

Incoming First Grade Summer Practice

Have fun learning this summer! A little practice each week goes a long way.

Phonics & Letters

- Practice naming all uppercase and lowercase letters.
- Say the sound each letter makes.
- Try this:
 - Point to a letter → say its **name and sound**
 - Example: A says /a/

Practice Idea:

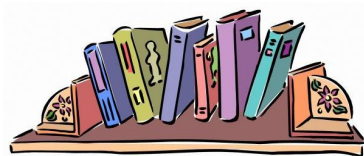
Write the alphabet (upper and lowercase) 2–3 times a week.

Do an upper and lowercase match



Reading

- Read **every day for 10–15 minutes**.
- Practice with beginner books, especially **Biscuit books**.
- Talk about the story:
 - Who is in the story?
 - What happened?
 - What was your favorite part



Reading Book Activity (Book Ideas: Pete the Cat, Dr. Seuss, Biscuit, Frog and Toad)

After reading a book:

- Draw a picture of your favorite part.
- Tell someone about it.

Journal (Once a Week)

Once a week, write and draw in a journal:

- Capital letter at the beginning
- Spaces between words
- A period at the end
- What did you do this week?
- What was your favorite part?



Add a picture to match your writing!

Math Practice

- Practice numbers **1–20**:
 - Recognize each number
 - Say them in order

Try this:

- Count out loud from 1–20
- Point to numbers and name them
- Write numbers 1–20



Bonus Fun!

- Count objects around your house (toys, snacks, steps!)
- Practice writing your **first and last name**
- Play letter or number games

Life Skills Practice (Independence Skills)

Help your child become more independent by practicing these everyday skills. Encourage them to try on their own first, then offer help if needed!

Getting Dressed & Ready

- Practice tying shoes
- Zipping and unzipping, button and unbutton coats
- Putting on and taking off jackets independently
- Boys tuck your shirt in



Lunch & Snack Skills

- Open and close lunch boxes
- Open water bottles
- Open snack containers
- Practice opening Ziploc-style bags



Personal Responsibility

- Pack and unpack their own backpack
- Clean up after meals or playtime
- Keep track of their belongings



Challenge Idea: Make it fun! Create a “I Can Do It!” chart and give your child a star each time they complete a skill independently.

Have a wonderful summer! We can’t wait to see you in first grade!