

PARISH UPDATE

NOVEMBER 21, 2023



Notre Dame of Mt. Carmel Church

CEDAR KNOLLS, NJ
973-538-1358/www.ndcarmel.com

FEEDBACK@NDCARMEL.COM

NEW HERE?

Welcome!

We'd love to personally welcome you!

Please fill out a Connection Card available in our Gathering Space or on our website at www.ndcarmel.com (click on the "New Here" button).

We look forward to connecting with you!

Weekend Mass Schedule

Saturday 5:00 PM*
Sunday 7:30 AM
9:30 AM - Family Mass
11:30 AM – Choir Mass
6:00 PM Mass with Contemporary Worship

Daily Mass & Other Schedules

Monday -Saturday 12:00 PM followed by Praying of the Rosary following Mass*
Confessions: Saturday 12:45 – 1:30 pm Adoration:
Friday 1:00 – 3:00 pm

*Livestreamed



Fr. Paddy O'Donovan

Pastor

973-538-1358

frpaddy@ndcarmel.com



Fr. Alex Nevitt

Parochial Vicar

Click image to schedule meeting

973-538-1358, Ext. 103

fralex@ndcarmel.com



Deacon Joe Harris

Social Justice

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Deacon Eric Kispert

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EricKispert@aol.com



Laura Balogh

Faith Formation Director

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Melissa Fasano

Parish Secretary / Notary

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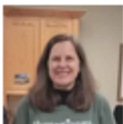


Marc Luciani

Sacristan

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Diane Byrne

Family Faith - Elementary

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Director of Communications & Evangelization

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Facilities Manager

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Maria Cascio

Family Faith Formation Support

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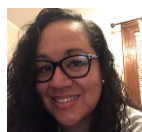


Q Furnald

Director of Youth Ministry and Contemporary Music

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Karen Fajardo

Parish Bookkeeper and Office Manager

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bookkeeper@ndcarmel.com

Please note...

This document is a snapshot of our Weekly Parish Update delivered electronically to our faith community. The digital version includes links and videos easily accessible online and offers a more dynamic experience of parish life here at Notre Dame.

If you would like to receive these updates electronically, please send an email to commsupport@ndcarmel.com.

Beautiful Eucharist



"Nothing else than Christ could have Christianized the world, nothing less than Christlessness has de-Christianized it, and nothing less than. Christ can re-Christianize it. What happens when Christ's real presence is known?"

"Read the Gospels and find out. The Gospels are not mere historical records; they continue, they happen, for the One they present is not dead and gone and past, but alive and here and now. "

Peter Kreeft, in Matthew Kelly's Beautiful Eucharist

Parish Pastoral Council Seeking Nominations!



To nominate a parishioner for the PPC, please visit the **Parish Pastoral Council** page on our website to submit a nomination form. Those nominated will be contacted and asked to submit an application to be considered for Parish Pastoral Council Membership. The Parish Pastoral Council will prayerfully review and consider all nominee applications and present recommendations to our Pastor, Fr. Paddy. Fr. Paddy will make the final decision and extend the invitation to those selected for the upcoming term.

Let us ask for the Holy Spirit to guide our parish community and those in any way involved in this process of seeking, inviting, listening, and discerning a response to service in this valuable leadership body of our parish.

Intellectually Challenged Drive:

Thanks for your support!

By Dennis Fashano

The Elizabeth Ann Seton Knights of Columbus wish to thank the most generous parishioners who donated to our Intellectually Challenged Drive this past weekend.

The money collected will be combined with our Spring collection at local businesses to support our local organizations that teach, train, and house those physically and intellectually challenged to have a better life. Many thanks to Father Paddy and our Council Chaplain, Father Alex, who support our council and all it does for charity. We wish everyone a blessed and Happy Thanksgiving.



Parish Nurses & Wellness Ministry

In a spirit of renewal and seeking to expand the support to our parish community, the Parish Nurses recently invited other members of the parish who have a background or interest in health and wellness (mind, body, and spirit) to join them in the ministry's leadership. New hearts responded to the call and have joined in the planning meetings, offering ideas to increase community outreach. Their last meeting even included one of your Youth Ministry teens who wants to study nursing!



A **Managing Anxiety & Distress Workshop** was offered earlier this month as part of their newer offerings. Over 30 participants attended the event, many offering gratitude, affirmation, and desire for "more" on this topic.

"First and foremost, thank you to our Nurses & Wellness Ministry for sponsoring the Managing Anxiety and Distress session. It was very well attended and included a presentation, as well as a hands-on project by table. The presenter explained the difference between anxiety and distress, as well as presented statistics on the number of cases. We also discussed the many physical ailments caused by anxiety and distress. There were two questions they brought up that resonated with me: what am I doing daily that I fill my mind with, and what is consuming my mind? They also provided us with ways to IMPROVE our week using the first letter of this word: Imagine, Meaning, Pause, Relax, One Thing, Vacation, and Encouragement. Looking forward to any future presentations!" Debbie White

If you have a background or interest in healthcare/wellness, please consider joining this wonderful team! Contact Maryann Johnston, RN, at 973-886-1634.



