

# The Piarist Fathers



## Pastor

Rev. David Powers Sch.P.

## Parochial Vicars

Very Rev. Fernando Negro, Sch.P.  
Rev. Jesús Negro, Sch.P.  
Rev. Emilio Sotomayor, Sch.P.  
Rev. Richard Wyzykiewicz Sch.P.

## Parish Staff

### Parish Secretary

Mrs. Rosemarie Ortiz

### Business Manager

Anne Kathy Rice

### Facilities Manager

Karime Vergara

### Music Director

Mr. Daniel Ambe

### Musicians

Mr. Jim Donaldson  
Mr. Alex Henriquez

## May 2022

### St. Helena's School (718) 892-3234

<http://www.sthelenaelementary.org>

Early Childhood (Pre-K for All)

Elementary School (Grades K-8)

Principal: Mr. Richard Meller

2050 Benedict Avenue

Bronx, New York 10462

### High School:

### Monsignor Scanlan H.S. (718) 430-0100

<http://www.scanlanhs.edu/>

Principal: Mr. Kris Keelin

915 Hutchinson River Parkway

Bronx, New York 10465

### St. Helena Rectory:

1315 Olmstead Avenue

Bronx, N.Y. 10462

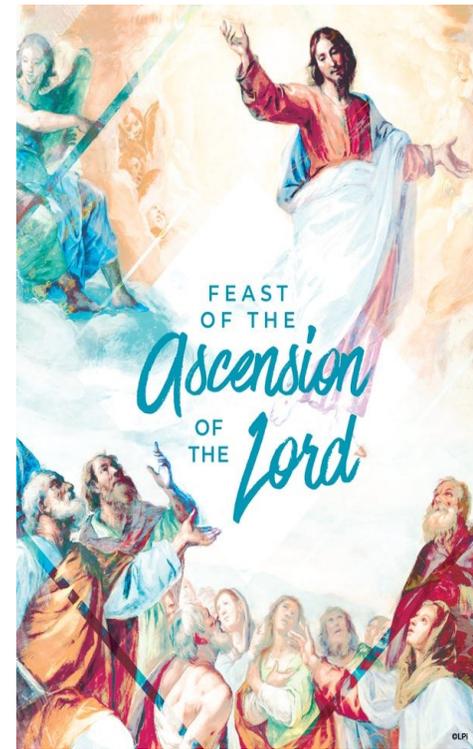
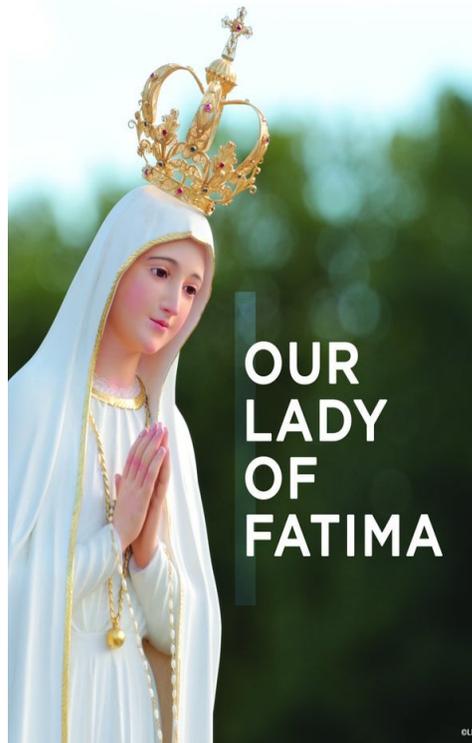
Phone: (718) 892-3232

Fax: (718) 892-7713

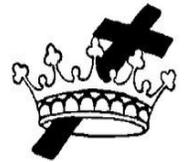
[www.churchofsthelena.com](http://www.churchofsthelena.com)

Email: [sthelenarc@yahoo.com](mailto:sthelenarc@yahoo.com)

Alumni: [sthelenasalumni@yahoo.com](mailto:sthelenasalumni@yahoo.com)



# saint Helena



## Mass Schedule (Horario de Misas)

Holy Days: 8:30AM, 12:15 PM, 8:00PM

Weekdays & Sat.: 8:30AM, 12:15 PM

Morning Prayer: Daily 8:30AM

Spanish Mass: Sunday, 12:00 Noon

Monday Thru Friday-7:00 PM

French Mass: Sunday, 6:30 PM

Saturday: 5:30 PM

Sunday: AM

PM

8:00 12:00 (Español)

10:00 (Family) 5:00

6:30 (Français)

STATIONS OF THE CROSS-Fridays during Lent-  
1PM-Eng, 6PM French & 7PM Spanish

Confessions: Saturday — 4 to 5:30

Sick Or Emergency Calls:

Call the Rectory at 718-892-3232

### Devotions:

- Circulo De Oracion: lunes, 7 a 9.00PM
- Miraculous Medal Novena  
Monday after 12:15 PM Mass
- Exposición del Santísimo y Coronilla de la  
Divina Misericordia: miércoles, 7PM
- Eucharistic Adoration  
Thursday between the 8:30 & 12:15 Masses
- First Friday: 1 to 6:30PM
- Sacred Heart Novena: Thursday, Noon
- English Bible Study: Tuesday, 1PM & 7:30PM  
and Sunday 11:15AM
- Rosary: Wednesday, 1:00PM

**Baptisms:** Arrangements must be made at the Rectory for Baptismal Class. Bring a copy of the child's Birth Certificate and Godparent documents.

