



St. Benedict

CATHOLIC CHURCH

February 18, 2024
1st Sunday of Lent

This is the time of
fulfillment. The Kingdom
of God is at hand. Repent,
and believe in the gospel.

Mark 1:15



MASS SCHEDULE:

Sunday Mass	8:00 AM and 5:00 PM
Daily Mass	Thursdays, 9:00 AM
Reconciliation	Sundays, 4:00 - 4:30 PM
Rosary	Thursdays following daily mass
Anointing of the Sick	1st Saturdays, 9:00 AM mass

Holy days of obligation are posted in the Church Bulletin and on the parish website.

PARISH STAFF

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☎ 206-632-0843
🌐 parish.stbens.net

*After hours sacramental
emergency tel no.: 206-276-8085*

THIS WEEK'S

Schedule

February 11 - 18, 2024

ACTIVITIES

SUNDAY, FEBRUARY 18, 2024

1st Sunday of Lent

- 8:00 AM Mass (Live stream)
 - Mass intention for Mary Frances Raptis-Nielsen (RIP) by Parish staff
- 9:00 AM (following the 8:00 AM Mass) Coffee Hour
- 4:00-4:30 PM Reconciliation
- 5:00 PM Mass

MONDAY, FEBRUARY 19, 2024

President's Day

- 7:00 PM Gospel Study via Zoom
- 8:30 AM St. Martin De Porres Sandwich Making
- Parish Office is CLOSED

TUESDAY, FEBRUARY 20, 2024

WEDNESDAY, FEBRUARY 21, 2024

THURSDAY, FEBRUARY 22, 2024

- 9:00 AM Funeral Mass for Mary Frances Raptis-Nielsen
- 9:30 AM Rosary
- 6:00 - 8:00 PM Children and Adult Choir Rehearsal
- 7:00 - 8:30 PM RCIA Meeting

FRIDAY, FEBRUARY 23, 2024

- 12:10 PM Stations of the Cross

SATURDAY, FEBRUARY 24, 2024

SUNDAY, FEBRUARY 25, 2024

2nd Sunday of Lent

- 8:00 AM Mass (Live stream)
 - Mass intention for Juanita Barbecho by Racquel Servito
- 4:00-4:30 PM Reconciliation
- 5:00 PM Mass

PARISH OFFICE HOURS:

Monday - Friday; 9:00 AM - 4:00 PM
Closed on lunch breaks (12:00 - 1:00 PM)
and holidays

LITURGIES

SUNDAY, FEBRUARY 18, 2024

1st Sunday of Lent

Gn 9:8-15/1 Pt 3:18-22/Mk 1:12-15 (23)

- 8:00 AM Mass
- 4:00-4:30 PM Reconciliation
- 5:00 PM Mass for the people

MONDAY, FEBRUARY 19, 2024

Lv 19:1-2, 11-18/Mt 25:31-46 (224)

TUESDAY, FEBRUARY 20, 2024

Is 55:10-11/Mt 6:7-15 (225)

WEDNESDAY, FEBRUARY 21, 2024

Saint Peter Damian, Bishop and Doctor of the Church
Jon 3:1-10/Lk 11:29-32 (226)

THURSDAY, FEBRUARY 22, 2024

The Chair of Saint Peter the Apostle

1 Pt 5:1-4/Mt 16:13-19 (535)

- 9:00 AM Funeral Mass for Mary Frances Raptis-Nielsen

FRIDAY, FEBRUARY 23, 2024

Saint Polycarp, Bishop and Martyr

Ez 18:21-28/Mt 5:20-26 (228)

SATURDAY, FEBRUARY 24, 2024

Dt 26:16-19/Mt 5:43-48 (229)

SUNDAY, FEBRUARY 25, 2024

2nd Sunday of Lent

Gn 22:1-2, 9a, 10-13, 15-18/Rom 8:31b-34/Mk 9:2-10 (26)

- 8:00 AM Mass for the people
- 4:00-4:30 PM Reconciliation
- 5:00 PM Mass

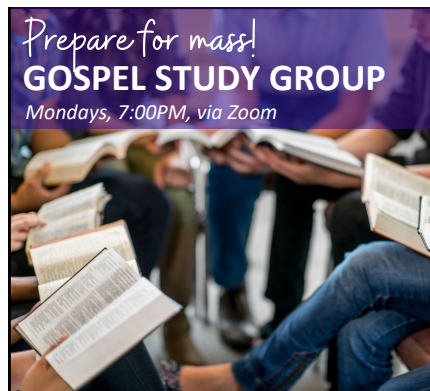


HUMAN CONCERNS AND SOCIAL JUSTICE



- Feb 18 Coffee Hour is hosted by **Len Kannapell**.
- Coffee hour is the best way to get to know your fellow parishioners.
- You may also volunteer to host the coffee hour. Scan the QR code now!

Sign up to
volunteer →



- Prepare for mass each week by studying gospels.
- Each study group stands on its own, making it easy to join on any given night.
- For inquiries, please contact Brenda Stratton at bjandmes.bjs@gmail.com.

