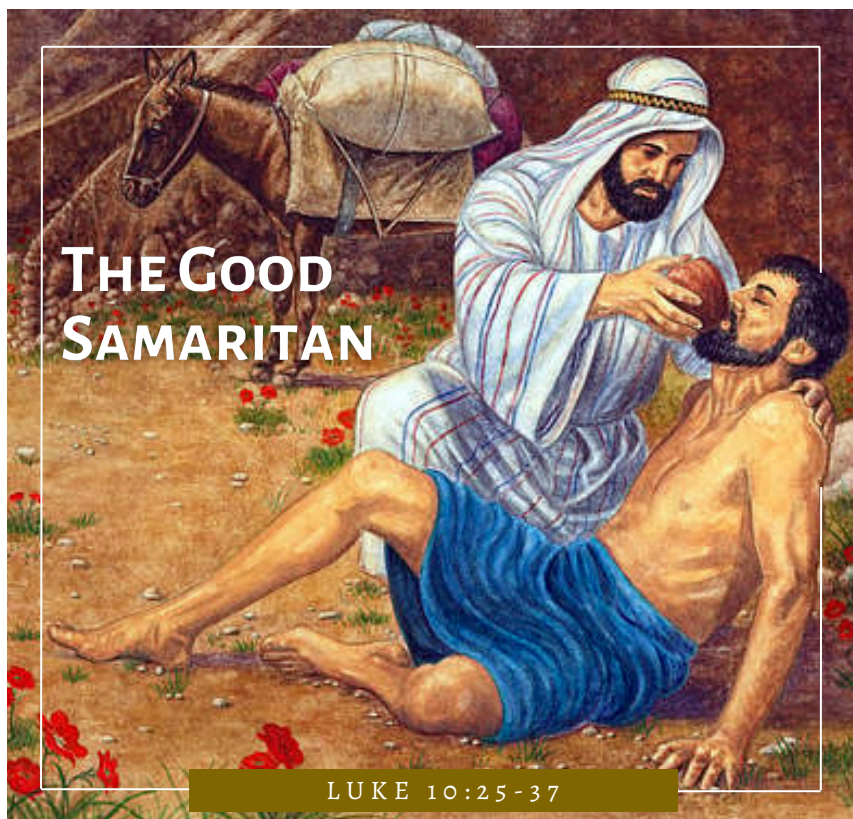


PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST



THE GOOD SAMARITAN

LUKE 10:25-37

SUNDAY MASSES

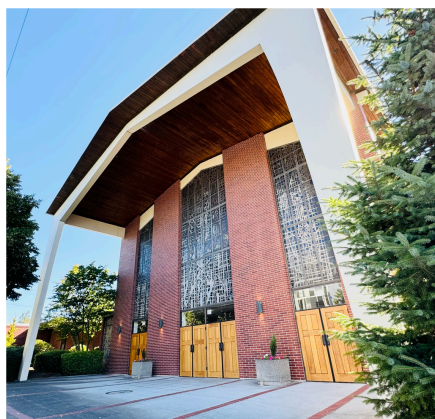
Saturday: 5:00 PM Vigil at St. Alphonsus
5:00 PM Vigil at St. John
Sunday: 8:30 AM at St. John
9:00 AM at St. Alphonsus
10:30 AM at St. John
11:00 AM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
(except 1st Wed and 1st Thurs,
refer to School Masses)
Fri: 9:00 AM at St. John
Sat: 8:00 AM at St. Alphonsus
(except 1st Sat: 9:00 AM at St. John)
School Masses (Sept-June): All are welcome!
1st Wed: 8:45 AM at St. Alphonsus
1st Thurs: 9:00 AM at St. Benedict
1st Fri: 9:00 AM at St. John

CONFESSION

Saturday: 4-4:45 PM at St. Alphonsus
4:30 PM at St. John
First Thursday Confession and
Adoration:
7-8:00 PM at St. Alphonsus



ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107
Phone: 206-784-6464
Email: parishinfo@stalseattle.org
Website: <https://stalseattle.org>



ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103
Phone: 206-632-0843
Email: parish@stbens.net
Website: <https://parish.stbens.net>



ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103
Phone: 206-782-2810
Email: parishoffice@stjohnsea.org
Website: <https://stjohnsea.org>

For pastoral emergencies, please call: 206-271-3543.