**Marriages:** Arrangements for weddings should be made as soon as possible at the Rectory.

**Parish Registration:** All Catholics who live within the parish boundaries should fill out a registration card at the Rectory.

**Registro Parroquial** Todos los católicos que viven dentro de los límites de la parroquia deben llegar una tarjeta de registro en la rectoría



Handicapped Accessible

## Solemnity of the Ascension

In the United States, the ecclesiastical provinces of Boston, Newark, Hartford, New York, Omaha, and Philadelphia have retained the celebration of the Solemnity of the Ascension on the proper day Thursday while all other provinces have transferred this solemnity to the Seventh Sunday of Easter, May 29. The Ascension of Our Lord, which occurred forty days after Jesus Christ rose from the dead on Easter Sunday, is the final act of our redemption that Christ began on Good Friday. On this day, the risen Christ, in the sight of His apostles, ascended bodily into Heaven.

The reality of the Ascension is so important that the creeds (the basic statements of belief) of Christianity all affirm, in the words of the Apostles' Creed, that "He ascended into heaven, sits at the right hand of God the Father almighty; from thence He shall come to judge the living and the dead." The denial of the Ascension is as grave a departure from Christian teaching as is the denial of Jesus Christ's Resurrection. Christ's bodily Ascension foreshadows our own entrance into Heaven not simply as souls, after our death, but as glorified bodies, after the resurrection of the dead at the Final Judgment. In redeeming mankind, Christ not only offered salvation to our souls but began the restoration of the material world itself to the glory that God intended before Adam's fall. Before His glorious Ascension, Christ promised to send the Holy Spirit to His apostles. Their prayer for the coming of the Holy Spirit, which began on Ascension Thursday, ended with the descent of the Holy Spirit on Pentecost Sunday, ten days later. The observance of this feast is of great antiquity. Although no documentary evidence of it exists prior to the beginning of the fifth century, St. Augustine says that it is of Apostolic origin, and he speaks of it in a way that shows it was the universal observance of the Church long before his time. Frequent mention of it is made in the holy writings of Saint John Chrysostom, St. Gregory of Nyssa, and in the Constitution of the Apostles.

The Pilgrimage of Sylvia (Peregrinatio Etheriae) speaks of the vigil of this feast and of the feast itself, as they were kept in the church built over the grotto in Bethlehem in which Christ was born. It may be that prior to the fifth century the fact narrated in the Gospels was commemorated in conjunction with the feast of Easter or of Pentecost. Some believe that the much-disputed forty-third decree of the Council of Elvira (c. 300) condemning the abused practice of observing a feast on the fortieth day after Easter and neglecting to keep Pentecost on the fiftieth day, implies that the proper usage of the time was to commemorate the Ascension along with Pentecost.

Representations of the mystery are found in diptychs and frescoes dating as early as the fifth century. Certain customs were connected with the liturgy of this feast, such as the blessing of beans and grapes after the Commemoration of the Dead in the Canon of the Mass, the blessing of firstfruits, the blessing of a candle and the wearing of miters by deacon and subdeacon, the extinction of the paschal candle, and triumphal processions with torches as well as banners outside the churches to commemorate the entry of Christ into heaven. There was the English custom of carrying at the head of the procession the banner bearing the image of the lion and at the foot the banner of the dragon, to symbolize the triumph of Christ in His ascension over the evil one. In some churches, the scene of the Ascension was vividly reproduced by elevating the figure of Christ above the altar through an opening in the roof of the church. In others, while the figure of Christ was made to look like it was to ascend, that of the devil was made to descend.

## The Sacrament of Confirmation

Confirmation is regarded as the perfection of Baptism because by the sacrament of Confirmation, the baptized are more perfectly bound to the Church and are enriched with a special strength of the Holy Spirit. Hence they are, as true witnesses of Christ, more strictly obliged to spread and defend the faith by word and deed. Many people think of the laying on of hands, which signifies the descent of the Holy Spirit, as the central act in the sacrament of confirmation.



