

The Piarist Fathers



Pastor

Rev. David Powers Sch.P.

Parochial Vicars

Rev. Nelson Henao Sch.P.

Rev. Richard Wyzykiewicz Sch.P.

Parish Staff

Deacon

Valentin Acabeo

Parish Secretary

Mrs. Rosemarie Ortiz

Business Manager

Anne Kathy Rice

Facilities Manager

Lillian Nazario

Music Director

Mr. Daniel Ambe

Musicians

Mr. Jim Donaldson

Mr. Alex Henriquez

June 2019

St. Helena's School (718) 892-3234

<http://www.sthelenaelementary.org>

Early Childhood (3Yr Olds & Pre-K for All)

Elementary School (Grades K-8)

Principal: Mr. Richard Meller

2050 Benedict Avenue

Bronx, New York 10462

High School:

Monsignor Scanlan H.S. (718) 430-0100

<http://www.scanlanhs.edu/>

Principal: Mr. Peter Doran

915 Hutchinson River Parkway

Bronx, New York 10465

St. Helena Rectory:

1315 Olmstead Avenue

Bronx, N.Y. 10462

Phone: (718) 892-3232

Fax: (718) 892-7713

www.churchofsthelena.com

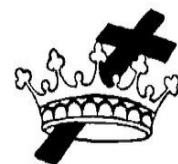
Email: sthelenarc@yahoo.com

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saint Helena parish



Bronx, NY

Mass Schedule (Horario de Misas)

Saturday: 5:30 PM

Sunday: AM

7:30

9:00

10:30 (Family)

PM

12:00 (Spanish)

1:30

5:00

Holy Days: 6:50AM, 8:30AM, 12:15 PM, 7:30PM

Weekdays & Sat.: 6:50AM, 8:30AM, 12:15 PM

Morning Prayer: Daily 8:30AM

Spanish Mass: Sunday, 12:00 Noon

Holy Days—Evenings Before—7:00PM

Wednesday —7:00PM (Español)

Monday 7:00PM (every first Monday of the month in

Español) Primeros lunes de mes

Confessions: Saturday — 4 to 5:30

Sick Or Emergency Calls:

Call the Rectory at 892-3232

Devotions:

- Circulo De Oracion: lunes, 7 a 9:00PM
- Miraculous Medal Novena
Monday after 12:15 PM Mass
- Exposición del Santísimo y Coronilla de la
Divina Misericordia: miércoles, 7PM
- Eucharistic Adoration
Thursday between the 8:30 & 12:15 Masses
- Sacred Heart Novena: Thursday, Noon
- English Bible Study: Tuesday, 7:30PM
- Spanish Bible Study: Tuesday, 7:00PM
- Rosary: Wednesday, 1:00PM

Baptisms: Arrangements must be made at the Rectory for Baptismal Class. Bring a copy of the child's Birth Certificate and Godparent documents.

Marriages: Arrangements for weddings should be made as soon as possible at the Rectory.

Parish Registration: All Catholics who live within the parish boundaries should fill out a registration card at the Rectory.

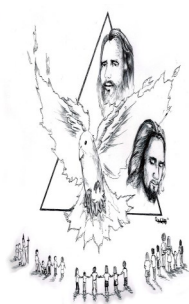


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Tell Me About the Holy Trinity

The word "Trinity" comes from the Latin word *trinitas*, which means "three" or "triad." The Greek equivalent is *triados*.

The first surviving use of the term (there may have been earlier uses that are now lost) was around A.D. 170 by Theophilus of Antioch, who wrote: "In like manner also the three days which were before the luminaries, are types of the Trinity [Τριάδος], of God, and His Word, and His wisdom.



The Compendium of the Catechism of the Catholic Church explains it this way: "The Church expresses her trinitarian faith by professing a belief in the oneness of God in whom there are three Persons: Father, Son, and Holy Spirit. The three divine Persons are only one God because each of them equally possesses the fullness of the one and indivisible divine nature. They are really distinct from each other by reason of the relations which place them in correspondence to each other. The Father generates the Son; the Son is generated by the Father; and the Holy Spirit proceeds from the Father and the Son [CCCC 48]." In fact, the central mystery of the Christian faith and life is the mystery of the Most Blessed Trinity, and Christians are baptized in the name of the Father and of the Son and of the Holy Spirit.

The dogma of the Trinity was defined in two stages, at the First Council of Nicaea (A.D. 325) and then at the First Council of Constantinople (A.D. 381). First Nicaea defined the divinity of the Son and wrote the part of the Creed that deals with the Son. This council was called to deal with the heresy known as Arianism, which claimed that the Son was a supernatural being but not God. First Constantinople defined the divinity of the Holy Spirit and wrote the part of the Creed that deals with the Spirit. This council dealt with a heresy known as Macedonianism (because its advocates were from Macedonia) which denied the divinity of the Holy Spirit. This heresy was also called Pneumatomachianism (from a Greek phrase meaning "fighting the Spirit").

Many people are asked by their non-believing friends to prove the existence of the Holy Trinity, but the Trinity can only be proved through the divine revelation that Jesus brought us. It cannot be proved by natural reason or from the Old Testament alone. The Compendium of the Catechism of the Catholic Church states: "God has left some traces of his trinitarian being in creation and in the Old Testament but his inmost being as the Holy Trinity is a mystery which is inaccessible to reason alone or even to Israel's faith before the Incarnation of the Son of God and the sending of the Holy Spirit. This mystery was revealed by Jesus Christ and it is the source of all the other mysteries [CCCC 45]."

Although the vocabulary used to express the doctrine of the Trinity took time to develop, we can demonstrate the different aspects of the doctrine from Scripture.

The fact that there is only one God was already made clear in the Old Testament. For example, the book of Isaiah proclaims: "You are my witnesses," says the Lord, "and my servant whom I have chosen, that you may know and believe me and understand that I am He. Before me no god was formed, nor shall there be any after me [Is. 43:10]. Thus says the Lord, the King of Israel and his Redeemer, the Lord of hosts: "I am the first and I am the last; besides me, there is no god" [Is. 44:6].

