

Celebrating & Sharing God's Love

Sacred Heart Church



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PARISH STAFF

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BULLETIN SUBMISSIONS

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PARISH OFFICE HOURS

Monday thru Thursday: 9:00 a.m.– 4:00 p.m.
Lunch Hour: 12:30-1:30 p.m.
Friday: 9:00 a.m.– 12:00 p.m.

RECONCILIATION

Saturdays 3:30 - 4:45 p.m. or by appointment

EUCHARISTIC ADORATION

Wednesdays 12:30 p.m. - 3:00 p.m.
Fridays 7:30 a.m. - 9:00 a.m.
Buswell Chapel

MASS SCHEDULE

Tuesdays: 5:15 p.m. Buswell Chapel
Wednesdays: 12:00 noon Buswell Chapel
Thursdays, and Fridays:
7:00 a.m. Buswell Chapel
Saturdays: 5:00 p.m. & 7:00 p.m. (Spanish)
Sundays: 8:00 a.m. & 10:30 a.m.
First Saturday of the month 7:00 a.m. Buswell Chapel

PARISH MISSION STATEMENT

"Sacred Heart Parish is a family blessed by God with His different faces expressed in our diverse cultures. We respond to give of our time, talents and treasures in return for blessings received from God. We continue to celebrate these blessings through our liturgy, social activities, faith formation and the response to our brothers and sisters in need."

~Modified by Pastoral Council 2014



14TH SUNDAY IN ORDINARY TIME

"Come to me, all you who labor and are burdened, and I will give you rest." - Mt 11:28

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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REFLECTIONS WITH FATHER UJU

14th Sunday in Ordinary Time

Have you taken time to admire the life of a child? One of the things we learn from children is their “Trusting Nature.” A child thinks that the parents are supermen who can do everything. Children think that their parents are omniscient and are surprised if any of the parents appear ignorant of something. The pattern of childlike trust is what Jesus referred to in our Gospel today and wishes that we approached Him with that attitude. What makes a child have this trust is the awareness of its limitation and reliance on the parents to be able to accomplish anything. Unfortunately, when we become adults we think that we know it all and we can do all we intend by true or vile means. Nevertheless, we all know sincerely that we don’t know it all and cannot do it all. Definitely, we need God in our lives because we labor and are burdened. However, our adult minds continue to urge us to go our own ways. No matter how we try we will not be self-sufficient and the more we work the more exhausted we become. It is only a child-like understanding and trust that can make us turn to God wholeheartedly. In a way, this is what God has revealed to the childlike that most adults are oblivious about. For all of us who know that we cannot do it all alone by ourselves, for all of us who know that we need the help of God; the Gospel today tells us to take everything to Jesus; not so much to drop it at his door steps but that He may teach us how to carry our load. Only then will the loads we carry be easy. In this world, we cannot run away from the loads of life and the problems of life. Only by employing the meek and humble style of Christ will the load be easy. Only by coming to Jesus in trust will He be able to make our loads easy to bear. Yes, we are created to perform some work as a way of taking care of the earth; but we were not created to be beasts of burden. That is the reason for the Sabbath rest (the Third Commandment). That is the reason to come to God. During this Independence week, we all need to reassess our enslavement to labor and work at the cost of coming to Jesus. Truly e labor under the yoke of Covid-19 pandemic, we can still keep the Lord’s day holy by conscientiously setting apart as our day to pay more attention to our spiritual life. Let us allow Him to teach us how to carry the burdens we have so that they may become easier to bear. Happy fourth of July!

ACT OF SPIRITUAL COMMUNION

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an Act of Spiritual Communion which is a source of grace. Spiritual Communion means uniting one’s self in prayer with Christ’s sacrifice and worshipping him in his Body and Blood. The most common reason for making an Act of Spiritual Communion is when a person cannot attend Mass. Acts of Spiritual Communion increase our desire to receive sacramental Communion and help us avoid the sins that would make us unable to receive Holy Communion worthily.

A Prayer for Spiritual Communion

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things and I desire to receive you in my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

Everyday Stewardship

Many young people want to make a path for themselves in life without the help and guidance of others. My own young adult son oftentimes refuses assistance because he feels that he must learn to go it alone and have his achievements based solely upon his effort. However, few truly get anywhere of circumstance without the aid of others.

The body of Christ only functions well when we move together and help each other. Unfortunately, too often parts of the body seek to do their own thing and do not integrate with the other parts. We use our gifts in ways that are only focused on our own gains and our own being. But be mindful, our gifts exist in us to be cultivated and shared with God and his people.

In the same manner, with Jesus as the head of this body, he is there for us as well. In Jesus we find our rest and assistance with our burdens. I cannot imagine life without the compassion and aid of our God. If it isn’t bad enough that some people fail to lean on their brothers and sisters, some of them fail to ever turn to God.

This is never good stewardship. A stewardship way of life seeks to share and integrate with others, especially Jesus. We have been created for community. If we take seriously our discipleship, a true relationship with Jesus always beckons us into community with other believers. Here we are strongest. Here we are the most fruitful. Here we are Christ’s body on earth.

