

ST. CATHERINE OF SIENA ROMAN CATHOLIC CHURCH

February 18, 2024— First Sunday of Lent



ALL ARE WELCOMED TO OUR PARISH!

We are so pleased that you chose to celebrate with us this weekend. We warmly invite you to active participation in our liturgical celebration. Please feel free to approach one of our Ministers of Hospitality if you are in need of any assistance. No matter what your present status in the Catholic Church, your current family or marital situation, your past or present religious affiliation; no matter what your personal history, age, background, sexual orientation, gender, race, or color; no matter what your self-image or self-esteem: YOU are invited, welcomed, accepted, loved, and respected at St. Catherine of Siena Church in Ithaca, New York.

FIRST SUNDAY OF LENT

My ancestors were known for being great thinkers (the Greeks), yet here I struggle to compose a brief personal reflection on what the first week of Lent means to me. Apologies in advance, Aristotle. — Alejandro Bernard-Papachryssanthou

Simply put, the first Sunday of Lent is a time to “come clean” and prepare yourself to receive the transformative power of Christ. Mark says, “The kingdom of God is at hand. Repent, and believe in the gospel.” If it only it were that easy! Whenever I have tried to negotiate with God in the past, I have often failed to uphold my side of the bargain even when he upholds his. This has led me to believe that repentance does not come in the form of a transaction. Rather, I believe that repentance is much broader, a form of personal humility or vulnerability to God that will pave the way for me to become closer to him, so that I may love and help others as Christ did. I hope that I can be brave enough to be open to God’s promise this year.

Please join me in a communal prayer as we experience the first week of Lent together:

O God of covenant, I hold St. Catherine of Siena Parish in prayer during this first week of Lent. Help us to reflect on your promise of eternal life, which was accomplished through the death and resurrection of Jesus Christ. And may the renewal of our baptismal commitments to avoid sin, generously love all as brothers and sisters, and serve the Church bring us the promise of salvation.

Amen.



PARISH MISSION STATEMENT

*The mission of St. Catherine of Siena Parish
is to inspire, engage, and nurture our community
through worship, witness, and service.*

St. Catherine of Siena Church is a Tompkins County Living Wage Employer

St. Catherine of Siena Parish

309 Siena Drive, Ithaca, New York 14850

607-257-2493

stcathofsiena.org / [facebook/stcatherinesithaca](https://www.facebook.com/stcatherinesithaca)

Office Hours: Monday 1–4 p.m.; Tuesday, Wednesday 9 a.m.–4 p.m.; and Friday 9 a.m.–12 p.m.

MINISTRY TEAM

Parochial Administrator

Rev. John Orenge Omboga, fr.john.omboga@dor.org

Director of Liturgical Music

Alejandro Bernard-Papachryssanthou,
alejandro.bernard@dor.org

Director of Multi-Parish Faith Formation

Rich Rasmussen, rich.rasmussen@dor.org

Communications Coordinator

Jane Bonassar, jane.bonassar@dor.org

Administrative Assistant

June Haynor, june.haynor@dor.org

Maintenance Technician

Craig Murray, craig.murray@dor.org

Liturgical Music Consultant

Sherry Scanza, sherry.scanza@gmail.com

Regional Finance Office

315-252-7111

Please contact the Finance Office with any questions regarding contributions to the parish.

TRUSTEES

Bob Pochily, Mary Crosley

COUNCIL CHAIRS

Pastoral Council: Ted Skibinski, tedski27@gmail.com

Finance Council: Amanda Soule Shaw,

amanda.shaw@cornell.edu

Pastoral Council minutes available at stcathofsiena.org/pastoral-council-minutes

NEW PARISHIONERS

Welcome to our parish community! Registration forms are available on our website or through the Parish Office.

STEWARDSHIP OPPORTUNITIES

Clothing for the Needy

Clean used clothing in good condition accepted 24/7 at the shed adjacent to the parking lot.

Blue Mutual Aid Food Cabinet

We host a blue food cabinet in front of the church, which functions as a small food pantry that is available for all community members. Anyone is invited to donate or take food from the cabinet.

Ithaca Kitchen Cupboard

St. Catherine's, as a member of Area Churches Together (ACT), supports the Ithaca Kitchen Cupboard Food Pantry with food donated by parishioners and volunteer hours.

MASS SCHEDULE

Weekend Mass Schedule

Saturday at 5 p.m. and Sunday at 9 and 11:30 a.m.

All Masses available to attend in person or via livestream; also archived and available anytime at www.tinyurl.com/StCatLivestream.

Accommodations: *Gluten-reduced hosts* are available; please go to the presiding priest during Communion.

Personal listening receivers are available in the Atrium.

