4th Sunday in Ordinary Time

28 January 2024 at 11 o'clock

SETTING

Elegy

ORGAN

A COMMUNITY MASS, 2010

Richard Proulx (1937-2010)

Charles Hubert Hastings Parry (1848-1918)

HYMN AT THE PROCESSION (standing)

PADERBORN



Words: Charles Wesley (1707-1788), alt. Music: *Paderborn*, melody from *Catolisch-Paderbornisches Gesang-buch*, 1765; harm. Sydney Hugo Nicholson (1875-1947).

INTRODUCTORY RITES

GREETING

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

People: Amen.

Priest: The Lord be with you.
People: And with your spirit.

PENITENTIAL ACT

Priest: Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the

sacred mysteries.

KYRIE ELEISON

Priest: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

People: Amen.

GLORIA IN EXCELSIS DEO

OPENING PRAYER

LITURGY OF THE WORD

FIRST READING Deuteronomy 18: 15-20

A reading from the first Book of Deuteronomy

Moses spoke to all the people, saying:

"A prophet like me will the LORD, your God, raise up for you

from among your own kin;

to him you shall listen.

This is exactly what you requested of the LORD, your God, at Horeb

on the day of the assembly, when you said,

'Let us not again hear the voice of the LORD, our God,

nor see this great fire any more, lest we die.'

And the LORD said to me, 'This was well said.

I will raise up for them a prophet like you from among their kin,

and will put my words into his mouth;

he shall tell them all that I command him.

Whoever will not listen to my words which he speaks in my name,

I myself will make him answer for it.

But if a prophet presumes to speak in my name

an oracle that I have not commanded him to speak,

or speaks in the name of other gods, he shall die."

The word of the Lord.

Thanks be to God.



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Come, let us sing joyfully to the LORD;
let us acclaim the rock of our salvation.

Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him. R.

Come, let us bow down in worship;
let us kneel before the LORD who made us.

For he is our God,
and we are the people he shepherds, the flock he guides. R.

Oh, that today you would hear his voice:
"Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works." R.

SECOND READING 1 Corinthians 7: 32-35

A reading from the first Letter of Paul to the Corinthians.

Brothers and sisters:

I should like you to be free of anxieties.

An unmarried man is anxious about the things of the Lord,

how he may please the Lord.

But a married man is anxious about the things of the world,

how he may please his wife, and he is divided.

An unmarried woman or a virgin is anxious about the things of the Lord,

so that she may be holy in both body and spirit.

A married woman, on the other hand,

is anxious about the things of the world,

how she may please her husband.

I am telling you this for your own benefit,

not to impose a restraint upon you,

but for the sake of propriety

and adherence to the Lord without distraction.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION



Cantor: *Alleluia, alleluia, alleluia.* All: **Alleluia, alleluia, alleluia, alleluia.**

Cantor: The people who sit in darkness have seen a great light; on those dwelling in a land overshadowed by death, light has arisen.

All: Alleluia, alleluia, alleluia.

GOSPEL Mark 1: 22-28

Priest: The Lord be with you.
People: And with your spirit.

Priest: A reading from the holy Gospel according to Mark.??

People: Glory to you, O Lord.

Then they came to Capernaum,

and on the sabbath Jesus entered the synagogue and taught.

The people were astonished at his teaching,

for he taught them as one having authority and not as the scribes.

In their synagogue was a man with an unclean spirit;

he cried out, "What have you to do with us, Jesus of Nazareth?

Have you come to destroy us?

I know who you are—the Holy One of God!"

Jesus rebuked him and said,

"Quiet! Come out of him!"

The unclean spirit convulsed him and with a loud cry came out of him.

All were amazed and asked one another,

"What is this?

A new teaching with authority.

He commands even the unclean spirits and they obey him."

His fame spread everywhere throughout the whole region of Galilee.

Priest: The gospel of the Lord.

