

SUNDAY MASS TIMES: 8:00 AM, 10:00 AM AND 5:00 PM

**NEXT WEEK
IN SCRIPTURE**

Mon	<i>Sts. Sixtus II & Cajetan</i> Nm 11:4b-15 Mt 14:13-21
Tue	<i>St. Dominic</i> Nm 12:1-13 Mt 14:22-36
Wed	<i>St. Teresa Benedicta</i> Nm 13:1-2,25 — 14:1,26-29a,34-35 Mt 15:21-28
Thu	<i>St. Lawrence</i> 2 Cor 9:6-10 Jn 12:24-26
Fri	<i>St. Clare</i> Dt 4:32-40 Mt 16:24-28
Sat	<i>St. Jane Frances de Chantel</i> Dt 6:4-13 Mt 17:14-20
Sun	1 Kgs 19:9a,11-13a Rom 9:1-5 Mt 14:22-33

Did you know ?

There are many ways to have a daily reflection sent directly to your email? Check out our website for helpful links.

Dear Friends.

Recently, my Facebook newsfeed has been filled with photos of friends out hiking in the mountains. One person I know recently hiked the Enchantments near Leavenworth, and some others took their 9 year old daughters on their first overnight backpacking trip to Navajo Pass. As a result, I've been feeling a strong desire to go hiking, but it's not going to happen this year!

Today's readings give me that same kind of desire for a 'mountain top' experience. As we celebrate The Feast of the Transfiguration of the Lord I think it bears mentioning that we see this twice in our liturgical calendar: at the beginning of Lent and again in early August. As a feast day.

So what is the message for us in the story of the transfiguration? Jesus took Peter, James and John away from their daily routine, up the mountain to a new vantage point where they can see further and clearer. While they were there, God revealed to them Jesus' true identity—who He always was, is,, and would be. Finally, when they were overwhelmed by the encounter, Jesus touches them and reminds them not to be afraid.

As Fr. Bryan talked about his sabbatical

in recent weeks, he invited us to find ways to seek God more intentionally in our lives too. The story of the transfiguration delivers the same message! When we plan time in our daily routine to read scripture or a reflection and pray, we are opening ourselves up to unlimited possibilities. Just as with any friendship, each day we will grow to know God more, and will be able to more easily recognize Him working in our life.

Let's continue to pray for one another,
Marti Lundberg



PRAY AND PONDER

- Do you spend enough time in prayer to face your daily activities with serenity?
- Are there days when you would rather stay in prayer than face your earthly commitments?

Marti Lundberg, Pastoral Coordinator - m.lundberg@stbens.net

Fr. Bryan Dolejsi, Parish Priest - bryan.dolejsi@seattlearch.org

1805 N 49th Street, Seattle, WA 98103 • 206-632-0843 • www.stbens.net

THIS WEEK AT A GLANCE

COFFEE HOUR HOSTS

8:00 AM Judy & Len Andrews

10:00 AM Bruce & Granya O'Neill

What we call "Coffee Hour" is really a true time of fellowship and community building after Mass! We need people to serve as hosts—individuals, families or groups of friends. There is a sign up sheet in the school cafeteria or you can contact the parish office. You don't have to buy anything, just set up and/or clean up. We need volunteers for after the 10 AM Mass through the summer. Can you help?

August 6th - August 13th - 2017

Sunday	8:00 AM Mass 9:00 AM Coffee and Fellowship 10:00 AM Mass 4:15 PM Reconciliation 5:00 PM Mass
Monday	7:45 AM Mass 8:30 AM Rosary
Tuesday	9:00 AM SMdP Sandwich Makers <i>No scheduled liturgy, the church is open for individual prayer.</i>
Wednesday	6:30 PM Mass 7:00 PM Worship and Spiritual Life Mtg.
Thursday	8:45 AM Mass
Friday	7:45 AM Mass
Saturday	10:00 AM Sat. Morning Prayer Group
Sunday	8:00 AM Mass 9:00 AM to Noon Coffee and Fellowship 10:00 AM Mass 4:15 PM Reconciliation 5:00 PM Mass

