

Cristina Folan

From: mail@flocknote.com on behalf of Notre Dame of Mount Carmel Church
<mail@flocknote.com>
Sent: Tuesday, October 19, 2021 9:50 AM
To: Cristina Folan
Subject: Parish Update: October 19, 2021



Notre Dame of Mount Carmel Church

"To Live Is Christ"

Congratulations to **Beth Vecchio**, awarded the **2021 Vivere Christus Est Award** at a prayer service celebrated Sunday afternoon by Bishop Kevin Sweeney at the Cathedral of St. John the Baptist in Paterson.



When given any acknowledgment for her relentless efforts to help those in need, Beth will be the first to step back and point to others, and how without their collaboration, the outreach would not be feasible. Pictured above are some of the Food Rescue disciples and leaders who support the ministry in various ways.

The journey of Beth's call from our Lord at the onset of COVID ("Food!") to what the ministry is today -- a team of 80+ disciples helping to feed about 1,700 people each week -- brings to life Jesus and the Feeding of the Five Thousand (John 6:1-14). Congratulations to Beth and all supporting this weekly miracle.

Investing in Our Faith, Investing in Our Future

Thank you to all who have completed and submitted your Commitment Card supporting our parish and its mission! We seek 100% participation. If you prefer to fill out your Commitment Card online, please do so by clicking [HERE](#).

If you have not committed to regular Offertory Giving, please consider this new journey of life-giving generosity. Click [HERE](#) to find out how to get started!

Youth Ministry: A Mustard Seed Under Our Care

On Sunday, September 12th at 6 pm, our Youth Ministry kicked off with the beginning of our weekly Youth Mass, open to all, followed by a special Life Teen Night for High School teens. In the front lines of this call to serve our youth are Fr. Alex and a faithful core team who offer a weekly experience of Christ's Love to those who choose to taste and see.



"Our Life Night this past Sunday evening was the first of a four-part series introducing the teens to different spiritual traditions to help them encounter God in new ways. The night, titled The Listener, explored St. Ignatius of Loyola and his contribution of Ignatian Spirituality. We focused on the use of our senses, first in a fun and casual way, and then in the serenity of our Chapel, experiencing incense, meditative music, prayer, Sacred Scripture, and the beauty and power of the Cross." Maria Cascio, Core Team Member



"My teen is loving the youth group and I think also finding more comfort there than with peers." Parent of a Life Teen participant



The journey thus far has shown that our Lord has placed a mustard seed in our care. Fr. Alex and the core team are giving their all to nurture this seed of hope. Through the movement of the Holy Spirit, the Love of Christ is already touching participants' hearts. Our part as a community of faith is to offer our prayers for the team and the teens **and** to go on mission, inviting other families and teens to experience the blessings of welcoming Jesus into their hearts.

Renewal through the Lens of Marriage Ministry

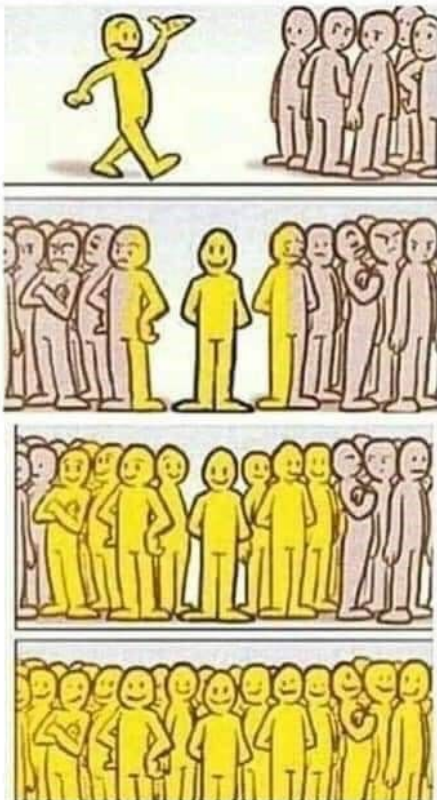
We recently had a conversation with four of our parish leaders regarding the renewal of our parish and how it has impacted the journey of the Marriage Ministry here at Notre Dame. We talked about honoring a wonderful legacy from past leaders while embracing a sense of mission, collaboration, accompaniment, and raising new leaders! Listen in:

Marriage Ministry at Notre Dame



Welcoming & Hospitality: An Act of Love!

This is how your light changes the world. ❤️



To ensure our values of welcome and hospitality remain strong and fruitful, we need the support of all in our community. Please consider offering 15 minutes before Mass every so often to help welcome our visitors and parishioners.

This coming weekend, Welcoming Ministry leaders will be in the Gathering Space, ready to welcome **you** as part of this vital ministry!

Diocesan Ministries Appeal

The Diocesan Ministries is a genuine lifeline to many people, and that is why every gift matters! Your support helps bring to life the work of our Catholic Charities agencies each year. It also supports seminarian education, our diocesan priests' residence, extraordinary healthcare needs of our priests, and urban elementary education. In addition, parishes receive half of all funds received over their parish goals, with over \$900,000 returned last year to parishes – and over \$3.65 million in five years! Please help people in need and our own parish by making a gift today! For your convenience, you can make an online gift or pledge at www.2021appeal.org.



