

# WELCOME TO



## St. Benedict CATHOLIC CHURCH

14th Sunday of  
Ordinary Time

July 7, 2019

Our nation was founded on the principle of religious freedom. For the most part, we can worship as we like, believe as we like, and enjoy the security that comes from knowing we will not be punished, abused, or discriminated against for our faith. That has not always been the case for all Christians, both throughout history and recently in several countries. Through the media we learn of ongoing killings and oppression inflicted on those who publicly claim to be Christian.

Jesus sent his disciples to preach the good news “like lambs among wolves.” Anyone who knows this simile knows how terrible it is—they will stand out, become the first targets, and easy prey. But Jesus doesn’t tell them to fight back or disguise themselves. Rather, he tells them to give witness at the kitchen table and eat what’s put in front of them. In effect, Jesus tells them to get at the heart of people’s lives and to wish them peace. Even if their peace is not returned, the disciples are not to let that weigh them down. “Shake the dust from your feet” and move on, Jesus says in Matthew 10:14.

Preaching the gospel is the mission of a disciple, no matter where or when he or she lives. Today, in honor of those who have given their lives in service of the gospel, share with one or two people the good news of what God has done in your life. Listen to them. Invite them to come to church. Offer to pray with them. Just for today, be the sheep that everyone sees. You never know who might join the flock. +

*- Mary Katherine Deeley*

© 2019 Liguori Publications | Liguori.org



### JOIN US...

after the 8AM & 10AM Masses  
each week for coffee, donuts,  
and a chat!

**No Coffee Hour this week due  
to 4th of July Holiday.**

*If you're new and would like to  
know about what we have going  
on or have questions, please talk  
to a Hospitality Minister after the  
service - we'd love to help!*

# STAY CONNECTED

1805 North 49th Street  
Seattle, WA 98103

## WEBSITE

[parish.stbens.net](http://parish.stbens.net)

## FACEBOOK


[facebook.com/stbensseattle](https://facebook.com/stbensseattle)

## HOMILIES

[parish.stbens.net/homily-recordings](http://parish.stbens.net/homily-recordings)

## CONTACT US

 206.632.0843

 [parish@stbens.net](mailto:parish@stbens.net)

**After-Hour Emergency** 425.954.3434

## STAFF

**Marti Lundberg**  
Pastoral Coordinator  
[m.lundberg@stbens.net](mailto:m.lundberg@stbens.net)

**Becky Ortiz**  
Administrative Assistant  
[b.ortiz@stbens.net](mailto:b.ortiz@stbens.net)

**Anita Hardwick**  
Facilities  
[a.hardwick@stbens.net](mailto:a.hardwick@stbens.net)

**Mitchell Price**  
Music  
[m.price@stbens.net](mailto:m.price@stbens.net)

**Fr. Bryan Dolejsi**  
Parish Priest  
[bryan.dolejsi@seattlearch.org](mailto:bryan.dolejsi@seattlearch.org)

**Heather Synder**  
Bookkeeping  
[h.synder@stbens.net](mailto:h.synder@stbens.net)

**Stephanie Amsberry**  
Evang. & Stewardship  
[s.amsberry@stbens.net](mailto:s.amsberry@stbens.net)

**Brian Anderson**  
School Principal  
[b.anderson@stbens.net](mailto:b.anderson@stbens.net)

## SACRAMENTS

Do you have a baby that you'd like to baptize? Are you interested in joining the Church, getting confirmed, or taking steps towards baptism? Are you looking to prepare for marriage? Please contact Marti Lundberg or visit [parish.stbens.net/liturgy-sacraments](http://parish.stbens.net/liturgy-sacraments) for more info.

## PRAYERS FOR THE SICK

Bruno Berselli, Carmen Gonzalez, Nora Taylor, Dale Steen, Willie Kleffner, Easton Brown, Eli Mahnken, Janice Mosey, Eugene Haydu, Xavier Schmitt, Ann Person, June Gill, Darcy Fulcher, Kim Gruenberg, Mary Alice Tully, Tom Weber, Heidi Westling, Aidan Schellings, Ron Willette \*Contact the Parish Office to have a name added to this list. For privacy reasons, the individual must expressly give consent.

