



# St. Benedict

## CATHOLIC CHURCH

**January 28, 2024**  
**4th Sunday in Ordinary Time**

For He taught them as  
one that had authority,  
and not as the scribes.

Mark 1:22



### MASS SCHEDULE:

<b>Sunday Mass</b>	8:00 AM and 5:00 PM
<b>Daily Mass</b>	Thursdays, 9:00 AM
<b>Reconciliation</b>	Sundays, 4:00 - 4:30 PM
<b>Rosary</b>	Thursdays following daily mass
<b>1st Friday Adoration</b>	6:00 - 7:00 PM
<b>Anointing of the Sick</b>	1st Saturdays, 9:00 AM mass

Holy days of obligation are posted in the Church Bulletin and on the parish website.

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# THIS WEEK'S

# Schedule

January 28 - February 4, 2024

## ACTIVITIES

### SUNDAY, JANUARY 28, 2024

#### 4th Sunday in Ordinary Time

- 8:00 AM Mass (Live stream)
  - Mass intention for Fr. Paul Waldie (RIP) by Lili Salas
- 9:00 AM (following the 8:00 AM Mass) Coffee Hour; Cemetery Meet 'N Greet
- 4:00-4:30 PM Reconciliation
- 5:00 PM Mass

### MONDAY, JANUARY 29, 2024

- 7:00 PM Gospel Study via Zoom

### TUESDAY, JANUARY 30, 2024

### WEDNESDAY, JANUARY 31, 2024

### THURSDAY, FEBRUARY 1, 2024

- 9:00 AM Mass (4th Grade Leaders)
- 9:30 AM Rosary
- 6:00 - 8:00 PM Children and Adult Choir Rehearsal
- 7:00 - 8:30 PM RCIA Meeting
- 7:00 PM Book Group via Zoom

### FRIDAY, FEBRUARY 2, 2024

### SATURDAY, FEBRUARY 3, 2024

- 8:30 AM Rosary
- 1st Saturday Mass
  - Mass intention for Lily and Isabella Sunday by Alma Beecham

### SUNDAY, FEBRUARY 4, 2024

#### 5th Sunday in Ordinary Time

- 8:00 AM Mass (Live stream)
- 4:00-4:30 PM Reconciliation
- 5:00 PM Mass

## LITURGIES

### SUNDAY, JANUARY 28, 2024

#### 4th Sunday in Ordinary Time

Dt 18:15-20/1 Cor 7:32-35/Mk 1:21-28 (71)

- 8:00 AM Mass
- 4:00-4:30 PM Reconciliation
- 5:00 PM Mass for the people

### MONDAY, JANUARY 29, 2024

2 Sm 15:13-14, 30; 16:5-13/Mk 5:1-20 (323)

### TUESDAY, JANUARY 30, 2024

2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Mk 5:21-43 (324)

### WEDNESDAY, JANUARY 31, 2024

*Saint John Bosco, Priest*

2 Sm 24:2, 9-17/Mk 6:1-6 (325)

### THURSDAY, FEBRUARY 1, 2024

1 Kgs 2:1-4, 10-12/Mk 6:7-13 (326)

- 9:00 AM Mass

### FRIDAY, FEBRUARY 2, 2024

*The Presentation of the Lord*

Mal 3:1-4/Heb 2:14-18/Lk 2:22-40 or 2:22-32 (524)

### SATURDAY, FEBRUARY 3, 2024

*[Saint Blaise, Bishop and Martyr; Saint Ansgar, Bishop]*

1 Kgs 3:4-13/Mk 6:30-34 (328)

- 1st Saturday Mass

### SUNDAY, FEBRUARY 4, 2024

#### 5th Sunday in Ordinary Time

Jb 7:1-4, 6-7/1 Cor 9:16-19, 22-23/Mk 1:29-39 (74)

- 8:00 AM Mass for the people
- 4:00-4:30 PM Reconciliation
- 5:00 PM Mass



# HUMAN CONCERNS AND SOCIAL JUSTICE

## DIAPER DRIVE

Help us wrap little ones in comfort and care!