The Father is proclaimed as God numerous times in the New Testament. For example, St. Paul declares: "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort [2 Co. 1:3]. There is . . . one God and Father of us all, who is above all and through all and in all [Eph. 4:4-6]."

That the Son is God is proclaimed in a variety of places in the New Testament, including at the beginning of the Gospel of John: "In the beginning was the Word, and the Word was with God, and the Word was God. And the Word became flesh and dwelt among us, full of grace and truth; we have beheld his glory, glory as of the

only Son from the Father [Jn. 1:1, 14]." And later: "Then [Jesus] said to Thomas, 'Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing.' Thomas answered him, 'My Lord and my God!'" [

In the book of Acts, the Holy Spirit is portrayed as a divine Person who speaks and who can be lied to: "While they were worshiping the Lord and fasting, the Holy Spirit said, 'Set apart for me both Barnabas and Saul for the work to which I have called them' [Acts 13:2]. But Peter said, 'Ananias, why has Satan filled your heart to lie to the Holy Spirit and to keep back part of the proceeds of the land? . . . You have not lied to men but to God' [Acts 5:3-4]."

The distinction of the persons can be shown, for example, in the fact that Jesus speaks to his Father. This would make no sense if they were one and the same person. At that time Jesus declared, "I thank thee, Father, Lord of heaven and earth, that thou hast hidden these things from the wise and understanding and revealed them to babes; yea, Father, for such was thy gracious will" [Mt. 11:25-26]." The fact that Jesus is not the same Person as the Holy Spirit is revealed when Jesus—who has been functioning as the Counselor (Greek, *Parakletos*) of the disciples—says he will pray to the Father, and *the Father* will give then "another Counselor," who is the Holy Spirit. This shows the distinction of all three Persons: Jesus who prays; the Father who sends; and the Spirit who comes: "And I will pray to the Father, and he will give you another Counselor, to be with you for ever, even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him; you know him, for he dwells with you, and will be in you [Jn. 14:16-17]."

Now can we show that the Son is generated by the Father and that the Spirit proceeds from the Father and the Son. The fact that the Son is generated by the Father is indicated by the names of these Persons. Sons are generated by fathers. The Second Person of the Trinity would not be a *Son* if he were not generated by the First Person as his *Father*, and the fact that the Holy Spirit proceeds from the Father and the Son is reflected in another statement of Jesus:

"But when the Counselor comes, whom I shall send to you from the Father, even the Spirit of truth, who proceeds from the Father, he will bear witness to me [John 15:26]."

This depicts the Holy Spirit proceeding from the Father and the Son ("whom I shall send"). Here, the outward operations of the Persons of the Trinity reflect their mutual relations with each other. This is why the Church proclaims with authority that the Holy Spirit proceeds from the Father *through* the Son. Put this all together, and you have our Catholic belief in the Holy Trinity, a belief so important the Church dedicates an entire Sunday Mass to it.

We Are Back in Ordinary Time

This week is the eleventh week in Ordinary Time. But, because the term *ordinary* in English most often means something that's not special or distinctive, many people think that Ordinary Time refers to parts of the calendar of the Catholic Church that are unimportant. Even though the season of Ordinary Time makes up most of the liturgical year in the Church, the fact that Ordinary Time refers to those periods that fall outside of the major liturgical seasons reinforces this impression. Yet Ordinary Time is far from being unimportant or uninteresting.

Ordinary Time is called "ordinary" not because it is common but simply because the weeks of Ordinary Time are numbered. The Latin word *ordinalis*, which refers to ordinal or counting numbers in a series, stems from the Latin word *ordo*, from which we get the English word *order*. Thus, the numbered weeks of Ordinary Time, in fact, represent the ordered life of the Church—the period in which we live our lives neither in feasting (as in the Christmas and Easter seasons) or in more severe penance (as in Advent and Lent), but in watchfulness and expectation of the Second Coming of Christ. Thus, for Catholics, Ordinary Time is the part of the year in which Christ, the Lamb of God, walks among us and transforms our lives. There's nothing "ordinary" about that!

Happy Father's Day

The first recorded Father's Day message was written by a young boy called Elmesu who carved a Father's Day message on a card made out of clay nearly 4,000 years ago. Elmesu wished his Babylonian father good health and a long life.

The modern version of Father's Day originated in the United States while Ms. Sonora Louise Smart Dodd listened to a Mother's Day sermon in 1909. Fairly mature at the age of 27, Sonora pondered if there is a day to honor mothers then why not for fathers? Sonora felt strongly for fathers because of the affection she received from her own father Mr. William Jackson Smart, a Civil War veteran. Sonora's mother died while in childbirth when she was just 16. Mr. Smart raised the newborn and five other children with love and care. Inspired by Ms. Anna Jarvis's struggle to promote Mother's Day, Ms. Dodd began a rigorous campaign to celebrate Father's Day in the US, and the Spokane Ministerial Association and the local Young Men's Christian Association (YMCA) supported Sonora's cause. As a result, Spokane celebrated its first Father's Day on June 19, 1910. Though there was initial hesitation, the idea gained gradual popularity all over the US and Fathers Day came to be celebrated in cities across the country. Looking at the heightened popularity of Father's Day, President Woodrow Wilson approved of this idea in 1916. President Calvin Coolidge too supported the idea of a national Father's Day in 1924 to, "establish more intimate relations between fathers and their children and to impress upon fathers the full measure of their obligations." After a protracted struggle of over four decades, President Lyndon Johnson signed a presidential proclamation declaring the third Sunday of June as Father's Day in 1966. Then in 1972, President Richard Nixon established a permanent national observance of Father's Day to be held on the third Sunday of June. Sonora Smart Dodd was honored for her contribution at the World's Fair in Spokane in 1974. Mrs. Dodd died in 1978 at age 96.

How are we "under the law?"

St. Paul uses the phrase "under the Law" throughout his letters but not in a uniform or consistent way. According to Galatians, "not under the law" relates to maturity in one's relationship with God; the Law, which Paul calls a "caretaker" or "tutor," is not needed for someone who already knows God's ways (Gal 3:23-25). But in Romans, Paul uses the phrase differently. He states, "For sin shall not be master over you, for you are not under the law but under grace" (Rom 6:14).