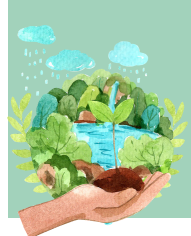


Date: **February 19 at 7:00 PM**
Meeting ID: 864 2616 6842
Password: 961919



- SVDP society assists the poor and needy who live within our parish boundaries.
- Give generous donations so they can continue their mission. They need all the help they can get. Use the envelopes or do online giving.
- For more information, contact Len Andrews at (206) 557-7046 or leonardjandrews@gmail.com.

CARE FOR EARTH'S CREATION



We are stewards, not masters of the earth. Each of us has a personal responsibility to care for the precious gift of God's earth. In Washington State, all school buses will be emission free by 2035.

**EMISSION
FREE!**



DIAPER DRIVE

Help us wrap little ones in comfort and care!

Diapers of all sizes are needed. Place them in the vestibule on Sundays or give them to the Parish Office from Mon to Fri, 9AM – 4PM.

Accepting donations through Feb 25, 2024.



OUR CALL TO SERVE VULNERABLE POPULATIONS IN OUR COMMUNITIES

Last month, the **Washington State Bishops** released a statement highlighting the need to support our neighbors in need. They also urged parishioners to "join the Washington State Catholic Conference as they call on our state legislators to continue to invest in adequate and appropriate care for individuals with acute needs who are also experiencing homelessness."

In our own ways, within the St. Benedict Parish community, we can also serve the vulnerable through parish ministries, volunteer work at St. Vincent De Paul, St. Martin De Porres sandwich making, Food Lifeline, and provide donations to Food Drive, Diaper Drive, etc.

As followers of Jesus, let us try harder to imitate His care for the poor.

(https://www.wacatholics.org/_ui/img/files/Caring-for-Vulnerable-Populations.pdf)

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)



- RCIA meetings are held **every Thursday, 7:00 PM, at the St. Benedict Parish Center**
- Join us to help better understand and experience the teachings and practices of the Catholic Church
- **RCIA dismissals will continue in today's 8AM mass until Easter Sunday, March 31, 2024.**
- For more information, please contact Kim Burkhardt at 206-632-0843 ext 217 or rcia@stbens.net.

DO YOU LOVE TO SEW? WE NEED YOU!

We are seeking volunteers who can do some sewing at home that will support faith formation for people coming through RCIA each year. Basic sewing skills will suffice, project can be done on your own schedule. For more info, contact Kim Burkhardt at rcia@stbens.net



RCIA for Children (RCIC) is a combined group this year for St. Benedic and Our Lady of the Lake Parishes. At our February 8th meeting, the topic was Ash Wednesday, Lent, and Easter. We worked in some Mardi Gras fun!

PARISH STEWARDSHIP - FEBRUARY 11, 2024

Offering Total	\$5,906.54
8:00 AM Mass	663.00
5:00 PM Mass	97.00
Online Giving	1,732.00
Office Collection	3,358.00
Coffee Hour	56.54
School Donations	56.48
Food Bank	75.00
St. Vincent De Paul	105.00
St. Martin De Porres	25.00
Prepares	27.00

Please note: It takes \$6,500.00 to cover our weekly operational Expenses and Archdiocesan Assessment.

Thank you so much for your continued generosity and support.

Mass	8:00 AM Mass:	89
Attendance:	5:00 PM Mass:	44
	Virtual Attendance:	53

IMPORTANT ANNOUNCEMENT:

The 2023 Tax Letters were mailed out on January 31, 2024.

If you did not get it or there are errors in your document, please feel free to contact the Parish Office at parish@stbens.net or 206-632-0843.



IT'S CONVENIENT & EASY. SET UP YOUR **ONLINE GIVING NOW!**

- Scan the QR code or simply go to: <https://pushpay.com/g/saintbenedictseattle>
- If you are donating through OSV (Our Sunday Visitor), please cancel your current giving on OSV and set up your recurring gifts on the new PushPay giving platform.
- You can also download the mobile app from the App Store:

Our Catholic Community

- Search by Church Name and type St. Benedict
- Click donate at the bottom of the screen and set up your recurring gifts



LENT 2024

Abstinence: So why aren't you eating pepperoni pizza on Friday?

You love pepperoni pizza. You eat it all the time. Suddenly, you can't have it on Fridays?! What could possibly be going on? It must be that Catholic thing, again. Absolutely! On Fridays during Lent, we particularly remember the sacrifice of Christ on the cross. In memory of this great sacrifice, we continue the tradition of penance and sacrifice – abstaining from meat on Fridays is an outward manifestation of an interior reality: the conversion of our hearts.

As Pope John Paul II has said, "In fact, the external aspects of fasting, though important, do not convey the full measure of the practice. Joined to the practice should be a sincere desire for inner purification, readiness to obey the divine will and thoughtful solidarity with our brothers and sisters, especially the very poor."