Daily Mass Schedule

We offer daily Mass on Mondays at 5:30 p.m.; on Tuesdays, Wednesdays, and Fridays at 9 a.m.; and on the first Saturday of the month at 9 a.m. We also celebrate Mass at Kendal of Ithaca (2nd Tuesday of the month at 10:30 a.m.); Bridges Cornell Heights (3rd Tuesday at 10:30 a.m.); and Brookdale Senior Living (4th Tuesday at 10:30 a.m.).

Church Hours

The church is open for prayer when the Parish Office is open: Monday 1–4 p.m.; Tuesday and Wednesday 9 a.m.–4 p.m.; and Friday 9 a.m.–12 p.m.

Eucharistic Adoration

Eucharistic Adoration is held in the church on Wednesday evenings from 7–8 p.m. Please enter through the east door.

SACRAMENTS

Reconciliation is available on Saturdays from 4–4:50 p.m. and by appointment.

Infant Baptisms

We're so happy about the new addition to your family. Parents participate in a preparation program prior to baptism. Please contact the office three months prior to the baptism. Please fill out the Baptism Registration Form on our website.

Marriage

Congratulations on your engagement! As with the other sacraments, prior preparation is necessary. Please contact the office **at least six months** before the wedding. If you do not live in New York State, you must do your preparation in your home state. Please fill out the Marriage Registration Form on our website.

Anointing of the Sick/Visitation

Please contact the office for arrangements for individual anointing or for a visitation to someone who is sick or homebound. For emergencies, please contact Fr. John directly at 607-302-0143. Please alert the Parish Office when family members are in the hospital. If you would like to add someone to the Prayer Corner, please call the Parish Office.

Rite of Christian Initiation for Adults (R.C.I.A.):

For information on becoming Catholic, or questions about the Catholic faith, contact Fr. John.

Holy Orders:

For information about vocations, contact the Diocesan Office of Vocation Awareness at 585-461-2890 or vocations@dor.org.

The collection numbers for February 11 will be included next week. Thank you for your patience.

STEWARDSHIP OF TREASURE

Offertory Income — February 4, 2024

	<u>2/4/24</u>	<u>Year-to-Date</u>
Sunday Mass Envelope Collection:	\$3,520	\$112,804
Loose Collection:	\$382	\$18,478
Electronic Giving (Sunday Collection):	\$4,119	\$133,020
Holy Days:	\$0	\$2,329
Christmas:	\$0	\$8,238
Easter:	\$0	\$0
Collection to Support Schools:	\$197	\$1,566
Collection for Buildings and Grounds:	\$0	\$837
Christmas/Easter Flowers:	\$0	\$1,650
Votive Candles:	\$0	\$2,375
Memorials:	\$0	\$600
Total Collection for This Week:	\$8,218	\$269,861
Average Weekly Budgeted Operating Expenses:	\$14,115	
Surplus (Shortfall) for This Week and Year-to-Date:	(\$5,897)	

We anticipate an operating loss for this fiscal year.

WHAT'S HAPPENING: FEBRUARY 19–25

All liturgies are available both in person and via livestream. You can reach our livestream feed via the Boxcast link on St. Catherine's website (stcathofsiena.org) or at tinyurl.com/StCatLivestream.

Monday, February 19—Presidents' Day

Parish Office Closed

9:00 a.m. MASS: *Peace in Our World*

Tuesday, February 20

9:00 a.m. MASS: *Our Parishioners*

10:30 a.m. MASS AT BRIDGES CORNELL HEIGHTS

6:00 p.m. R.C.I.A.

Wednesday, February 21

St. Peter Damian

9:00 a.m. MASS: *Andrew & Myrtle Etienne by Jeff & Jane Doyle*

9:30 a.m. Eucharistic Adoration

Thursday, February 22

The Chair of St. Peter the Apostle

9:00 a.m. Meeting Christ in Prayer

3:00 p.m. Day of Penance—Sacrament of Reconciliation

7:30 p.m. Choir Rehearsal

Friday, February 23

St. Polycarp

9:00 a.m. MASS: *Living & Deceased Members of the Doyle & Leclere Families by Jeff & Jane Doyle*

5:00 p.m. Stations of the Cross

6:00 p.m. Soup Supper

Saturday, February 24

9:00 a.m. AA

9:00 a.m. Children's Choir

9:30 a.m. Lenten Reflections with Fr. Dan McMullin

4:00 p.m. Sacrament of Reconciliation

5:00 p.m. MASS: *Craig Trowbridge by Chris & Clara Barrett and Our Parishioners*

Sunday, February 25

9:00 a.m. MASS: *Paul Swenvy by Mary Lee Noden*

10:15 a.m. Faith Formation

11:30 a.m. MASS: *Craig Trowbridge and Kelly Trowbridge Shekiro by Jeannie Barnaba*