Based on the above verse, one may reason that the "law" (Greek: νόμος; nomos) is somehow in opposition to "grace" (χάρις; charis). But "grace" means favor or a good disposition towards someone, so it cannot be opposite to the law. Paul is not arguing for opposition, but rather highlighting a difference: benefiting from a special favor is preferable to being judged by the law.

Moreover, it may seem logical to assume that in most cases "not under the law" means "not under the Torah," but the apostle, in fact, uses the term "law" in a variety of ways in Romans. For instance, he speaks of what we might call "natural" or "physical" law that governs our bodies and environment — that is, legal systems unrelated to God's commandments given at Sinai. Furthermore, Paul speaks of "theological" laws that reflect spiritual realities. Consider how Paul refers to both natural and spiritual laws in the same breath: "I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members" (Rom 7:23). Here, Paul refers to two different laws — the law of his body vs. the law of his mind — and neither of these "laws" is exactly equivalent to the Law of Moses.

The broader context of Romans 6-8 is about slavery to the "law of sin and death," which should not have power in the lives of believers (Rom 8:2). Paul also speaks of dying with the Messiah as a death to sin, which is followed by a rising to new life (Rom 6:6-7). In this way, Paul calls for freedom from sin, not from the Torah. So when Paul says that we are "not under law but under grace" (Rom 6:14), he is referring to the law of sin and death, not the Law of Moses.

St. Romuald - June 19

Romuald was born in Ravenna in 956, and in the midst of a wasted youth, Romuald watched his father kill a relative in a duel over property. In horror, he fled to a monastery near Ravenna. After three years, some of the monks found him to be rather uncomfortably holy and eased him out. Romuald spent the next 30 years going about Italy, founding monasteries and hermitages. He longed to give his life to Christ in martyrdom and got the pope's permission to preach the gospel in Hungary. But he was struck with illness as soon as he arrived, and the illness recurred as often as he tried to proceed.

During another period of his life, Romuald suffered great spiritual dryness. One day as he was praying Psalm 31 ("I will give you understanding and I will instruct you"), he was given an unusual and extraordinary light and spirit which never left him.

At the next monastery where he stayed, Romuald was accused of a scandalous crime by a young nobleman he had rebuked for a dissolute life. Amazingly, his fellow monks believed the accusation. He was given a severe penance, forbidden from offering Mass, and excommunicated—an unjust sentence that he endured in silence for six months.

The most famous of the monasteries Romuald founded was that of the Camaldoli in Tuscany. Here began the Order of the Camaldolese Benedictines, uniting the monastic and eremitical lives. In later life, Romuald's own father became a monk, wavered, and was kept faithful by the encouragement of his son. Romuald died in the monastery of Castro in 1027.

St. Aloysius - June 21

St. Aloysius Gonzaga was born in Castiglione, Italy. The first words St. Aloysius spoke were the Holy Names of Jesus and Mary. He was destined for the military by his father (who was in service to Philip II), but by the age of 9 Aloysius had decided on a more religious life and made a vow of perpetual virginity. To safeguard himself from possible temptation, he would keep his eyes persistently downcast in the presence of women. St. Charles Borromeo gave him his first Holy Communion. A kidney disease prevented St. Aloysius from a full social life for a while, so he spent his time in prayer and reading the lives of the saints. Although he was appointed a page in Spain, St. Aloysius kept up his many devotions and austerities, and was quite resolved to become a Jesuit. His family eventually moved back to Italy, where he taught catechism to the poor. When he was 18, he joined the Jesuits, after finally breaking down his father, who had refused his entrance into the order. He served in a hospital during the plague of 1587 in Milan, and died from it at the age of 23, after receiving the last rites from St. Robert Bellarmine. The last word he spoke was the Holy Name of Jesus. St. Robert wrote the *Life of St. Aloysius*.

St. Paulinus of Nola - June 22

Bishop of Nola and writer, Pontius Meropius Anicius Paulinus was born to a wealthy Roman family at Bordeaux, in Gaul. His father was the praetorian prefect of Gaul who made certain that his son received a sound education. Paulinus studied rhetoric and poetry and learned from the famed poet Ausonius. He subsequently became a well-known lawyer. He became the prefect of Rome, married a Spanish noble lady, Therasia, and led a luxury-filled life. Following the death of his son a week after his birth in 390, Paulinus retreated from the world and came to be baptized by St. Delphinus in Aquitaine. With Therasia, he gave away much of their property and vast fortune to the poor and to the Church, and they pursued a life of deep austerity and mortifications. About 393, he was forcibly ordained a priest by the bishop of Barcelona. Soon after, he moved to an estate near the tomb of St. Nola near Naples. There, he and his wife practiced rigorous asceticism and helped to establish a community of monks. To the consternation of his other relatives, he sold all of their estates in Gaul and gave the money to the poor. He also helped to build a church at Fondi, a basilica near the tomb of St. Felix, a hospital for travelers, and an aqueduct. Many of the poor and sick he brought into his own house, and he lived as a hermit with several of his friends. In 409, he was elected bishop of Nola, serving in this office with great distinction until his death. He was a friend and correspondent of virtually all of the leading figures of his era, including Sts. Augustine, Jerome, Ambrose, Martin of Tours, and Pope Anastasius I. Paulinus was also a gifted poet, earning the

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distinction of being one of the foremost Christian Latin poets of the Patristic period. Paulinus retained much of the style of the old classical poets, and composed most of the poems in honor of the feast of St. Felix. He died in 431 and is the author of a body of extant works including fifty one letters, thirty two poems, and several prose pieces.