# STEWARDSHIP

	OFFERINGS	BUDGET
MAY	\$ 34,630	\$ 33,997
YTD	\$417,309	\$402,934

**2019 Fiscal Budget: \$444,906**

*Thank you so much  
for your generosity!*



**Blue-Bag  
Program**

**2,658 lbs.** YTD collected

Stop by the Information Center in the vestibule to grab a blue bag - all items collected will be donated to our local food bank, Family Works!



**ONLINE GIVING HELPS  
SUSTAIN AND GROW  
OUR PARISH**

Make donations, payments and pledges via smartphone or computer. Set up your gift today!

Click "Give Online" on our  
webpage or download the app.  
(Church ID: 1881)



# WHAT'S HAPPENING!

## MONDAY

8AM Mass *Joan Grochowina* ✕  
8:30AM Rosary *Church*

## TUESDAY

No Events Scheduled

## WEDNESDAY

6:30PM Mass *Grace Davis* ✕

## THURSDAY

9AM Mass *Edward Koutnik* ✕  
7PM Book Club *Parish Center*  
7PM Choir Rehearsal

## FRIDAY

No Events Scheduled

## SATURDAY

10AM Prayer Group *Parish Center*

## SUNDAY

8AM Mass *People of St. Benedict*  
10AM Mass *Raphael Calderon* ✕  
4:15PM Reconciliation *Church*  
5PM Mass *Isabella Sundy*

## DAILY SCRIPTURE

### Monday, Weekday:

Gn 28:10-22a / Mt 9:18-26

### Tuesday, Weekday:

Gn 32:23-33 / Mt 9:32-38

### Wednesday, Weekday:

Gn 41:55-57; 42:5-7a, 17-24a / Mt 10:1-7

### Thursday, St. Benedict:

Gn 44:18-21, 23b-29; 45:1-5 / Mt 10:7-15

### Friday, Weekday:

Gn 46:1-7, 28-30 / Mt 10:16-23

### Saturday, Weekday:

Gn 49:29-32; 50:15-26a / Mt 10:24-33

### Sunday, 15th Sunday of OT:

Dt 30:10-14 / Col 1:15-20 / Lk 10:25-37

## HIGHLIGHTS

## JULY

### 11 BOOK CLUB

Next book group meeting is July 11 at 7PM in the Parish Center. We will be discussing *Wonder* by R.J. Palacio and watching the movie. For more info, contact Brenda Stratton (206.527.8593 or [bjandmes@msn.com](mailto:bjandmes@msn.com))

### 14 PARISH PICNIC & FEAST DAY

Our 2019 St. Benedict Feast Day & Parish Picnic takes place next Sunday, **July 14** on the St. Benedict campus after 10AM Mass. We will need volunteers to help with setup, breakdown and clean-up! A fun event for all so get ready to celebrate our Patron Saint - St. Benedict!

**We provide: burgers, buns, drinks & condiments**

**We ask that all parishioners bring a side to share.**



### BLOOD DRIVE

Running concurrently with our Parish Picnic on July 14, Bloodworks Northwest will be onsite from **9AM-3PM** doing a blood drive. Donors are needed, walk-ins welcome. To make an appointment, contact Becky at 206-632-0843 or email [b.ortiz@stbens.net](mailto:b.ortiz@stbens.net). *Photo ID is required to donate.*



### 18 FOOD LIFELINE EVENT

Want to help the hungry but don't know how? Human Concerns and Social Justice (HCSJ) Commission sponsors a Food Lifeline sorting/packing event every odd month - the next event is **Thursday, July 18**. Children as young as 6 years old can attend (with parental supervision). Contact Len Kannapell 206.909.2735/ [kannapell@yahoo.com](mailto:kannapell@yahoo.com) for more info.

# SCHOOL NEWS

## WHAT MAKES ST. BENEDICT CATHOLIC SCHOOL THE MOST ACADEMICALLY CHALLENGING, WELCOMING, INTERESTING AND FUN SCHOOL IN WALLINGFORD?

As a way to let our community know more about some of the great things we do at St. Benedict Catholic School, we will be highlighting some of the programs/classes/teachers/etc. throughout the year. Our first feature is St. Benedict Summer Camp!

