

The Piarist Fathers



Pastor

Rev. David Powers Sch.P.

Parochial Vicars

Rev. Andrew Berinyuy, Sch.P.
 Rev. Luis Alberto Cruz, Sch.P.
 Very Rev. Fernando Negro, Sch.P.
 Rev. Richard Wyzykiewicz Sch.P.

Parish Staff

Deacon

Valentin Acabeo

Parish Secretary

Mrs. Rosemarie Ortiz

Business Manager

Anne Kathy Rice

Facilities Manager

Lillian Nazario

Music Director

Mr. Daniel Ambe

Musicians

Mr. Jim Donaldson
 Mr. Alex Henriquez

August-September 2019

St. Helena's School (718) 892-3234

<http://www.sthelenaelementary.org>

Early Childhood (Pre-K for All)
 Elementary School (Grades K-8)

Principal: Mr. Richard Meller
 2050 Benedict Avenue
 Bronx, New York 10462

High School:

Monsignor Scanlan H.S. (718) 430-0100

<http://www.scanlanhs.edu/>

Principal: Mr. Kris Keelin
 915 Hutchinson River Parkway
 Bronx, New York 10465

St. Helena Rectory:

1315 Olmstead Avenue
 Bronx, N.Y. 10462

Phone: (718) 892-3232

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Alumni: sthelenasalumni@yahoo.com



saínt Helena parish



Bronx, NY

Mass Schedule (Horario de Misas)

Saturday: 5:30 PM

Holy Days: 6:50AM, 8:30AM, 12:15 PM, 7:30PM

Sunday: AM PM

Weekdays & Sat.: 6:50AM, 8:30AM, 12:15 PM

7:30 12:00 (Español)

Morning Prayer: Daily 8:30AM

9:00 1:30

Spanish Mass: Sunday, 12:00 Noon

10:30 (Family) 5:00

Holy Days—Evenings Before—7:00PM

Wednesday—7:00PM (Español)

Monday 7:00PM (every first Monday of the month in Español) Primeros lunes

Confessions: Saturday — 4 to 5:30

Sick Or Emergency Calls:

Call the Rectory at 892-3232

Devotions:

- Circulo De Oracion: lunes, 7 a 9.00PM
- Miraculous Medal Novena
 Monday after 12:15 PM Mass
- Exposición del Santísimo y Coronilla de la Divina Misericordia: miércoles, 7PM
- Eucharistic Adoration
 Thursday between the 8:30 & 12:15 Masses
- Sacred Heart Novena: Thursday, Noon
- English Bible Study: Tuesday, 1PM & 7:30PM
 and Sunday 11:30AM
- Spanish Bible Study: Tuesday, 7:00PM
- Rosary: Wednesday, 1:00PM

Baptisms: Arrangements must be made at the Rectory for Baptismal Class. Bring a copy of the child's Birth Certificate and Godparent documents.

Marriages: Arrangements for weddings should be made as soon as possible at the Rectory.

Parish Registration: All Catholics who live within the parish boundaries should fill out a registration card at the Rectory.



Handicapped Accessible

The Birth of Our Blessed Mother

If today were not Sunday, we would be celebrating the birth of the Blessed Virgin Mary on its traditional fixed date of September 8, nine months after the December 8 celebration of her Immaculate Conception as the child of Saints Joachim and Anne. While the exact circumstances of the Virgin Mary's infancy and early life are not directly recorded in the Bible, other documents and traditions describing the circumstances of her birth are cited by some of the earliest Christian writers from the first centuries of the Church. These accounts, although not considered authoritative in the same manner as the Bible, outline some of the Church's traditional beliefs about the birth of Mary.

The "Protoevangelium of James," which was probably put into its final written form in the early second century, describes Mary's father Joachim as a wealthy member of one of the Twelve Tribes of Israel. Joachim was deeply grieved, along with his wife Anne, by their childlessness. "He called to mind Abraham," the early Christian writing says, "that in the last day God gave him a son Isaac."

Joachim and Anne began to devote themselves extensively and rigorously to prayer and fasting, initially wondering whether their inability to conceive a child might signify God's displeasure with them. As it turned out, however, the couple were to be blessed even more abundantly than Abraham and Sarah, as an angel revealed to Anne when he appeared to her and prophesied that all generations would honor their future child: "The Lord has heard your prayer, and you shall conceive, and shall bring forth, and your seed shall be spoken of in all the world."

After Mary's birth, according to the Protoevangelium of James, Anne "made a sanctuary" in the infant girl's room, and "allowed nothing common or unclean" on account of the special holiness of the child. The same writing records that when she was one year old, her father "made a great feast, and invited the priests, and the scribes, and the elders, and all the people of Israel. And Joachim brought the child to the priests, and they blessed her, saying: 'O God of our fathers, bless this child, and give her an everlasting name to be named in all generations' . . . And he brought her to the chief priests, and they blessed her, saying: 'O God most high, look upon this child, and bless her with the utmost blessing, which shall be forever.'"

The protoevangelium goes on to describe how Mary's parents, along with the temple priests, subsequently decided that she would be offered to God as a consecrated virgin for the rest of her life, and enter a chaste marriage with the carpenter Joseph.