The essential element in the rite, however, is the anointing of the confirmand (the person being confirmed) with chrism (an aromatic oil that has been consecrated by a bishop. The anointing is always accompanied by the words "Be sealed with the Gift of the Holy Spirit." This seal is a consecration, representing the safeguarding by the Holy Spirit of the graces conferred on the Christian at his baptism. A confirmand must be in a state of grace before receiving the sacrament of confirmation. If the sacrament is not received immediately after baptism, the confirmand should participate in the sacrament of Confession before Confirmation.

The sacrament of Confirmation confers special graces of the Holy Spirit upon the person being confirmed, just as such graces were granted to the Apostles on Pentecost. Like baptism, therefore, it can be performed only once, and Confirmation increases and then deepens all of the graces granted at baptism. The Sacrament of Confirmation helps a person remain faithful to his or her baptismal commitment to witness to Christ and to serve others. The gifts of the Holy Spirit associated with Confirmation are the strengths (or virtues) that Christian living requires if it is to be fruitful and then complete. Thus wisdom, understanding, knowledge, counsel, fortitude, piety, and fear of the Lord, are divine aids to Christian living without which fulfilling one's baptismal calling would be far more difficult, if not impossible.

The Catechism of the Catholic Church lists five special effects of Confirmation:

It roots us more deeply in the divine filiation [as children of God] which makes us cry, "Abba! Father!"

It unites us more firmly to Christ.

It increases the gifts of the Holy Spirit in us.

It renders our bond with the church more perfect.

It gives us a special strength of the Holy Spirit to spread and defend the faith by word and action as true witnesses of Christ, to confess the name of Christ boldly, and never to be ashamed of the cross.

The following 30 young people received the sacrament of Confirmation on Saturday here at the parish:

Daniela "Veronica" Alarcon  
 Yair "Yair" Aparicio  
 Pablo "Enoch" Aponte, Jr  
 Dianna "Dianna" Cusco  
 Rylin "Jesus" Estevez  
 Jayden "Nicholas" Fernandez  
 Jaydi "Maria" Garcia  
 Ryan "Vincent de Paul" Garcia  
 Fatima "Fatima" Gomez  
 Dindjo Sunita "Sunita" Hounsamenou  
 Jordan "Bartholemew" Jones  
 Joel "Peter" Leyva-Xique  
 Patricio "Patricio" Loja  
 Josué "Josué" Maquino  
 Nathaniel "Michael the Archangel" Marty  
 Jayla "Marie" McMyers  
 Rosine "Rosine" Ngameni Tomebe  
 Alexis "Alexis" Noel  
 Christian "John" Perez  
 Angel David "Angel" Polanco  
 Jeremiah "Jeremiah" Quinones  
 Emilce "Emilce" Rodriguez  
 Jonathan "Isidore of Seville" Rodriguez  
 Olivia "Maria" Roman  
 Jayden "Christopher" Royal  
 Rey "Michael the Archangel" Ruiz  
 Maxx "Terrence" Ryan  
 Jaida A. "Mary" Smith  
 Dylan T. "Dylan" Van Putten  
 Samantha "Abigail" Vera

**OUR NEW BISHOP FOR THE BRONX**-On May 21, Most Rev. Joseph Espallat, the new auxiliary bishop for the Bronx, confirmed 30 young people at St. Helena. Also known as Father J., Bishop Espallat was born on Dec. 27, 1976, in Manhattan, and he is the son of immigrants from the Dominican Republic. He is Catholic educated, receiving a Bachelor of Arts in philosophy from Fordham

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University in 1998. He was ordained five years later, in May 2003 at St. Joseph's Seminary, Dunwoodie.

From 2009-2012, he worked at St. Peter's in Yonkers, New York, and from 2012-2015, he worked in youth ministry for the Arch of New York. The majority of Catholics in New York City are Latinos, and Dominicans are the largest immigrant group here. He currently serves as a pastor in the South Bronx, at St. Anthony of Padua Church. As part of his ministry, he is a part of "Sainthood in the City," a podcast and YouTube ministry series run by Centro Católico Carismático. He uses rap music to reach out to young people and joked about rapping as a bishop. Last year, he commented on how the devil moves through "azabache" or "mal de ojo," which are Afro-Indigenous customs popular among many Dominican and Latinx communities, which show how intertwined Christianity and other Indigenous and African worship traditions and faiths are in the Caribbean. Many immigrants have brought these customs to NY.

Español has worked as the director of the Hispanic Charismatic Catholic Renewal for the Archdiocese of New York, which stresses that prayer is a critical part of social justice action. His appointment arrives at a critical time for the U.S. church, as the population of Latinos continues growing in the United States, and in the church, and as we undergo a synodal process in which Pope Francis invites us into "journeying together and reflecting together on the journey that has been made." As well as he being the youngest bishop in the US, he is also the first Dominican bishop.