Ms. Clare Maye has been working in the Extended Day program and Summer Camp at St. Benedict Catholic School since 2009 and became the Director of both in the Summer of 2018. Summer camp runs for 10 weeks—and each week has a different theme. Some themes this summer include Sports Week, Food Week and Boat Week.

Field trips include touring the UW football field, a visit to Tutta Bella Pizzeria and going to the Center for Wooden Boats. On the days without field trips, the kids (and staff!) get to take on water fights, slip & slide, crafts, games and park visits among other things. This year the camp will host 70 different kids with approximately 25-30 kids each day; all taken care of by a dedicated, fun and energetic staff. Asked why Ms. Clare likes Summer Camp so much she said: "Because you get to play, eat popsicles and have fun all day long!"



@St.Benedict.Seattle



@St.Benedict.Seattle.Alumni



@stbenschool

### SAC. PREP & RCIA REGISTRATION - OPEN!

Registration is now **OPEN** for Fall enrollment into our Sacramental Prep (First Reconciliation & First Communion) and RCIA/Adult Confirmation programs! **Both programs will have their first classes on Sunday, September 8th. Save the date!**

**REGISTER ONLINE at**  
**parish.stbens.net/liturgy-sacraments**

### CABRINI MINISTRY

If you have a family member that is shut in or needs Eucharist there are people who will bring communion and pray with them; please call the Parish Office to let them know and we will arrange for someone to bring Eucharist to them. This can be on a limited basis or long term.

### MILITARY COLLECTION

Envelopes are in the pews for the Archdiocese for the Military Services (AMS) collection. AMS is charged with the ministry of "serving those who serve". The AMS is here to meet the spiritual needs of Catholics who are serving—or have served—our country at home and abroad. Please be generous today.

You can also donate online at:  
<https://www.osvonlinegiving.com/1881>



# COMMUNITY EVENTS

## VOLUNTEER SERVICE AND WELCOMING SPIRITUAL COMMUNITY FOR OLDER ADULTS!

**Jesuit Volunteer EnCorps** (JV EnCorps) is now accepting applications for 2019-20. JV EnCorps, a program of JVC Northwest, facilitates rewarding opportunities for service, community and spiritual formation for adults 50 and older who are committed to social and ecological justice. During their ten months of part-time volunteer service, participants meet monthly for fellowship, reflection and to explore the values of community, spirituality, simple living and social & ecological justice. Our values arise from Ignatian Spirituality and JV Encorps is an inclusive and ecumenical community. Priority application deadline: August 31st. Opening Retreat in September. For more information contact Helen at: [JVSeattle@jvcnorthwest.org](mailto:JVSeattle@jvcnorthwest.org) or visit [www.jvencorps.org](http://www.jvencorps.org).

## SEEL RETREAT INVITES YOU TO DRAW NEARER TO GOD

The Spiritual Exercises in Everyday Life (SEEL) is a 9 month retreat format of the Spiritual Exercises of St. Ignatius, with retreat community at St. Joseph in Seattle. The SEEL retreat goes from September through May and is a powerful, life-changing program of prayer and spiritual direction that can be done by busy people in the midst of their daily lives. SEEL is accepting applications now for the retreat starting in September of 2019. Learn more at our website at [www.seelpugetsound.org](http://www.seelpugetsound.org) or call 206-721-3518.



### **Hope and Healing After Abortion**

Profound healing is available to women and men who suffer after abortion. Whether it's been a year or 20 years, a Rachel's Vineyard Healing Retreat can transform your life!

#### **Fall Retreat Schedule:**

August 16-18, Stanwood (English)  
October 25-27, Stanwood (Español)  
November 8-19, Seabeck (English)

Registering for retreats now! Call now for a compassionate, confidential conversation.

English: (206) 920-6413  
Español: (206)-450-7814  
Email [projectrachel@ccsww.org](mailto:projectrachel@ccsww.org) or visit us online at [www.ccsww.org/projectrachel](http://www.ccsww.org/projectrachel).