St. John Fisher - June 22

St. John Fisher was born in Beverly, Yorkshire, in 1459, and educated at Cambridge, from which he received his Master of Arts degree in 1491. He occupied the vicarage of Northallerton, 1491-1494; then he became proctor of Cambridge University. In 1497, he was appointed the confessor to Lady Margaret Beaufort, the mother of Henry VII, and became closely associated in her endowments to Cambridge; he created scholarships, introduced Greek and Hebrew into the curriculum, and brought in the world-famous Erasmus as professor of Divinity and Greek. In 1504, he became the Bishop of Rochester and Chancellor of Cambridge, in which capacity he also tutored Prince Henry who was to become Henry VIII. He was dedicated to the welfare of his diocese and his university. From 1527, this humble servant of God actively opposed the King's divorce proceedings against Catherine, his wife in the sight of God, and steadfastly resisted the active encroachment of Henry on the Church. Unlike the other bishops of the realm, St. John refused to take the oath of succession which acknowledged the issue of Henry and Anne as the legitimate heir to the throne, and he was imprisoned in the tower in April 1534. The next year he was made a Cardinal by Paul III and Henry retaliated by having him beheaded within a month. A half hour before his execution, this dedicated scholar and churchman opened his New Testament for the last time, and his eyes fell on the following words from St. John's Gospel: "Eternal life is this: to know You, the only true God, and Him Whom You have sent, Jesus Christ. I have given You glory on earth by finishing the work You gave me to do. Do You now Father, give me glory at Your side". Closing the book, he observed: "There is enough learning in that to last me the rest of my life."

Saint Thomas More - June 22

His belief that no lay ruler has jurisdiction over the Church of Christ cost Thomas More his life. Beheaded on Tower Hill, London, on July 6, 1535, and like, St. John Fisher, More steadfastly refused to approve King Henry VIII's divorce and remarriage and the establishment of the Church of England. Described as "a man for all seasons," More was a literary scholar, eminent lawyer, gentleman, father of four children, and chancellor of England. An intensely spiritual man, he would not support the king's divorce from Catherine of Aragon in order to marry Anne Boleyn. Nor would he acknowledge Henry as supreme head of the Church in England, breaking with Rome, and denying the pope as head.

More was committed to the Tower of London to await trial for treason: not swearing to the Act of Succession and the Oath of Supremacy. Upon conviction, More declared he had all the councils of Christendom and not just the council of one realm to support him in the decision of his conscience.

The Longest Day of the Year (June 20?)

This year, June 21 is the summer solstice, and the sun will not set north of the Arctic Circle. It will simply circle the horizon as the Earth rotates. Farther south, the sun will set at its northernmost point on the horizon because the Earth is permanently tilted as it orbits the sun. We know the Earth spins around an axis that extends from the North Pole to the South Pole, but that axis is tilted at 23.5 degrees.

So, it's all about where the Earth is during its journey around the sun. On June 21, the axis of rotation points toward the sun. However, when the planet moves to the other side of the sun (aka winter solstice), that axis of rotation points away from the sun. The farther north you are, the longer the day is. As a side note, June 21 is actually not the longest day of the year because the solstice is at 12:24 a.m. daylight time, which is actually closer to sunset the day before than sunrise the day of the solstice. So, June 20 will technically be the longest day of the year in many locations.

La Sainte Trinite dans nos vies

Chaque année après la solennité de la Pentecôte, notre église célèbre la solennité de la Sainte Trinite. C'est toujours l'occasion pour nous de découvrir et redécouvrir la nature de notre Dieu. La solennité de la Sainte Trinite nous révèle pleinement la nature de Dieu : il est UN en TROIS personnes a savoir Dieu le Père, Dieu le Fils et Dieu l'Esprit Saint. Toutefois cela ne veut pas dire qu'il y a trois dieux, mais qu'il est un en trois personnes. Les trois personnes ne sont pas séparées mais interconnectées dans une sorte de compénétration. Comment pouvons nous comprendre le mystère de Dieu en trois personnes ? Notons d'abord que le mot « Trinité » ne figure dans les Saintes Ecritures. Toutefois, la réalité de la Trinité se manifeste tout au long des Ecritures. Bien vrai que l'œuvre de la création, la rédemption et la sanctification du monde est attribuée à chacun d'eux, ils le font ensemble comme une Trinité. Même si le mystère de la Sainte Trinite est au-delà de notre compréhension humaine, il y a des leçons que nous pouvons tirer pour notre vie quotidienne :

Premièrement, nous devons comprendre par le mystère de la Trinité que Dieu ne vit pas dans la solitude mais dans une RELATION. La relation en Dieu est une relation d'amour. Le Père est en relation avec le Fils et le Saint Esprit et vice versa. Voilà donc un message fort pour nous. Nous sommes créés comme des êtres social, ce qui veut dire que par notre nature, nous sommes des êtres relationnels. Chacun de nous est le fruit de l'amour de nos parents. Nous sommes nés dans une famille et aussi nous vivons dans une communauté. Les relation interpersonnelles caractérisent donc la vie humaine. Comment est-ce que nous entretenons nos relations ? Nos relations sont-elles fondées dans l'amour vrai ou bien dans les intérêts personnels. Est-ce que nos relations donnent du sens a la vie ou bien elle détruisent la vie. Quand nous cultivons les bonnes relations basées sur l'amour vrai, la sincérité, le don de soi etc, nous reflétons effectivement la Trinité.

Deuxièmement la Trinité est un parfait exemple de l'UNITE dans la DIVERSITE. Les trois personnes de la Trinité ne sont pas identique, ils sont différentes mais malgré leurs différences, ils vivent dans l'unité. De la même manière nous sommes tous différents dans nos communautés et familles. Le père, la mère, les enfants ont chacun un caractère différent. Mais ces différences ne devraient pas empêcher un vivre ensemble. L'unité n'est pas synonyme de l'uniformité. Comment est-ce que nous gérons nos différences ? Sommes-nous source de l'unité ou bien de divisions dans nos familles ? Œuvrons pour l'unité malgré nos différences. C'est cela refléter la Sainte Trinite.

Finalement, la Trinite nous invite a être comme chacun d'eux. Ainsi nous sommes invites à être comme le Père qui a créé le ciel et la terre et qui dirige le monde selon sa volonté. Tout ce qu'il a fait est bon. Soyons donc les bonnes personnes dans notre manière d'être. Nous sommes invites aussi à être comme le Fils qui a sauvé le monde. Sauver veut autrement dit guérir ce qui a été blessé. Voilà aussi notre vocation – guérir les blessures dans les relations. Aller au secours de ceux qui sont dans le besoin. L'Esprit Saint est la présence spirituel et permanente de Dieu parmi nous. Comment devons nous être comme Dieu Esprit Saint ? En étant présent aux côtés de ceux qui sont dans le besoin. En évitant d'adopter une attitude d'indifférence. En ayant la compassion pour les autres.