People: Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, (Bow) born of the Virgin Mary, suffered under Pontius Pilate (End Bow), was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

GENERAL INTERCESSIONS

R. Lord, hear our prayer.

LITURGY OF THE EUCHARIST

A Collection is taken to support the work of the church. Your generosity is appreciated. For online giving:



ANTHEM AT THE OFFERTORY

Walter Kendall Stanton (1891-1978)

1. Christ is the world's true light, Its Captain of salvation, The Day-star clear and bright Of every man and nation; New life, new hope awakes, Where'er men own his sway; Freedom her bondage breaks, And night is turned to day.

2. In Christ all races meet,
Their ancient feuds forgetting,
The whole round world complete,
From sunrise to its setting:
When Christ is throned as Lord,
Men shall forsake their fear,
To ploughshare beat the sword,
To pruning-hook the spear.

3. One Lord, in one great Name
Unite us all who own thee;
Cast out our pride and shame
That hinder to enthrone thee;
The world has waited long,
Has travailed long in pain;
To heal its ancient wrong,
Come Prince of Peace, and reign. Amen.

HYMN AT THE OFFERTORY

CHRISTE SANCTORUM



INVITATION TO PRAYER

Priest: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the

almighty Father.

People: May the Lord accept the sacrifice at your hands for the praise and glory of his

name, for our good and the good of all his holy Church.

The Priest says the Prayer over the Offerings and all respond: Amen.

EUCHARISTIC PRAYER

Priest: The Lord be with you.
People: And with your spirit.
Priest: Lift up your hearts.

People: We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

People: It is right and just.

The Priest continues the Preface. At the end he concludes with the people:

SANCTUS ET BENEDICTUS

The Priest continues the Eucharistic Prayer, "The mystery of faith."

MEMORIAL ACCLAMATION

At the end of the Eucharistic Prayer the Priest says the doxology: "Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever."

THREEFOLD AMEN

COMMUNION RITE

THE LORD'S PRAYER

Priest: At the Savior's command and formed by divine teaching, we dare to say:

All: Our Father who art in heaven, hallowed be thy name;

Thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil:

Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, sustained

by the help of your mercy, we may be always free from sin and safe from all distress, as we

await the blessed hope, the coming of our Savior, Jesus Christ.

All: For the kingdom, the power, and the glory are yours, now and forever. Amen.

RITE OF PEACE

Priest: Lord Jesus Christ, who said to your Apostles: Peace I leave with you, my peace I give you, look not on

our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with

your will. Who live and reign for ever and ever. Amen.

Priest: The peace of the Lord be with you always.

People: And with your spirit.

Priest: Let us offer each other the sign of peace.

As the Priest breaks the hosts, the People sing:

AGNUS DEI

INVITATION TO COMMUNION

All: Lord, I am not worthy that you should enter under my roof, but only say the word and

my soul shall be healed.

COMMUNION

Minister: The Body (Blood) of Christ.

Communicant: Amen.

COMMUNION ANTHEM

Charles Hubert Hastings Parry (1848-1918)

- 1. Dear Lord and Father of mankind, forgive our foolish ways; reclothe us in our rightful mind, in purer lives thy service find, in deeper reverence, praise.
- 2. In simple trust like theirs who heard beside the Syrian sea the gracious calling of the Lord, let us, like them, without a word rise up and follow thee.

- 3. Drop thy still dews of quietness, till all our strivings cease; take from our souls the strain and stress, and let our ordered lives confess the beauty of thy peace.
- 4. Breathe through the heats of our desire thy coolness and thy balm; let sense be dumb, let flesh retire; speak through the earthquake, wind, and fire, O still, small voice of calm!



Text: Matthew 14:35-36; Edward H. Plumtre, 1821-1891, alt., © 1986, GIA Publications, Inc. Tune: MOZART, CMD; adapt. from Wolfgang A. Mozart, 1756-1791

PRAYER AFTER COMMUNION

CONCLUDING RITE

GREETING AND BLESSING

Priest: The Lord be with you.
People: And with your spirit.

Priest: May almighty God bless you, the Father, and the Son, and the Holy Spirit.

People: Amen.

DISMISSAL

All respond: Thanks be to God.

ORGAN Toccata in F major, BuxWV 157

Dieterich Buxtehude (ca.1637-1707)

The Roman Catholic Church of the Ascension

The Reverend Daniel Kearney, Pastor