12:30 p.m. Laudate Deum Discussion

Daily Readings

Mon., Feb. 19: Lv 19:1-2, 11-18; Ps 19:8, 9, 10, 15; Mt 25:31-46
 Tues., Feb. 20: Is 55:10-11; Ps 34:4-5, 6-7, 16-17, 18-19; Mt 6:7-15
 Wed., Feb. 21: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
 Thurs., Feb. 22: 1 Pt 5:1-4; Ps 23:1-3a, 4, 5, 6; Mt 16:13-19
 Fri., Feb. 23: Ez 18:21-28; Ps 130:1-2, 3-4, 5-7a, 7bc-8; Mt 5:20-26
 Sat., Feb. 24: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
 Sun., Feb. 25: Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15, 16-17, 18-19; Rom 8:31b-34; Mk 9:2-10

A vibrant Catholic Community where all are welcomed, challenged, and supported in their life's journey.

Parish Information

LUNCH AND A MOVIE: *THE LETTER*, POPE FRANCIS, AND *LAUDATO SI*

Please join us **this Sunday, February 18, from 12:45-3 p.m.** in Mahler Hall for lunch and a movie. We will view and discuss *The Letter*, a movie presenting the backdrop story of Pope Francis's *Laudato Si*. This movie is a primer for our upcoming meeting, led by Karl Pillemer, on Pope Francis's followup Apostolic Exhortation on the climate crisis, *Laudate Deum*. The movie follows activists invited to meet with the pope: representatives of those made poor by climate disaster, of indigenous people risking their lives to save the Amazon, of youth fighting for their future home, and of wildlife facing extermination. Bring your own drinks and a few dollars to contribute to pizza, and other movie snacks for yourself or to share. All are welcome!

PRESIDENTS' DAY MASS AND OFFICE CLOSURE

This **Monday, February 19**, the Parish Office will be closed in observance of Presidents' Day. Please note that daily Mass on that day will be at **9 a.m.**, rather than at 5:30 p.m.

DAY OF PENANCE FEBRUARY 22

The diocesan Day of Penance will be on **Thursday, February 22**. Fr. John will be available for the Sacrament of Reconciliation in the church from **3-5 p.m.** that day. All are invited to come experience God's mercy in this beautiful sacrament.

LENTEN REFLECTIONS WITH FR. DAN McMULLIN FEBRUARY 24

Fr. Daniel McMullin, the director of Catholic campus ministry at Cornell University and Ithaca College, will offer a two-part presentation for adults who want to pray more intentionally during Lent entitled "Renewing Two Disciplines: Toward a More Intentional Commitment to Lent." The presentation will take place here at St. Catherine's on **Saturday, February 24, from 9:30 a.m.-12:15 p.m.** The two topics are:

- *Lectio Divina for Spiritual Adults* (9:30-10:45 a.m.)
- *Daily Examination of Conscience in Anticipation of Confession* (11 a.m.-12:15 p.m.)

Each presentation and ensuing conversation will occupy 75 minutes. You are welcome to attend either one or both. Please bring your Bible (any translation is fine), a notebook, and a willing heart. All are welcome!

PRAYER CORNER

Please hold in prayer those who are sick:

Connie Bates, Alice Broschius, Katherine Kinsella, Ann Leclere, David Leclere, Michael Kimball, June Haynor, Paul Bates, Michael Luzzi, Chloe Wetzel, Kathy Teeter, Ramona Forney, Donna Dutton, Emily O'Mara, Cindy Horner, Ruth Horner, Joan Dalbano, Stephanie Hawkins, Beth Hawkins, Burt Allen, Danny Palardy, Lee Miller, Ruthe Bruen, Dale Bathe, Jack Colangelo, Kathy Boice, Julian Kuczma, James Bilinski, Elizabeth Colangelo, Ron Ross, Cara Wynn, Lonnie Slape, Andrea Caraccilo, and Mary Mulvanerton.

STATIONS OF THE CROSS AND SOUP SUPPERS DURING LENT

We will have Stations of the Cross on **Fridays at 5 p.m.** during Lent. Following the Stations, all are welcome to stay for a soup supper. We could use help to make these suppers happen—if you can help with setup, serving, cleanup, or making soup, please contact Lisa in the Parish Office at lisa.hens@dor.org or 607-257-2493.



LENTEN RICE BOWLS

You can pick up a Rice Bowl here in the atrium any time during Lent. Rice Bowls are a way for you to put away some money each week during Lent to benefit the work of Catholic Relief Services throughout the world. Please see [crs.org](https://www.crs.org) for more information. Thank you for your generosity.

WHAT DOES THE CHURCH SAY ABOUT THE CLIMATE CRISIS?

Come learn about the Church's teachings on the climate crisis as Karl Pillemer leads a discussion on Pope Francis's *Laudate Deum*. This short Apostolic Exhortation follows up on the Holy Father's 2015 encyclical *Laudato Si*. To prepare for the discussion, we encourage you to read *Laudate Deum* ("Praise God") online at https://www.vatican.va/content/francesco/en/apost_exhortations/documents/20231004-laudate-deum.html. Come and connect with people interested in mitigating climate change. Pizza and drinks will be served at about 12:30 p.m. in Mahler Hall. The presentation and discussion will follow.