THIS WEEK'S CALENDAR

July 13, 2025
SIXTEENTH SUNDAY IN ORDINARY TIME
 Dt 30:10-14/Col 1:15-20/Lk 10:25-37

Parish Family
BBQ

IT'S 12 PM **TODAY**
 AT ST. JOHN
 PARKING LOT!
See you there!

	ST. ALPHONSUS	ST. BENEDICT	ST. JOHN
July 13 FIFTEENTH SUNDAY IN ORDINARY TIME	9 AM Mass 10 AM No Coffee & Donuts today 12 PM Parish Family BBQ at St. John - <i>See you there!</i>	10 AM No Coffee and Donuts today 11 AM Mass with CLOW (Livestream) RIP: Gerene (Gerry) INT: Christopher (Kit) 12 PM Parish Family BBQ at St. John - <i>See you there!</i>	8:30 AM Mass 9:30 AM Lectio Divina 10:30 AM Mass 12 PM Parish Family BBQ - <i>See you here!</i>
July 14 Monday <i>Saint Kateri Tekakwitha, Virgin</i>	7:30 AM Daily Mass RIP: Jack Cornick 7 PM Men's Group	7 PM Gospel Study	
July 15 Tuesday <i>Saint Bonaventure, Bishop and Doctor of the Church</i>	7:30 AM Daily Mass RIP: Chuck Layman		
July 16 Wednesday <i>Our Lady of Mount Carmel</i>	7:30 AM Daily Mass RIP: Michael Hansen		7 PM The Creed Presentation (in the church)
July 17 Thursday	7:30 AM Daily Mass RIP: Iolanda Castro Brown 10 AM Scripture Study		
July 18 Friday <i>Saint Camillus de Lellis, Priest</i>	8:15 AM to 8 PM Adoration Chapel open		9 AM Daily Mass
July 19 Saturday	8 AM Daily Mass RIP: Amalia Whitney Confession 4 PM-4:45 PM Vigil Mass 5 PM RIP: Nga Mai Dang	12 PM Liturgical Ministry Training	4:30 PM Confession 5 PM Vigil Mass (Livestream)
July 20 SIXTEENTH SUNDAY IN ORDINARY TIME	9 AM Mass 10 AM No Coffee & donuts after Mass	10 AM Coffee & donuts 11 AM Youth Mass with CLOW (Livestream) RIP: Martha Thoms INT: Bill Thoms 12 PM Social Hour - <i>Lumpia for all!</i>	8:30 AM Mass 9:30 AM Lectio Divina 10:30 AM Mass with CLOW Coffee & donuts after both Masses
	For livestream and recorded masses, click the links:	https://parish.stbens.net https://www.facebook.com/stben-seattle	www.stjohnseattle.org/live-stream-masses



Sign up to **get notified of mass cancellations** or mass time changes.
<https://bit.ly/PF14NotifyMe>



Subscribe to **weekly bulletin and newsletter**.
<https://bit.ly/PF14WeeklyBulletin>



FOLLOW US
 @parishfamily14



HAPPY FIRST ANNIVERSARY, PARISH FAMILY!

As we mark the first anniversary of our Parish Family, we give thanks for all that God has done in and through our three parishes.

We're also so grateful for all the ways you've shown support, stepped up to serve, and helped build something truly special across our three parishes.

Together, we've built stronger relationships, unified our efforts, and started some great things that are already making a difference.

Below is a snapshot of what we've accomplished in our first year as one Parish Family. Thanks to your continued support and openness to the Holy Spirit's work among us!

