OBLIGATION

In addition to Sunday, the days to be observed as holy days of obligation in the Latin Rite dioceses of the United States of America, in conformity with canon 1246, are as follows:
Tuesday, January 1st, Solemnity of Mary, Mother of God
Thursday, May 30th, Ascension Sunday
Thursday, August 15, Assumption of the Blessed Virgin Mary
Friday, November 1st, All Saints' Day
Monday, December 9th, Immaculate Conception of The Blessed Virgin Mary
Wednesday, December 25, Nativity of Our Lord Jesus Christ (Christmas)

FIRST SUNDAY OF LENT
PRIMER DOMINGO DE CUARESMA
February 21, 2021

MASS INTENTIONS

Saturday February 20, 2021
5:30 pm † Veronica Lopez Peterson by family
† Isadore Lopez by family
† Vincent Romero Salazar by family

Sunday February 21, 2021
8:00 am † Matilde Jaimes by family
10:00 am † Lupe Rangel by Andrew and Rosemary Rangel
† Alberto Hernanadez by family
† Francisco Turrubiates by family
12:00 pm † Matilde Jaimes by family
† German Turrubiates by family
2:30 pm § para nuestra comunidad de Fe

SANCTUARY CANDLE

Sanctuary Candle for the month of February is offered for:
† Regina Tristan by family

MEN'S CONFERENCE

The ninth annual Catholic Men's Conference will be held Feb. 20 from 7 a.m. to 3:30 p.m. at St. William Parish in Round Rock, with limited seating. The event will be livestreamed. This year's theme is "No Man Left Behind: Come Follow Me." Speakers include Tim Gray, president of Augustine Institute and a well-known Catholic speaker and author; Matt Birk, a former NFL player who is Catholic; and John Sablan, co-founder and president of World Ablaze Inc., a Catholic apostolate dedicated to discipleship and evangelization. Bishop Joe Vásquez will celebrate Mass the morning of the event. Order tickets at www.centexcatholic.com

ANNOUNCEMENTS

- Mass on Wednesday will be at 8:30 am due to a meeting. Thanks for your understanding.
- Via Crucis - Stations of the Cross is celebrated every Friday of Lent at 11 am followed by Noon Mass.
- Pastoral and Finance Council meeting minutes are posted at the church's board and by the office.

WEEKLY FINANCIAL SUPPORT

Thank you for your continued financial support to our parish, especially in this pandemic. Continue to do so. You can mail your donation to our office, stop by the church and drop it in the box placed at the church's foyer or you can also do the online giving through PayPal in our website: http://www.sacredheartwaco.com

APOYO FINANCIERO SEMANAL

Gracias por su continuo apoyo financiero a nuestra parroquia, especialmente en esta pandemia. Continúa haciéndolo. Puede enviar su donación por correo a nuestra oficina, pasar por la iglesia y colocarla en la caja ubicada en el vestíbulo de la iglesia o también puede hacer donaciones en línea a través de PayPal en nuestro sitio web: http://www.sacredheartwaco.com

No report due to inclement weather, bank deposit will be done after submission of the bulletin.

LENT

During Lent we take up practices that help us to become aware of and responsive to the needs of others. The three traditional practices of Lent are prayer, fasting, and almsgiving. A commitment to these practices during Lent leads to an awareness of God and conversion of the heart. Here are some suggestions on how to incorporate the traditional Lenten practices into your daily life.

Prayer

Prayer can help us to become more responsive to those who suffer. Find ways to pray often during Lent, focusing on the needs of those who are the victims of injustice. Here are a couple of suggestions.

