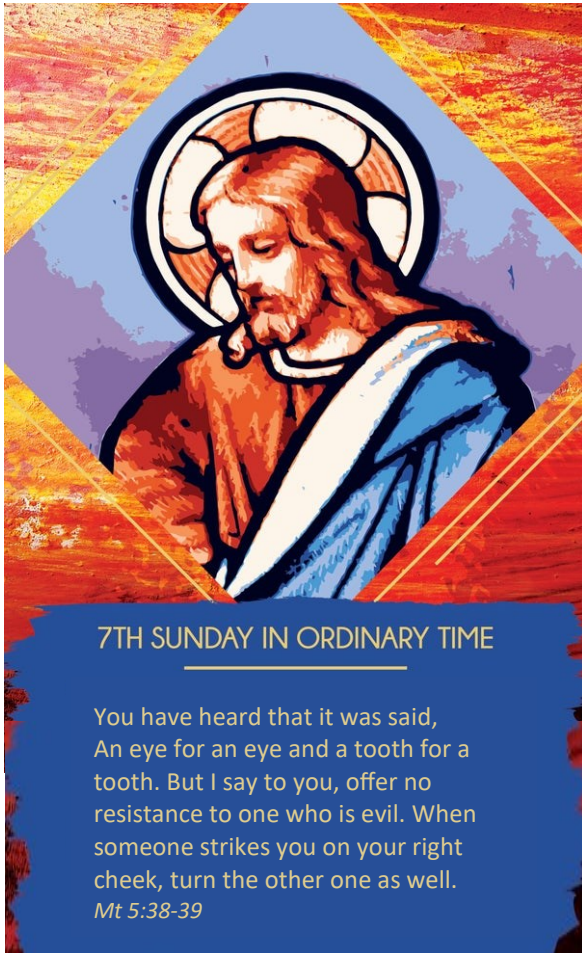




St. Benedict CATHOLIC CHURCH

VII SUNDAY OF ORDINARY TIME
FEBRUARY 19, 2023



7TH SUNDAY IN ORDINARY TIME

You have heard that it was said,
An eye for an eye and a tooth for a
tooth. But I say to you, offer no
resistance to one who is evil. When
someone strikes you on your right
cheek, turn the other one as well.
Mt 5:38-39

CONTACT US

1805 North 49th Street, Seattle WA 98103

 206.632.0843

 parish@stbens.net

OFFICE HOURS Mon-Thurs, 9AM—4PM

ASH WEDNESDAY MASS TIMES

WEDNESDAY, FEBRUARY 22nd, 2023

St. Catherine Church— 9:00am and 7:00pm

and

St. Benedict Church— 9:00am and 7:00pm

©LPI

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MUSIC & LITURGY

Lent Begins next week, and goes through April



LENTEN FASTING & ABSTINENCE FOR CATHOLICS

WHEN

Ash Wednesday & Good Friday = Fasting & Abstinence
Every Friday = Abstinence

WHO?

Catholics 14+ practice abstinence,
Catholics 18-59 practice fasting

WHAT IS FASTING?

One full meal & two smaller meals ≠ one full meal

HOW DO WE ABSTAIN?

No meat

ARCHDIOCESE OF SEATTLE

MASS SCHEDULE ST. BENEDICT

SUNDAY	*8AM & 11:15AM
TUESDAY	9:00AM
THURSDAY	9:00AM
1ST SATURDAY	9:00AM
CONFESSION	FRI 4—5pm
ADORATION	1ST FRI 6-7PM
ANOINTING OF THE SICK	1ST SAT 9AM
*Livestream Available	



R O S A R I E S

THURSDAY 8:30AM
1st SATURDAY 8:30AM



OPEN FOR PRAYER

FRIDAY 4PM — 5PM



THE CATHOLIC FAITH. ON DEMAND

Our church has a subscription to Formed, which means you do as well! Formed has access to Saints movies, talks, formation programs, audio books, and so much more!



Go to
www.formed.org or
scan the QR code and
sign up using our
code:

St. Catherine of
Siena 98115 St.
Benedict 98103

STAY CONNECTED

FOLLOW AND VISIT

FACEBOOK facebook.com/stbensseattle

WEBSITE parish.stbens.net

SACRAMENTS



YOUTH CONFIRMATION PROGRAM

"We believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son"

Youth Confirmation is for youth between 7th and 12 grade. This program helps youth and their families discover a deeper relationship with Christ and the power of the Holy Spirit. Visit our parish website (select "Sacraments" then "Confirmation"). Class dates will be shared with families once you register.



FIRST COMMUNION AND FIRST RECONCILIATION FOR CHILDREN

Our Sacramental Preparation classes for First Reconciliation and First Eucharist have started.



For any questions please contact:
Tita Ruiz: Faithformation@stbens.net

PRAYERS FOR THE SICK



Margaret Alquist

**Please contact the parish office if you have a name to add.
For privacy reasons, the individual must expressly give consent.*



BAPTISM

Prior to the baptism, parents need to:

*Fill out the baptismal registration form
(You can download forms online or contact the parish office for a copy)

*Provide a copy of the child's state-issued birth certificate

*Have each godparent complete a godparent form

*Attend a baptism preparation class and ask the godparents to do the same. If individuals have attended the class previously (within the last three years) this requirement is met.

NEXT BAPTISM CLASS MARCH 18TH, 2023!

