



The Solemnity Body and Blood of Christ

June 10 / 11, 2023

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Fr. Prashanth Lobo
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MASS SCHEDULE

St. Boniface:

Saturday

5:00 pm

Our Lady of Perpetual Help

Sunday:

8:30 am Confession

9:00 am Mass

Tuesday & Thursday:

5:30 pm

Bible Study

Thursday 8:00 pm

***(will resume
in August)***

Mission Statement: We are a welcoming parish of Roman Catholic Christians with diverse roots deep in Appalachia and beyond. We are committed to growing in our faith and community through our worship and celebrations, with particular attention to the Holy Sacrifice of the Mass and The Holy Eucharist. We are a community gathered together by the Holy Spirit, filled with hope, to love and serve God and neighbor in the name of Jesus Christ; and through our sharing of Good News in word and deed, we seek to live and reveal to all the grace and peace of Jesus Christ, the love of God, and the unity of the Holy Spirit.



[Jesus said,] "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

JOHN 6:51

Food for the Day

FR. JOSEPH JUKNIALIS

Just as the darkest of nights brings out stars we might never notice otherwise, so is it that when we find ourselves lost in the dark of life's deserts, the slightest kindnesses can bring us to a brief oasis in a day otherwise oppressive. Most often such moments come as gifts, unearned—even undeserved. Yet they are blessings to us.

Psychologists tell us that if we find ourselves down in the dumps and depressed, we can find hope by naming three things that happened that day that were pure gifts—a phone call from a friend, a compliment, a free cup of coffee, a good bill of health from the doctor. Remembering them at the end of the day and giving thanks for them may not solve the issues that burden us, but they can put them in perspective, reminding us that life is a mix of both the good as well as the not so good.

Moses urged the people to recall all that God had done for them—bringing them out of Egypt, guiding them through the desert, leading them to water, and feeding them with manna. Amid their grumbling, their remembering offered them hope and the courage to go on.

Thus, what psychologists suggest is what God has been doing for us for thousands of years—that God feeds us daily in large and small ways, all without our deserving it but out of his great generosity. Remember, then, how God has fed you. ●

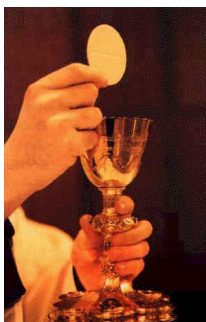
—Reflect

Tonight, will you think about your day and give thanks for three ways you were blessed?

<i>Date</i>	<i>OLPH</i>	<i>Saint Boniface</i>
<i>June 10 / 11</i> <i>The Solemnity of the Body and Blood of Christ</i>	8:30 am ~ Confession 9:00 am ~ Mass	5:00 pm ~ Mass
Tuesday	5:30 pm ~ Mass	
Thursday	5:30 pm ~ Mass	
<i>June 17 / 18</i> <i>Eleventh Sunday in Ordinary Time</i> Father's Day	8:30 am ~ Confession 9:00 am ~ Mass	5:00 pm ~ Mass

	<i>OLPH</i> <i>Mass 9:00 am</i>		<i>ST. BONIFACE</i> <i>Mass 5:00 pm</i>	
Date	June 11	June 18	June 10	June 17
Lector	Joe McNaughton	Mandy Hall	Mary Jo Leygraaf	Jerry Nowak
Server	Joe McNaughton	Joe McNaughton		

Mass Intentions	<i>OLPH</i>	<i>St. Boniface</i>
June 10 / 11	† Andrew Laschon	Heyward McCowan Tibbs, Jr
June 17 / 18	Heyward McCowan Tibbs, Jr	Heyward McCowan Tibbs, Jr



*May God bless you for your generous contributions
to our Church!*

Solemnity of the Body and Blood of Christ

Reading 1

Dt 8:2-3, 14b-16a

Moses said to the people:

"Remember how for forty years now the LORD, your God,
has directed all your journeying in the desert,
so as to test you by affliction
and find out whether or not it was your intention
to keep his commandments.
He therefore let you be afflicted with hunger,
and then fed you with manna,
a food unknown to you and your fathers,
in order to show you that not by bread alone does one live,
but by every word that comes forth from the mouth of the LORD.

"Do not forget the LORD, your God,
who brought you out of the land of Egypt,
that place of slavery;
who guided you through the vast and terrible desert
with its saraph serpents and scorpions,
its parched and waterless ground;
who brought forth water for you from the flinty rock
and fed you in the desert with manna,
a food unknown to your fathers."

Responsorial Psalm

Ps 147:12-13, 14-15, 19-20

Praise the Lord, Jerusalem.

Glorify the LORD, O Jerusalem;
praise your God, O Zion.

For he has strengthened the bars of your gates;
he has blessed your children within you.

Praise the Lord, Jerusalem.

He has granted peace in your borders;
with the best of wheat he fills you.
He sends forth his command to the earth;
swiftly runs his word!

Praise the Lord, Jerusalem.

He has proclaimed his word to Jacob,
his statutes and his ordinances to Israel.
He has not done thus for any other nation;
his ordinances he has not made known to them. Alleluia.

