

Celebrating & Sharing God's Love

Sacred Heart Church



715 4th St. • P.O. Box 547 Alamosa, CO 81101 • (719) 589-5829 • Fax (719) 589-5820 • Rectory (719) 589-3211 www.sacredheartalamosa.org

PARISH STAFF

PASTOR

Father Uju P. Okeahialam, CSSp (ext. 12)
pastor@sacredheartalamosa.org

SECRETARY

Karilyn Espinosa (ext. 11)
admin@sacredheartalamosa.org

LITURGY / MUSIC COORDINATOR

Veronica Vasquez (ext. 19)
liturgy@sacredheartalamosa.org

FAITH FORMATION ELEMENTARY

Silvia Arias (ext.18)
faithformation@sacredheartalamosa.org

YOUTH /CONFIRMATION COORDINATOR

Brenda Malouff (ext. 17)
confirmation@sacredheartalamosa.org

PART TIME BOOKKEEPER

Bill King (ext. 21)
bookkeeping@sacredheartalamosa.org

PART TIME CUSTODIAN

Michael Olguin
Dean Ross

BULLETIN SUBMISSIONS

info@sacredheartalamosa.org

PARISH OFFICE HOURS

Monday thru Thursday: 9:00 a.m.– 4:00 p.m.
Lunch Hour: 12:30-1:30 p.m.
Friday: 9:00 a.m.– 12:00 p.m.

RECONCILIATION

Saturdays 3:30 - 4:45 p.m. or by appointment

EUCHARISTIC ADORATION

Wednesdays 12:30 p.m. - 3:00 p.m.
Fridays 7:30 a.m. - 9:00 a.m.
Buswell Chapel

MASS SCHEDULE

Tuesdays: 5:15 p.m. Buswell Chapel
Wednesdays: 12:00 noon Buswell Chapel
Thursdays, and Fridays:
7:00 a.m. Buswell Chapel
Saturdays: 5:00 p.m. & 7:00 p.m. (Spanish)
Sundays: 8:00 a.m. & 10:30 a.m.
First Saturday of the month 7:00 a.m. Buswell Chapel

PARISH MISSION STATEMENT

"Sacred Heart Parish is a family blessed by God with His different faces expressed in our diverse cultures. We respond to give of our time, talents and treasures in return for blessings received from God. We continue to celebrate these blessings through our liturgy, social activities, faith formation and the response to our brothers and sisters in need."

~Modified by Pastoral Council 2014



18TH SUNDAY IN ORDINARY TIME

He said the blessing, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds. They all ate and were satisfied. - Mt 14:19c-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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REFLECTIONS WITH FATHER UJU

18th Sunday in Ordinary Time

“Why spend your money for what is not bread; your wages for what fails to satisfy?” This was the question God threw through the prophet to the people after the invitation that they come to him. In a way, God is saying that there are better ways for the people to spend their resources. We all know this to be true because we encounter people who come asking for money and help. They tell you how hungry they are or that they need some gas to get home. Several times, we see these people use the money on drugs and alcohol and say the money is not well spent. The sight of this, I know, makes it difficult for some to offer help again. From that injunction, God offers the people another source of satisfaction, which comes from listening to Him when He said, “Heed me and you shall eat well, you shall delight in rich fare.” These aspects of satisfaction cost nothing other than listening and obeying. Truly, someone will say, but at the end listening will not feed me nor will it be able to pay my mortgage. That is true but the word of God today asks about what we spend our resources on. Last week we reflected on what we do with the opportunities we have and if we do so by asking for and doing things that help us become the best versions of ourselves with the intent of making heaven. Today the scriptures help us to value TIME as a great RESOURCE at our disposal and to reflect on how we spend it (them) in keeping our appointment with God and listening to him. For those who think that such a way of spending their time will not put food on their tables and pay their mortgages, the Gospel today offers us a rethink. God knows how to supply our needs when He realizes that we make Him and the heeding of His voice part of our priorities. So friends let’s spend our resources well. Our time is the chief resource we have. When we allow the things that distract to separate us from coming to God, from heeding the voice of God, and from spending time with Jesus for His instruction, it is tantamount to spending our resources on what doesn’t satisfy. Surely, you are bigger than that. Are you not?