Saint Augustine described the birth of the Blessed Virgin Mary as an event of cosmic and historic significance, and an appropriate prelude to the birth of Jesus Christ. "She is the flower of the field from whom bloomed the precious lily of the valley," he said. This fourth-century bishop, whose theology profoundly shaped the Western Church's understanding of sin and human nature, affirmed that "through her birth, the nature inherited from our first parents is changed."

The Holy Name of Mary

The feast of the Most Holy Name of the Blessed Virgin Mary originated in Spain and was approved in 1513. In 1683, Pope Innocent XI extended the celebration of the feast day to the universal Church, to be celebrated on September 12, four days after the Feast of the Birth of the Blessed Mother.

The name *Mary* is rooted in various ancient languages: in Hebrew *Myriam*; in Aramaic *Maryam*; in the Greek Old Testament, *Mariam*; and in both the Greek and Latin New Testament, *Maria*. Modern philological studies of ancient Egyptian texts suggest that *Mary* means "lady, beautiful one, or well-beloved." Some scholars of Ugaritic texts (ancient Syrian) suggest the name *myrym* derives from the verb *rwn*, thereby rendering the meaning of "high, lofty, exalted, or august." These root meanings fit well with the message of the Archangel Gabriel: "Hail, Mary, full



of grace [or Rejoice, O highly favored daughter]! The Lord is with you. Blessed are you among women" (Luke 1:28).

Of course, the name "Mary," being the name of the Blessed Mother, deserves special respect and devotion, and is thereby celebrated in four ways: First, *Mary* is a name of honor, since the faithful praise Mary as the Mother of our Divine Savior; she is rightfully called "Mother of God," for Jesus, true God and the second person of the Holy Trinity, entered this world becoming also true man through Mary who had conceived by the power of the Holy Spirit. Second, *Mary* is a most holy name, because the very mention of her name reminds us she is full of grace, has found favor with God, and is blessed among all women. Third, *Mary* is a maternal name, because she is our Mother, whom our Lord gave to us as He was dying on the cross. Finally, *Mary* is a name of the mother who responds to all of our needs, protects us from evil, and prays "for us sinners now and at the hour of our death."

The holy name of Mary has been revered in many ways. St. Louis de Montfort (d. 1716) said, "The whole world is filled with her glory, and this is especially true of Christian peoples, who have chosen her as guardian and protectress of kingdoms, provinces, dioceses, and towns. Many cathedrals are consecrated to God in her name. There is no church without an altar dedicated to her, no country or region without at least one of her miraculous images where all kinds of afflictions are cured and all sorts of benefits received. Many are the confraternities and associations honoring her as patron; many are the orders under her name and special protection; many are the members of sodalities and religious of all congregations who voice her praises and make known her compassion. There is not a child who does not praise her by lisping a 'Hail Mary.' There is scarcely a sinner, however hardened, who does not possess some spark of confidence in her. The very devils in hell, while fearing her, show her respect."

Finally, the feast date of September 12 also has special historical significance. In 1683, the Moslem Turks, under the leadership of Sultan Mohammed IV, once again began their aggression against Christian Europe. Just a few years earlier, they had been stopped at Poland. A huge army of Muslim Turks, estimated at around 300,000, marched through Hungary (parts of which had been under their control for 150 years) towards Austria. They ravaged Hungary, and were partly successful because of a Calvinist named Thokoly who incited rebellion against the Catholic rulers; for his traitorous dealings, Mohammed IV named Thokoly "King of Hungary and Croatia," but with the understanding that he was simply a vassal to his Moslem overlord. The Moslem aggression continued on to Austria. Emperor Leopold fled from Vienna. By July 1683, the Grand Vizier Kara Mustapha laid siege to Vienna, defended by an army of only 15,000 Christians. The papal nuncio, as well as Emperor Leopold, begged King Jan Sobieski, who had defeated the Moslem Turks at the Polish borders and had earned the title "Unvanquished Northern Lion," to come to their aid. Sobieski did not hesitate.

In August, Sobieski began his campaign. As he and his troops passed the Shrine to Our Lady of Czestochowa, they begged the Blessed Mother's blessing and intercession. At the beginning of September, they crossed the Danube and met with the German armies. On September 11, Sobieski was outside of Vienna with an army of about 76,000 men. The hussars lured the Moslem Turks into thinking they were on retreat, and then with fresh reinforcements attacked. The Moslem Turks retreated but were followed by Sobieski's calvary. The vanquished Moslem Turks fled Austria (but only after slaughtering hundreds of innocent hostages). Vienna and Christian Europe were saved. The Moslem standard proclaiming "Death to the Infidel" was taken by Sobieski and delivered to the Pope.

Worshiping at a Holy Mass of Thanksgiving, Sobieski fell prostrate and with outstretched arms declared it was God's cause and praised Him for the victory saying, "*Veni, vidi, Deus vicit.*" meaning "I came, I saw, God conquered," which he also wrote in a letter to Pope Innocent XI. On September 12, Sobieski triumphantly entered Vienna. Pope Innocent XI thereupon declared Sept. 12 as

TWENTY- THIRD SUNDAY IN ORDINARY TIME

a date to honor Mary, whose maternal intercession had saved Christendom just as it had over 100 years earlier at the Battle of Lepanto. As for Kara Mustapha, Mohammed IV had him strangled for being defeated by the Christians. Consider for a moment: There is a connection between September 11, 1683 and the terrorist attacks of September 11, 2001.