If you desire to have your children baptized or have been asked to be a godparent, please sign up for upcoming classes on our parish website

THE NEXT STEP IN YOUR FAITH JOURNEY

Do you have a child that you'd like to baptize? Are you interested in joining the Church, getting confirmed, or taking steps towards baptism? Are you looking to prepare for marriage? Please contact the parish office or visit parish.stbens.net > **sacraments** for more info.

Sacramental Emergency: For Sacramental Emergencies please call the Office

If it is past 4pm, or a weekend please use the after hours emergency line; (206) 276 8085

STEWARDSHIP

Let's Give from our
Hearts

*Your gift contributes to proclaim the
Good News of Jesus Christ.*



Scan this QR Code to go to
www.osvhub.com/stbens/funds.
to make a financial
contribution online.

HOW DOES ONLINE GIVING BENEFIT ME AND MY PARISH?

STEWARD BENEFITS

- **Convenient** anytime, anywhere access through the internet.
- **Current.** A tool for people who prefer to use electronic services.
- **Secure and Confidential.** Adheres to banking security standards.
- **Flexible.** Start, stop and change your contributions at any time.
- **Simple.** No need to contact your bank or the parish office.

CHURCH BENEFITS

- **Stabilize Contributions.** Regularly scheduled gifts occur automatically. Allows the parish to effectively manage monthly expenses.
- **Direct Donations.** A simple way to contribute to individual events, holidays needs, classes, special donations, and more.
- **Secure and Confidential.** No need to store member account information.
- **Efficient.** Participation saves time and expenses in bookkeeping.



The St. Catherine and St. Benedict Parish Offices
will be closed Monday, Feb. 20th in Observance of
Presidents' day.

ST. BENEDICT'S/ST. CATHERINE DIAPER DRIVE



DIAPER • DRIVE

St. Benedict's Human Concerns and Social Justice Commission is holding a Diaper Drive to benefit Family Works in Wallingford. We will place collection boxes at both churches. If you can, pick up a package of diapers to help families in need through our connection with Family Works. We will collect throughout February and deliver weekly. Thank you for your donations. Contact Brenda J Stratton at 206-527-8593, or Becky in the St. Ben's parish office with questions or concerns.

ST. BENEDICT NEWS

FOOD FOR LIFE

Join us for the next Food Lifeline sorting and packing event: **Wed Mar 1 6-8pm**. We are looking for 8 volunteers, and welcome parishioners from St Benedict and St Catherine to join us.

Meet at St Benedict at 5:15pm to carpool or meet us at the South Park warehouse (815 S 96th St) at 6pm. Invite a friend; sorting and packing loves company. Children as young as 10 years old can volunteer (with parent). No open-toe shoes, please, and bring a light jacket. Everyone has to register for this event, and please do so as soon as possible so the Food Lifeline folks can plan. Registration closes 3 days before the event, and here is the registration link:

<http://stbens.foodlifeline.volunteerhub.com/>

Let's do our part to care for the hungry and less fortunate. If questions, contact Len Kannapell 206.909-2735 cell, kannapell@yahoo.com. And a big thank you for volunteering.



ST. BENEDICT CONFERENCE OF ST. VINCENT DE PAUL

The Conference continues to assist neighbors in need. In January we helped over twenty families many needing rental assistance. We also assisted homeless families and individuals through partnership with Family Works in Wallingford. As a consequence, our funds are becoming low. We ask you to consider modest donations, either through on-line giving or envelopes provided in the church pews. Thank you in advance from the Vincentians at St. Benedict.

For more information about our mission or to volunteer,
contact Len Andrews at leonardjandrews@gmail.com or (206) 557-7046.



ALL THE NEWS YOU NEED

Stay up-to-date with church emails, bible study content, Zoom links, and messages from volunteer & ministry groups that you're interested in. It's all on Flocknote! Go to www.stbenedict10.flocknote.com to join!



ST. CATHERINE NEWS

ESPERANZA INTERNATIONAL NEWS



Join us for Coffee Hour at St Catherine on Sunday February 26th!

There will be churros in addition to donuts... and tamales for sale! Get all your questions regarding our trek to Tijuana with Esperanza International answered. The dates are July 30th -August 5th! All current sophomores and Juniors are encouraged to participate. Registration is due March 1st. Please contact Katie Fleming with any questions or to pre-order tamales kjfleming1239@gmail.com



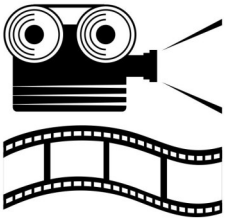
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OUTREACH NEWS

VIEWING OF THEA BOWMAN DOCUMENTARY FILM



SATURDAY, FEB. 25 AT 6:00 PM

HOSTED BY ST. BRIDGET'S PARISH, IN COORDINATION WITH OUR LADY OF THE LAKES (OLL)

Fireside Room at St. Bridget's following the 5:00 PM Mass
The address is 4900 NE 50th St., Seattle

Free Pizza and drinks will be provided. All are welcome! It's a nice big room so I think we'll have plenty of space. It's such a joyful documentary, this will be fun!

Sr. Judy Byron, IPJC, shared the link to the USCCB Stations of the Cross on racism: <https://www.usccb.org/resources/stations-of-the-cross-overcoming-racism.pdf>

BULLETIN REQUESTS!

If you are interested in sharing any information with the parish through the bulletin, please send your request to selena@st-c.org.

The deadline for any announcement requests is Thursday, 9 days before bulletin publication date.