



New Here?

Welcome to Notre Dame of Mt. Carmel!



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www.ndcarmel.com * 973-538-1358

Welcome!

You may be an active Catholic or considering becoming one, or you might even have been disconnected from the Church for some time. Maybe you've attended one of our Masses, events, or faith enrichment programs, or perhaps you've visited our website or come across one of our posts on social media.

**Regardless of what or who brought you here, we welcome you with joy
and a sense of hope to our faith community!**

This publication will offer you an overview of parish life and community at Notre Dame of Mt. Carmel. However, we would love most to have an opportunity to welcome you more personally! Please consider filling out a Connection Card, available in our Gathering Space or on our website at www.ndcarmel.com (click on the "New Here" button).

We look forward to connecting with you!

"The first word that comes to mind when thinking of ND is HOME. My husband, and I were trying to find our faith family and we were flooded with the Holy Spirit when we walked through those doors. We were instantly welcomed with the most warmth, and the rest is history. It felt like instant love. So much life has happened since that day - marriage, a new home, the birth of two children and ND continues to be a foundation for us."

Allie Ferenc

"I was so lost having moved to this area after my husband passed away and I had to sell our home. I showed up for Mass and slide in the side door and into the back row. Just then the man next to me turned and said, "Welcome". Right then and there I knew I was home. I will be forever grateful for that kindness."

Mary Terry



“

"My grandsons have become more active doing readings. I really feel drawn to this parish, and this is the first time in 40 years I've felt this. I have tried different denominations, but it hasn't fit. I feel like the Holy Spirit is reaching out to me. I like the message and the feeling that I get from Mass either via zoom while I'm in Florida or in person when I'm there."

A very proud grandmother!

”

*"The memory that planted the seed for all of the memories that followed: during the afternoon of Saturday, November 2, 2019, in the chapel of NDMC, God filled my heart with his love for the first time. The Holy Spirit took me, an atheist for my entire adult life, and jolted me out of my faithless ennui, drawing me closer to Him. **"Our hearts are restless until they rest in You,"** Augustine said. Since then, God has drawn me further and further outside of my comfort zone, closer and closer to Him, turning life into an adventure. That is where His glory is." Dan Balogh*

Our Vision

Notre Dame of Mount Carmel is a Roman Catholic community of faith called to be missionary disciples of Jesus Christ for the purpose of bringing about the Kingdom.

Our Mission

*Formed by the Word, fed at the Table, and inspired by the Holy Spirit, we **INVITE, WELCOME** and **GUIDE** each other into a relationship with Christ, to **GO OUT** and **MAKE** missionary disciples.*



FAITH:

For the past 100 years, **FAITH** in the power of **The Holy Spirit** has been at the core of our parish, guiding its growth and shaping its mission. Since the humble beginnings of our small chapel founded in 1925, our church has flourished both physically and spiritually and has become the vibrant community it is today. Rooted in the sacraments, prayer, and service, **FAITH** has been our foundation, inspiring generations to live out God's Love in their daily lives.

MISSION:

Our parish embraces the **MISSION**, welcoming "the least and the lost" with compassion and hope. Those who arrive at our doors encounter missionary hearts eager to guide them closer to Christ. This has been especially evident in the vibrant growth of families with children, teens, and young adults with special needs. Young parents are supported in nurturing faith at home while many serve in ministries that deepen their walk with Christ. Our outreach extends further, carrying out the Corporal and Spiritual Works of Mercy by responding to the physical and spiritual needs of those less fortunate. In all, we seek to share Christ's boundless Love in action, strengthening faith and transforming lives.

HOPE:

We **HOPE** to continue growing as a welcoming and inclusive spiritual home, where all encounter God through friendship, the sacraments, vibrant liturgies, and meaningful opportunities for spiritual enrichment. We **HOPE** that **all members** of the parish will be inspired to embrace and serve the mission of reaching the lost—especially our youth—and serving the least with Christ's Love and Compassion. Additionally, we **HOPE** that our financial challenges, including the upkeep of our aging facilities, will be met through the generosity of all, ensuring a vibrant and Spirit-filled home for generations to come!