The Oldest Recorded Mention of God

The first possible mention that archeologists have yet discovered of the word 'Yahweh' and the use of it comes from a 15th-century BC inscription from the temple Soleb by Amenhotep III. On one of the columns in the Temple of Amenhotep III, it mentions the 'Shasu of Jahu' in the land of Jahu. Shasu was the Egyptian way of saying 'Nomads.' It says Amenhotep had conquered many people, including... 'the Shasu of Y-H-W.' So archeologists say this is probably the oldest discovered record of the word 'Jahu,' and it says Egyptians had conquered these Nomadic people who believed in YHWH (Jahu).

Saint Peter Claver - September 9

A native of Spain, young Jesuit Peter Claver left his homeland forever in 1610 to be a missionary in the colonies of the New World. He sailed into Cartagena, Colombia, a rich port city washed by the Caribbean. He was ordained there in 1615. By this time the slave trade had been established in the Americas for nearly 100 years, and Cartagena was a chief center for it. Ten thousand slaves poured into the port each year after crossing the Atlantic from West Africa under conditions so foul and inhuman that an estimated one-third of the passengers died in transit. Although the practice of slave-trading had been condemned by Pope Paul III and later labeled "supreme villainy" by Pope Pius IX, it continued to flourish.

Peter Claver's predecessor, Jesuit Father Alfonso de Sandoval, had devoted himself to the service of the slaves for 40 years before Claver arrived to continue his work, declaring himself "the slave of the Negroes forever." As soon as a slave ship entered the port, Peter Claver moved into its infested hold to minister to the ill-treated and exhausted passengers. After the slaves were herded out of the ship Claver plunged in among them with medicines, food, bread, brandy, lemons, and tobacco. With the help of interpreters, he gave basic instructions and assured them of their human dignity and God's love. During the 40 years of his ministry, Claver instructed and baptized an estimated 300,000 slaves.

Fr. Claver's apostolate extended beyond his care for slaves. He became a moral force, indeed, the apostle of Cartagena. He preached in the city square, gave missions to sailors and traders as well as country missions, during which he avoided, when possible, the hospitality of the planters and owners and lodged in the slave quarters instead. After four years of sickness, which forced the saint to remain inactive and largely neglected, he died on September 8, 1654. The city magistrates, who had previously frowned at his solicitude for the black outcasts, ordered that he should be buried at public expense and with great pomp. Peter Claver was canonized in 1888, and Pope Leo XIII declared him the worldwide patron of missionary work among black slaves.

Saint John Chrysostom - September 13

John was born in 349, and he was a great preacher (his name means "golden-mouthed") from Antioch. He was brought to Constantinople after a dozen years of priestly service in Syria. John found himself the reluctant victim of an imperial ruse to make him bishop in the greatest city of the empire. Ascetic, unimposing but dignified, and troubled by stomach ailments from his desert days as a monk, John became a bishop under the cloud of imperial politics. If his body was weak, his tongue was very powerful. The content of his sermons, his exegesis of Scripture, were never without a point. Sometimes the point stung the high and mighty. Some sermons lasted up to two hours. His lifestyle at the imperial court was not appreciated by many courtiers. He offered a modest table to those hanging around for imperial and ecclesiastical favors. John deplored the court protocol that accorded him precedence before the highest state officials, and his zeal led him to decisive action. Bishops who bribed their way into office were deposed. Many of his sermons called for concrete steps to share wealth with the poor. The rich did not appreciate hearing from John that private property existed because of Adam's

fall from grace any more than married men liked to hear that they were bound to marital fidelity just as much as their wives were. When it came to justice and charity, John acknowledged no double standards.

Alloof, energetic, outspoken, especially when he became excited in the pulpit, John was a sure target for criticism and personal trouble. He was accused of gorging himself secretly on rich wines and fine foods. His faithfulness as spiritual director to the rich widow, Olympia, provoked much gossip attempting to prove him a hypocrite where wealth and chastity were concerned. His actions taken against unworthy bishops in Asia Minor were viewed by other ecclesiastics as a greedy, uncanonical extension of his authority. Theophilus, archbishop of Alexandria, and Empress Eudoxia were determined to discredit John. Theophilus feared the growth in importance of the Bishop of Constantinople and took occasion to charge John with fostering heresy. Theophilus and other angered bishops were supported by Eudoxia. The empress resented his sermons contrasting gospel values with the excesses of imperial court life. Whether intended or not, these sermons mentioning the lurid Jezebel and the impious Herodias were associated with the empress, who finally did manage to have John exiled, and he died in exile in 407.

