

Subject: Parish Update: March 14, 2022

Date: Monday, March 14, 2022 at 2:56:19 PM Eastern Daylight Time

From: Notre Dame of Mount Carmel Church

To: Cristina Folan



Notre Dame of Mount Carmel Church



Come back to me with all your heart. Joel 2:12

"My grandson brought me back to church!"



"My grandsons have become more active doing readings. I really feel drawn to this parish, and this is the first time in 40 years I've felt this. I have tried different denominations, but it hasn't fit. I feel like the Holy Spirit is reaching out to me. I like the message and the feeling that I get from Mass either via zoom while I'm in Florida or in person when I'm there."

A very proud grandmother!



"We are listening!"

Bishop Kevin Sweeney

In preparation for the 16th Ordinary General Assembly of the Synod of Bishops in 2023, Pope Francis has asked the Universal Church to participate in a two-year consultative listening and dialogue process. The purpose is to listen to each other and others who may not always feel invited or included by the Church. There are two ways that the general public can participate in the Synod on Synodality:

1. In-person consultations with trained Synod delegates (**Mike Letterese and Carolyn Tortorrello** are our parish delegates leading this phase for our ND community)
2. Via an **online survey on the Diocesan website**, accessible to anyone from our Notre Dame website.

"On behalf of Pope Francis and the Catholic Church, I would like to invite you to be part of a conversation. Whether you are a practicing Catholic, a former Catholic, or have never been Catholic, we would like to hear from you!"



**Click HERE to
complete the
survey!**

A Peek into Our Discipleship Groups

"The first session of the Contemplative Photography Discipleship Group kicked off last Tuesday evening with ten participants armed with a smartphone, DSLR, mirrorless, and even vintage film cameras. While we came with different equipment and skill levels, one thing brought us together -- the desire to see God's beauty through a different lens. After an opening prayer of thanks for bringing us together, the group explored the concept of seeing and photographing the world in a new way by integrating spiritual meditation into each image.



"We then spent about 20 minutes on individual silent journeys throughout the church facility. Upon return, the Holy Spirit filled the room with excited descriptions of how it felt to contemplate and capture the beauty and joy of God's world around us -- even if it was a few steps beyond where we were sitting. During our second week, we will share the images we took and continue the journey." - Denise Panyik-Dale, Contemplative Photography DG Leader

"Over the summer, a friend from another parish told me about a group study she was doing through her church on a book called "What's so Amazing about Grace?" by Phillip Yancey. She would tell me about the group and rave about the discussion each week. After a while, I felt I needed to read the book and see what the fuss was all about. It captivated me from the first page, and I tore through it! It was one of those books that keep one thinking about it even after it has been long over. I told a number of my friends about it, and a few of them said, "you should do a discipleship group on it." The thought of sharing it with others and unpacking its content intrigued me, but I was hesitant as I had never led a group before! I told Cristina about the book, hoping she would say that it was a great idea and she knew the perfect person to lead the group -- anybody but me, I hoped!!!! But, I should have known that by mentioning it, I was volunteering myself 😊. Cristina had more faith in me than I did.



"I begged my husband, friends, and mom to join it - just so that I wouldn't be the only one there! To my surprise, we have a great group of 15 people on the journey! Leading this group has been AMAZING!!!! This week was our second Zoom session, and the conversation flowed so easily! My fears were so unwarranted! The book leads the discussion - and it is just incredible how quickly everyone is opening up. We have bonded so fast and have so much to discuss!"

"I certainly would never have done this if it weren't for the encouragement of some very important people in my life. I would be very willing to lead another group! What a difference this experience makes not only in my spiritual journey but also in my ability to bring conversations about God to others." Barbara Katona, What's So Amazing About Grace DG Leader

Mass with Anointing of the Sick

Many came to the Vigil Mass this past Saturday with less than favorable weather conditions, seeking the Sacrament of Anointing. During Mass, Fr. Paddy offered the Sacrament and invited the congregation to pray for those who are ill and the caregivers of those in need of care and accompaniment. *Special thanks to Carolyn Tortorello and Mary McGovern for capturing special memories from this event.*



"When the Sacrament of Anointing of the Sick is given, the hoped-for effect is that, if it be God's will, the person be physically healed of illness. But even if there is no physical healing, the primary effect of the Sacrament is a spiritual healing by which the sick person receives the Holy Spirit's gift of peace and courage to deal with the difficulties that accompany serious illness or the frailty of old age.

~from the United States Catholic Catechism for Adults



Special thanks to Carolyn Tortorello and Mary McGovern for capturing these special memories.

Calling All Widows!

By Marge Collins, Ministry Co-leader

Way back in 2019, we had started a new ministry for widows, called **The Widows Circle**. The initial response was overwhelming, and our meetings were well-attended. Unfortunately, March 2020 drew everything to a halt, but later that year, we began to meet on Zoom and occasionally in person. Now, in 2022, we find ourselves in a different place.

So, we are announcing a **Refresh & Reorganize Meeting** on **Monday, March 21 at 5:00 pm in Room 201**. Whoever attends will help us navigate the coming years in a helpful and relevant way to all. Your input is encouraged and necessary! If you are widowed but can't make the meeting, please call Marge Collins at 973-830-7956, and your thoughts will be recorded and become a part of the meeting.

We're looking forward to serving all widows!



Important note: We are **not** a grief support group; we are just on a journey of supporting each other in the uniqueness of widowhood.