MASS INTENTIONS

Sunday - August 6th

8:00 AM - Al Gemora ✠
by Clara Leung

10:00 AM - Howard Murray ✠
by Jill Murray

5:00 PM - The People of St. Benedict Parish

Wednesday - August 9th

6:30 PM - Ken & Peggy Scherrer
by The Scherrer Family

WE PRAY FOR THE SICK

*Carmen Gonzales, Fr. Roger O'Brien, Willie Kleffner,
Eli Mahnken, Dale Steen, Janice Mosey,
Nora Taylor, Herman Hadaller, Roseanne Borden,
Easton Brown, Margaret Swanson, Den Costales,
Eugene Haydu, John Bulman, Lucille Jasper,
Xavier Schmitt, Diane McCauley*

SACRAMENTAL EMERGENCY: Outside of office hours, please call 425-954-3434

PARISH NEWS

Welcome Fr. Martin Bourke! Today we welcome Fr. Martin to our St. Benedict community. We are looking forward to his presence among us, his homilies and his vast experience as a priest. Please make him feel welcome while he is here for these three months of Fr. Bryan's sabbatical.



Where in the World is Fr. Bryan?

As Fr. Bryan begins his sabbatical please pray for him. We will keep you updated here! This week, he is traveling in Europe, visiting religious sites, unplugging and settling into his three-month adventure.

STEWARDSHIP

Fiscal Year 2018	Offerings	Budget
July	\$ 33,252	\$ 33,626

Our new fiscal year began on July 1, 2017. Our total budget for collections is \$423,720 - approximately 7% higher than last year. This was necessary due to increasing expenses.

ANNUAL CATHOLIC APPEAL: We are in the thirteenth week of this appeal and need your help. Only 21% of the parish has responded to the **\$60,480** goal set by the Archdiocese. We are closing in on that goal through your donations of **\$54,254** or **89.7%**. If you haven't pledged yet, would you be willing to match or increase your ACA donation from last year by 5%? We are hoping to hear from more of you soon.



FAITH FORMATION

Are You Interested in the Catholic Faith? We will begin another Theology Series in October. The extended format will allow participants to dive deeper into church teaching and to discuss the application for our daily lives. For more information or to register contact Marti at m.lundberg@stbens.net.

A MESSAGE FROM THE ARCHDIOCESE

The Archdiocese of Seattle has established a confidential telephone hotline and website for parish staff and parishioners to anonymously raise concerns about suspected unethical behavior by church personnel. You can find more information about this hotline on a poster and in brochures located in the back of the church, or go to seattlearchdiocese.ethicspoint.com. This program is run under contract by an independent third party and with a long record of providing these services both in the secular world and for other dioceses.

SACRAMENTS

Baptism Preparation Classes: Typically held on the First Saturday of the month for parents and Godparents, these classes cover the origin and deep meaning of this primary Sacrament of Initiation. **Join us on September 9th (*2nd Saturday), or November 4th.** Classes are held in the church and begin following the 9:00 AM 1st Saturday Mass.

Marriage Preparation: Retreats are held at St. Benedict Parish twice a year. **Next retreat is October 29th.** Contact Marti at m.lundberg@stbens.net or 206-518-6017 for more information on all of these programs.

SCHOOL NEWS

Save the Date: Once again the Great Wallingford Wurst Festival will again be held on September 15th and 16th. We are still gathering books for the book sale and are asking all the bakers to prepare for the Sweet Shop. Be ready for some fun as we celebrate our school, neighborhood and community!



SERVING OTHERS

St. Vincent de Paul: Carrying out the dream of their patron, our Vincentians assist the poor and needy that live within our parish boundaries. Join them, this could be the ministry you are looking for and they welcome your help. Please give to SVdP.

Sandwich Making for St. Martin de Porres: We meet again tomorrow, August 7th at 9:00 AM in the lower level of the Parish Center and can always use help in the summer while kids are out of school. We have our PB & J assembly line ready with a place for you! Help make 400 sandwiches for the men's shelter in Seattle on the 1st and 3rd Mondays of each month.

Still Fighting Hunger in Wallingford: Because of your ongoing support of FamilyWorks Food Bank and answer to our plea, 263 pounds of food from the church were delivered last week. **Our new donation total is 2917 pounds.** We continue to make a difference! You can bring non-perishable food items to Mass placing them in the baskets at the back of the church or place a donation in the Sunday offering basket ear marked for the food bank. Thank you!