REGARDER L'AUTRE, PAS COMME UN ESCLAVE, MAIS COMME UN FRERE

Chers frères et sœurs,

J'avais suivi un conte intéressant d'un maître qui un jour a posé cette question à ses disciples : « à quel moment du matin pouvons-nous déterminer qu'il fait déjà jour ? ». Les disciples ont donné les réponses diverses. L'un a dit, « quand je vois les gens marcher, je peux déterminer qu'il fait déjà jour. L'autre a ajouté : « quand je suis capable de distinguer les maisons des arbres, je peux conclure que le jour s'est levé ». Après avoir écouté toutes les réponses des disciples, le maître a tout refusé en disant : « On ne peut déterminer qu'il fait déjà jour que quand je regarde mon voisin/voisine et je vois en lui un frère ou une sœur. Si je regarde mon voisin/voisine et je ne vois pas en lui un frère et une sœur, même s'il est midi, je vis encore dans la nuit »

Cette anecdote peut nous aider à comprendre la deuxième lecture de ce dimanche. Ce dimanche nous lisons la lettre de Saint Paul à Philémon. C'est une lettre très brève par rapport à d'autres lettres de Saint Paul dans la Bible. En effet, Philémon était un jeune chrétien bien engagé dont sa maison était le lieu de rassemblement de la communauté chrétienne. Il était également un ami à Paul. Il avait un esclave du nom Onésime qui certainement a commis un tort à son maître et ensuite a pris la fuite. Il s'est retrouvé dans la même prison que Paul. Paul l'a bien accompagné jusqu'à ce qu'il s'est converti. Au moment où Onésime devait être libéré de la prison, Paul a envoyé une lettre à son ancien maître Philémon pour supplier Philémon de l'accepter et le réintégrer dans son travail. Vu le temps qu'il a passé en prison et sa conversion, Paul exhorte Philémon de considérer Onésime pas comme un esclave mais comme un frère.

Une grande leçon qui ressort très clair dans cette lettre est l'importance de la réconciliation. Paul encourage son frère et ami Philémon à se réconcilier avec son ancien esclave. Toutefois cette réconciliation commence par le regard de l'autre. C'est un geste qui est basé sur la foi en Jésus Christ. L'effort de Paul comme pasteur pour réconcilier les deux est donc une invitation à nous tous. Sommes-nous capables de reconnaître les efforts que les autres font pour changer ? Sommes-nous souvent prêt à tendre la main de la réconciliation avec ceux qui nous ont offensés ? Sommes-nous capables d'oublier le passé pour donner la chance à un nouveau départ dans nos relations ? Il y a rien qui libère dans la vie comme une main de pardon et de réconciliation. Que le Seigneur nous accompagne chaque jour. Qu'il nous donne la grâce de toujours prendre le premier pas dans la réconciliation et aussi accepter la main de réconciliation que les autres nous tendent.

Père Andrew Berinyuy

French Mass-We will celebrate a Mass in French every **Sunday in September at 6PM**. This Mass may become a permanent part of our weekend schedule.

BAINS OF MARRIAGE

1— *Texi Farfan & Ana Sigcho*

PARISH ANNOUNCEMENTS

- **September 5/50.** Special pink envelopes are available at the two Church entrances or in your packet. This is a good way to support the church and its many ministries. It only costs \$5.00 to participate. The winner will be picked on Rosh Hashanah, **Monday, September 30.**
- **REGISTRATION FOR RELIGIOUS INSTRUCTION AND RCIA** for the Fall of 2019 will continue this weekend in the back of the church. This is also for any adult who is missing a sacrament or is interested in entering the church. You must register your child each year, even if they were registered last year. Classes begin on **Wednesday, September 11 at 3:45PM** with a bilingual opening Mass.
- **CONFIRMATION PHOTOS** are in the back of the church and in the Rectory for you to pick up.
- **SPANISH CHARISMATIC MASS** will take place on **Monday, September 9 at 7PM.**
- **ENGLISH CHARISMATIC PRAYER GROUP** meets every **Saturday** from **1PM to 3PM**, in the Green Building
- **ADORATION OF THE BLESSED SACRAMENT** takes place at St. Helena every **Thursday** from **9AM-12PM** and on every First Friday, from **1-7PM.**
- **THE DIVINE OFFICE AT ST. HELENA**-The Divine Office (Latin: Officium Divinum) is the public, official and common prayer of the Catholic Church. The Liturgy of the Hours, also known as the Divine Office or the Work of God (Opus Dei), is the daily prayer of the Church, marking the hours of each day and sanctifying the day with prayer. The Hours are a meditative dialogue on the mystery of Christ, using scripture and prayer. At times the dialogue is between the Church or individual soul and God; at times it is a dialogue among the members of the Church, and at times it is even between the Church and the world. The Divine Office "is truly the voice of the Bride herself addressed to her Bridegroom. It is the very prayer which Christ himself together with his Body addresses to the Father." The five main hours are: Office of Readings, Morning Prayer, Daytime Prayer, Evening Prayer, and Night Prayer. Here at St. Helena's, we have prayed **Morning Prayer** during the **8:30AM** Mass for many years. We are now going to pray **Evening Prayer** every **Tuesday** and **Thursday** at **5:45PM.** Everyone is welcome to attend.
- **BIBLE STUDY** resumes this **Tuesday, Sept. 10** at either **1PM** or **7:30PM** with a brand new study of St. Paul's letter to the Romans that is just being released to the public in September by Ascension Press. It should be a fascinating study. Tell all your friends about it. The text book is \$30.
- **THE RELIGIOUS GOODS ROOM** will reopen **Sept. 15.**
- **NEXT BAPTISM PREP CLASSES** will be held at **7PM** on **Thursday, September 12 in Spanish** and **September 19 in English.** Prior arrangements must be made at the **Rectory** to take the **Baptismal Class.**
- **CELEBRATION MEETING**-We will have a planning meeting on **Wednesday, September 11 at 8:30PM** in the cafeteria to plan for the Sept. 15 celebration and reception.
- **BOY SCOUT AND CUB SCOUT OPENING MEETING** on **Wednesday, September 11 at 6:30PM** in the cafeteria. This important meeting is for current and new scouts and their parents. All are welcome to attend.
- **TWO NEW EAGLES**-Congratulations to John Hall and Matthew Crawford, St. Helena Troop 65's two newest Eagle Scouts. Their Eagle Court of Honor will be on **October 6.**