No Chocolate, Know Chocolate! Second Sunday of Lent

by Diane Byrne, Elementary Family Faith Coordinator





With Father Paddy as the celebrant of yesterday's Family Mass, our **"No Chocolate, Know Chocolate"** Lenten journey focused on the cacao flowers blooming all year long and not just during certain times or seasons. Similarly, we as Christians blossom all year long, too, not just on Sundays, holy days, or the more special liturgical seasons.

Fr. Paddy also reminded us of the unique places we blossom as Christians: in our communities, in our home parish of Notre Dame of Mt. Carmel, and first and foremost, in our homes: our Domestic Church!



The Rosary: Did you know?

A faith-filled group of disciples prays the Rosary in our church (accessible via live stream), following the Noon Mass, Monday through Friday. They offer their praying for special intentions, including our parish, priests, and community. Most recently, we have asked them to specifically pray for the fruitful search of a new Music Director and the Lenten journey of our Discipleship Groups.

"Where two or three are gathered..." Our Rosary prayer warriors welcome anyone to join them whenever feasible, in person or online. Please consider praying with this beautiful small community for your special intentions and those of our parish.



"The Rosary is a mysterious prayer because of its simplicity, but also because of its depth. It has been prayed and loved consistently by faithful Catholics since the beginning of the second millennium. It is a prayer beginners can learn, and it can lead us into the depth of the Christian life. It is loved by the simplest souls and some of the greatest mystics of the Church. Our Lady herself, most especially in her appearance at Fatima and in other apparitions, has begged us to pray the Rosary daily. She said that it was essential to bring peace to our families and our world, and she asked us to pray the Rosary to bring an end to war."

"Let us pray together the rosary for peace in our world, in our families, in our Church. Let us pray for deliverance from the pandemic and conversion of hearts back to God. Let us surrender our own lives to Our Lady so that she can help us to imitate Jesus in every moment of our lives."

Source

Thank you for your support of Our Parish Mission!

All that takes place at ND and beyond through the works of our ministries is made possible through the generous giving of our parish community.



If you are not participating in **Regular Offertory Giving**, we invite you to support our mission. Click [HERE](#) to find out more and to sign up today.



Can You Help?

As you may be aware, we have a partnership with the **Mental Health Association of Essex and Morris County**. They offer much-needed guidance and expertise to our community, as needed. We have also supported the organization, usually through donations of items their clients need. This past week they have reached out to us as follows:

"We have a case that came in through the Resource Network, and we are hoping a member of Notre Dame can help. He is homeless and needs size 12W water-resistant shoes that he can wear all year round. We researched and found the Skechers brand to be the best fit (click [HERE](#)). If you can help, we would greatly appreciate it."

Madine Despeine - Udoh, MA, DRCC

Director of Self Help, Advocacy & Education



HAPPENING...

Lenten Mass Schedule:

Monday-Friday: 12 Noon and 5:30 pm

Saturday: 12 Noon and 5 pm Vigil

Sunday: 7:30 am, 9:30 am, 11:30 am, and 6 pm

**This week's Mass
& Memorial Lamp
Intentions**

**Parishioner
Announcements**

Welcome Home to Healing Lenten Reconciliation



Mondays: March 7 – April 4

From 7:00 pm – 8:30 pm

**Adoration of the Blessed Sacrament
also available at these times.**

Notre Dame of Mt. Carmel Church
75 Ridgedale Ave., Cedar Knolls, NJ | www.ndcarmel.com

Women's Guided Meditation

WEDNESDAY, March 16th, 7:30 pm
Downstairs in the Resource Library

*Listen, find peace,
and get in touch with God within...*

Notre Dame of Mt. Carmel Church
75 Ridgedale Ave., Cedar Knolls, NJ | www.ndcarmel.com

The Cherubs are back!

And we are calling children 3-5 years old
to be a part of this special choir!



Come to a rehearsal
Wednesday, March 16th at 5:30 pm in Room 201

The Cherubs will sing a prelude song at the
9:30 am Family Mass on Sunday, March 20th.

Let us know your Cherub(s) will be joining us!

*RSVP: Nicole Payne-Venezia at
nicole.danielle313@gmail.com*

**SALE
SALE
SALE**

**EVERYTHING
MUST GO!**

**March 19 & 20th
after all Masses**

**CHRIST'S CORNER
GIFT SHOP**



**All items 75% off
Greeting Cards .10¢**



Catechetical Leaders Association of the Diocese of Paterson

Helping Others Encounter Jesus in the Eucharist

Wednesday
March 23



Click above for more details!

Saint John the Baptist Ukrainian Catholic Church

60 North Jefferson Rd., Whippany, NJ



**NEW
DATE!**

Join us for a special tour!

Saturday, April 2, 2022, 2:00-3:00 pm

Register for the tour by clicking the image above, or visit our website at ndcarmel.com.

JOB BOARD & LOCAL AREA ANNOUNCEMENTS

Memories that tell our story...





Sent by Cristina Folan - Communications

[Reply](#)

Direct replies to this email can only be seen by admins. Click the blue Reply button above to leave a public comment.

Email me when people reply to this note

To ensure that these emails land in your inbox and do not go into spam, please add mail@flocknote.com to your email address book or safe senders list.



[my info](#) • [unsubscribe](#)

75 Ridgedale Avenue, Cedar Knolls, NJ 07927 • [ndcarmel.com](#)