Frères et Sœurs, prions donc en ce jour et invoquons la Sainte Trinite sur chacun de nous, sur nos différentes familles et sur notre communauté paroissiale afin que nous les reflétons en tout et partout.

Loue Soit Jésus Christ.

Père Andrew Berinyuy

WEEKLY OFFERING ENVELOPES

Sunday, June 9

\$5,100.00

Air Conditioning

\$2,466.88

Our new weekly budget, (Nuestro presupuesto semanal es) \$5,192.31. Thank you all for your generosity and support and for all that you do.

Gracias a todos por su generosidad y por todo lo que hacen por esta Iglesia de St. Helena. Nosotros estamos haciendo reparaciones en la escuela y la iglesia; por favor, considere aumentar su oferta para ayudar y apoya estas mejoras.

Adoration of the Blessed Sacrament takes place every **Thursday** from **9AM-12PM** and on every **First Friday**, from **1-7PM**. First Friday next month is on **Friday, July 5**.

Fathers Day Novena Cards are still available at the two church entrances. This is a good way to remember your father, whether he be living or deceased.

Mass in Honor of Our Lady of Perpetual Help, sponsored by the Filipino Community, will take place on **Sunday, June 23 at 3:00PM** in the church.

COMBINED SPECIAL COLLECTIONS this weekend, **June 15-16** for the Home Missions and Latin America, which supports the neediest dioceses in the United States.

PARISH ANNOUNCEMENTS

- **50/50**-Special pink envelopes are available at the two Church entrances or in your packet. The next drawing will be on **Mon., July 1**. This is a good way to support the church and its many ministries.
- **REGISTRATION FOR RELIGIOUS INSTRUCTION AND RCIA** for the Fall of 2019 will begin on **Aug. 17-18**.
- **SPANISH CHARISMATIC PRAYER GROUP** meets every **Monday** from **7-9PM** in the Church.
- **ENGLISH CHARISMATIC PRAYER GROUP** meets every **Saturday** from **1PM to 3PM**, in the Green Building.
- **ENGLISH BIBLE STUDY CLASS**-Our Bible Study meets every **Tuesday**, at **1PM or 7:30PM** and on **Sundays**, at **11:30AM** in the Green Building. Today, we will study the non-writing prophets, Elijah and Elisha.
- **THE RELIGIOUS GOODS ROOM** will close after the **1:30PM** Mass for the Summer. It will re-open in September.
- **YOUTH GROUP** every **Friday** from **7-8:30PM** in the gym.
- **NEXT BAPTISM PREP CLASSES** will be held at **7PM on Thursday, June 20 in English and July 11 in Spanish**. **Prior arrangements must be made at the Rectory to take the Baptismal Class**. Anyone wishing to have a child baptized must fill out a registration form to take a 1-hr. Baptismal Preparation Class. Registration for the Baptismal class will take place in the rectory only on **Tuesdays** from **1-4PM** and on **Thursdays** from **1-8PM**. Bring a copy of the child's birth certificate as well as either a letter of suitability for the godparents from their local pastor, **or** a copy of the godparent's Confirmation Certificate, **or** if a godparent is married, bring a copy of their Catholic Marriage Certificate. These must all be brought to the Baptism Prep class.



- **CARNIVAL NEWS**-The Annual Parish Carnival ends today **June 16** from **3-11PM**. We still need **donations** of cans of soda and 16-oz bottles of water as well as cash donations. There is a special box at the back of the church for your donations. We are also looking for people who would like to donate time to volunteer to work at the Carnival during any of the five days. If you are interested, call our volunteer coordinator Galo at **646-373-0660**. Everyone is welcome to attend.

- **CARNIVAL PRE-SALE-ALL YOU CAN RIDE** daily wristband tickets are still available in the back of the church after Mass, in the rectory and the Religious Goods Room. Wristbands are \$20 presale and \$25 at the Carnival. Carnival hours are: **Sun., June 16, 3-11PM**.
- **HEALING THE FAMILY TREE MASS** will take place on **Saturday, June 22 at NOON** at St. Helena's. There will also be anointing at the Mass. The celebrant is Fr. Richard Bretone from Brooklyn, a priest who has this special ministry. The Mass is sponsored by the English Prayer Group and everyone is welcome. Special family gnome sheets are available for it at the two church entrances.
- **NEXT WHOLE FOODS PLANT-BASED SUPPERS MEAL**-Our next cooking and eating class is on **Saturday, June 22 from 2:45-5:30PM**. This month's menu will consist of Japchae (Korean vermicelli noodle salad), Gamja jeon (Korean potato pancakes and Ddeokbokki (Spicy rice cake). The meal prep takes place at 2:45 and the meal will begin at 4PM. The \$15 fee is non-refundable as it is for groceries. There is usually a refund since we don't spend it all. Please register by **June 21**, by calling the Rectory at **718-892-3233**.
- **BCW SUMMER ON SMASH WRESTLING** on **Friday, June 28** in the gym. Doors open at **7PM**.
- **PILGRIMAGE TO CELEBRATE THE FEAST OF OUR LADY OF ROSA MYSTICA** at Our Lady of Rosa Mystica House of Prayer, Edmeston, NY on **Saturday, July 13**. There will be Adoration, Multilingual Rosary, Prayers, Confession, Procession, and the Feast Day Mass celebrated by Bishop Edward Scharfenberger. The bus trip is \$40, and the bus leaves at **7AM sharp**. Please register in the Rectory. For more info, call **718-924-6657**.
- **ST. HELENA PILGRIMAGE TO THE BASILICA OF OUR LADY OF GUADALUPE AND PUEBLA** from **July 13-18**. The cost is \$1,590 for a single room. For more info, call Ricardo Avalos at **646-500-4719**.
- **FREE RESOURCES ON FORMED**-Not on FORMED? Go to churchofstheleena.formed.org. Today is both the Solemnity of the Most Holy Trinity and Father's Day. Study: *Wisdom & Works of Mercy*, or Symbolon: Knowing the Faith, Session 1: *The Journey of Faith*; Session 2: *Divine Revelation*; Session 5: *Who is Jesus?*; or Session 7: *The Holy Spirit & the Life of Grace*. Watch: *Why God Still Matters*. Listen to: *Pure Fatherhood* or *Be a Man!* Read: *Behold the Man: A Catholic Vision of Male Spirituality*, *The Father of the Family*, or *Boys to Men*.
- **BABY BOTTLE DRIVE**-Please support Expectant Mother Care. Bottles are due today, please return the bottle filled with donations for EMC to the rectory or to donate directly, please visit us at: emcfrontline.org.
- **SHOP AMAZONSMILE AND DONATE TO ST. HELENA** Many of you are already using Amazon Smile. This is a great opportunity to donate to St. Helena by doing your regular shopping. Just shop at smile.amazon.com/ch/13-1740343 and AmazonSmile will donate to St. Helena's.
- **AA BIG BOOK STUDY** meets every **Sat., 7-8:30PM** in the green building. New members are always welcome.
- **CO-DEPENDENTS ANONYMOUS (CODA)** meets every **Monday** from **7-8:30PM** in the rectory meeting room.
- **BOX TOPS FOR EDUCATION** are still needed to help support our School. We only need the special square labels. You can drop them in the collection basket or bring them to either the rectory or the school office. For a list of participating products, go to BTFE.com.