- **MOTHER TERESA CELEBRATION**-The feast day of Mother Teresa was on September 5, but the Mother Teresa Group will celebrate it today, **Sunday, September 8** following the **NOON** Spanish Mass. A movie on the life of Mother Teresa will be shown followed by a light lunch. The cost will be \$5, and the proceeds will go to benefit the Christmas Toys for Tots campaign the Mother Teresa group sponsors each year.
- **NATIONAL GRANDPARENT'S DAY** is today, **Sunday, September 8.** We will pray for all grandparents at the end of every Mass.
- **FREE RESOURCES ON FORMED**-Not on FORMED? Go to churchofsthelelena.formed.org. This week we honor Mary. The 8th is the Feast of the Nativity of Blessed Virgin Mary, the 12th The Most Holy Name of Mary, and the 15th Our Lady of Sorrows. Study: *The Bible and the Virgin Mary*, Lesson 9: *Full of Grace* or Symbolon: *Knowing the Faith*, Session 9: *Mary and the Saints* or *33 Days to Morning Glory*. Watch the movie: *Mary of Nazareth*, or listen to *Drawing Strength from Our Lady of Sorrows* or *The Virgin Mary Revealed Through Scripture*. On the 14th read, *Saint Helena and the True Cross* on the Feast of the Exaltation of the Holy Cross, which is our parish Patronal Feast. We will venerate the relic of the True Cross after every Mass, and we will welcome our new priests and seminarians at a reception following the **NOON** Mass.
- **PARISH TRIP TO SIGHT AND SOUND THEATRE IN NOVEMBER**-Join us on a wonderful trip to Lancaster, PA on **Saturday, November 30.** We will leave St. Helena at **11AM** sharp on a deluxe motorcoach and will drive to the Tanger Outlets the day after Black Friday for Christmas Shopping. Lots of room under the bus for those big holiday packages. Bring labels for your bags. Be sure to join the TangerClub online for additional perks and savings. Next, we will drive to the Good N Plenty Restaurant for a delicious family-style Amish dinner with everything included. Finally, we will drive two miles to the world-famous Sight & Sound Theatre to see *Miracle of Christmas* on a huge 300-foot stage with live animals. We will return around **1AM.** The cost for the entire trip is **\$150.** A \$50 deposit is required to hold your seat, and full payment must be made by **November 9.** There are no refunds. Tickets for this trip will go fast, so reserve your seat today either at the table in the back of the church or by going to the rectory.
- **STAPLES CLASSROOM REWARDS**-From now until **September 15**, when parents shop, St. Helena teachers can receive 5% back in rewards on every purchase. St. Helena School and several teachers are participating in this program. Learn more at staples.com/classroomrewards.
- **AA BIG BOOK STUDY** meets every **Saturday, 7-8:30PM** in the green building. New members are always welcome.
- **CO-DEPENDENTS ANONYMOUS (CODA)** meets every **Monday** from **7-8:30PM** in the rectory meeting room.

SCHOOL ANNOUNCEMENTS

- **Back to School Night** for students and parents will take place in the church at **6:00PM** on **Thursday, September 12.**

COMMUNITY ANNOUNCEMENTS

- **MIRACULOUS CURE OF IRISH WOMAN CONFIRMED AT KNOCK SHRINE**-“Today the Church formally acknowledges that this healing does not admit of any medical explanation and joins in prayer, praise, and thanksgiving to God,” said Taum Archbishop Michael Neary.
- **NEW YORK BISHOPS SUPPORT A NEW LAW REQUIRING THAT THERE BE PUBLIC SCHOOL ABUSE-PREVENTION CLASSES**-The law requires K-8 instruction in preventing child sexual abuse.