Middle School Faith Formation: Welcome!

by Laura Balogh, Family Faith Director

Last week our Middle School families with children in 6th and 7th grade began their journey for this school year. We have a total of 55 children and 11 faith leaders in sessions meeting Tuesday or Wednesday evenings.

To offer the children a sense of welcome and belonging, we had a series of games and icebreakers.

Here, the Children and faith leaders are playing a Family Bingo game in which everyone had to find others in the room whose families fill a description in each of the boxes. Some of the descriptions were religious in nature, such as *"prays at home together"* or *"has had a priest over for dinner."*



We also played a beach ball activity, in which we stood in a large circle and threw a beach ball with questions on it around to each other. As people caught the ball, they had to read and answer a question on the ball, i.e., *"Describe a time you sensed God's presence"* *"Describe a memory that always makes you laugh."*



The participants then resumed sitting in their small table groups and interviewed each other in pairs, asking the questions: *What club/sports do you participate in? What is your favorite thing to do to have fun? What was the best thing you did this summer?* Also, they were asked to find one thing that they have in common with each other. Then each interviewer introduced the interviewee to the rest of the table. The small groups also took time to discuss what they hope to learn over the course of the year together.



At this first session, we also distributed the Breakthrough Youth Bibles that will be used in the lessons again this year. Here is Fr. Alex blessing the Bibles before the session.



We are looking forward to a wonderful year of growing in faith and community with our Middle School children and their parents. Stay tuned for a special feature on our Confirmation Preparation journey!

Generous Giving Changes Lives

The Interfaith Food Pantry Network reported that our community donated a half-ton of food this weekend through our monthly Food Collection. Bless you, for your generosity!



UPCOMING

**This week's Mass &
Lamp Intentions**

**Welcoming Help
Needed for
Weekend Masses**

SS

LIFE TEEN

Youth Mass & Life Night

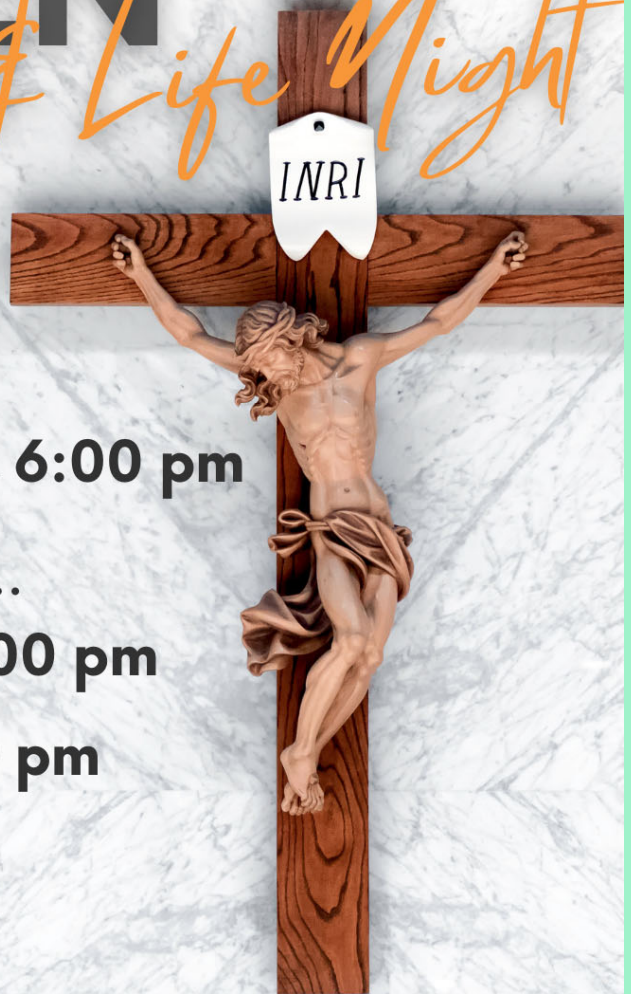
All are welcome!

Youth Mass, Sundays, 6:00 pm

For High School Teens...

Food & Fellowship, 7:00 pm

Life Night, 7:30 -8:30 pm





Men's Group

Join us in faith and friendship! We explore a different topic at each meeting and offer the opportunity for sharing and discussion.

SATURDAY, OCT. 23, 8:00-10:00 AM

Resource Library



An Evening of Marriage Enrichment
Finding Joy & Contentment
in Your Marriage

FRIDAY, NOVEMBER 12, 2021, 7:00-9:30 PM
Notre Dame of Mt. Carmel • Upstairs in Room 201
On-site childcare provided!

Register at www.ndcarmel.com

DRIVE-THRU DROP-OFF

Clothing Drive

Gently used clothing (in plastic bags)




SATURDAY, NOVEMBER 13, 2021, 9-11 AM

Notre Dame of Mt. Carmel Church

75 Ridgedale Ave., Cedar Knolls, NJ

Back parking lot

www.ndcarmel.com



*Listen, find peace,
and get in touch with God within...*

Women's Guided Meditation

Wednesday, November 17, 7:30 pm

Notre Dame of Mt. Carmel Church, Cedar Knolls, NJ

In the Resource Library

www.ndcarmel.com

JOB BOARD & LOCAL AREA ANNOUNCEMENTS

Memories are special moments that tell our story...



Sent by Cristina Folan - Communications



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