COMMUNITY ANNOUNCEMENTS

- **BISHOP SHEEN REMAINS CAN GO TO PEORIA-** On June 7, the N.Y. Court of Appeals granted permission for Joan Sheen Cunningham to transfer the remains of her uncle, Venerable Fulton Sheen to Peoria. The Peoria Diocese has petitioned Rome for Archbishop Sheen to be declared Blessed, and they need his remains to move forward.
- **ENCOUNTER HEALING AND MERCY-** St. Benedict Church, Otis Ave., Bx. **Sat., June 22, 7-8PM;** Confession **6:30-7PM.** A night of prayer and adoration with music, meditation on Scripture, and confession.
- **SUMMER TIME CARD PARTY** at Mechler Hall, 2158 Watson Ave. on **Sat., June 22.** Doors open at **6:30PM.** Great prizes. Tickets \$25/person. For more info, call **718-863-9156.**
- **JUNETEENTH JUBILEE FREEDOM CELEBRATION,** commemorating the 400th Anniversary of the arrival of the first African slave ship, will take place on **Saturday, June 22** from **3-9PM** at the Bronx YMCA, 2 Castle Hill Ave. Admission \$20/adults, \$10/seniors, \$5/children under 12.
- **FORDHAM PREPARATORY SCHOOL HIGHER ACHIEVEMENT PROGRAM** for rising 8th grade boys will take place **June 24-July 24** at Fordham Prep. The boys will take classes in critical thinking, math, and writing in the morning and will participate in athletic events in the afternoon. For an application, visit fordhamprep.org/HAP or call **718-367-7500 X263**
- **OPPORTUNITY FOR PRO-LIFE TEENS AT CAMP ESTHER-** Camp Esther is held at the Good News Center in Utica, NY on **August 2-4.** It is an intensive, weekend-long pro-life "boot camp" that trains teenage students to be effective advocates for Life. Call 518-434-1293 to reserve your spot today. Hosted by the New York State Right to Life. <http://nysrighttolife.org/camp-esther>

LA SEMILLA DE LA SEMANA

Hola querida familia de Santa Helena. En la medida que ingresamos al Tiempo Ordinario, quedan aún coletazos de la celebración de la Pascua. El 30 de mayo se celebró la Ascensión del Señor; el 9 de junio fue la Solemnidad de Pentecostés; hoy es la **Solemnidad de la Santísima Trinidad** y el próximo domingo, 23 de junio, será la Solemnidad del Cuerpo y la Sangre de Cristo. No debemos ver estas fiestas como celebraciones separadas sino al contrario, estamos invitados a ver en cada una de ellas la expresión de un mismo misterio: el misterio del Dios que se revela a nosotros, que quiere que lo conozcamos porque sólo de esa manera alcanzamos la plenitud que Él quiere para cada uno de nosotros.

Nosotros pertenecemos a una religión que es esencialmente trinitaria. Todo lo hacemos en el nombre del Padre, del Hijo y del Espíritu Santo. Son muchos los signos trinitarios que practicamos a diario y que, sin embargo, se pueden perder en medio de todas las demás cosas que hacemos para ir perdiendo, poco a poco, todo el significado y el valor que tienen. Tenemos la necesidad de hacer la "experiencia de Dios" y es necesario ser conscientes de esa experiencia.

Por ejemplo, cuando nos damos la señal de la cruz. Ese signo que nos enseñaron desde niños y que, sin embargo, podemos decir que en la mayoría de los casos lo hacemos casi que de forma automática, sin dar gracias a Dios porque sin no tuviéramos un Padre, un Hijo y un Espíritu Santo que nos han revelado su amor, simplemente no podríamos hacer signos como ese. Cuando hacemos este signo decimos en su fórmula extendida: "Por la señal de la Santa Cruz,

de nuestros enemigos
libranos, Señor, Dios nuestro.
En el nombre del Padre y del Hijo
Y del Espíritu Santo. Amén.