- Gather with your family to look through newspapers and news magazines, or browse the Internet to identify injustices occurring throughout the world. Select one injustice, learn about the causes of the injustice, and pray for those who are affected by it. Keep track of developing news about the situation and pray together before dinner or bedtime and at Mass as well. Here is a possible prayer:

God our Father, we know that you hear the cries of all those who suffer. Hear us as we pray for those who suffer unjustly so that their plight might be relieved. We pray also for their oppressors that they will have a change of heart and see the error of their ways. May they use their power for the good of all. We pray for ourselves that we might have the compassion and the courage to do whatever we can to alleviate the suffering and to address the causes of that suffering. We ask you this through Christ, our brother. Amen

- Read aloud one of the Church's Readings for Lent with your family before one meal each week during Lent. You can find a list of the readings at www.usccb.org/bible/index.cfm.

Fasting

Fasting can help us recognize our bad habits and overcome them. It can help us live with an awareness of our dependence on God's love. Here are two ways you can incorporate fasting into your life during Lent.

1. Choose at least one meal each week of Lent at which you will eat less food than normal. Perhaps you can have a simple dinner of soup and bread. At that meal be especially aware that many people will go without a meal this day. Fasting is a means of expressing solidarity with those who are suffering around the world. Later that day when you feel hungry, use that sensation as a reminder to pray for those who have little food.
2. Fast from spreading gossip about others. We are often tempted by our own righteousness to want to say hurtful things about others to make us feel better about ourselves. Gossip dehumanizes people and renders us more likely to treat others without respect. When you feel the desire to speak negatively about others, pray instead for those you may have hurt with gossip. Pray for a more generous heart.

Almsgiving

We can become more like Jesus during Lent by being generous. With your family select a charitable organization and collect donation money. You may want to select an organization that addresses the injustices you identified earlier as part of the "Prayer" aspect of Lent. Here are some suggestions for collecting money.

1. Put a jar or container on the kitchen table. Contribute a set amount of money, determined by your family, each day of Lent.
2. Give up buying junk food and contribute that money to the jar.
3. If you have young children who cannot contribute money, let them contribute by decorating the jar or container.
4. Hold a yard sale and contribute the proceeds to the collection.
5. Invite friends to join your family in contributing to the charity.

Abstinence from Meat is on all Fridays of Lent from 14 years old up and onwards.

VOCATION: PROJECT ANDREW

Single men between the ages of 15 and 45 are invited to Project Andrew on Feb. 27 from 9 a.m. to 3 p.m. at St. Mary Cathedral in Austin. Come and learn more about the abundant and joyful life of the priesthood and explore whether God may be calling you to be a priest. Location is somewhat tentative, final details are pending due to COVID-19 pandemic. This event is free, but please register at pa.godiscalling.me or call (512) 949-2430.

Este anuncio es para los hombres de nuestra parroquia. Hermanos ¿podría Dios estar llamándote al sacerdocio? El Obispo Vásquez te invita a que vengas a ver. Únete a nuestro Obispo, varios sacerdotes de la diócesis, y otros hombres solteros que buscan seguir la voluntad de Dios para *Project Andrew*: un evento de discernimiento para hombres. *Project Andrew* se llevará a cabo el 27 de febrero de 10 a.m. a 3 p.m. en la Catedral de Santa Maria en Austin e incluirá misa, adoración, un par de charlas sobre el discernimiento y el sacerdocio, y discusiones en grupos pequeños. Habrá almuerzo, y no hay costo. El evento es en ingles y puedes registrarte en el sitio web de vocaciones: godiscalling.me

CATHOLIC CHARITIES OF CENTRAL TEXAS

If you or someone you know is struggling with grief, depression, anxiety or coping with the challenges of life, Catholic Charities of Central Texas is the place to start. Our counselors are able to integrate faith and spirituality into mental healthcare to promote the social, emotional and spiritual wellbeing of our clients. For the health and safety during the COVID-19 pandemic, all counseling sessions are offered through our "virtual therapy" portal. For more information or to schedule an appointment, call 512-651-6150 (Austin) or 979-822-9340 (Brazos Valley).