Cabrini Ministry: If you, or someone you know, are unable to attend Mass and would like the Eucharist brought to you in your home, please call the Parish Office at 206-632-0843 to make arrangements. We always welcome new ministers so call, too, if you are interested in serving as a minister to the homebound.

Have an item for the bulletin? Please send it by 4:00 PM on Monday to parish@stbens.net. Thank you!

COMMUNITY HAPPENINGS

RESPECT LIFE NETWORK: Rosary every Tuesday, 5:30 pm at Blessed Sacrament Church. For more information call Gene Slagle 206-226-5332.

Is Your Marriage all it was Meant to Be? Are you struggling in your marriage? Do you feel a sense of disillusionment or sadness? Do you wish you could rekindle the spark you once had, but just don't know how? You are not alone. Retrouvaille (pronounced retro-vi) can help. For confidential information about our upcoming program beginning, Sept 22nd - 24th, visit our website at www.HelpOurMarriage.com or call 206-706-2608 to register.

Greece: In the Footsteps of Paul the Apostle - a pilgrimage with Fr. Steve Sallis April 4th-14th. A 3-night Greek Islands and Turkey cruise is included. There will be an information meeting on Monday, August 21st at 7:00 PM in the Sacred Heart Church Parish Hall in Bellevue. Contact Jeanine Kasprick at 425-454-9536 or go to: jkasprick@sacredheart.org with questions or for more information.

Seattle Seafarers' Ministry: Home from the Sea Shipboard Luncheon is Saturday, August 19th at Smith Cove Cruise Terminal Pier 91. Reserve a table or come alone and enjoy an elegant four course meal with wine aboard Holland America Line's Ms Eurodam includes a tour of the ship. The cost is \$50 per person. Register by August 11th. 100% of your registration supports the Seattle Seafarer's Ministry.

IRC Community Picnic: Bring a dish to share on Thursday, August 10 to Namaste Community Garden in Tukwila. More info on vestibule bulletin boards.

Let God Transform Your Life: You can share his mercy with others! If you feel called to deepen your spiritual growth and commitment to serve others, Cabrini Ministry Training may be for you! We offer an in depth formation program that last either 10-weeks or 20-weeks beginning this October. Learn the communication, listening, and prayer skills needed to share God's love with those in need. For more information, visit our website at www.cabriniministry.org or call 206-760-0583 x3.

35TH ANNUAL CATHOLIC FAMILY CAMPOUT: A campout for **single parent families**, August 18th-20th at Millersylvania State Park. For more information please call Mary Pat 206-367-2186. There is more information posted on the vestibule bulletin board.

Did you know? Get up-to-date information about all of our events at our website: www.stbens.net.



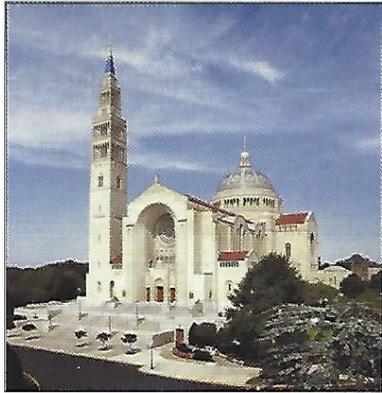


TRINITY DOME

AT AMERICA'S CATHOLIC CHURCH

www.trinitydome.org
www.nationalshrine.org

THE BASILICA OF THE NATIONAL SHRINE OF THE IMMACULATE CONCEPTION



Affectionately referred to as America's Catholic Church, the Basilica of the National Shrine of the Immaculate Conception in Washington, DC, has been a century in the making since the laying of its foundation stone in 1920.

Designated by the United States Conference of Catholic Bishops as a National Sanctuary of Prayer and Pilgrimage, the Basilica is our nation's preeminent Marian Shrine, dedicated to the Patroness of the United States, the Blessed Virgin Mary under her title of the Immaculate Conception. Mary's Shrine, as it is often called, is the largest Roman Catholic Church in North America and is one of the ten largest churches in the world.

Pope Francis, Pope Benedict XVI, Saint John Paul II, and Saint Mother Teresa are among the faithful who have visited this magnificent basilica. Now as its one hundredth anniversary approaches, a nationwide effort is underway to complete this great "Hymn in Stone" as its founders envisioned with the mosaic ornamentation of the Trinity Dome.