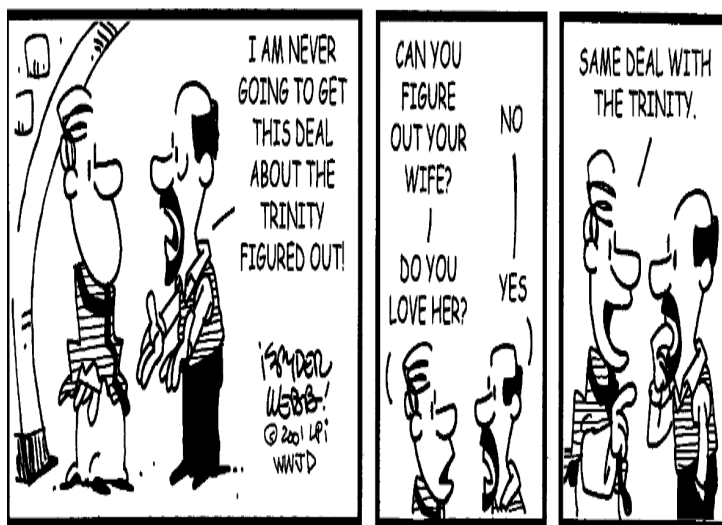
Al tiempo que se dice la oración se hace la señal de la cruz tres veces: sobre la frente, sobre la boca, en el abdomen. La intención es que cada vez que se hace esta señal haya una consagración consciente al Señor, a quien invocamos para que sea verdaderamente el **Señor de nuestra mente** y de nuestros pensamientos; que sea el **Señor de nuestra boca**, que de allí salgan solamente palabras dignas de discípulos suyos y **Señor del corazón**, de donde surgen los sentimientos que después se vuelven acción. El Amén al final reafirma el conjunto de lo que antes habíamos dicho.

Este gesto se realiza también antes de leer el Evangelio: qué quiere decir allí? La cruz en la frente invoca una mejor comprensión de lo que vamos a escuchar. La cruz en la boca pide al Espíritu su luz para proclamar la Palabra y predicarla, y la cruz a la altura del corazón es la petición al Señor de que nos ayude a vivir lo que vamos a escuchar. Esta señal invoca el más grande y refundo misterio de nuestra fe, el de la Santísima Trinidad: Padre, Hijo y Espíritu Santo.

Al iniciar y terminar el día invocamos la Trinidad, al iniciar una jornada de oración se invoca la Trinidad, siempre debemos invocarla porque toda nuestra vida presente y futura se desarrolla en medio de este misterio de amor, del cual Dios, en su misericordia, nos nos invita siempre a participar. Miren todo lo que se dice y se hace en esta pequeña fórmula de nuestra fe, fórmula que se ha repetido durante siglos por millones y millones de cristianos que saben que su vida sólo tiene sentido si es ofrecida constantemente a Dios.

Les dejo con mi deseo de que el amor Trinitario siga llenando tu vida y que cada día seas más consciente de ello. En el nombre del Padre, del Hijo y del Espíritu Santo. Amén. *Fr. Nelson*

TRINITY SUNDAY



Please Pray for the Sick of Our Parish

Joanne Frances Bernadette Sanabria, Carmelle and Nicole Antoine, Indrowdi Sadu, Rosa Pena, Luzvina Vega, Augustine Ayala, Joyce Hoyt, Leena Shaji, Florence Churchill, Heyllie Cardona, Genil Alcantara, Maria Barro, Erica Vargas, Vayron Orellana, Teresa Orellana, Khether Raby, Caroline Caper, Chaya Jonathan, Leah Rodriguez, Alen George, Phillip Williams, Marie Lopez, Jose Vargas, Pat Callahan, Sabina Acosta, Margarita Torres, Thomas Darrigo, Ralphie Lugo, Ofelia Torres, Lydia Sffreda, Roseanne and Joseph Pane, Rosa Maria Santos, Mary Brennan, David Sheehan, Jr., Mary Charlotte, Jenny Mauro, Ana Espinosa, Stella Caballero, Montseratte Rivera, Pylar Pagan, Peggy Ward, Myrna Perez, Gina Fay, Maria Teresa Roque, Nicole Cancel, James Leung, Gabrielle Tingué, Millie Morales, Josefina Gonzalez and Maritza Gonzalez, Sandra Miller

Please Pray for the Deceased and their Grieving Families:

Maria de Jesus, Alex Santana, Bertha Mero, Maria Ortiz, Victor M. Arroyo, Luis Vega, Blanca Marty, Luisa Mejias, Luisa Ponce de Leon, Isham, Ruben Mercado, Luisa Reyes, Isolina Maldonado, Fr. John McCarthy

ANUNCIOS EN ESPAÑOL FORMACION ESPIRITUAL CONTINUA

- **“LA SEMILLA DEL DIA”:** Deseas recibir *cada día* la reflexión sobre la **Palabra de Dios** por el P. Nelson? **Inscríbete** al grupo de WhatsApp **“La Semilla del Día”**. Sólo tienes que *enviar un e-mail* a: jnelsonh55@yahoo.com, o dejar tu **nombre y número de teléfono** en la rectoría, o puedes llamar a la rectoría **(718-892-3233)** y dejar tu información, diciendo que quieres ser parte de “La Semilla del Día”. **Conocer la Palabra de Dios es conocer a Dios.**
- **“LA SEMILLA DE LA SEMANA”:** El P. Nelson te invita a leer cada semana su artículo **“La semilla de la semana”** en el boletín de la parroquia. Encontrarás allí la reflexión sobre algún punto importante de la **Palabra de Dios** durante la semana.

ACTIVIDADES EN ESPAÑOL

LUNES	7 - 9 pm	Grupo Carismático de Oración. Misa cada primer lunes
MARTES	7.15-9.15pm	ENCUENTRO CON CRISTO- cafetería
MIÉRC.	10 am	Grupo Santa Madre Teresa de Calcuta: Visita a pacientes de Rebeka Misa en Rebeka: segundos lunes de mes a las 10:30am
	7 - 9 pm	Coronilla de la Divina Misericordia, Adoración, Eucaristía
VIERNES	7 - 8 pm	Legión de María. Rosario y reunión.
	7 - 8.30 pm	Grupo Juvenil. Edades 12-18. 7-8.30pm
	7.30 - 9 pm	JECAFA. Jesús, Calasanz y la Familia. Grupo de reflexión. Segundos y cuartos viernes. Edificio verde.
SABADO	9.30 am	Grupo Derrumbando Muros y Creando Comunidad. Desayuno y planeación de trabajo. Cafetería.