### St. John Baptist de Rossi - May 23

He was born at Voltaggio in the Diocese of Genoa on February 22, 1698, and died in Rome on May 23, 1764. He studied and worked in Rome before becoming a priest there and a canon of Santa Maria in Cosmedin. For a number of years, John was afraid, on account of his sickness, to enter the confessional, and it was his custom to send to other priests the sinners whom he had brought to seek repentance by his instructions and sermons. In 1738 a dangerous sickness befell him, and to regain his health John went to Cività Castellana, a day's journey from Rome. The bishop of the place induced him to hear confessions, and after reviewing his moral theology he received the unusual faculty of hearing confessions in any of the churches of Rome. He showed extraordinary zeal in the exercise of this privilege and spent many hours every day hearing the confessions of the illiterate and the poor whom he sought in the hospitals and in their homes. He preached to such five and six times a day in churches, chapels, convents, hospitals, barracks, and prison cells so that he became the apostle of the abandoned, a second Philip Neri, a hunter of souls. He worked tirelessly for homeless women, the sick, prisoners, and workers, and he was a very popular confessor, being called a second Philip Neri.

### The Venerable Bede - May 25

Bede occupies an important niche in Church history by bridging the gap between patristic and early medieval times, the era when the Germanic nations had just been Christianized. Through him, Christian tradition and Roman culture came to the Middle Ages. He is also honored as the "father of English history." His writings were read publicly in churches while he was still alive; but since he could not be called "Saint," the title of "Venerable" was attached to his name, a usage which continued down through the centuries.

True Benedictine that he was, his life revolved around prayer and work. On the vigil of the Ascension, he felt death approaching and asked to be fortified with the last sacraments. After reciting the Magnificat antiphon of the feast's second Vespers, he embraced his brethren, had himself placed upon a coarse penitential garment on the earth, and breathed forth his soul while saying so softly: "Glory be to the Father, and to the Son, and to the Holy Ghost." His writings were so full of sound doctrine that he was also called "Venerable" while still alive. He wrote commentaries on all Holy Scripture and treatises on theology and history. He died at Jarrow, England, in 753. Using AD and BC in dates came from his works.

### St. Gregory VII - May 25

His name had been Hildebrand before becoming Pope, and he was born about the year AD1020. For two years he was a Benedictine monk of Cluny (1047-1049), and then he became a cardinal, and finally, in 1073, Pope. His life was one long struggle to purify and unify the Church and to make her free and independent of secular powers. He enacted strict prohibitions against simony which is the purchasing of ecclesiastical preferments, clerical concubinage, and

lay investiture (an appointment to ecclesiastical offices by civil authorities). On this latter score, he soon became involved in a dispute with Emperor Henry IV which caused him untold trouble and which finally resulted in banishment and death. But his stand cleansed the Church and restored its status. Gregory died in exile with these words on his lips: "I loved justice and hated iniquity, therefore I die in exile." His energetic stance as Pope Gregory VII earned for him the enmity of Emperor Henry IV. He was exiled to Salerno where he died on May 25, 1085.

### St. Mary Magdalene de Pazzi - May 25

Mary Magdalen of Pazzi, a highly gifted mystic, had made a vow of chastity at the age of ten. She entered the convent of the Discalced Carmelite nuns in Florence because the practice of receiving Holy Communion almost daily was observed there. For five years, her only food was bread and water. She practiced the most austere penances and for long periods endured complete spiritual aridity. Her favorite phrase was: "Suffer, not die!" Her body has remained incorrupt to the present day; it is preserved in a glass coffin in the church of the Carmelite nuns in Florence. She died on May 25, 1607.

### St. Philip Neri - May 26

Philip Neri was born in Florence in 1515 and died in Rome in 1595. He lived a spotless childhood in Florence. Later he came to Rome and after living for fifteen years as a pilgrim and hermit, he was ordained a priest. He gradually gathered around him a group of priests and established the Congregation of the Oratory. He was a man of very original character and of a happy, genial and winning disposition. A great educator of youth, he spent whole nights in prayer, had a great devotion to the Blessed Sacrament, and he burned with an unbounded love for mankind. He died on the feast of Corpus Christi. He was known as the second Apostle of Rome.

### St. Augustine of Canterbury - May 27

He was born in Rome and died in Canterbury, England, in 604. When Pope Gregory I heard that the pagans of Britain were now disposed to accept the Catholic Faith, he sent the prior of Saint Andrew, Augustine, and forty of his Benedictine brethren to pagan England. Despite all the great difficulties involved in the holy task assigned to him, Augustine and his monks obeyed. The success of their preaching was immediate. King Ethelbert was baptized on Pentecost Sunday, 596, and the greater part of the nobles and people soon followed his example. St. Augustine died as the first Archbishop of Canterbury.