ACT OF SPIRITUAL COMMUNION

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an Act of Spiritual Communion which is a source of grace. Spiritual Communion means uniting one’s self in prayer with Christ’s sacrifice and worshipping him in his Body and Blood. The most common reason for making an Act of Spiritual Communion is when a person cannot attend Mass. Acts of Spiritual Communion increase our desire to receive sacramental Communion and help us avoid the sins that would make us unable to receive Holy Communion worthily.

A Prayer for Spiritual Communion

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things and I desire to receive you in my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

Everyday Stewardship

I remember seeing a story on a morning news program about a little girl who wanted to give an elderly man in a grocery store a hug. She had no way of knowing that this man had just lost his wife of many years and now felt so very alone and depressed. Her reaching out to the man seemed odd to her mom at first, but the girl was so insistent about giving a hug she moved the shopping carts close together so the exchange could take place. No one knew that from that moment on the little girl would ask to visit her new friend at least once a week for the next four years until he passed away. In an interview soon after the initial encounter, the man said, “I haven’t been this happy in some time.” Imagine the joy that relationship brought to them both over the years!

It was just a moment. It was a simple gesture. Yet, it had a large impact that no one could have predicted. You never know what will result when we give just a little of ourselves. That uncertainty too often leads us to hold back or refrain from the simple actions of love or gestures of generosity that could come so easily for us if we wanted. We should never doubt the power of a simple random act of kindness. Generosity does not need to be grand to make a big difference. The time is now, and the opportunity presents itself often to plant a small seed that God can water and nourish so that something beautiful can grow.

– Tracy Earl Welliver

Summer Mass Schedule

8:00 am Tuesday - Friday

Saturday 5:00 pm

Sunday 8:00 am and 10:30 am

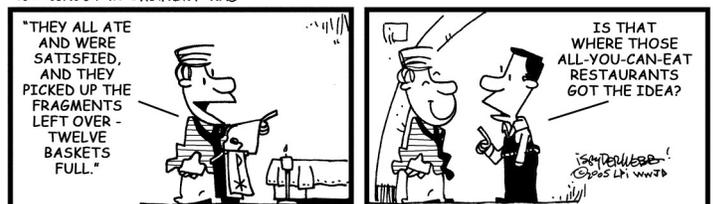
Please call the office to reserve a spot at the weekend Masses.
Mass will be livestreamed Wednesday at 12:00 noon and Sunday at 10:30 am

PRAYER

IN THE TIME OF COVID-19 PANDEMIC

O good and merciful God we thank you for the beauty of creation and ask pardon for how we have abused the universe you created and found good. At this time of universal pandemic we come helpless before you asking for mercy for ourselves and our world. Grant eternal rest to the dead and your healing favors to all infected with this virus. Through your help may a lasting remedy be soon found. Protect all essential workers and all in the frontlines, as professionals and as families, who risk everything for the care and support of others. Grant to our political leaders, the spirit to work together for the common good. To our spiritual leaders, the zeal for the salvation of the souls in their care. And to us all, the determination to do all that are asked of us to be safe and to ensure the safety of others. May the prayers of the Blessed Virgin Mary, invoked as help of Christians and health of the sick, grant us the favors we ask, of you, through Christ our Lord. Amen.

18th SUNDAY IN ORDINARY TIME



Mass Intentions for the Week

Saturday, August 1st/Church

- 8:00 a.m.
- 5:00 p.m. For the People of the Parish
 - †Saul Velasco, by Esther Gutierrez
 - †Ted & Kara Maes (15 Anniversary), by Vivian Maes & Family

Sunday, August 2nd/Church

- 8:00 am †Rose Smith, Kim Romero & Lance Clark, by Vivian Maes & Family
 - †Eric DeHerrera (1st Anniversary), by The Vigil Family
 - †Rose Smith, Kim Romero & Lance Clark, by Vivian Maes & Family
- 10:30 a.m. †Martha Atencio, by Gabe Atencio
 - †Teresita Maestas, by Kathee Cordova & Marveen Manzanares & families
 - †Albert DeHerrera, by Linda Christensen