Learning about Marian Devotions By Diane Byrne, Elementary Family Faith Coordinator

This past Sunday, Patty Strunck spoke about Marian Devotions. She began by explaining **Mary Gardens**. These gardens have specific flowers that remind us of Mary, such as the rose and lily. A famous one is at the Basilica of the Immaculate Conception in Washington, DC.

Next, Patty read the definition of several Marian Devotions and had child volunteers tell which devotion she was referring to. We were reminded that praying the Rosary and the May Crowning are devotions to Mary.

We also were told of lesser-known devotions, such as **Nine Saturdays** (receiving Communion 9 Saturdays in a row) and **traveling statues** (an image of Mary, such as Our Lady of Fatima, that goes from family to family).



November Staff Meeting

For our November Staff Meeting last week, and following a time for lunch and fellowship, Marc led us in a beautiful prayer shared below. We followed with time for Highs and Lows, sharing successes and challenges in ministries or our personal lives; this is important in helping us better understand, celebrate, and support one another.

For Development Content, Leo shared a video and facilitated a discussion on TEAMWORK and the blessings of collaboration; not just “getting things done” more efficiently and fruitfully but also fostering a sense that we, as a staff, care for one another, that we are not alone in our areas of ministry and that we can support each other as needed. We often see this manifested in many ministries here at Notre Dame.

As always, the team is guaranteed a time of laughter in our final “fun activity.” Marc, assisted by Melissa, led us in a fun time of “Caption This,” as they shared pictures of each staff member and then solicited anonymous “Caption this...” responses to each photo.

Our Staff Meetings nourish our souls, strengthen us in leadership and ministry, and bring us closer to each other so that we may do our best in serving our Lord, our parish community, and the Church.

PRAYER TO MEND WHAT IS BROKEN

Heavenly Father, We call on you right now
in a special way. It is through your power
that we were created. Every breath we take,
every morning we wake, and every moment of every
hour,

We live under your power.

Father, We ask you now to touch us
with that same power. For if you created us from
nothing,
you can certainly recreate us. Fill us with the healing
power of your spirit. Cast out anything that
should not be in us.

Mend what is broken.

Root out any unproductive cells. Open any blocked
arteries or veins

and rebuild any damaged areas. Remove all
inflammation and

cleanse any infection. Let the warmth of your healing
love pass through our bodies to make new any
unhealthy areas so that our bodies will function
the way you created them to function.

And Father, restore us to full health in mind and body
so that we may

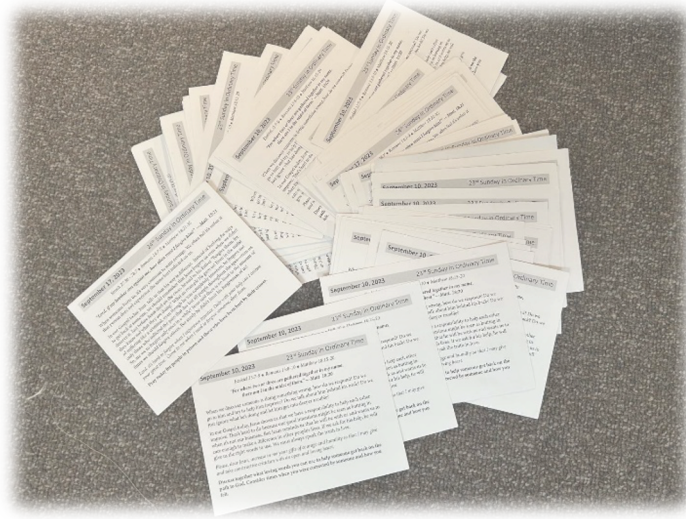
serve you the rest of our lives.

We ask this through Christ our Lord.

Amen.



Family Faith: Mass Transit Conversations (Comments reflect previous Sundays' celebrations)



Was there something special you noticed at Mass today?

"To be ready for what's ahead and to respect other people and yourself."

"Know. God, hear God and share God's words. It is not just about following rules. We want to encounter God. Love God."

"The native language of God is silence."

"WE have to prepare for things we want in life. Things we can do to prepare: respect people, be kind and caring."

"We went to a wedding - homily was about the importance of God being central to a marriage."

"We need to know God, not just about him."

"It's important to be ready to meet God."

"Be a leader."

What was one new insight the homily gave you?

"Felt bad for Mary, our mother, and how sad she was when everything happened to Jesus."

"My mother was re-commissioned as an EM."

"The Blood of Christ was brought back."

"The gift trees went up this week."

"I learned of Mary's tears and that she was sad 7 times, not just 1 when Jesus died."

"Audrey did the second reading, and Abby was a greeter!"

"It was extra long, and we had to stay for CCD."

"There was someone who was looking forward to school - WOW!!"

"Mass was more crowded than expected. Great to see so many younger people participating."

"Flowers pinned all around the church and Fr. Paddy's bruised face from surgery."

Memories that share our story...

Food Rescue in Action



Operation Chillout: Counting Backpacks



7:30 am Mass

After-Mass conversations are so meaningful. Be sure to take the time in our Gathering Space to meet an old friend and make a new one!

