



Seton Catholic Schools Wellness & Lunch Policy

(Updated 2-24-22)

Policy Statement

In accordance with the Policy Statement of the Archdiocese of Indianapolis Policy Number 2007-03, as adopted by the Archdiocese of Indianapolis on June 11, 2007, Seton Catholic Schools is committed to the health and physical well-being of each of its students and shall adopt and promulgate a policy of wellness, including but not limited to health, physical activity and nutrition which is in relation to the current laws and research.

Administrative Rules

1. Seton Catholic Schools will participate in the Federal School Lunch Program.
2. Foods and beverages sold or served at school will meet the current nutrition recommendations of the U.S. Dietary Guidelines for Americans.
3. All students in grades K-12 will have opportunities, and encouragement to be physically active on a regular basis.
4. Seton Catholic Schools will integrate nutrition education into the curriculum areas of mathematics, science, language arts, religion, as well as health and physical education.
5. Seton Catholic Schools will actively engage their school community in following steps to enable school-wide wellness.
 - 5.1. Each school administrator will designate at least one individual on the faculty or staff to spearhead this effort in conjunction with school administration, to implement, review and revise school nutrition and physical activity programs, and prepare an annual report to be submitted to the Archdiocese Education Commission by April 1, of each year.
 - 5.2. The School Commission may assist in the accomplishment of this goal by appointing a subcommittee for the purpose of reviewing progress of this policy, responses and initiatives at each school and reviewing the annual report. Such a subcommittee might consist of individuals representing the school and community, parents, students, representatives of the school food authority, teachers, health professionals, and the public
6. In the effort to meet goals of this policy, and in order to promote orderly planning and meet budgetary policy, the following administrative rules will be in effect beginning in 2022/23 school year for all Seton Catholic Schools.

- 6.1. All lunches shall be **prepaid** by the student family either by online payment or check or cash delivered to the school in an envelope clearly marked with the student name, grade level and amount.
- 6.2. Credit and debit cards may be used only for online payment.
- 6.3. Families are notified weekly of delinquent lunch accounts via automated email reminders.
- 6.4. Delinquent lunch accounts will be reviewed on a regular basis by school administration. Failure to bring a student's lunch balance to zero or positive can result in the student's exclusion from the school hot lunch program. The student will be required to bring a sack lunch until his/her past-due amount is paid in full and the account is funded for future lunch purchases.
- 6.5. At the conclusion of each school year, any negative lunch accounts must be paid in full by the last day of school. Failure to do so can affect the student's enrollment status for the upcoming school year. Student records and/or diplomas will not be released until the family has satisfied all of their financial obligation to Seton Catholic Schools.
- 6.6. Seton Catholic Schools reserves the right to collect any balance due through legal process.

Adopted (as modified) by Seton Catholic Schools Commission on 2-23-22

Approved by the pastor of St. Elizabeth Ann Seton Parish on 2-24-22