*Project Rachel is a program of Catholic Community Services.*



Join us for inspiring speakers, helpful workshops, and many opportunities to grow in fellowship with Catholics from across the state of Washington. This year's speakers include Bp. Frank J. Caggiano of Bridgeport, CT; Sr. Miriam James Heidland, SOLT; and Sr. Norma Pimentel, MJ, Exec. Director of Catholic Charities of the Rio Grande Valley, Diocese of Brownsville, TX.

The Cornerstone Conference is sponsored by the Washington State Catholic Conference (WSCC), the common voice for the Catholic Bishops of Washington State. The Conference strives to inspire and inform Catholics and others to continue working together to protect human life: the unborn, individuals who live in poverty or on the margins of society, and people at the end of life.

**Registration: [wacatholics.org/cornerstone](http://wacatholics.org/cornerstone)**

**HAVE A REQUEST FOR THE BULLETIN? SUBMIT ON MONDAY BY 4PM TO [PARISH@STBENS.NET](mailto:PARISH@STBENS.NET)**

**HARVEY FUNERAL HOME**

Serving Catholic Families

Thomas Harvey  
(206) 632-0100  
harveyfuneral.com

**KEMLY ELECTRIC, INC.**

**Kemly Electric**

206-782-1670 • kemlyelectric.com

*Call for Senior & Parishioner Discount!*

**SA**

SEATTLE GYMNASTICS ACADEMY

Classes • Camps • Indoor Playground  
**Enroll Today!**

(206) 782-1496 • www.seagym.com

**ARCHIE'S PLUMBING SERVICE**

782-8787

**COMPLETE PLUMBING**  
WATER HEATER - REMODELS  
Catholic owned  
& family operated  
Senior Citizen Discount

**Murphy's PUB**

Brunch Sat and Sun 9-3  
LUNCH & DINNER  
7-Days a Week  
Fabulous Food  
Family Friendly  
Kid Friendly til 9 pm  
Live Music  
& Trivia-Evenings  
Owner is a local Parishioner

1928 N. 45th • 206-634-2110

**Lake City Junior Football.com**

Register at Website  
Free Mini Camps  
May 5, 19 & June 23

A Wallingford Original

**Julia's**

Seattle's Best Breakfast!

4401 Wallingford Ave. N.  
206 633 1175  
Breakfast • Lunch  
All Day Neighborhood Family Restaurant  
www.JuliasRestaurantSeattle.com

**Aegis Living RAVENNA**

Assisted Living | Memory Care

Luxury amenities, unexpected activities, and local excursions, in beautiful Maple Leaf.

**Take a tour today!**

8511 15th Ave NE, Seattle, WA 98115  
206-696-7940

**3R TECHNOLOGY**

- Free electronics recycling
- Certified data destruction
- Two retail stores

www.3rtechnology.com  
206-582-7100  
info@3rtechnology.com

**GET \$25 OFF A LAPTOP**  
Coupon good for any laptop that is \$100 or more.

Service and New Efficient Systems

**FISCHER Heating and Air**

Guaranteed work!  
"Ask your neighbor!"

"The Technicians People Recommend"

www.fischerheating.com

40 Years of Integrity & Skill

\*100,000 Satisfied Customers

**FISCHER PLUMBING**

206-783-4129  
425-455-1310

"The Plumber People Recommend"

www.fischerplumbing.com

40 Years of Integrity and Skill

**catholicmatch® Washington**

CatholicMatch.com/meetWA

Want to advertise on this bulletin? Call:

**John Hitt**  
(206) 859-6878  
johnh@catholicprintery.com

Empty space for advertisement.

Empty space for advertisement.

**Himalayan Delicacies**

himalayan SHERPA HOUSE RESTAURANT & BAR

Entrée's created by 'Nepalese' Sherpa Chef

Parishioner Special:  
**\$10 OFF Purchase of 2 Entrees**

Himalayansherpahouse.com  
206-633-3583, 2227 N 56th St.

**BLUE STAR CAFE & PUB**

Seattle's Favorite Breakfast & Lunch Spot  
Weekend Bloody Mary Bar

**YOUR EVERY DAY EATERY**

"Enjoy a glass of Fresh Squeezed OJ!"  
With this ad & any entrée purchased.

Open 7am - 3pm • beer, cider, coffee & Kombucha on tap  
Event Space • BlueStarCafeandPub.com  
4512 Stone Way N. 206.548.0345