HOPE FOR THE JOURNEY AHEAD

Throughout Lent, there will be a visual representation of the Scripture readings on the table in front of the ambo. This week, the tablescape focuses on the "Journey of Lent" through water and our continued baptismal journey.

Water symbolizes life and is used to cleanse, heal, restore, replenish, bless, and purify. Water reminds us of the covenant that God makes with us through baptism, providing us a new life as a child of God.

Cairns are rock formations used as landmarks to guide travelers along a path or to mark a sacred place. Cairns have evolved as symbols of friendship, stability, safety, and direction. They can offer guidance for those wandering in life and have been spotted all over the world.

We encourage you this week to uncover the spiritual meaning in water and cairns as they can provide a quiet sense of direction, peace, and strength.

LENTEN PRAYER CARDS

In Colossians 4:2, God tells us to pray and be there for one another, devoting ourselves to prayer, being watchful and thankful. Who among us needs our prayers? We often learn of prayer requests at church or in our Book of Intentions. This year, on Ash Wednesday and throughout the weeks of Lent, we made prayer cards and bowls to help us with a deeper commitment to one another and to "ready" our hearts, minds, and community for the upcoming Easter celebration.

There is a table in the lobby with wooden bowls, pens, and cards. The cards are provided for you to fill out for yourself, family, friends, or loved ones. Throughout Lent, feel free to fill out a card with the first name of an individual and leave it in the bowl and then take a card from the bowl to pray daily for someone else. God hears every word from your mouth, thought in your mind, and whisper of your heart.

We encourage you to "write one and take one" —you may or may not know the person or their specific need/s; however, we believe in the power of love and community. For intentions that are more private in nature, we will provide a sealed box, and the Liturgy Committee will pray confidentially for these requests.

On the table will be other Lenten materials focusing on the three primary pillars of Lent: prayer, fasting, and almsgiving. Stop by often as you enter and exit Masses.

MASS ATTENDANCE, FEBRUARY 10/11

	<i>In person</i>	<i>Virtual</i>
February 10, 5 p.m.	80	35
February 11, 9 a.m.:	133	126
February 11, 11:30 a.m.	91	42
Total:	304	203
Church capacity:	1,200	

THANK YOU FROM THE PASTORAL COUNCIL

The Pastoral Council would like to thank:

- Parishioners who decorated the church for Christmas.
- The kitchen crew who provided the December 9th dinner.
- Giving Tree volunteers.
- Those who organized the Poinsettia Project.
- The children and organizers of the Christmas Pageant.

SIGN UP FOR ADORATION

During this year of Eucharistic Revival, we are planning for more opportunities for Eucharistic Adoration. We will have Adoration from **9:30 a.m. until 8 p.m. every Wednesday**. Please sign up for an hour of Adoration on the sign-up sheet under "News and Events" on our website (stcathofsiena.org) or through the Parish Office.



BIBLE STUDY CONTINUES

Bible Study led by Elizabeth Johnston continues with the Gospel According to Mark between the Sunday Masses, **10:15–11:15 a.m.**, on **March 17** in the Parish Center conference room. All are most welcome at any time. Please bring your Bible.

DOUG'S FISH FRY FUNDRAISER

Stop by Doug's Fish Fry in Cortland on **Wednesday, February 28, and Thursday, March 28, between 3–8 p.m.** for a fundraiser to support St. Mary's Catholic school in Cortland. Use the phrase "St. Mary's" at checkout and 10 percent of the sales will go to St. Mary's school. Thank you for the support!

CATHOLIC MINISTRIES APPEAL

So far, 130 donors have pledged \$48,562 toward our goal of \$63,000. That's **77 percent** of our goal! Please prayerfully consider donating to the CMA.



FR. JOHN'S HOMILY FOR THE FIRST SUNDAY OF LENT

The first Sunday of Lent always presents the temptation of the Lord. This is because the Lord fasted for 40 days, rebuffed the temptations of the devil, and then began his public ministry. The number 40 is used many times in the Bible—146 times to be exact—and represents a period of testing, trial, probation, and preparation. At the time of Noah, it rained for 40 days and 40 nights as Noah was prepared to begin humanity anew. Moses lived 40 years in Egypt being prepared to experience God in the burning bush. He spent 40 nights on Mt. Sinai before receiving the covenant of the Commandments, and then led the people for 40 years through the desert until they were ready to receive the promised land. Elijah spent 40 days traveling to Mt. Horeb, Sinai actually, prepared to receive a message from God for a new world order. Jesus fasted for 40 days and then began his public ministry. After his death, resurrection, and ascension, the apostles spent 40 days in prayer before they received the Holy Spirit.