1. Strong Foundation for Parish Family Integration

- **Early and consistent collaboration** among the three PAAs, the School Principals, and Fr. Parrish to support a smooth and coordinated transition into one unified Parish Family.
- **Updated Mass schedules** to better serve the unified Parish Family and increase overall attendance and participation.
- Fr. Parrish's **purposeful meetings with parish staff** to build early rapport and gain a better understanding of each parish's current realities.
- **Shared calendar for the Pastor and Parish Family** to support better coordination, minimize scheduling conflicts, and improve overall planning across all parish activities.
- **Community dinners with the key leaders of parish ministries**, allowing parish leadership and commission members to get to know one another and align more closely on Parish Family priorities.
- Strengthened community bonds and sense of belonging among parishioners from all three parishes through the **first Parish Family Picnic**.

2. Unified Efforts Across Parishes

- **Unified faith formation programs** to strengthen collaboration among the parishes and ensure a more consistent and supportive formation experience.
 - **Combined OCIA** for the three parishes
 - **Combined Youth Confirmation** for St. Alphonsus and St. Benedict
 - **A special group baptism** for students, friends, and family members in October
- Spiritual renewal and strengthened team connection among the Parish Family office staff through a **Staff Retreat led by Fr. Parrish**.
- **A single, streamlined communications approach** to ensure clear messaging, reduce duplication, and keep everyone informed and connected.
 - **One bulletin** which has the consolidated calendar, Pastoral letter, and Parish Family events, updates, and highlights
 - New Parish Family **Facebook and Instagram pages**
 - **Uniform mass announcements** after the final blessing
 - **Created a Design Commission** to establish branding for the Parish Family
- **Collaborative liturgical planning, execution, and evaluation** to enhance liturgical experience and strengthen sense of community.
 - **Combined choir** of St. Alphonsus and St. Benedict
 - **Unified celebration of holy seasons** such as combined Advent program, shared Lenten devotions across the parishes (Stations of the Cross and community dinners at one parish every week), and single Triduum and Pentecost Vigil
 - **Collaborative planning, joint debriefings, and sharing of liturgical ministries** such as sacristans, altar servers, lectors, and Eucharistic ministers

3. Strengthened Leadership and Collaboration

- **Hired new members of the Parish Leadership Team (PLT)** – Directors of Parish Operations and Communications to support the evolving needs of the unified Parish Family.
- **Weekly meetings of the PAAs and the PLT** to enhance communication and ensure consistent leadership across all three parishes.
- **Regular consultative meetings with Archdiocesan Liaison** Steve Donaldson to keep the alignment with archdiocesan vision and best practices.
- **Reconvened Pastoral and Finance Councils with harmonized meeting schedules** to foster greater collaboration and shared decision-making.
- **Established Parish Family Pastoral Leadership Council**, the Pastor's advisory group, to guide the long-term vision and support unified pastoral leadership throughout the Partners in the Gospel initiative.

ST. ALPHONSUS
ST. BENEDICT
ST. JOHN THE EVANGELIST

**PARISH
FAMILY 14**

UPCOMING EVENTS

Daniel Pelfrey presents
THE CREED



July 16, 2025
Wednesday, 7:00 PM
St. John the
Evangelist Church

This engaging and informative session will give an overview of the history of the creed as well as its meaning. All are welcome - newcomers to the faith and longtime active Catholics alike are encouraged to attend.

JOIN OUR

Youth MASS

EVERY 3rd SUNDAY OF THE MONTH

20 JULY 2025, SUNDAY
11:00 AM - 12:00 PM
ST. BENEDICT CHURCH

*Let's celebrate the Feast of
St. Benedict together!*



Our amazing young people will lead the way in celebration of the Feast of St. Benedict! From music to hospitality, the youth will be at the heart of the liturgy. After Mass, the celebration continues with *lumpia* and light refreshments at the school cafeteria. See you there!

ST. ALPHONSUS & CHOPPERS BRASS: MUSIC FOR ORGAN & BRASS

CELEBRATING 40 YEARS OF FRITTS OP. 4

FRIDAY | 08 AUG 2025 | 7:00 PM

ST. ALPHONSUS CHURCH

<https://bit.ly/StAlOrgan40th>



**\$20
Suggested
Donation**

Join us for the first of our concerts celebrating the 40th anniversary of the magnificent Paul Fritts Organ at St. Alphonsus Church. Organist and Music Director Andrew Koch joins the Choppers Brass quintet for an evening of music for organ and brass spanning the centuries from the Baroque to present day.