- **CATHOLIC GUARDIAN SERVICES FAMILY CENTER OPEN HOUSE** on **Thursday, September 12** from **12PM - 5PM**. There will be a **12:30PM** Buffet Lunch followed at **1PM** by a ribbon-cutting ceremony and a tour of the new community-based mental health clinic for children and families in the Bronx. 1990 Westchester Avenue, Bronx
- **40 DAYS FOR LIFE BRONX KICK-OFF RALLY** at the Van Nest Assembly of God Church, 755 Rhinelander Ave. on **Saturday, September 14** from **3-5PM**.
- **ELDERLY COUPLE** is looking for someone to visit and take care of their cat either daily or several times a week. They live on Virginia Ave., near Castle Hill. You will be compensated. For more info, please call Ed or Dolores at **347-636-3426**.
- **MAGNIFICAT DINNER** on **Thursday, September 12** at **6PM** at Pompei Restaurant located at 401 Hempstead Avenue, West Hempstead. The Guest Speaker will be Elizabeth Nabet, who is a woman of great faith and joy. She is the author of the book "*Blessed by Autism and Other Trials*". When God Blessed her and her husband with their last two of four children, both on the autism spectrum, she didn't shake her fist at God but instead saw these children and their disabilities as gifts. That's not to say there weren't very difficult times because there were, but her unwavering faith and trust in the Lord brought her through these trials with increased faith and deep joy. Mail your check (\$50 per person) to Judy Murphy **917-453-5750**, 42 Pinehurst Street, Lido Beach, NY 11561, as soon as possible to secure a seat for the dinner. Please note that registration for the dinner will close on **September 9**.
- **MASS OF THE PRECIOUS BLOOD FOR THE HEALING OF YOUR FAMILY TREE** in Honor of Our Lady of Sorrow on **Friday, September 13** at the Jeanne Jugan Residence, 2999 Schurz Ave. Rosary begins at **6:30PM**, followed by Mass.
- **COLUMBUS DAY MASS**-If you would like to reserve free tickets to the 42nd Annual Columbus Day Mass on **Monday, October 14** at **9:30AM** at St. Patrick's Cathedral, please visit adnycolumbusday.eventbrite.com. The last day to request tickets is **Monday, September 23**.
- **BILINGUAL NEW YORK CATHOLIC BIBLE SUMMIT** on **Saturday, September 28** from **8AM-5:30PM**. Register at adnybiblesummit.eventbrite.com.
- **REGIS HIGH SCHOOL OPEN HOUSE** on **Thursday, October 10** from **5:30-8:30PM**. Regis is an all-scholarship, Jesuit secondary school for Catholic boys. The Open House is for prospective students and their parents. The school is located at 55 East 84th St., NY, NY. For more info, call admissions at **212-288-1100 X 2057**.
- **CREIGHTON FERTILITY CARE PRACTITIONER TRAINING**-Join an Allied Health movement. Learn to instruct women and couples to avoid or achieve pregnancy naturally and resolve infertility. Track cycles for health management and Innovative APP are available. The course runs **Oct. 27-Nov 3**, at the Vikingsborg Guesthouse of the Sisters of St. Birgitta in Darien, CT. For more info, contact Dorothy Dugandzic **917-306-1441**.

NOVENTA DIAS DE VIAJE HACIA ADENTRO. **PROCESO DE INTEGRACIÓN PSICO-ESPIRITUAL**

DÍA SEXTO: Todo cambio se da cuando rompemos con nuestra forma antigua de pensar y de percibirnos a nosotros mismos. Por eso en los días anteriores hemos hecho un gran hincapié en la positividad mental. No debemos dejar que se cuele en nuestra auto-percepción el más mínimo pensamiento negativo. Cuando aprendo a pensar de forma diferente a la que estoy acostumbrado, creo en mí sentimientos positivos y motivadores que a su vez crean unas actitudes tan bellamente positivas que me

llevan a actuar de modo positivo. Y cuando repito estas acciones muchas veces, se convierten en hábitos que crean mi **CARÁCTER** o **PERSONALIDAD**. Memoriza este esquema y trata de vivirlo en todo momento: **PENSAMIENTO + SENTIMIENTO + ACTITUDES + ACCIONES + HÁBITOS = CARÁCTER** o **PERSONALIDAD**. El carácter o personalidad es el que definitivamente creará nuestro destino final. Cuando este proceso está guiado conscientemente por el Espíritu del Señor, entonces a este cambio lo llamamos **CONVERSIÓN**.

DÍA SÉPTIMO: Hace siete días comenzamos este proceso de crecimiento y de integración psico-espiritual. Al final de cada semana haremos una síntesis de lo trabajado en los días anteriores, de modo que el proceso sea denso, consistente y efectivo. Ahí vamos pues con los puntos esenciales tratados hasta ahora:

1. *Somos una obra de arte salida de las manos de un Dios* que nos sostiene en todo momento con su amor (Ef 2, 10)
2. Si esto es así, debo *trabajarme la auto-percepción* de mí mismo/a hasta llegar a verme como Dios mismo me ve: amorosamente.
3. Para ello, he de *filtrar todo mensaje o pensamiento negativo* acerca de mí valía. Por tanto debo desechar todos aquellos mensajes que, más o menos inconscientemente, me he creído acerca de mis limitaciones irracionales, de mis defectos morales o físicos, etc. Debo decirme a mí mismo/a lo mismo que Dios me dice cada día: "Veo en ti el reflejo de lo que soy; Yo soy Amor."
4. Una manera muy práctica de arremeter contra la negatividad es usar el método de la anti-palabra de Evagrio Póntico: *La palabra de Dios exorciza la palabra de nuestras oscuridades y nos devuelve la paz y la esperanza*.
5. Todo esto nos lleva a un cambio radical que se notará más tarde en nuestra manera de actuar, hasta en las cosas más simples. Recuerda que el Espíritu Santo te invita y te fortalece para que hagas este cambio. Te animo a que memorices sus pasos: **PENSAMIENTO + SENTIMIENTO + ACTITUD + ACCIÓN + HÁBITOS = CARÁCTER** o **PERSONALIDAD**.