**SECOND COLLECTION THIS WEEKEND, May 21-22** is for our Elementary School. As a benefactor you continue to be a blessing to St. Helena's, and your gift makes it possible for us to meet the needs of our diverse socio-economic community. Since 1940, St. Helena's takes pride in opening up the benefits of solid Catholic education to many families who are normally precluded from the advantages of a rigorous academic and faith-centered education. As always, we ask you to please be generous.

**CARDINAL'S APPEAL**-If you missed last Sunday's second collection for the Cardinal's Appeal, you can put your donation in an envelope and write your name and address, and put it in any upcoming second collection. We thank you for your gift.

**COMMUNION TO THE SICK AND HOMEBOUND**-Contact the rectory at **718-892-3232** if you would like the Holy Eucharist brought to your home. You may bring a pyx to Mass for it.

**RELIGIOUS GOODS ROOM** is now open every **Sunday** from **9:30AM -1:30PM** in the narthex. Browse our new selections.

**BIBLE STUDY** on St. Luke takes place every **Tuesday at 1PM** and **7:30PM** and **Sunday at 11:15AM** in the Green Building.

**ENGLISH PRAYER GROUP** will now meet every **Saturday at 1:30PM** in the Green Bldg either in-person or virtual. You can join virtually on your computer at: [www.zoom.us](http://www.zoom.us), **Meeting ID: 521 709 4814, Passcode: 333 777.**

**SPANISH CHARISMATIC PRAYER GROUP** meets on every **Monday at 7:30PM** in the church following the **7PM Mass.**

**LEGION OF MARY** meets every **Sat at 1PM** in the Rectory. They will pray the Rosary in front of the church on **Sat., May 28 at 1PM.** This event will take place monthly.

**DIVINE MERCY CHAPLET** is also prayed in English every **Saturday** at **1:30PM** in the Green Building and every **Monday** in Spanish in the church at **7:30PM**.

**ST. HELENA FOOD PANTRY** is open every **Wednesday** at **12PM** at the Westchester Ave entrance to the Green Building.

**FOOD NEEDED** for Pentecost Sunday Cooked Food Sale from **11AM-3PM** in the parking lot. If you can cook for that day, call Elba at **646-667-5365**.

**THE ROSARY AND A PRAYER FOR PEACE** is now being prayed virtually every evening at **7PM**. To join, either phone in at **929-205-6099** or zoom in at [www.zoom.us](http://www.zoom.us), meeting # **521 709 4814**, password **333777**. The Rosary is prayed in person in both English and Spanish after the daily **12:15PM** Mass.

**BABY BOTTLE DRIVE**-Take home a baby bottle and make a donation to help expectant mothers and return it by Father's Day.

**CARING FOR THE SICK AND INFIRM IS IMPORTANT**-During this time of the pandemic, as COVID cases are slightly on the rise, many people find themselves caring for sick and infirm loved ones. Pope Francis encourages this by saying their service to the sick and to the weak and elderly seems to combine well two essential dimensions of the Christian life: on the one hand the desire for an outgoing and tangible witness to others and on the other the need to understand oneself and our need to love one another. "I, therefore, invite you to draw ever anew from the lifeblood of the Beatitudes, to take, with meekness and simplicity, the good news to the poor and least of today's people."

**ST HELENA SCHOOL** has seats open for September 2022 enrollment of Pre-K 3 and Pre-K 4. Please go to [mySchools.nyc](http://mySchools.nyc) for more info and to sign up. The St. Helena code is **XADQ**.

**ROSA MYSTICA PILGRIMAGE** to Edmeston, NY on **Saturday, July 16** from **6:45AM-5PM** by roundtrip motor coach. The cost is \$65. There will be Eucharistic Adoration, and Confessions. There will be Rosary and Mass followed by a procession and the blessing of items. You can buy lunch or bring a bag lunch. For more info, please call Meera at **718-924-6657**.

**ST. HELENA HOLY LAND TOUR**-Fr. David will lead an 11-day pilgrimage to Israel and Jordan from **October 21-31, 2022**. Renew your own wedding vows in Cana, the town of Jesus' first miracle. We will all renew our own Baptismal vows at the sacred Jordan River, and of course, we will have daily Mass. We will also visit Jerusalem, Bethlehem, and Nazareth, Capernaum, Petra, Mt. Tabor, Mt. Carmel, Qumran, Tiberias, the Dead Sea, the Sea of Galilee, and so much more. We will stay at five different four-star hotels. The cost is \$4,300 per person from JFK. This is the opportunity of a lifetime. A \$500 deposit is required. Call the rectory at **718-892-3232** for a brochure and to reserve your spot. Also, invite all your friends because the trip is open to people from outside the parish.



Traveling to Jerusalem

**PARISH SPIRITUAL ADOPTION PROGRAM**-Month 5-Your spiritually adopted baby weighs over one pound now, and his mother can feel his movement. Before this time he was too small for her to feel. Although he swam with ease in his watery world, he needed to be big and strong enough to kick hard against the outside wall and dent it—the inside wall of the uterus has little feeling. We are mid-way through the pregnancy now. Your good prayers have helped your baby's mother continue with her pregnancy and seek the help she needs.