Praise the Lord, Jerusalem.

Reading 2

1 Cor 10:16-17

Brothers and sisters:
The cup of blessing that we bless,
is it not a participation in the blood of Christ?
The bread that we break,
is it not a participation in the body of Christ?
Because the loaf of bread is one,
we, though many, are one body,
for we all partake of the one loaf.
Sequence — Lauda Sion
Laud, O Zion, your salvation,
Laud with hymns of exultation,
Christ, your king and shepherd true:

Bring him all the praise you know,
He is more than you bestow.
Never can you reach his due.

Special theme for glad thanksgiving
Is the quick'ning and the living
Bread today before you set:

From his hands of old partaken,
As we know, by faith unshaken,
Where the Twelve at supper met.

Full and clear ring out your chanting,
Joy nor sweetest grace be wanting,
From your heart let praises burst:

For today the feast is holden,
When the institution olden
Of that supper was rehearsed.

Here the new law's new oblation,
By the new king's revelation,
Ends the form of ancient rite:

Now the new the old effaces,
Truth away the shadow chases,
Light dispels the gloom of night.

What he did at supper seated,
Christ ordained to be repeated,
His memorial ne'er to cease:

And his rule for guidance taking,
Bread and wine we hallow, making
Thus our sacrifice of peace.

This the truth each Christian learns,
Bread into his flesh he turns,
To his precious blood the wine:

Sight has fail'd, nor thought conceives,

But a dauntless faith believes,
Resting on a pow'r divine.

Here beneath these signs are hidden
Priceless things to sense forbidden;
Signs, not things are all we see:

Blood is poured and flesh is broken,
Yet in either wondrous token
Christ entire we know to be.

Whoso of this food partakes,
Does not rend the Lord nor breaks;
Christ is whole to all that taste:

Thousands are, as one, receivers,
One, as thousands of believers,
Eats of him who cannot waste.

Bad and good the feast are sharing,
Of what divers dooms preparing,
Endless death, or endless life.

Life to these, to those damnation,
See how like participation
Is with unlike issues rife.

When the sacrament is broken,
Doubt not, but believe 'tis spoken,
That each sever'd outward token
doth the very whole contain.

Nought the precious gift divides,
Breaking but the sign betides
Jesus still the same abides,
still unbroken does remain.

The shorter form of the sequence begins here.

Lo! the angel's food is given
To the pilgrim who has striven;
see the children's bread from heaven,
which on dogs may not be spent.

Truth the ancient types fulfilling,
Isaac bound, a victim willing,
Paschal lamb, its lifeblood spilling,
manna to the fathers sent.

Very bread, good shepherd, tend us,
Jesu, of your love befriend us,
You refresh us, you defend us,
Your eternal goodness send us
In the land of life to see.

You who all things can and know,
Who on earth such food bestow,
Grant us with your saints, though lowest,
Where the heav'nly feast you show,
Fellow heirs and guests to be. Amen. Alleluia.

Alleluia

Jn 6:51

Alleluia, alleluia.

I am the living bread that came down from heaven, says the Lord;
whoever eats this bread will live forever.

Alleluia, alleluia.

Gospel

Jn 6:51-58

Jesus said to the Jewish crowds:
"I am the living bread that came down from heaven;
whoever eats this bread will live forever;
and the bread that I will give

is my flesh for the life of the world."

The Jews quarreled among themselves, saying,
"How can this man give us his flesh to eat?"
Jesus said to them,
"Amen, amen, I say to you,
unless you eat the flesh of the Son of Man and drink his blood,
you do not have life within you.
Whoever eats my flesh and drinks my blood
has eternal life,
and I will raise him on the last day.
For my flesh is true food,
and my blood is true drink.
Whoever eats my flesh and drinks my blood
remains in me and I in him.
Just as the living Father sent me
and I have life because of the Father,
so also the one who feeds on me
will have life because of me.
This is the bread that came down from heaven.
Unlike your ancestors who ate and still died,
whoever eats this bread will live forever."

REFLECTION

All of us together form the church. Who is the center or head of the church? Jesus is the center. How is Jesus most present to us? In the blessed sacrament. Today's celebration of Corpus Christi, the body of Christ, is the feast of the very center and heart of the church, the center and heart of our faith, and the center and heart of parish the center and heart of the lives of each of us.

Jesus said, "I am the living bread that came down from heaven; whoever eats this bread will live forever."

The bread that Jesus will give them is not just food for the body but food for their hearts and food for their souls. This bread brings everlasting life, for he

is speaking of the teaching that comes from God Himself. He comes to us and will never leave us. He will be with us always.

At the Last Supper, he "Took the bread and broke it," saying to his disciples, "Take and eat. This is my body." "This is my body" means, in the language that he was speaking, "This is me. This is my own self which is to be broken for you." He means his death on the cross.

And then he takes the wine. And the wine which he blesses, he offers and he says these words, "This is my blood which is poured out for each and every one of you." He means he lays his life down for us.