Christ himself fasted and prayed in the desert. Through fasting and praying, we unite ourselves with the sacrifice of Christ and offer him reparation for our sins and failings. It's a little thing to give him in the face of his ultimate sacrifice, but what a grace that our God accepts and loves little gifts!

Source: <https://www.usccb.org/prayer-and-worship/liturgical-year/len/ideas-for-evangelization-during-lent>

LENTEN BOOKS

A selection of books for lent are placed in the vestibule for you. Use these different texts to help with your spiritual journey. Please sign for the books you take.

- Screwtape Letters by CS Lewis
- The Spiritual Exercises of St. Ignatius
- Rule of St. Benedict

LENT CALENDAR

Get a copy at the vestibule or scan this QR code!



LENTEN FASTING & ABSTINENCE

WHEN:

- Ash Wednesday & Good Friday = Fasting & Abstinence
- Every Friday = Abstinence

WHO:

- Catholics 14+ = practice abstinence
- Catholics 18-59 = practice fasting

WHAT IS FASTING?

- One full meal & two smaller meals = full meal

WHAT IS ABSTINENCE?

- No meat

ARCHDIOCESE OF SEATTLE





EVERYONE'S INVITED!

TAIZE

Prayer

FEB | FRIDAY
23 | 7 PM

FR. MARC POWELL

ST. BENEDICT CATHOLIC CHURCH

1805 N 49th St., Seattle, WA 98103

Let's worship and reflect on the love, trust and hope of God with prayers, meditations and musical responses from the Taize tradition.

206-632-0843

FB/IG @STBENSEATTLE

WWW.STBENS.NET



St. Benedict
CATHOLIC CHURCH



Walk with Christ. **STATIONS OF THE CROSS**

Join us as we remember Jesus' journey to Calvary
and experience the power of His resurrection.

**FEB 16 & 23, 2024
MAR 1, 8, 15, 22 & 29, 2024**

FRIDAYS

12 :10 PM

INSIDE THE CHURCH



St. Benedict
CATHOLIC CHURCH

Join us!

CARE FOR EARTH'S CREATIONS

Speaker Series # 1 (Spring)

GARDENING TIPS

- ✓ Getting a healthy veggie and flower garden started.
- ✓ What are the best water-wise plants
- ✓ How to build a healthy soil
- ✓ What are the best plants for the PNW

SUNDAY, MARCH 3, 2024

following the 8AM Mass
at the Coffee Hour in the vestibule



You can take home kids' summer camp brochures too!



OPEN HOUSE & TOURS

- Now enrolling for Preschool through Eighth Grade for the 2024-2025 school year!
- Visit the school, hear about all the great things we have to offer and see what a typical day looks like for our students.

Schedule your tour now!



For more info, please email us at p.ziemer@st.bens.net

FOR LENT FOR LIFE

This Lent, commit to our global human family through daily **prayer**, weekly **fasting** and **almsgiving**. Order your CRS Rice Bowls today.

crsricebowl.org

CRS RICE BOWL
CATHOLIC RICE SERVICE

GET YOUR RICE BOWLS FROM THE LENT TABLE AT THE VESTIBULE.

URGENT APPEAL



On behalf of **St. Vincent De Paul Conference of 688 St. Benedict Parish**, we are reaching out to everyone with an urgent appeal. As an organization dedicated to serving our neighbors in need, SVdP is currently facing a **critical shortage of funds**.

In these challenging times, the demand for SVdP's services has never been greater, and yet their resources are stretched thin. They are committed to providing assistance to those struggling in our community, but **THEY CANNOT DO IT ALONE**.

We humbly ask for your support in the form of generous donations. Your generosity will enable them to continue their mission of compassion and service to those in need. Every donation, no matter the size, makes a meaningful impact..

Use the giving envelopes or do online giving, or contact the Parish Office for your donations specific to SVdP. Thank you so much.

MASS INTENTIONS

In your prayers, please include the loving memory of...

- Mary Frances Raptis-Nielsen, requested by Parish Office staff
- Juanita Barbecho, requested by Racquel Servito
- Olga Winnefred "Honey" Birney-Canney, requested by Deacon George Canney



For mass intentions, please visit the Parish Office or call us at 206-634-0843, Mon - Fri, 9:00 AM - 4:00 PM.

PARTNERS IN THE GOSPEL
ARCHDIOCESE OF SEATTLE

Picture this...

Financially stable parishes whose members show support with their time, talent, and treasure.



The new parish family will benefit from the shared gifts, talents, finances, resources and more from each of the joining parishes. This consolidation means that the new parish family may have more resources to carry out the mission. Go to archseattle.org/partners for resources and updates.

PRAYER FOR THE SICK

Father God, we lift up those who are facing illness today. We ask that you would bring healing, comfort and peace to their bodies. Calm their fears and let them experience the healing power of Your love. In Jesus name, amen.

- Len Andrews
- Deb Reilly
- Judy Burke