**VIEW ON FORMED**-Good, solid Catholic Information is so very important. Everyone here at St. Helena's has a free parish subscription at [www.formed.org](http://www.formed.org). Just click the icon and join as a parishioner. Today we remember St. Rita of Cascia, Religious.

Watch: *Saint Rita or Saint Rita of Cascia: The True Story*. On the 23<sup>rd</sup> Watch: *The Story of Father Kapaun, The Miracle of Father Kapaun or Kapaun's Men*. Thursday is the Solemnity of The Ascension of The Lord. Study: Symbolon: *Knowing the Faith*, Session 6: *The Paschal Mystery*, or Formed Now: *The Glorious Mysteries, Part 2, The Ascension*. Listen to: *Theology for Beginners*. Also on the 26<sup>th</sup> Study: True Reformers: Session 3- *Saint Philip Neri: The Apostle of Joy*, or Watch: St. Philip Neri.

**FRENCH ARCHBISHOP TAKES ON ROLE OF PARISH PRIEST**-Facing a severe priest shortage, Archbishop Hervé Giraud of Sens, 65, has appointed himself a parish priest for a year while continuing to lead his French archdiocese. There are 24 chapels in Archbishop Giraud's rural parish; he is assisted by a priest from the African nation of Togo and by a deacon.

**FREE HEALTHY FOOD** given out every **Tuesday** at **1PM** at 1990 McGraw Ave. Text Essen to 726879 to pre-register.

**THE RELICS OF ST. BERNADETTE** will be at Our Lady of Lourdes Church, 472 West 142<sup>nd</sup> St., NY from **May 22-24**. For more info, visit [www.lourdesnyc.org](http://www.lourdesnyc.org).

**ANNUAL TRILINGUAL MEMORIAL DAY MASS** at Saint Raymond's Cemetery on the New Cemetery Grounds on **Monday, May 30** at **11AM**. The celebrant will be Fr. James Cruz.

**ST. CATHERINE ACADEMY**-2250 Williamsbridge Rd, Bx-The Higher Achievement Program at SCA is an immersive program targeted at preparing girls entering 6th, 7th, & 8th grades for the TACHS test for Catholic High Schools. Students will be exposed to the testing format, test-taking strategies, and area-specific content in English Language Arts & Mathematics. Students will also be introduced to the high school environment, SCA's STEM Lab and Robotics program, and a variety of Sports. The fee is \$500 which includes a T-Shirt and course materials. The program runs from **July 5** through **July 22** from **9:30AM-2PM**. For additional info or to register, visit: [www.scahs.org/hap/](http://www.scahs.org/hap/).

**WANTED**-An apartment to share in the Parkchester area. Call Sosthene at **347-623-9204**.

**NARCOTICS ANONYMOUS (NA)** meet every **Saturday** at **11AM** in the Calasanz Room. Peer support is so important.

**VIRTUAL AL-ANON MEETINGS**-meet every **Saturday** at **9AM**. Call in at **712-770-5372**, and the access code is: **178602**.

**AA BIG BOOK** in-person meetings have resumed at **7PM** in the Green Building on **Saturdays**. The virtual Zoom Meeting Code is **84360210329** and the password is **dasolution**.

**¿POR QUÉ ES IMPORTANTE LA CONFIRMACIÓN?**

La Confirmación profundiza nuestra vida bautismal que nos llama a ser testigos misioneros de Jesucristo en nuestras familias, barrios, sociedad y el mundo. A través de la Confirmación, nuestra relación personal con Cristo se fortalece. Recibimos el mensaje de la fe de una manera más profunda e intensa con gran énfasis en la persona de Jesucristo, quien pidió al Padre que diera el Espíritu Santo a la Iglesia para construir la comunidad en el servicio amoroso.

El Espíritu Santo otorga siete dones -sabiduría, entendimiento, conocimiento, fortaleza, consejo, piedad y temor del Señor- para ayudarnos en nuestra misión y testimonio. El impacto de estos dones nos acompaña en las distintas etapas de nuestro desarrollo espiritual.

Como los confirmados, caminamos con los siete dones del Espíritu Santo. La sabiduría nos permite ver el mundo desde el punto de vista de Dios, lo que puede ayudarnos a comprender el propósito y el plan de Dios. Nos concede la visión a largo plazo de la historia, examinando el presente a la luz del pasado y el misterio del futuro. Nos salva de la ilusión de que el espíritu de los tiempos es nuestra única guía. El don de conocimiento del Espíritu nos dirige a la contemplación, o a la reflexión reflexiva, del misterio de Dios -Padre, Hijo y Espíritu Santo-, así como de

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los misterios de la fe católica. Nos atrae la oración meditativa, en la que dejamos que Dios nos guíe mientras descansamos pacientemente en la presencia divina.