Tracy Earl Welliver, MTS

PRAYER IN THE TIME OF COVID-19 PANDEMIC

O good and merciful God we thank you for the beauty of creation and ask pardon for how we have abused the universe you created and found good. At this time of universal pandemic we come helpless before you asking for mercy for ourselves and our world. Grant eternal rest to the dead and your healing favors to all infected with this virus. Through your help may a lasting remedy be soon found. Protect all essential workers and all in the frontlines, as professionals and as families, who risk everything for the care and support of others. Grant to our political leaders, the spirit to work together for the common good. To our spiritual leaders, the zeal for the salvation of the souls in their care. And to us all, the determination to do all that are asked of us to be safe and to ensure the safety of others. May the prayers of the Blessed Virgin Mary, invoked as help of Christians and health of the sick, grant us the favors we ask, of you, through Christ our Lord. Amen.

14TH SUNDAY IN ORDINARY TIME



Mass Intentions for the Week

Saturday, July 4th/Church

12:00 p.m.
5:00 p.m. For The People of the Parish

Sunday, July 5th/Church

8:00 am †Orrin & Suzanne Allen, by JoAnne Allen
10:30 a.m. †Julie Stotsky, Linda St. John & Amber Lopez, by Kathy Jaramillo
†Teresita Maestas, by Kathee Cordova & Marveen Manzanares & families
†Leonard Archuleta, by Carla Archuleta, Lee Archuleta & Heather Rodman

Tuesday, July 7th/Church

8:00 a.m. †Betty Coronado, by Laurinda Quirova
12:00 p.m.

Wednesday, July 8th/Church

8:00 a.m. In Thanksgiving to the Holy Trinity & Blessed Mother, by Laurinda Quirova

12:00 p.m.

Thursday, July 9th/Church

8:00 a.m. For the Health & Well Being of Rafael Espinoza, Lupita A. Garcia, & All Grandchildren & Great-Grandchildren, by Laurinda Quirova

12:00 p.m.

Friday, July 10th/Church

8:00 a.m. In Thanksgiving to St. Luke and Sacred Heart, by Betty Cockrum

12:00 p.m.

Saturday, July 11th/Church

12:00 p.m.
5:00 p.m.

Sunday, July 12th/Church

8:00 am † Marie Valdez, by JoAnne Allen Ibarra
Para la Gente de la Parroquia (For The People of the Parish)
10:30 a.m. †Dale Eugene Achatz, by Sacred Heart Parish
†Yvonne Jeanette Achatz, by Sacred Heart Parish
†Leonard Archuleta, by Carla Archuleta, Lee Archuleta & Heather Rodman
For Karilyn Espinoza, Lisa Lucero & All Sacred Heart Staff, by Laurinda Quirova
Special Intentions for All Suffering with Cancer

12:00 p.m. Wednesday Mass and Sunday's 10:30 a.m. Mass will be live-streamed on the Sacred Heart Catholic Churches Facebook page



The Rosary Makers

Tue and Fri 11am to 2 pm
709 4th street Alamosa, CO 81101
(719) 937-6005



KID'S CORNER

Sharing the Gospel

Jesus knows that you can get tired. Doing your best in school is hard work. You also may feel tired, sad, or left out on the playground. Whenever you start to feel tired, remember that Jesus is with you. Learn from Jesus. Follow his example. Be honest. Be kind. Help others do the right thing. Jesus will help you.

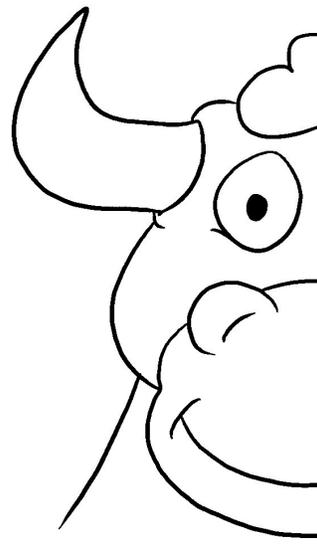
Mission for the Week

Look for someone who is alone on the playground, and ask her to play.



Puzzle

Complete the picture of this ox.



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Prayer

Jesus, I thank you for helping me when I'm tired. Amen.

BAZAAR UPDATE

After much thought and consideration, the bazaar committee has decided, that the uncertainty of COVID-19 necessitates a one-year break. The vendors have been notified and been assured that their places are secure, and we will contact them next July to start Holiday Bazaar 2021.

Our goal for last year was to raise enough to put new flooring in the Fireplace Room. It's done and we spent all we had to do it (maybe even a little more). I guess we will start in July 2021 in the hole, but we've been there before. When things seemed overwhelming a few years back Father Kenny told us to "Pray hawder". We prayed and worked as a team and have accomplished many projects since then. So, have no doubt we will be back, and we will work "hawder" than ever.

God Bless You All & Stay Safe



Summer Mass Schedule

8:00 am Tuesday - Friday
Saturday 5:00 pm
Sunday 8:00 am and 10:30 am

Please call the office to reserve a spot at the weekend Masses.
Mass will be livestreamed Wednesday at 12:00 noon and Sunday at 10:30 am