Now, these are the same words that we use whenever we gather together each Sunday. As Jesus himself told us, "Whenever you do these things, do them in remembrance of me." To take this bread then to receive Jesus into our lives and into our hearts where he becomes one with us and makes us one with him, uniting us with his Father and sharing with the Father and himself, the Holy Spirit. This is why we call the Eucharist a Holy Communion, a communion of mutual and everlasting love. Jesus in the Eucharist is the center of the church let us make him center of our lives.

O sacrament most holy

O sacrament divine

All praise and all thanksgiving

Be every moment thine.

UPCOMING SAINTS AND FEASTS

Saint Anthony of Padua, Priest and Doctor of the Church ~*Memorial*
June 13

THE MOST SACRED HEART OF JESUS ~ *Solemnity*
June 16

The Immaculate Heart of the Blessed Virgin Mary ~ *Memorial*
June 17

For these we pray

Pray to end Abortion, Russell Brooks, Cassie & Clifton Centers, Maere Tekanene, Bill Moses, Jerry Roberts, Donna Blevins, Norma Wilson, Dennis Parks & Family, Erica Davis, Chris & Amanda Decker, Debbie Moses Haggins, Rose Grant, Sandy Hurts, Dominic Cureton, Todd Morris, Alex Woods, Christopher Braden, Sister Alice, Curt and LeeAnn Hall, Jay Baird, Gail Willis, Mr. & Mrs. Bill Bisceglia, loved ones who are ill, Brody Beavers and family, Shawn Lee Day, Judy Delisle, Dal Macon, Linda Mills, Judy Patrick, Bob and Marie Alvaro, JoAnn Brown, Cathy Sims, Robert Moses, Kristina Neitsch, Danny Ezell, Yvonne Laschon, Iva Lee Hamblin, Gilbert Steely, Ella Johnson, Garrett Moore and Todd Moore.

Mass intentions in memory or honor of someone are a beautiful tribute representing the love and admiration you have for them and the impact they made in your life. Whether you have lost someone or want to support a person in your life, this special mass intention invites peace and the love of God into them. It is a way for you to bring joy into their soul and heart. If you would like to schedule a Mass for a loved one, please contact Father Lobo or the office.



Dear Padre,

I'm eighty-one. When I received first Communion, the nuns told me not to chew the holy Eucharist, but to let it melt in my mouth. Is it wrong to chew it?

It is permitted to chew the host or to let it dissolve in your mouth. The hosts today must be unleavened and made only of flour and water, making it easier for some communicants to dissolve it in their mouths. Unleavened bread doesn't mold or spoil and is more suitable than leavened bread for exposition and adoration. However, for nearly 800 years, the Church used leavened wheat bread for the Eucharist before unleavened wheat bread was introduced into the Roman rite. Communicants would have had to chew the Eucharist before the modern waferlike host evolved.

Your first Communion instruction on the proper way to consume the Eucharist was an effort to instill in you a deep reverence for the Real Presence of Christ. This profound respect for our Lord in the form of consecrated bread and wine is still desired by the Church. For example, at Mass the priest "reverently consumes the Body of Christ" and "reverently partakes of the Blood of Christ" (*General Instruction of the Roman Missal*, 158). Similarly, "when receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister" (*GIRM* 160). Today's Solemnity of the Most Holy Body and Blood of Christ is a special day for us to remember Jesus' gift of his own body that we might be nourished and strengthened for this life's journey. ●



CAME / SHUTTERSTOCK

Fr. Byron Miller, CSSR / DearPadre.org

MONDAY

June 12
Weekday
2 Cor 1:1-7
Mt 5:1-12

TUESDAY

June 13
St. Anthony of
Padua, Priest
and Doctor of
the Church
2 Cor 1:18-22
Mt 5:13-16

WEDNESDAY

June 14
Weekday
2 Cor 3:4-11
Mt 5:17-19

THURSDAY

June 15
Weekday
2 Cor 3:15-
4:1, 3-6
Mt 5:20-26

FRIDAY

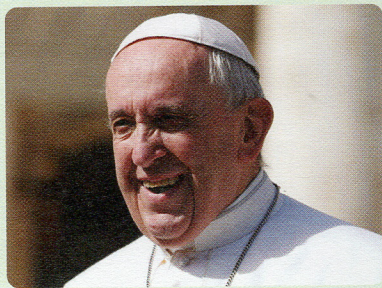
June 16
Most Sacred
Heart of Jesus
Dt 7:6-11
1 Jn 4:7-16
Mt 11:25-30

SATURDAY

June 17
Immaculate
Heart of
the Blessed
Virgin Mary
2 Cor 5:14-21
Lk 2:41-51

SUNDAY

June 18
Eleventh Sunday
In Ordinary
Time
Ex 19:2-6a
Rom 5:6-11
Mt 9:36-10:8



A WORD FROM POPE FRANCIS

We who go to Mass can ask: What is it that we bring to the world? Is it our sadness and bitterness, or the joy of the Lord? Do we receive Holy Communion and then carry on complaining, criticizing and feeling sorry for ourselves? This does not improve anything, whereas the joy of the Lord can change lives.

HOMILY, ROME, JUNE 14, 2020

CNS PHOTO/PAUL HARING