And so, we have the 40 days of Lent. We spend 40 days fasting, in self-denial, 40 days doing everything we can to come closer to God so we can make our baptisms, our sharing in the Easter life of the Lord, a reality in the world.

Usually on this Sunday we hear about three different temptations the Lord endured: turn rocks into bread; demand that your Father work a miracle to save you; and trade His love for all the power of the world. We do not come upon these this year, because they are in the Gospels of Mathew and Luke. Today's reading is from the Gospel of Mark. Mark just states that Jesus went into the desert for 40 days, was confronted with temptations, beat away the devil, and then began his mission.

To prepare for Easter we spend 40 days confronting temptation. I would like to share about temptations today. Sometimes people think that they must be very sinful because they have all sorts of temptations. People who are tempted are not sinful. They are alive. If any of us stops having temptations in our lives, we should check our pulse—we are probably gone from this world.

Temptations are difficult to overcome. If they were easy to fight off, then there would be no sin in the world, and we would be living on another planet. No, temptations are difficult. Every temptation contains elements of attractiveness and has deep within it an aspect of goodness. Here is what I mean by that. All God's creation contains beauty. However, we can prevent that beauty and turn something that is good into something bad. For example, the human body is beautiful; pornography is a perversion of this beauty. Another example: there are wonderful medications to help people who suffer from anxiety attacks and depression. The same medications can be used by some for the pleasure they bring, the euphoria for some, resulting in them destroying their lives as well as the lives of those around them. Pain medication is good. But seeking euphoria is bad. It has resulted into the opioid epidemic.

In the 17th chapter of the Book of Revelation, the visionary John is shown a woman who was wearing purple and scarlet and adorned with gold, precious stones, and pearls. She was amazing to behold. But as the visionary looked he learned that she was drunk with the blood of the saints and the martyrs of Jesus. She was seated on a huge beast that straddled seven hills. Rome was built on seven hills. The woman was pagan Rome with all its splendor and glory. It was marvelous. It had architecture, sculptures, and paintings. People were astounded at the glory that was Rome. But Rome was evil. Its beauty had been corrupted by evil. By the time of the Lord, Rome was a moral cesspool, the center of all that was wrong in the world. All sin is attractive. If it were not attractive, we would not be tempted by it.

Some people live by saying, "If it feels good, do it." What are they really saying? What they are saying is that anything is acceptable if they are getting pleasure from it. That is the way of the world. It is the way of selfishness, not the way of love. That is not the way of Jesus, nor can it be our way.

(continued)

FR. JOHN'S HOMILY FOR THE FIRST SUNDAY OF LENT (CONTINUED)

Jesus is the conqueror of sin. But his battle was not a simple task. Jesus was tempted to save his own life, give up, and not go along with the Father's plan. This plan would lead to his suffering and death. Why shouldn't he instead reject this and choose a life of riches? But Jesus's love for the Father and his love for us were more powerful than anything the devil or the world could bring up.

He beat away temptation and then told us: "Entrust your pain, your temptation, and even your sin to me. I have conquered evil and will continue to conquer evil." We are told to fight temptation with the Lord. When we choose Christ, the devil really does not stand a chance. In the battle for the Kingdom, Jesus fights with us, finding a way for us to win. Our weakness becomes a source of our strength because it leads us to depend on the Lord. St. Paul recognized this and gave us a prayer that was the prayer of life. This is Phil: 4:3: "I can do all things in Him who strengthens me."

God refuses to give up on us, even when evil makes inroads into our lives: "See I have set my bow in the skies as a sign that I will never destroy my people." That was the promise made to seal the covenant with Noah after the flood. The bow by the way is the rainbow. For people of faith, the rainbow is not just a beautiful natural occurrence. It is a sign of our hope in God. Think of the bow as being God's bow with his arrows ready to shoot devastation upon the world. But God has hung up his bow. He has fastened it to the sky. He is not going to destroy us for our sins if we are willing to let him help us overcome sin. When we are overwhelmed with our own human weakness, our own continual sinfulness, the rainbow reminds us: God refuses to give up on us. We cannot give up on ourselves. Look at the rainbow. God is the compassionate, the merciful one.

The 40 days of Lent are about loving Jesus. We spend time looking for ways to grow in our love for our Savior. We fight off temptation with him. We give him our sins in confession. We unite ourselves to him through the Eucharist and many other methods of praying. We do everything possible to allow his grace into our lives. In 2 Cor: 12:9, Paul is told, and we are told, "My grace is sufficient for you." With Jesus as the center of our lives, nothing that the world throws at us will defeat us. He is the conqueror of temptation. He is the victor over sin. We are his, and he is ours.

Lessons for this Lenten season:

Let us make Lent a time of renewal of life by penance and prayer.