Trata de vivir todo el día haciendo síntesis vital de estas verdades que, además de ser intelectuales, psicológicamente bien fundadas, son sobre todo existenciales.

DÍA OCHO: Hoy nos centramos en los dos primeros eslabones del proceso de cambio que veíamos ayer: **PENSAMIENTO + SENTIMIENTO**. La moderna psicología nos dice que los sentimientos nacen de la fuente llamada pensamientos. Es decir, que si alimentamos nuestra mente con pensamientos positivos, los sentimientos que emanarán de esa fuente serán positivos, agradables y motivadores.

La auténtica ascesis consiste en estar alerta para que no se nos cuele pensamientos que autodestruyen o carcomen el edificio maravilloso que somos tú y yo. No se trata de crear una "ficción" de uno mismo con pensamientos fantasiosos, sino de fundamentar nuestra vida sobre la realidad de lo que somos, conectando nuestro pensamiento con el de Dios, que siempre nos "bendice" (dice bien de nosotros). Por eso hoy el trabajo es el de fijarse en todas las bendiciones que has recibido desde el momento de tu nacimiento hasta el día de hoy. Fíjate mentalmente en cada una de ellas, trata de revivirlas en tu imaginación brevemente y por cada una de ellas di: "Gracias, Señor".

Una persona es lo que piensa. Somos producto de pensamientos grandes o estrechos, de sueños amplios y energéticos, o de pesadillas que nos oprimen el alma. Todo depende de lo que elijamos. A fin de cuentas, yo soy el responsable final de mi vida ante un Dios que desea que yo decida vivir en plenitud (Dt. 30,19; Jn 10,10). Si no me atrevo a

vivir según este plan de Dios en mi vida, viviré inclinado a la mediocridad. *Padre Fernando*

ACTIVIDADES EN ESPAÑOL

- LUNES 7 - 9 pm** *Grupo Carismático de Oración.*
Misa cada primer lunes
- MIERC. 10 am** *Grupo Santa Madre Teresa de Calcuta: Visita a pacientes de Rebeka*
Misa en Rebeka: segundos lunes de mes las 10.30 am
- a** **7 - 9 pm** *Coronilla de la Divina Misericordia, Adoración, Eucaristía*
- VIERNES 7 - 8 pm** *Legión de María. Rosario y reunión.*
7 - 8.30 pm *Grupo Juvenil. Edades 12-18. 7-8.30 pm*

SANTA HELENA "TU LUGAR DE ENCUENTRO"

Sept 7-8 **Catequesis-RICA.** Se iniciará la inscripción para los cursos tanto de adultos como catequesis de niños.

Sept 12 **Clase de Bautismo. 7 pm en la Iglesia.** Traer los documentos requeridos. Traer el Certificado de Nacimiento del niño/a. Si los padrinos son casados deben traer el *Certificado de Matrimonio de la Iglesia.* Si el padrino o madrina son solteros deben traer su Certificado de confirmación.

Inscripciones para Bautismo: Martes de 1 a 4 pm.
Jueves de 1 a 8 pm.

INFORMACION Y EVENTOS

TIENDA DE ARTICULOS RELIGIOSOS: reabrirá el **15 de septiembre.**

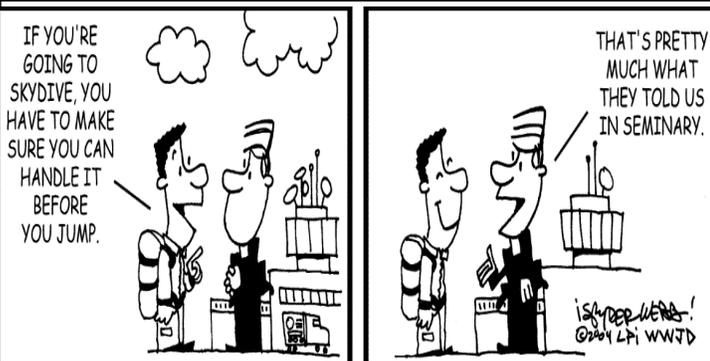
CAMPAÑA RENOVAR Y RECONSTRUIR: Muchos de ustedes han recibido un sobre de la apelación de Cardinal en el correo de su sobre. Por favor, dépositelo en la colección en cualquier momento este mes o puede hacer una promesa en línea en www.cardinalsappeal.org.

