

5-MINUTE HOME DIGITAL SAFETY CHECK

Could your child access pornography - or could someone unsafe access your child?

Most parents protect the devices they know about. This check helps you find digital doors you may have missed. Mark **YES**, **NO**, or **NOT SURE**.

FOUND A GAP? NOT SURE ABOUT AN ANSWER?

More information and practical resources on **all 10 topics** are available in the Safe Haven Parent Resource Center. Use the link/QR code to learn what to check and what you can do next.

1. EVERY DEVICE

Have you checked **every internet-connected device** your child can access - not just their current phone or tablet? Old phones, tablets, computers, e-readers, gaming systems, VR headsets and other connected devices can be overlooked.

☐ YES
☐ NO
☐ NOT SURE

2. HIDDEN WAYS ONTO THE INTERNET

Do you know whether apps on your child's devices contain **built-in or in-app browsers** that may provide another route to web content? Protecting only the main browser may leave another access point.

☐ YES
☐ NO
☐ NOT SURE

3. SOCIAL MEDIA & ENTERTAINMENT

Have you reviewed the apps your child uses - including content they can **recommend or deliver without your child searching for it**? Sexualized or explicit material can reach children through everyday platforms.

☐ YES
☐ NO
☐ NOT SURE

4. GAMING & STRANGER CONTACT

Do you know **who can communicate with your child** through Roblox or other multiplayer games, and have you reviewed chat, friend and content settings? Gaming can include stranger contact, links, private conversations and inappropriate content.

☐ YES
☐ NO
☐ NOT SURE

5. PRIVATE CHAT

Does your child know **not to move conversations from games or social platforms into private messaging apps** without your permission? Private chats and disappearing messages can create opportunities for grooming and inappropriate contact.

☐ YES
☐ NO
☐ NOT SURE

6. PERSONAL INFORMATION

Does your child know not to share their **real name, school, address, phone number, photos or passwords** with online contacts? Children should also know what to do when an unknown person contacts them.

☐ YES
☐ NO
☐ NOT SURE

7. AI

Have you checked which **AI assistants or generative-AI tools** your child can access and what those tools allow them to see or create? AI is another digital access point parents may need to review.

☐ YES
☐ NO
☐ NOT SURE

8. BEDROOMS & PRIVATE SPACES

Are internet-connected devices kept **out of bedrooms and other private spaces**, especially overnight? Private, unsupervised device use can increase opportunities for unsafe content or secret contact.

☐ YES
☐ NO
☐ NOT SURE

9. HOME & AWAY-FROM-HOME WI-FI

Have you considered filtering **at the Wi-Fi/router level**, in addition to device controls - and protections at grandparents', friends' homes, hotels or rentals? Wi-Fi safety matters wherever your child connects.

☐ YES
☐ NO
☐ NOT SURE

10. THE MOST IMPORTANT SAFETY NET

Does your child know that if they see pornography, receive an inappropriate image, are asked for a private image, are threatened, or feel uncomfortable online, **they can come to you and tell you**? Open communication helps reduce the power of secrecy and shame.

☐ YES
☐ NO
☐ NOT SURE

DON'T JUST FIND THE GAPS. LEARN HOW TO CLOSE THEM.

More information on **all 10 topics** is available through the Safe Haven Parent Resource Center.
Devices • Hidden Browsers • Social Media • Gaming • Private Messaging • Personal Information • AI • Bedrooms & Private Spaces • Wi-Fi • Talking With Your Child

SCAN TO LEARN MORE



SAFE HAVEN SUNDAY | Protecting children starts with informed parents and open conversations.