Let us convert Lent into a time for spiritual growth and Christian maturity.

Let us use Lent as a time to fight daily against the evil within us and around us.

BEYOND THE PLATE 2024

Mahler Hall was transformed into an elegant dining room and filled with 136 guests on the evening of Sunday, February 4, for the sixth Beyond the Plate dinner fundraiser in support of the Ithaca MobilePack for Feed My Starving Children (FMSC). Ann Marie Eckert, our emcee for the evening, engaged and guided guests through the program. Guest speaker Brian Yeich of FMSC shared great information about where the meals we have packed here in Ithaca have been sent (countries including Haiti, Somalia, and the Dominican Republic), the impacts the meals have on the children who receive them, and FMSC's partner organizations in recipient communities around the world.

The evening included a five-course meal prepared by local expert chefs who shared their time and talents: Jay Dietershagen (Crossroads Bar & Grille), Sam Epps (Gola Osteria), Jen Irwin and Stan Walton ("here." on Seneca Lake – formerly of Just a Taste), Greg Norkus (Mercato Bar & Kitchen), Rob McCloskey (Serendipity Catering & Bar), and a welcome drink prepared by Sam Holzbauer (Serendipity Catering & Bar). Wines for each course were presented by Karl Kernan of Triphammer Wine & Spirits.

We are grateful to the many volunteers who helped with event setup, cleanup, serving at the dinner, and working in the kitchen. Thank you to St. Catherine's staff and Craig Murray for your help and support. Beyond the Plate would not have been possible without the generous support of sponsors and the guests who purchased tickets to attend – thank you all! We are finalizing our expenses and will soon share the total amount of money raised.

One generous example of an act of kindness resulting from the evening came from Greg Norkus, guest chef and restaurant owner, who felt inspired by the purpose and energy at Beyond the Plate: Mercato Bar and Kitchen and/or Le Café Cent-Dix will comp Fr. John's dinner whenever he is in either restaurant with other guests through May 2024. *Thank you!*



A vibrant Catholic Community where all are welcomed, challenged, and supported in their life's journey.

BEYOND THE PLATE SPONSORS

Course and Wine Sponsors

Mary Berens and Paul Feeny – Flamingo Fund, Community Foundation of Tompkins County
Cornell Pochily Investment Advisors, Inc.

Friends of Beyond the Plate – Bev & Greg Hartz, Bonita & Mike Lindberg, Lisa & Tom LiVigne, Judy & Mark Malys

Members of First Congregational Church of Ithaca and St. Catherine of Siena

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Andrew Sciarabba

Triphammer Wine & Spirits

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Michaleen's Florist and Greenhouse

St. Catherine of Siena Church



MUSIC, READINGS, AND PRAYERS FOR THE FIRST SUNDAY OF LENT

Our cantors are: Jane Doyle (5 p.m.), Bob Talda (9 a.m.), and Diane Duthie (11:30 a.m.).

Prelude: Parce Dómine (Gather #473)

Par - ce Dó - mi - ne, Spare us, gra - cious Lord, par - ce pó - pu - lo tu - o: sin - ned: ne in ae - tér - num i - ra - scá - ris no - bis. spare us, lest we face your re - proach for - ev - er.

1. Have mercy on me, O God, according to your mer - ci - ful love;
 2. Wash me completely from my in - iq - ui - ty;
 3. My transgressions, tru - ly I know them;
 4. A - gainst you, you a - lone, have I sinned;
 5. Cre - ate a pure heart for me, O God;

according to your great compassion, blot out my trans - gres - sions.
 and cleanse me from my sin.
 my sin is always be - fore me.
 what is evil in your sight I have done.
 renew a steadfast spirit with - in me.

Text: *Parce Domine*; Joel 2:17; tr. by Ronald F. Krisman, b. 1946, © 2011, GIA Publications, Inc.; verses, Psalm 51:3-6, 12, *The Revised Grail Psalms*, © 2010, Conception Abbey and The Grail, admin. by GIA Publications, Inc. Tune: PARCE DOMINE; Mode I with Tonus Peregrinus; acc. by Robert LeBlanc, b. 1948. All rights reserved. Used with permission of OneLicense #A-728114.

Processional Hymn: Come, Now Is the Time to Worship (Breaking Bread #551)

Come, now is the time to wor - ship;
 Ven, es tiem-po de a - do - rar - le.

Come, now is the time to give your heart.
 Ven, es tiem-po de dar tu co - ra - zón.

Come just as you are to wor - ship;
 Ven tal co-mo-es-tás ya-do - ra.

Come just as you are be - fore your God.
 Ven tal co-mo-es-tás an - te tu Dios.