SANTA HELENA “TU LUGAR DE ENCUENTRO”

Julio 11 Ju Clase de Bautismo. 7 pm en la Iglesia. Traer los documentos requeridos. Traer el Certificado de Nacimiento del niño/a. Si los padrinos son casados deben traer el **Certificado de Matrimonio de la Iglesia**. Si el padrino o madrina son solteros deben traer su Certificado de confirmación.

Inscripciones para Bautismo: Martes de 1 a 4 pm.
Jueves de 1 a 8 pm.

Julio 28 D Retiro de parejas. Este retiro está especialmente dirigido a las parejas que el P. Nelson ha casado aquí en Santa Helena. Sin embargo, si alguna otra pareja está interesada puede asistir. **Informes** en la rectoría o directamente con el P. Nelson. Será de **9 am a 5 pm.**

INFORMACION Y EVENTOS

NOTICIAS DEL CARNAVAL DE SANTA HELENA: Este año el carnaval se realizará del 12 al 16 de junio. Se necesitan **donaciones de soda y agua** de 16 onzas. Hay una caja en la parte de atrás de la Iglesia donde puede depositar sus donaciones. También se buscan **voluntarios** para trabajar durante algún tiempo durante el carnaval. Se puede hablar con Galo al 646-373-0660.

CAMPAÑA RENOVAR Y CONSTRUIR: Si deseas contribuir con las campañas de Cardenal para el beneficio de diferentes obras a través de la Arquidiócesis, puedes acercarte a la rectoría y pedir la tarjeta para hacer tu compromiso o puedes hacerlo online:

www.cardinalsappeal.org. Recuerda que el compromiso se puede hacer donando una cantidad mensual. Gracias por tu generosidad con los servicios de asistencia social de la Iglesia.

Sala de artículos religiosos. Está abierta los domingos de **8 am a 1.30 pm**. Han llegado nuevas Biblias. No te quedes sin la tuya.

Se busca basement para 2 personas o habitación para 1 persona sola: Informes a Erasto al teléfono 1-347-634-3640

Mass Intentions

SUNDAY, June 16, 2019-The Most Holy Trinity

7:30 Andrew Pugliese; *Father's Day Novena*
9:00 Walter Murphy
10:30 Pedro Camacho
12:00 Alfredo Navarrete; Jose Ortiz; Jose Davila-Ortiz; Yandry Eduardo Ortega; Ignacio, Gozalo and Pedro Mendoza and Julio Viejo; Accion de Gracias por Diego Hernandez y Victor Galicia por 1 año mas de vida; Accion de Gracias A. Santo Antonio de Padua; Jose Romero; Vidal Rivera-Health Intention; Emilio Nazario
1:30 Edwin V. Churchill
5:00 Ralph A. Cerbone, Sr.
Msgr. John Voight

MONDAY, June 17, 2019-Sts. Teresa and Sanchia of Portugal

6:50 Father's Day Novena
8:30 Dolores O'Leary
Rev. Ricardo Rivera, Sch.P.-Intentions
12:15 Ralph A. Cerbone, Jr.
Mariam Vaughese and Iype Vaughese

TUESDAY, June 18, 2019-St. Elizabeth of Schonau

6:50 Father's Day Novena
8:30 Nuccia Bosquet-Healing Intention
12:15 Philip W. Parker and Anthony T. D'Amico

WEDNESDAY, June 19, 2019-St. Romuald

6:50 Father's Day Novena
8:30 Domina Dor-Birthday Intention
12:15 Joseph Thalasisit-1 Yr. Anniversary; Nancy Eugenia Mucarsel-1 Month Anniversary.
7:00 Alina Hernandez

THURSDAY, June 20, 2019-St. Silverius

6:50 Father's Day Novena
8:30 Intentions for Brenda Van de Weghe
12:15 Thomas and Rosina Guido

FRIDAY, June 21, 2019-St. Aloysius Gonzaga

6:50 Father's Day Novena
8:30 In Thanksgiving for Favors
12:15 Pedro Camacho; Intentions for Amevor Koffi Adolphe, Amevor Junior, Komla, Ama, Damienne, Stephane and Carmel Afeli and Jean Claude Anenou, Pauline Atsu and Jerome Mawuli Afi

SATURDAY, June 22, 2019-Sts. Paulina of Nola, John Fisher and Thomas More

6:50 Father's Day Novena
8:30 Jose Negroni
12:15 Chantel Fernandes-Health Intention; Healing the Family Tree Healing Mass-Fr. Richard Bretone
5:30 Jose M. Garcia; Jelverto Loja

SUN., June 23, 2019-The Most Holy Body and Blood of Christ

7:30 Father's Day Novena
9:00 Lucy and Joseph Hilowsky
10:30 Hylla Rebello
12:00 Fernando Cinto and Virginia Campos; Rosendo Tepale and Lucia Hernandez; Solina Maldonado
1:30 Chantel Fernandes-Health Intention
3:00 Our Lady of Perpetual Help
5:00 Chantel Fernandes-Health Intention

Readings for the week of June 16, 2019

Sunday: Prv 8:22-31/Ps 8:4-5, 6-7, 8-9 [2a]/Rom 5:1-5/Jn 16:12-15;
Monday: 2 Cor 6:1-10/Ps 98:1, 2b, 3ab, 3cd-4 [2a]/Mt 5:38-42;
Tuesday: 2 Cor 8:1-9/Ps 146:2, 5-6ab, 6c-7, 8-9a [1b]/Mt 5:43-48;
Wednesday: 2 Cor 9:6-11/Ps 112:1bc-2, 3-4, 9 [1b]/Mt 6:1-6, 16-18;
Thursday: 2 Cor 11:1-11/Ps 111:1b-2, 3-4, 7-8 [7a]/Mt 6:7-15; **Friday:** 2 Cor 11:18, 21-30/Ps 34:2-3, 4-5, 6-7 [cf. 18b]/Mt 6:19-23; **Saturday:** 2 Cor 12:1-10/Ps 34:8-9, 10-11, 12-13 [9a]/Mt 6:24-34; **Next Sunday:** Gn 14:18-20/Ps 110:1, 2, 3, 4 [4b]/1 Cor 11:23-26/Lk 9:11b-17