LORD, HEAR OUR PRAYER...



Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Lillian Anderson, Charles Bielaczy, Alexander Bodsky, Anneliese Bodsky, Jon Condon, Donna Day, Jeff D'Amelio, Natasha Ryan D'Amelio, Rosalia Dimaunahan, Bertha Eriksson, Todd Galvão, Espedito P. Galvão, Margaret Goodrich, Carol Grimes, Lianne Grimes, Myrna Israkul, Emily Jones, Joan Knebel, Daniel Love, Josephine Lynch, Seamus Lynch, Norma Macke, Anne Manfredi, Ginny Massett, Darren Miller, Joanne Morgan, Jerry Mulka, Patricia Mulka, Jennifer Nagel, Ray Naidu, Dan Nichols, Gary Olsen, Bob Pohlman, Lucy Rogers, Jack Serwold, Abby Simpson, Jeannette Tannario, Jane Treeheal, Dennis Weiler, Jerilyn Wetzel, Shea Wilson, Lillian Yamamoto, Carmen Marie Bravo, Megan Yoshimura, Hilda Saleh, and Scott Tom.

For those who have died, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: To request a prayer, please call the Parish Office or use the QR code or this link: <https://bit.ly/PF14Prayer>



**The prayer list is updated monthly.
To keep your request active, please
resubmit it each month.**

FAITH FORMATION AND SACRAMENTS

SACRAMENTAL PREPARATION

Infant Baptism

Baptisms in our Parish Family are scheduled during the Saturday Vigil and Sunday Masses at our three churches. Please see the schedule below for upcoming dates. For more information, contact Julia Rudden at jrudden@stjohnsea.org or Claire Shea at claireshea@stalseattle.org.



September 6 and 7, 2025
December 13 and 14, 2025
February 28 and March 1, 2026
June 13 and 14, 2026

First Holy Communion

First Holy Communion preparation is offered for children typically in 2nd grade (around ages 7–8) who have been baptized. Classes start in **September at St. Alphonsus, and October at St. John and St. Benedict**. For questions or more information, please contact Claire Shea at claireshea@stalseattle.org or Julia Rudden at jrudden@stjohnsea.org.



Youth Confirmation

Youth Confirmation is for students in 7th grade and older who have been baptized and received First Holy Communion. Classes start in **November**. For questions or more information, please contact Julia Rudden at jrudden@stjohnsea.org.



Order of Christian Initiation for Adults

Are you an adult who participates in the life of the church, but has not been confirmed? Would you like to receive this sacrament of initiation and become a full member of the Catholic community? Please contact Daniel Pelfrey at ceff@stjohnsea.org.



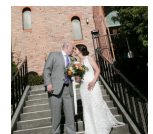
Order of Christian Initiation for Adults Adapted for Children (OCIAAC)

OCIAAC is designed for children in 3rd grade and above who are either unbaptized or baptized in another Christian tradition. Through age-appropriate catechesis, they will prepare to receive the Sacraments of Initiation—Baptism, Confirmation, and First Eucharist. For more information, please contact Daniel Pelfrey at ceff@stjohnsea.org.



Sacrament of Matrimony

Couples are asked to contact the Parish Office at least six to eight months in advance to begin preparation. For more info or to start the process, please reach out to Julia Rudden at jrudden@stjohnsea.org or Christine Cavanaugh at christine.cavanaugh@outlook.com.



Parish Advocate for Annulments

For parishioners seeking a marriage annulment, please contact the Parish Office or email annulment@stjohnsea.org.

SMALL FAITH SHARING GROUPS

Children's Liturgy of the Word (Sunday School)

Children ages Preschool and older are invited to participate in Children's Liturgy of the Word, offered **most Sundays during the 10:30am Mass at St. John, and all Sundays at the 11 AM Mass of St. Benedict**.