Please Pray for the Sick of Our Parish

Joanne Frances Bernadette Sanabria, Carmelle and Nicole Antoine, Indrowdi Sadu, Rosa Pena, Luzvina Vega, Augustine Ayala, Joyce Hoyt, Leena Shaji, Florence Churchill, Heyllie Cardona, Genil Alcantara, Maria Barro, Erica Vargas, Vayron Orellana, Teresa Orellana, Khetheer Raby, Caroline Caper, Chaya Jonathan, Leah Rodriguez, Alen George, Phillip Williams, Marie Lopez, Jose Vargas, Pat Callahan, Sabina Acosta, Margarita Torres, Thomas Darrigo, Ralphie Lugo, Ofelia Torres, Lydia Sffreda, Roseanne and Joseph Pane, Rosa Maria Santos, Mary Brennan, David Sheehan, Jr., Mary Charlotte, Jenny Mauro, Ana Espinosa, Stella Caballero, Montseratte Rivera, Pylar Pagan, Peggy Ward, Myrna Perez, Gina Fay, Maria Teresa Roque, Nicole Cancel, James Leung, Gabrielle Tingue, Millie Morales, Josefina Gonzalez and Maritza Gonzalez, Sandra Miller, Paul Harper, Nancy Calderon, Michael Signorini, Linu kutty and Leena, Gwen Morgan

Please Pray for the Deceased and their Grieving Families:

Virginia Santiago, Dn. John Seymour, Deacon Robert J. DiTargiani, Ana Rosario, Edward Sanchez, Mirian Vicente, Marie Rose Anea Mercier, Vicente Valle, David Santiago, Dinaly Feliciano, Elias Viera, Richard Flores, Jorge Rodriguez, Joseph Maxwell, Carmen Lugo, Nicola Lagreca, George Martinez, Kevin Cruz



Mass Intentions

SUN., Sept. 8, 2019-Twenty-Third Sunday in Ordinary Time

- 7:30** Adriano B. Ramirez, Jr.
9:00 Mr. and Mrs. McLaughlin
Dennis Wales; Florencia De Jesus
10:30 Fr. Thomas B. Derivan for Blessings and Intentions and for Father's Parents and Aunt Catherine
12:00 Bertha Mero; Legion of Mary le da las mas infinita gracia y especialmente por que es el dia de Maria
1:30 Ralph A. Cerbone, Jr.
5:00 Katherine Callaghan
6:00 French Mass

MONDAY, September 9, 2019-St. Peter Claver

- 6:50** Joanne Savino and Tricia Briska's Intentions
8:30 Gil Calderon
12:15 Michael Guido
7:00 Maria Luisa Serrano & Lydia Irizarry-Health Intentions
Adam William Rodriguez for Prosperity and Health

TUESDAY, September 10, 2019-St. Nicholas of Tolentino

- 6:50** In Thanksgiving for Favors
8:30 Intentions for Brenda Van de Weghe's Successful Surgery and Utmost Spiritual Facility
10:00 Funeral Mass-Roy Lopez
12:15 William F. Churchill, Jr.
Franklin Rodrigo Ortiz and Pasqual Llumiguina

WEDNESDAY, September 11, 2019-St. Francis Takea

- 6:50** Job, A.M.
8:30 Victims of the World Trade Center Tragedy
12:15 Christine Cazamayou
7:00 Virgen del Cisne-
Intention for Daly Maria Martinez Ramirez-para amor y respecto continual

THURSDAY, September 12, 2019-St. Guy of Anderlecht

- 6:50** Julio Cartagena Diaz
8:30 Margaret O'Sullivan-Healing Intention
12:15 Carol J. Parker

FRIDAY, September 13, 2019-St. Chrysostom

- 6:50** In Thanksgiving for Favors
8:30 Xavier Francis, Meera Job, Staven and Jair Joseph Intentions for Immigration Status
12:15 Ralph A. Cerbone, Jr.

SATURDAY, September 14, 2019-St. Cormac

- 6:50** For Alessandra Mia Savino's Utmost Facility in Achieving Salvation and for a Close and Loving Relationship with Her Paternal Grandmother Catherine Carolan
8:30 Adam
12:15 David Guevara

SUNDAY, Sept. 15, 2019-The Exaltation of the Holy Cross

- 7:30** Living and Deceased Members of our Parish
9:00 In Thanksgiving for Favors
10:30 Parish Feast Day
12:00 Marlene Goodman; Jose Louis Munic; Carlos and Mercedes Delgado and Hector Montalvo
1:30 Lenore O'Shea.
5:00 Carmen Montes
6:00 French Mass

Names only said in Prayer of the Faithful are in Italics

Readings for the week of September 8, 2019

Sunday: Wis 9:13-18b/Ps 90:3-4, 5-6, 12-13, 14-17 [1]/Phlm 9-10, 12-17/Lk 14:25-33; **Monday:** Col 1:24-2:3/Ps 62:6-7, 9 [8]/Lk 6:6-11; **Tuesday:** Col 2:6-15/Ps 145:1b-2, 8-9, 10-11 [9]/Lk 6:12-19; **Wednesday:** Col 3:1-11/Ps 145:2-3, 10-11, 12-13ab [9]/Lk 6:20-26; **Thursday:** Col 3:12-17/Ps 150:1b-2, 3-4, 5-6 [6]/Lk 6:27-38; **Friday:** Tm 1:1-2, 12-14/Ps 16:1b-2a and 5, 7-8, 11 [cf. 5]/Lk 6:39-42; **Saturday:** Nm 21:4b-9/Ps 78:1bc-2, 34-35, 36-37, 38 [cf. 7b]/Phil 2:6-11/Jn 3:13-17; **Next Sunday:** Ex 32:7-11, 13-14/Ps 51:3-4, 12-13, 17, 19 [Lk 15:18]/1 Tm 1:12-17/Lk 15:1-32 or 15:1-10