Diapers of all sizes are needed. Place them in the vestibule on Sundays or give them to the Parish Office from Mon to Fri, 9AM – 4PM.

Accepting donations through Feb 25, 2024.



## ST. BENEDICT CONFERENCE OF ST. VINCENT DE PAUL

The Conference remains dedicated to aiding neighbors in need. In the past month, we helped 12 families with a total of \$2,000 in assistance. This includes a referral from Family Works for a young woman leaving an abusive environment that we helped with a Fred Meyer voucher and an ORCA card.

We kindly ask for your continued support through modest donations. Your contributions will enable us to sustain this impactful local ministry. A heartfelt thank you in advance from the Vincentians at St. Benedict.

For more information about our mission or to volunteer, contact Len Andrews at [leonardjandrews@gmail.com](mailto:leonardjandrews@gmail.com) or 206-557-7046.

SCAN AND  
SIGN-UP TO  
VOLUNTEER



Join us!

## COFFEE HOUR

Following the 8:00AM Sunday mass



- Jan 28 Coffee Hour will be hosted by **Len Kannapell**.
- Coffee hour is the best way to get to know your fellow parishioners.

Read books with us!

## BOOK GROUP

First Thursdays, 7:00PM, via Zoom



- Read books with a group of people and grow in faith together!
- Our book for February is **Be Water, My Friend by Shannon Lee** (Bruce Lee's daughter shares her father's philosophies).
- To join the group and for inquiries, please contact Brenda Stratton at [bjandmes.bjs@gmail.com](mailto:bjandmes.bjs@gmail.com).

Prepare for mass!

## GOSPEL STUDY GROUP

Mondays, 7:00PM, via Zoom



- Prepare for mass each week by studying gospels.
- Each study group stands on its own, making it easy to join on any given night.
- For inquiries, please contact Brenda Stratton at [bjandmes.bjs@gmail.com](mailto:bjandmes.bjs@gmail.com).

Strengthen your faith!

## WOMEN'S MINISTRY

First Tuesdays, 7:00PM, via Zoom



- Women of all ages and walks of life are invited to join others in updating their faith and continuing their spiritual journeys in a friendly supportive environment.
- For more information, call/text Debra Reilly at 206-755- 1751.



Date: **February 1, 2024 at 7:00 PM**  
Meeting ID: 899 0612 7138  
Password: 55515



Date: **January 29 at 7:00 PM**  
Meeting ID: 864 2616 6842  
Password: 961919



Date: **February 6, 2024 at 7:00 PM**  
Meeting ID: 83832067839  
Password: 042299

## VOLUNTEER OPPORTUNITIES



### **SORTING AND PACKING EVENT**

**WEDNESDAY | MARCH 6, 2024**

**6:00 – 8:00 PM**

If you're interested to volunteer, please call (206) 545-6600. Let Food Lifeline know you are part of the St. Benedict group.



## **VOLUNTEERS NEEDED!**

**Saint Vincent the Paul** is in desperate need of volunteers. Due to some health and family issues, the group has only two volunteers at the moment.

What they do is very simple, and anybody can learn. Most of the job is done by phone, calling the neighbors who have placed a request.

For those interested, please contact **Len Andrews** at [leonardjandrews@gmail.com](mailto:leonardjandrews@gmail.com).



## EVENTS AT ST. BENEDICT SCHOOL



**ST. BENEDICT  
CATHOLIC SCHOOL,  
SEATTLE**

*Minds Prepared,  
Hearts Transformed,  
Mission Ready.*

### **CATHOLIC SCHOOLS WEEK**

January 28 - February 3, 2024

Celebrate Catholic education with St. Benedict School! We will observe it with masses, daily dress up themes and engaging activities to celebrate our community spirit.

Don't miss the **\$5 Book Fair** on Friday, February 2, from 9AM to 1PM in the school cafeteria, featuring a good selection of books - perfect for gifts on birthdays or Christmas.

Thank you to our Church and Parishioners for all you do to support St. Benedict Catholic School!



The 25th Annual Auction is open to all St. Benedict friends, family and community members. More info on the event, procurement and sponsorship opportunities, please visit: <https://stbens.ejoinme.org/nightatthedisco>.