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Mass Schedule

Daily Masses: Mon-Sat: 12 Noon
Weekend: Sat. Vigil, 5 pm*
Sun: 7:30am, 9:30am (Family Mass), 11:30am,
and 6:00 pm (w/ Contemporary Worship).

* [Also live-streamed](#)

Confessions: Sat. 12:45-1:30pm.

Holy Hour: Thursday, 6:00-7:00 pm.

Adoration: Fridays 1:00-3:00pm

Open for Private Prayer: Mon-Fri 8am-9pm;
Sat 8am-6pm; Sun 7:30am-8pm.



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Following Our Savior

A path of parish renewal calls us to a **life of discipleship in Christ**, which means growing spiritually, ministering to those within our parish, and serving both the lost and the least in our faith community and beyond. To succeed in our mission at Notre Dame, we must continually **raise and nurture new leaders** who will support those doing the vital work of ministry. A hallmark of leadership is an awareness that living as a disciple means **accompanying others**, wherever they are on the path of life and faith, in a way that opens them to the fullness of God's love and guides them into a genuine friendship with Christ.



Sharing Our Savior

As we anticipate the road ahead for our parish family, what truly matters in light of our mission? Perhaps most important is the intentional and continuous **reliance on the Holy Spirit** to guide our path forward. Another essential is building **our ministry to youth**, without whom there would be no future to contemplate! **Advancements in technology** will allow us to remain connected, keep our parishioners informed, and even reach those without a connection to the church. It will be essential to have a church facility that is clean, attractive, and meets the needs of our active, engaged faith community.



“Where do I begin?”

There are many opportunities for you (and your family) to begin or continue a spiritual journey here at Notre Dame. **The best guidance we could offer would come from an opportunity to have a casual conversation with you, where you could share about your faith journey and where you find yourself spiritually speaking. Please scan the QR code and fill out a Contact Card** (also available in our Gathering Space) so that we may coordinate such a conversation. We assure you that this will be a welcoming, safe, and non-judgmental chat! No pressure!



In the meantime, below are some opportunities you might want to consider.

Join us for Mass! Experiencing one of our Masses may offer you a sense of how we love and worship our Savior through our liturgical celebrations.

While anyone is welcomed at any of our Masses, there are two that offer a particular focus; **the Family Mass on Sundays at 9:30 am** extends a warm welcome and sense of belonging and engagement to young parents and their children, and the **6 pm Mass on Sunday evenings with contemporary music.**



However, you will see that many people attend all of our liturgies regardless of age!

If your heart seeks reconciliation, **the Sacrament of Confession** will offer you an open door to our Lord's mercy and compassion. Confessions take place on Saturdays at 12:45 pm. You may also contact one of our priests any time if you need the sacrament and/or priestly guidance.

If quiet time with our Lord is a need in your heart, please join us upstairs in our St. Benedict Chapel for **Adoration of the Blessed Sacrament** any Friday, anytime from 8:00 am to 3:00 pm or on **Thursday evenings from 6:00-7:00 pm**). You are also welcome to come into the worship space for quiet prayer while our facilities are open.



Journey through Small Group Alpha!

Alpha is an opportunity for anyone who may have questions about life and faith or who may be searching for deeper meaning and purpose. In the 7+ years that we have been running the Alpha series at Notre Dame, we have welcomed hundreds of people at all stages of their faith journey. Alpha has provided a safe and non-judgmental space to explore, encounter, and grow! We run the series twice a year, usually in the spring and fall. Please visit our website for more details and to register.