Come. One day ev - ry tongue will con - fess
 Ven. Un dí - a to - dos con - fe - sa - rán

you are God. One day ev - ry knee will bow,
 que e-res Dios, y to - dos se a - rro - di - lla - rán. El'

Still the great - est treas - ure re - mains for those who
 más gran - de te - so - ro les guar - da - rás a
 glad - ly choose you now.
 los que te e - li - gen hoy.

⊕ Coda
 Come. Ven. Come. Ven.

Text: Brian Doerksen, b. 1965; tr. anonymous. Tune: NOW IS THE TIME, Irregular; Brian Doerksen, b. 1965; arr. by Diane Dykgraaf. © 1998, tr. © 2012, Vineyard Songs, admin. Music Services. All rights reserved. Used with permission of OneLicense #A-728114.

Greeting

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

People: Amen.

Priest: The Lord be with you.

People: And with your spirit.

Penitential Rite

Y - ri - e, * e - lé - i - son. iij. Chrí -
 ste, e - lé - i - son, iij. Ký - ri - e,
 e - lé - i - son, iij. Ký - ri - e, *
 e - lé - i - son.

Liturgy of the Word

First Reading: Gn 9:8-15

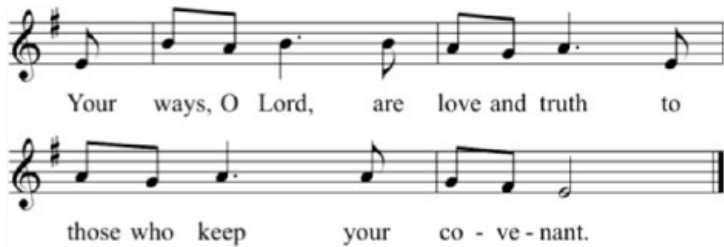
God said to Noah and to his sons with him: "See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark. I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth." God added: "This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth. When I bring

clouds over the earth, and the bow appears in the clouds, I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings."

Lector: The Word of the Lord.

People: Thanks be to God.

Responsorial Psalm



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Second Reading: 1 Pt 3:18-22

Beloved: Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

Lector: The Word of the Lord.

People: Thanks be to God.

Lenten Gospel Acclamation



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Gospel Dialogue

Priest: The Lord be with you.

People: And with your spirit.

Priest: A reading from the holy Gospel according to Mark.

People: Glory to you, O Lord.

Gospel: Mk 1:12-15

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

Priest: The Gospel of the Lord.

People: Praise to you, Lord Jesus Christ.

Homily (see pages 6-7)

Profession of Faith (Nicene Creed)

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin
Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.

Amen.

Universal Prayer

People's Response: Lord, hear our prayer.

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Liturgy of the Eucharist

Presentation and Preparation of the Gifts

Offertory Hymn: *You Have Called Us* (Breaking Bread #648)

Refrain: 1st time: Cantor, All repeat; thereafter: All

You have called us by our name. We be - long to you.

You have called us by our name and we are yours.

Verses

1. You have cho - sen us to be mem - bers
2. You will lead us to your light, walk be -
3. You will hold us when we fall, give new
4. You will nour - ish, you will lead, giv - ing
5. Through our shar - ing here to - day may our

1. of your fam - i - ly. In your love you have cre -
2. fore us through the night. You will guide us on our
3. strength to hear your call. You will nev - er be be -
4. ev - 'ry gift we need, for your reign will be es -
5. faith and life con - vey Christ our light and Christ our

to Refrain

1. at - ed us to live in u - ni - ty.
2. jour - ney. You will keep our vi - sion bright.
3. yond us, for your love is all in all.
4. tab - lished from the small - est of all seeds.
5. vi - sion, Christ our pur - pose, Christ our way.

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Invitation to Prayer

Priest: Pray ... that my sacrifice and yours may be acceptable to God, the almighty Father.

People: May the Lord accept sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

Preface Dialogue

Priest: The Lord be with you.

People: And with your spirit.

Priest: Lift up your hearts.

People: We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

People: It is right and just.

Priest: ... we acclaim:

Sanctus (Holy, Holy, Holy)

San - ctus, San - ctus,

San - ctus Dó-mi-nus De - us Sá - ba - oth.

Ple-ni sunt cae - li et ter - ra gló-ri - a tu - a.

Ho - san - na in ex - cel - sis.

Be - ne - dí - ctus qui ve - nit in nó - mi - ne Dó - mi - ni.

Ho - san - na in ex - cel - sis.

Priest: The mystery of faith.

Memorial Acclamation

We pro-claim your Death, O Lord, and pro-fess your Res-ur-rec-tion

un-til you come a-gain.

Priest: Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever.

People: Amen.

Priest: ... we dare to say:

The Lord's Prayer

People: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

People: For the kingdom, the power and the glory are yours now and for ever.

Sign of Peace

Priest: Lord Jesus Christ, who said to your Apostles, peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

People: Amen.

The peace of the Lord be with you always.

People: And with your spirit.