El don de la comprensión nos estimula a trabajar en el conocimiento de nosotros mismos como parte de nuestro crecimiento en el conocimiento de Dios. Es lo que San Agustín quería decir cuando rezaba: "Para conocerte a Ti, que me conozca a mí mismo". Cuando el Espíritu derrama fortaleza o valor en nuestros corazones, podemos confiar en que estaremos preparados para defender a Cristo y el Evangelio cuando se nos desafíe. Cuando el don de consejo o recto juicio crece en nosotros, podemos sentir la enseñanza tranquila que el Espíritu nos da sobre nuestra vida moral y la formación de nuestras conciencias.

El don de piedad o reverencia es un acto de respeto hacia el Padre que nos creó, hacia Jesús que nos salvó y hacia el Espíritu que nos santifica. La reverencia a Dios y a las personas la aprendemos de nuestros padres y de otras personas que nos forman en la virtud. El Espíritu nos llena de este don en la liturgia, que es una escuela magistral de reverencia, así como a través de las devociones populares y la piedad.

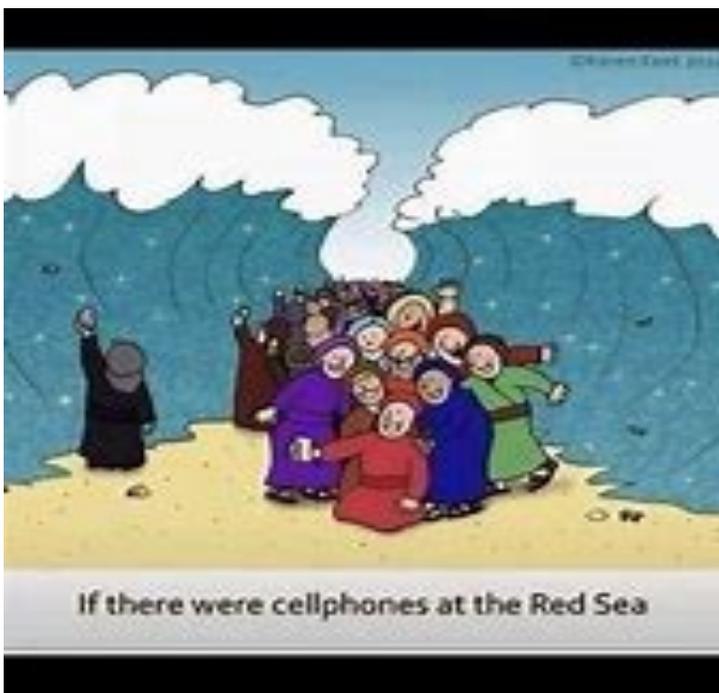
Por último, el don del temor del Señor, o de la admiración y el asombro ante la presencia de Dios, puede infundir honestidad en nuestra relación con Dios, una franqueza que nos sitúa en el temor ante la majestad de Dios. Sin embargo, el don también imparte una actitud de asombro agradecido por el hecho de que Dios nos ame y podamos compartir su vida.

Cuando respondemos a la gracia de la Confirmación y a los siete dones del Espíritu Santo, empezamos a dar los frutos del Espíritu. La tradición de la Iglesia nombra doce frutos del Espíritu Santo: amor, alegría, paz, paciencia, amabilidad, bondad, generosidad, mansedumbre, fidelidad, modestia, autocontrol y castidad.

**WEEKLY COLLECTION: May 15 — \$4,084.04**  
**Church in Central and Eastern Europe—\$1,571.00**

### Readings for the week of May 22, 2022

**Sun:** Acts 15:1-2, 22-29/Ps 67:2-3, 5, 6, 8 [4]/Rv 21:10-14, 22-23/Jn 14:23-29; **Mon:** Acts 16:11-15/Ps 149:1b-2, 3-4, 5-6a and 9b/Jn 15:26—16:4a; **Tues:** Acts 16:22-34/Ps 138:1-2ab, 2cde-3, 7c-8/Jn 16:5-11; **Wed:** Acts 17:15, 22—18:1/Ps 148:1-2, 11-12, 13, 14/Jn 16:12-15; **Thurs:** Acts 18:1-8/Ps 98:1, 2-3ab, 3cd-4/ Jn 16:16-20; **Ascension:** Acts 1:1-11/Ps 47:2-3, 6-7, 8-9 [6]/Eph 1:17-23 or Heb 9:24-28; 10:19-23/Lk 24:46-53; **Friday:** Acts 18:9-18/ Ps 47:2-3, 4-5, 6-7/Jn 16:20-23; **Sat:** Acts 18:23-28/ Ps 47:2-3, 8-9, 10/Jn 16:23b-28; **Next Sun:** *Ascension:* Acts 1:1-11/ Ps 47:2-3, 6-7, 8-9 [6]/Eph 1:17-23 or Heb 9:24-28; 10:19-23/Lk 24:46-53; *Seventh Sunday of Easter:* Acts 7:55-60/Ps 97:1-2, 6-7, 9 [1a, 9a]/Rv 22:12-14, 16-17, 20/Jn 17:20-26



Masses Live-Streamed from St. Helena take place **Mon-Sat** at **8:30AM** and **Sun** at **10AM** in **English** and **12PM** in **Spanish**  
[www.facebook.com/St.HelenaBronx](http://www.facebook.com/St.HelenaBronx).