THE TRINITY DOME

The Trinity Dome is the central and largest dome of the Basilica. This "Crowning Jewel" will be adorned in mosaic and will depict the Most Holy Trinity, the Blessed Virgin Mary as the Immaculate Conception, and a procession of saints who have an association with America and the Basilica. The Nicene Creed will encircle the base of the dome, while the dome's pendentives will feature the four evangelists: Matthew, Mark, Luke and John. The Trinity Dome will complete the work of the Great Upper Church according to its original iconographic scheme and bring to a close construction of the Basilica of the National Shrine of the Immaculate Conception as it approaches its centennial milestone in 2020.



The artistic rendition of the mosaic that will adorn the Trinity Dome.

THE NATIONAL COLLECTION

The Bishops of the United States approved a special one-time second collection for the Trinity Dome. Your prayerful and financial support will not only adorn this "Crowning Jewel" and complete Mary's Shrine, but will also leave a lasting legacy for generations to come in this living monument to our Catholic faith and heritage that is America's Catholic Church.

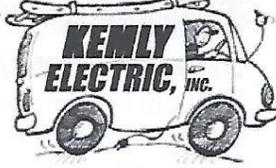
Donations to the Trinity Dome collection support the completion of a beautiful mosaic that will adorn the "Crowning Jewel" of The Basilica of the National Shrine of the Immaculate Conception in Washington, DC. Visit www.trinitydome.org for more details.

400 Michigan Ave., NE
Washington, D.C. 20017
(202) 526.8300

HARVEY FUNERAL HOME



Catholic Funeral Home
Thomas & Joseph Harvey
(206) 632-0100



Kemly Electric
206-782-1670 • kemlyelectric.com

Call for Senior & Parishioner Discount!

SEATTLE GYMNASTICS ACADEMY BALLARD



Enrolling for Summer Sessions & Holiday Camps

(206) 782-1496
www.seagym.com
1415 NW 52nd St • Ballard

ARCHIE'S PLUMBING SERVICE



782-8787

COMPLETE PLUMBING
WATER HEATER - REMODELS
Catholic owned & family operated
Senior Citizen Discount



Murphy's PUB

Brunch Sat and Sun 9-3
LUNCH & DINNER
7-Days a Week
Fabulous Food
Family Friendly
Kid Friendly til 9 pm
Live Music
& Trivia-Evenings

Owner is a local Parishioner

1928 N. 45th • 206-634-2110

A Wallingford Original

Julia's



Seattle's Best Breakfast!

4401 Wallingford Ave. N.
206 633 1175
Breakfast • Lunch

All Day Neighborhood Family Restaurant
www.JuliasRestaurantSeattle.com

Diggity Dog

Specialty Hotdogs & Gourmet Sausage

+ Delicious Burgers
Deli Sandwiches + Ice Cream
Veggie Options + Soup & More!

10% Parishioner Discount
Menu: diggitydogseattle.com
206-633-1966 in Tangletown
5421 Meridian Ave. N

Build your business this summer!

For information about advertising on this bulletin:



Contact John Hitt (206) 859-6878
johnh@catholicprintery.com

catholicmatch® Washington



CatholicMatch.com/meetWA

Do You Have Arthritis Knee Pain?
Ask Your Doctor About The Bellacure
OA Knee Treatment Device



BELLACURE
RESTORE YOUR LIFESTYLE

Have your doctor order from
Pacific Medical 1-800-726-9180

Covered by most Insurances - Medicare Approved

*100,000 Satisfied Customers



FISCHER PLUMBING

206-783-4129
425-455-4773

"The Plumber People Recommend"

30 Years of Integrity and Skill
www.fischerplumbing.com

BLUE STAR CAFE & PUB



breakfast • lunch • dinner

YOUR EVERY DAY EATERY

"...one of the best breakfast spots in Seattle".
Peter Greenberg, travel editor for CBS news

Happy Hour Daily 3-6pm • 22 beers on tap
Group Meetings • BlueStarCafeandPub.com
4512 Stone Way N. 206.548.0345

©CPI 072 - CPI, P.O. Box 81026, Seattle, WA 98108-1026 - For Advertising call 1-800-867-0660 www.catholicprintery.com