## EVANGELIZATION AND FAITH FORMATION



### INFANT BAPTISM

(For children ages 6 and below)

- At St. Benedict, baptisms are on **Sundays at 8:00 AM mass** on the following dates:
  - February 4, April 7, and May 5, 2024
- At St. Catherine of Siena, baptisms are on **Sundays at 9:30 AM mass** on the following dates:
  - April 21, May 19, and June 16, 2024



### FIRST COMMUNION, RECONCILIATION AND CONFIRMATION

- Classes for 2023-24 are already full.
- For information on next year's classes and other faith formation classes, please contact Olaf Valderrabano at 206-632-0843 ext 216 or [faithformation@stbens.net](mailto:faithformation@stbens.net).



### RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

- RCIA meetings are held **every Thursday, 7:00 PM, at the St. Benedict Parish Center**
- Join us to help better understand and experience the teachings and practices of the Catholic Church
- On February 1, parishioners from St. Benedict and St. Catherine are coming to discuss ways to get involved in the parish – volunteer opportunities, etc.
- **Our RCIA group will be attending the RCIA Rite of Election at St. James Cathedral on February 15, 2024.**
- For more information, please contact Kim Burkhardt at 206-632-0843 ext 217 or [rcia@stbens.net](mailto:rcia@stbens.net).

## PARISH STEWARDSHIP - JANUARY 21, 2024

<b>Offering Total</b>	<b>\$4,596.10</b>	<b>School Donations</b>	<b>71.48</b>
8:00 AM Mass	731.40	<b>Food Bank</b>	<b>75.00</b>
5:00 PM Mass	575.00	<b>St. Vincent De Paul</b>	<b>225.00</b>
Online Giving	2,436.70	<b>St. Martin De Porres</b>	<b>53.00</b>
Office Collection	615.00	<b>Friends of Lumilunga (Giving Tree)</b>	<b>600.00</b>
Coffee Hour	38.00	<b>Northwest Catholic Magazine</b>	<b>35.00</b>
Mass Intentions	200.00		

*Please note: It takes \$6,500.00 to cover our weekly operational Expenses and Archdiocesan Assessment.*  
**Thank you so much for your continued generosity and support.**

<b>Mass</b>	8:00 AM Mass:	94
<b>Attendance:</b>	5:00 PM Mass:	70
	Virtual Attendance:	101

**COMING  
SOON**

### NEW ONLINE GIVING PLATFORM

PushPay, the new online giving platform, will help reduce admin costs and provide a more integrated database. How will this affect you?

- If you are donating via envelopes with check or cash, nothing will change.
- If you are donating through OSV (Our Sunday Visitor), we will ask you to put in your recurring gifts on the new PushPay giving platform once it is all set up and cancel your current giving on OSV.

For more info, please call the Parish Office or watch out for further announcements in the weekly bulletin and at [www.stbens.net](http://www.stbens.net).



World Day for Consecrated Life will be celebrated in parishes over the weekend of **February 3-4, 2024**.

In 1997, Pope Saint John Paul II instituted a day for women and men in consecrated life. This global celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples.

Please pray for all those who have made commitments in the consecrated life, and thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

**More than 1.5 million children experience homelessness in a year.**

MORE THAN 37 MILLION AMERICANS LIVE IN POVERTY

*"... to do justice and to love goodness, and to walk humbly with your God."—Micah 6:8*

## POVERTY USA & THE CATHOLIC CAMPAIGN FOR HUMAN DEVELOPMENT (CCHD)

Poverty USA is an initiative of the Catholic Campaign for Human Development (CCHD) and was created as an educational resource to help individuals and communities to address poverty in America by confronting the root causes of economic injustice and promoting policies that help to break the cycle of poverty.

The domestic anti-poverty program of the US Catholic Bishops, CCHD helps low-income people participate in decisions that affect their lives, families, and communities - and nurtures solidarity between people living in poverty and their neighbors.

To learn more and to take action, please visit <https://www.povertyusa.org/>

# Share the Good News

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at [NWCatholic.org/give](https://NWCatholic.org/give)

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