2025 PAAC Cross Country Championships

Hosted by Seton Catholic & IU East

Saturday, September 27



TIME SCHEDULE:

8:00am - Check-in

8:30am - Coaches Meeting

9:00am - High School Boys Race

9:30am – High School Girls Race

10:30am – Middle School Race (Boys & Girls Combined)

11:30am – Awards

ENTRY INFORMATION: Registration is on <u>in.milesplit.com</u> – direct link: Pioneer Conference Championship - Registration. Entry deadline is Tuesday, September 23 at 8:00pm. Coaches will receive an invite about 7-10 days before the meet.

STARTER: Joe Scott

TIMING: This meet will be chip timed. All instructions regarding timing will be in the entry information provided by Greg Stuart.

AWARDS: All winning teams will receive trophies and ribbons. The top 12 high school finishers in each race will be named all-conference and receive medals and ribbons. The top 12 middle school finishers in each race will receive ribbons.

COURSE: The meet will be run at Indiana University East. The address for IU East is 2325 Chester Blvd; Richmond, IN 47374. The course will be in the field located behind Hayes Hall on the east side of campus (see attached campus map). All you will need to do is park and just walk down the sidewalks behind the buildings into the open field and you will find the course.

5K Course

The 5K course is different than previous years. The course will now consist of two 2K loops plus a 1k loop. We will no longer be going into the woods, rather IU East restructured the course around the outside of the field area. The finish line and starting line have not drastically changed positions. A general map of the pattern is attached.

3K Course

The 3K course consists of a 2k loop and a 1k loop finishing at the same finish line area as before and starting at the same starting line area as before. The 2k loop goes around the outside of the course. The 1K loop simply cuts off behind the large tree and works its way back up towards the finish line.

BUS & FAN PARKING: You may drop off teams in the Tom Raper Hall parking lot or the Springwood Hall circle. Buses should park in the large Whitewater Hall parking lot. Fans may park in any of the designated parking lots on the campus map. Parking is free.

ADMISSION: Free

RESTROOMS: Hayes Hall (the building closest to the cross country course) will be open for restroom access.

FOOD & DRINK: We will have water available for the athletes only. You are welcome to bring your own food and drinks to the meet.

ATHLETIC TRAINER: Reid Sports Medicine provides trainers for our athletic program. We will have an athletic trainer on-site to care for any athletes that may need it.

FOR FURTHER INFORMATION:

Trent Tremain – Seton Catholic AD, ttremain@setoncatholics.org
Dan Nufrio – Seton Catholic Assistant AD, dnufrio50@gmail.com
Chelsea Halderman – Seton Catholic HS CC Coach, chelseamarie 11@hotmail.com