Consider a Cornerstone Retreat –

Cornerstone is a 24-hour experience offered annually. The retreat begins Friday evening and concludes with the celebration of the 5 p.m. Mass on Saturday. **The Men's Cornerstone Retreat occurs towards the end of January, and the Women's Cornerstone Retreat is usually offered in early February.** Cornerstone allows participants (25 yrs. and older) to find gratitude in their lives. As a result, participants—candidates—revitalize and deepen their spiritual well-being. While prayer and quiet reflection are components

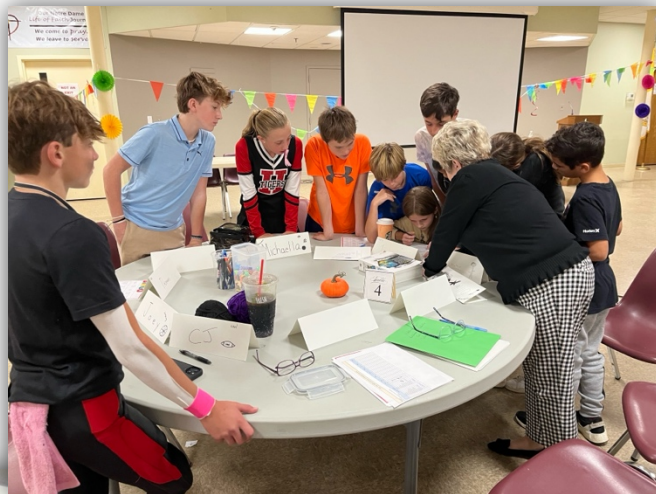
of the weekend, so, too, are faith-sharing and fellowship. Faith-sharing reveals where Christ, the Cornerstone, has played a significant role in candidates' journeys. Candidates consider what has happened, what is happening, and what will happen in their lives. Fellowship leads to spiritual mentorship, which lasts long after 24 hours.



Join a Discipleship Group! Discipleship Groups are opportunities for small groups of people to gather in person or via Zoom for faith-sharing purposes. **A menu of opportunities is available during Lent and in the fall.** Groups run anywhere from six to ten sessions. Each group has its faith theme and meeting day/time. Examples of groups from past series include *“The Five People You Meet in Heaven,” “Raising Kids Who Care,” “The Rosary: Meditating on the Fruits of the Mysteries,” “Contemplative Photography,” “Bible Stories and Great Works of Art,” “God at the Workplace,” “Pivotal Players,” “Everyone’s Way of the Cross.”*



Be part of Family Faith Formation: This program welcomes families with children in grade school through 8th-grade/ Confirmation Preparation and families with children with Special Needs. Families are supported in their journeys to strengthen their Domestic Church, prepare their children for the Sacraments, and grow as lifelong disciples of Jesus. Please visit our website for further details!



Youth Ministry – Following our Contemporary Mass on Sundays at 6:00 p.m., **high school teens** are invited to share a meal, grow closer in friendships, and make new ones! Time of fellowship is followed by faith-focused sessions where teens are drawn closer in their relationship with Jesus and are challenged to grow and witness a renewed commitment to faith in service to others.



Grow in Faith and Community! Several ministries offer more “focused” opportunities to grow in faith and build community. The **GROW** button on our website will lead you to a comprehensive list. Here are just a few:

- **Marriage Ministry Gatherings** – Offers events throughout the year to help couples strengthen their marriage and build community.
- **Young Adults Holy Hour/Social Hour** – Thursdays, **6 – 8 pm**. Spend some time (as long as you want) between 6-7 p.m. with Jesus in the Blessed Sacrament. Then, at 7 p.m., join fellow young adults for some social time!
- **Men’s Group** – Monthly gatherings usually on the fourth Saturday of each month, from 8:00-10:00 am
- **Daughters of Grace** - offers various opportunities for women of all ages to foster spiritual growth, friendship, mentorship, and service.
- **Widow’s Circle**
- **Moms & Tots**
- **Special Needs Youth Ministry**

Share Your Gifts as we Serve those in our community and beyond! Many ministries are serving

both our parish community

and beyond. With the spiritual support of our priests, these ministries are led and supported by parishioners who believe in the mission of our parish of helping bring Christ to others. The **SERVE** section on our website lists the countless

opportunities to share your talents and gifts! Once again, we encourage you to connect with us so we can support your discernment of the best way to serve our parish, given your gifts and availability!



We are here to accompany you!

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"Your life has
purpose.
Your story is
important.
Your dreams
count.
Your voice
matters.
You were born to
make an impact."

Unknown