Priest: Let us offer each other the sign of peace.

Agnus Dei (Lamb of God)

A - gnus De - i, qui tol - lis pec - cá - ta mun-di:
mi - se - ré - re no - bis.
A - gnus De - i, qui tol - lis pec - cá - ta mun-di:
mi - se - ré - re no - bis.
A - gnus De - i, qui tol - lis pec - cá - ta mun-di:
Do - na no - bis pa - cem.

Invitation to Communion

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those who are called to the supper of the Lamb.

People: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion Hymn—Flow River Flow (Breaking Bread #649)

Refrain
Flow riv - er flow, flow o - ver me. O liv - ing wa - ter,
poured out for free; O liv - ing wa - ter, flow o - ver me.

Verses
1. You will be mine and I will be your God,
2. The blind shall see, the mute shall find a voice,
3. Who - ev - er drinks the wa - ter I will give
1. for I will wash you clean. And a new
2. the lame shall leap for joy. Riv - ers will
3. will nev - er thirst a - gain. The drink I

1. heart, a heart of flesh and feel - ing, I will
2. flow in - to dry and bar - ren des - ert, flow - ers
3. give is an ev - er - flow - ing riv - er, well - ing
to Refrain
1. place with - in you for your heart of stone.
2. bloom in splen - dor, glo - ry fill the land.
3. up with - in you to give e - ter - nal life.

Text: Based on Ezekiel 11:19-20; Isaiah 35:1-6; John 4:7-15. Text and music © 1986, Bob Hurd. Published by OCP. All rights reserved. Used with permission of OneLicense #A-728114.

Prayer after Communion

Priest: Let us pray. ... Through Christ, our Lord.

People: Amen.

Concluding Rites

Priest: The Lord be with you.

People: And with your spirit.

Priest: May almighty God bless you, the Father, and the Son, and the Holy Spirit.

People: Amen.

Priest: Go in peace.

People: Thanks be to God.

Recessional Hymn—Somebody's Knocking at Your Door (Gather #470)

Some - bod - y's knock - in' at your door. Some - bod - y's
knock - in' at your door. O sin - ner, why don't you
an - swer? Some - bod - y's knock - in' at your door.
Solo: 1. Knocks like Je - sus,
2. Can't you hear him? Some - bod - y's knock - in' at your door.
3. Je - sus calls you,
4. Can't you trust him?
All: Knocks like Je - sus,
Can't you hear him? Some - bod - y's knock - in' at your door.
Je - sus calls you,
Can't you trust him?
O sin - ner, why don't you an - swer?
Some - bod - y's knock - in' at your door.

Text: African American spiritual. Tune: SOMEBODY'S KNOCKIN', Irregular; African American spiritual; harm. by Richard Proulx, 1937-2010. All rights reserved. Used with permission of OneLicense #A-728114.

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LITURGICAL MINISTERS: FEBRUARY 24/25	
5:00 P.M.	
Sacristan	Bonita Lindberg
Commentator	Chris Bates
Lector 1	Bob Gravani
Lector 2	Jeff Doyle
Ministers of Communion	Host: Deb Roe (east), Ellen Morris-Knowler (west) (sub req'd), Eileen Gravani (center) Cup: Mary Hutchens (west), John Bradac (center west), Mike Bovi (east), Robert Brown (center east)
Ministers of Hospitality	Main: ***, ***, East: Bob Pochily West: John Sipple (sub req'd)
Altar Servers	Book: ***, Cross: ***,
Holy Cleaner	***
9:00 A.M.	
Sacristan	***
Commentator	Ellen Morris-Knowler
Lector 1	Amanda Shaw
Lector 2	Gregory Menzenski
Ministers of Communion	Host: Jonathan Lunine (east), Mike Stanley (west), Theresa Stanley (center) Cup: Bill Perkins (west), Debbie Cherney (center west), Stephen Jesch (east), Colleen Perkins (center east)
Ministers of Hospitality	Main: Marty Whetzel, David & Mary Ann Albonesi East: Steve Shaw West: Colleen Barnes
Altar Servers	Book: Uchechukwu Igwe Cross: ***,
Holy Cleaner	Poppy McLeod
11:30 A.M.	
Sacristan	Catherine Raghunandan
Commentator	Jessica Ryan
Lector 1	Carla Marceau
Lector 2	***
Ministers of Communion	Host: Valerie Evans (east), Kate Mackenzie (west), *** (center) Cup: Joe Ryan (west), *** (center west), *** (east), Robert Chapman (center east)
Ministers of Hospitality	Main: ***, ***, East: Jane Bonassar West: Kevin Mahaney
Altar Servers	Book: Vasili Shuster Cross: Lawrence Shuster
Holy Cleaner	***

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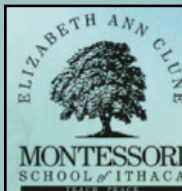
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