Si usted o alguien que usted conoce está luchando con un duelo, depresión, ansiedad o con acoplarse a los cambios de la vida, Catholic Charities of Central Texas es el lugar para comenzar. Nuestros consejeros pueden integrar fe y espiritualidad a la salud mental para promover el bienestar social, emocional y espiritual de nuestros clientes. Por salud y seguridad durante la pandemia del COVID-19, todas nuestras sesiones de terapia son ofrecidas a través de nuestro portal de "terapia virtual". Para mayor información o para hacer una cita, llame al 512-651-6150 (Austin) o al 979-822-9340 (Brazos Valley).

LENTEN PARISH CONFESSION

Our parish has scheduled the Lenten Confession on February 23, 2021 beginning at 6 pm. Other priests will be available. Plan now. You can also come for confession during office hours. Call first to make sure Father is in the office.

Other Lenten Confession Times around our deanery.

St. Mary in Waco on February 22 beginning at 7 pm

St. Mary in Mexia on February 16 beginning at 7 pm

K OF C SCHOLARSHIP

A Scholarship is being offered by J. J. Kearns 4th Degree Assembly 1109 to graduating Catholic seniors in the Waco area. Application forms are available in the foyer of the church or from the parish secretary. The deadline for turning in the application is April 9, 2021 at 4:30 p.m.

YEAR OF THE DOMESTIC CHURCH

Year of the Domestic Church under the patronage of St. Joseph. FEBRUARY 2020: Prayer is integral for a life of faith. It is through prayer that we are able to approach the Lord with whatever gratitude, burdens or petitions are on our hearts. Christ himself taught us how to pray. In the Gospel of Luke, Jesus teaches us to call God "father," and in Luke 11: 2-4, we see the familiar prayer that we say at Mass: the "Our Father." In prayer, we approach the living God, our father, who calls us into relationship with him. As his children, our relationship with God grows and changes as we do. For this reason, from the time children are small, we teach them to pray with simple prayers and petitions. As people grow, their prayer life changes and deepens as their relationship with the Lord deepens. Children look to their parents and loved ones as examples of how to live and express their faith. Praying together as a family teaches children to seek God in prayer, and be confident in his loving response. Praying together as a family also strengthens the relationships within the family and allows the family to grow in faith together. Does your family pray together? What is one simple way that you can increase the prayer time with your family or those living in your household?

GUADALUPANAS VALENTINE'S BREAKFAST RAFFLE

Guadalupanas wish to thank everyone that supported us in the Valentine Basket Raffle. The winners were Alexandra Zamora, Crystal Dominguez ,and Roddy Scott. Money collected from this raffle is being donated to our parishes financial support.

LENT AT HOME

Here are some ideas to try to enrich your celebration of Lent at home: Given the many challenges facing today's families, now is the perfect time and home is the perfect place to experience Lent. After all, home is where we rush and rest, where we hope and worry, where we love and forgive. It is home where we most often experience day-to-day salvation. Lenten experiences can take place in nearly every room of the house.

Here are some ideas to try at home:

Family Lenten Crafts

Make a decorative family 'works of Mercy". Work as a family to follow through on your promises.

Lenten Family Mealtime

In addition to "Friday fish day," designate one evening a week to prepare a meal together. Assign a different dish or task to each family member. Before starting, discuss how each family member is giving to the others—giving time, effort, and care to nourish the entire family to go out and do God's will. Begin with a prayer of thanks and petition.

Family Lenten Reading

Prominently display the Bible and other books that feature topics such as the following: Lent, forgiveness, prayer, Scripture, generosity, social justice and service for others. Invite family members to choose books and discuss what you read.

Family Kindness and Sharing

On slips of paper, write random acts of kindness, such as give a compliment, say hi to an old friend, carry someone's heavy load. Present each family member with a slip of paper as he or she leaves in the morning. Invite each family member to perform the kindness without seeking recognition. Afterward, talk together about what happened. Pray with one another that your kindnesses will be passed on throughout Lent and beyond.

Giving to Charities

Ask each family member to find three to five high-quality, useful items that would be appreciated by those who are less fortunate. Donate the items to a favorite charity. Pray together for those who will receive them