Our Parish YouTube Channel is **St. Helena Film Ministry**.

## Mass Intentions

### May 22 – Sixth Sunday of Easter

**8:00** In Thanksgiving for Favors Granted to the Van de Weghe's  
**10:00 S** +Pablo Nevarez; *In Honor of St. Rita in Thanksgiving for Graces Received and for the Living and Deceased Members of the Vaccaro and Spinelli Families;*  
+Galita, Jose Antonio, Antonio Colon and Wilfredo Rosario

**12:00 (Sp)** +Elizabeth Olivares; +Juana de Carmen Rodriguez and Jose Rodriguez; +Rafael and Ramona Baez & Victor Castro; +Jacqueline French; +Nicolas Meza Lira and Enedino Castillo; Andres Ortiz-Birthday Celebration; +Maria del Carmen Valladares; +Velisano Quizhpi Romero, Graciana Chimbrazo, Narzizo Guaman and Concepcion Palchezaca

**3:00(Sp)** St. Antonio de Padua Mass

**5:00** +Luis Capellan

**6:30 (Fr)** Living and Deceased Members of the Mellitto Society

**6:30 (Fr)** +Margaret Bongyii and Raphael Mbinkar

### May 23 – Monday—St. John the Baptist de Rossi

**6:30\*** David and Sandra Savino: That God Make Known His Will to Them and for a Good Attitude towards David's Mother

**8:30 S** Living & Deceased Members of the Vaccaro & Spinelli Fam

**12:15** Living and Deceased Members of the D'Aiello Family

### May 24 – Tuesday—Sts. Donation and Rogation

**6:30\*** In Thanksgiving for Favors Granted to the Savino's

**8:30 S** Living and Deceased Members of the Spano Family

**12:15** Living and Deceased Members of the D'Aiello and Spano Families; +Juan Jose Ortega

**7:00 (Sp)** In Thanksgiving to Archangel Raphael

### May 25 – Wednesday— The Venerable Bede

**6:30** Reina Garcia's Recuperation from Herniated Disks

**8:30 S** +Yvette Elizabeth Graulau

**12:15** +Frederick Hodge

**7:00 (Sp) (Vigil)** +Filomena Burbano

### May 26 – Thursday—THE ASCENSION OF THE LORD

**6:30** In Thanksgiving for Favors Granted Reina Garcia

**8:30** +Catherine Carolan

**12:15** +Ralph A. Cerbone, Jr.

**7:30 (Eng)** +Alina Hernandez

### May 27 – Friday— St. Augustine of Canterbury

**6:30** Suzanne Piscatelli's Most Pressing Intention Since Her Optic Nerves have been Thinning

**8:30 S** +Catherine Carolan

**12:15** Fr. Thomas B. Derivan for Blessings and in Thanksgiving on Father's 50th Anniversary of Holy Ordination and His Parents and Aunt Catherine

### May 28 – Saturday— St. Germanus

**6:30** In Thanksgiving for Favors Granted to S. Piscatelli

**8:30 S** In Thanksgiving on Behalf of Milagros Robledo and for +Fedencio Robledo-6th Anniversary

**12:15** Fr. Thomas B. Derivan for Blessings and In Thanksgiving on Father's 50th Anniversary of His First Mass and for His Parents and Aunt Catherine

**5:30** Sheehan and Maloney Families

### May 29 – Seventh Sunday of Easter

**8:00** +Dolores O'Leary

**10:00 S** Vincent McDonnell-Intentions; +Aurora Muearcel

**12:00 (Sp)** +Beverly Guity; +Jacqueline French; +Maria del Carmen Valladares; +Dolores Hernandez, Dimas Gonzalez, Nancy Gonzales, Rosemary Gonzalez and Evelyn Dellorey

**2:30 (Fr)** +Margaret Bongyii and Raphael Mbinkar

**5:00** +Madeline Donovan; +Regina Bevacqua;

+Francisca Ledesma

### NO 6:30PM MASS TODAY

*Names only said in Prayer of the Faithful are in Italics*  
*\*not a public Mass; +=deceased; S=Mass is live-streamed*

**FIRST HOLY COMMUNION PICTURES**  
**CAN BE PICKED UP IN THE RECTORY**