Tuesday, August 4th/Church

- 8:00 a.m. Blessings for my Friends Esther, Vandeen, Angie, Corina & Teresa, by Laurinda Quirova

Wednesday, August 5th/Church

- 8:00 a.m. †Ernest Moeller, Christine Haslette
- 12:00 p.m. Thanksgiving for Speed Recovery for the Pam Bredamkamp, Denyse Herrmann

Thursday, August 6th/Church

- 8:00 a.m. Patty Chandler (Health) & Dean Lee (Birthday), by Bonnie Lee

Friday, August 7th/Church

- 8:00 a.m. Sacred Heart League, by Sacred Heart League Members

Saturday, August 8th/Church

- 5:00 p.m. †Saul Velesco, by Esther Gutierrez
- †Donald M. Gallegos, by His Children

Sunday, August 9th/Church

- 8:00 am †Para la Gente de la Parroquia (For The People of the Parish)
 - †Abimael Palacios Gonzales, de parte de Esposa Ehias
 - †Gayle & Luis Amaya (Anniversary), by The Vigil Family
 - †Marie Valdez, by Joanne Ibarra
- 10:30 a.m. †Mark Russell (6th Anniversary), Paul DuPont (4th Anniversary) & Judy Madrid (4th Anniversary), by Lucille DuPont

12:00 p.m. Wednesday Mass and Sunday's 10:30 a.m. Mass will be live-streamed on the Sacred Heart Catholic Churches Facebook page



The Rosary Makers

Tue and Fri 11am to 2 pm
709 4th street Alamosa, CO 81101
(719) 937-6005



Collection Report

We would like to thank all of our parishioners and visitors for being generous with your weekly donations. We depend on your generosity to meet the financial needs of our parish.

July 26, 2020

Envelopes: \$1,095.00
Loose Change: \$ 289.06
Total \$1,384.06

May God bless you for your continued support!



KID'S CORNER

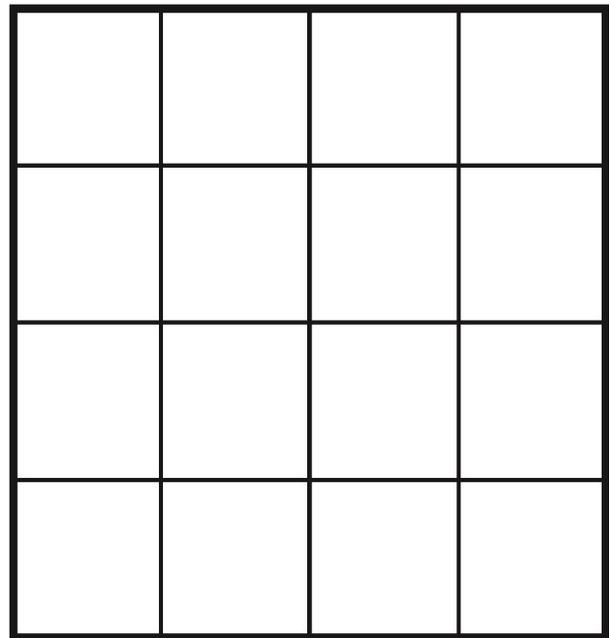
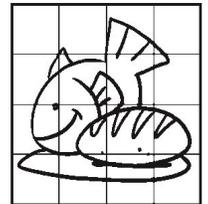
Sharing the Gospel

Imagine being one of Jesus' disciples. One moment you see more than 5,000 hungry people. You don't know what to do. The next moment you see Jesus turn a small lunch into a huge feast. Jesus gives you the food, and he asks you to share it with the hungry people. Jesus asks the same thing today. Share what he gives you with others, too.

Mission for the Week

Donate groceries to a food pantry.

Enlarge the picture square by square.



Prayer

Jesus, help me to share what you have given me. Amen.

Youth Coordinator Vacancy

The Sacred Heart parish has an opening for a Youth Coordinator. The person must be a Catholic in Good Standing with the Church. S/he will, among other things, supervise the Middle/High School programs geared towards their reception of the Sacrament of Confirmation, engaged and lively living of the faith, and Active participation in the life of the parish. It is a part time position that covers from mid-August to mid-May (9 months). Contact Fr. Uju if you are interested.