If you are interested in volunteering or would like more information, please contact Daniel Pelfrey at ceff@stjohnsea.org or Gian Orquia at gianrfelo@gmail.com.

Scripture/Gospel Study

Come discover the beauty of the Gospel and grow closer to God and each other as we read and reflect on scriptures together in a warm, welcoming group. All are welcome!

- St. Benedict group meets every **Monday, 7 PM, via Zoom Meeting ID: 864 2616 6842 Password: 961919**.
- St. Alphonsus group meets **every Thursday, 10 AM, at St. Alphonsus McGrath Room**.

Family Rosary Group

The group comes together to pray the Rosary. It's a way for families to unite in prayer, strengthen their faith, and foster a sense of community and peace. For schedule and more information, contact Olga Sala at salatorra@yahoo.com.

Men's Group

Join the Men's Group **every Monday, 7 PM, at St. Alphonsus McGrath Room** for fellowship and faith sharing. Don't miss out!

Women's Ministry

Women's Ministry offers a welcoming space for women to connect, study the Bible, pray together, and find encouragement and empowerment.

- St. Benedict group meetings are **every first Tuesday, 7:00 PM, via Zoom → Meeting ID: 83832067839 Password: 042299**. For more info, please contact Debra Reilly at debras.reilly@gmail.com.
- St. Alphonsus meets on **last Tuesday of the month**. Contact Olivia Raese at olivia@raesegroup.com for more info.

Book Group/Club

Everyone is welcome—come read, reflect, and connect!

- St. Benedict Book Group meets on **first Thursday, 7 PM, at St. Benedict's St. Mary Room (upper level of Parish Center)**. For more info, please contact Brenda Stratton at bjandmes.bjs@gmail.com.
- For St. John Book Group, contact Diana Gruszczynski at diana.gruszczynski@outlook.com for more information.

SOCIAL JUSTICE COMMISSION

St. Vincent de Paul Society

SVDP society assists the poor and needy within our parish boundaries through grocery, transpo and rent vouchers. Support by donating and volunteering with them. For more info, contact the following:

St. Benedict: Len Andrews - leonardjandrews@gmail.com
St. Alphonsus: Doug Martin - doug@martinenv.com
St. John - Joyce Farrell - joycefarrello8@gmail.com

If you need assistance, please call Helpline Call Center at (206) 767-6449, M-F, 8 AM - 3 PM.

St. Martin de Porres Sandwich Making

SMDP sandwich makers prepare a total of 800 sandwich lunches every month for men who live at the SMDP shelter in downtown Seattle.

Join the next sandwich making on **July 21, 2025, Monday, 8:30AM** in the St. Benedict Parish Center. Contact Vicky Briones at vicster912@gmail.com for more information.

Food Lifeline

Join the next packing and sorting event on **Wednesday, September 3, 2025, 6 - 8PM!** Note that all volunteers must register in advance (FLL recommends 5 days prior). If you don't have an FLL account (required), it usually takes 2-3 minutes to create the account. Sign up now by scanning the QR code or contact Len Kannapel at kannapell@yahoo.com.



St. Francis of Assisi Ministry

The Parish Family 14 Saint Francis of Assisi Ministry is rooted in Catholic faith and inspired by the spirit of St. Francis. They bring together individuals who care deeply about the sanctity of the Earth and all life God has created. They meet monthly and take part in community-wide actions and initiatives that promote environmental stewardship and sustainability. Its mission is to educate, inspire, and encourage action to care for our common home. All are welcome to join! Learn more at: saintfrancisseattle.org or contact Paul Litwin at paul@thelitwins.com.

Racial Justice and Equity

Join this ministry for a good opportunity for increasing knowledge and skills with strategies to address racism. For more info, contact Daniel Lefebvre at frenchman429@gmail.com.

Holy Name Society

St. Alphonsus' Holy Name Society is a men's group dedicated to honoring the name of Jesus Christ and promoting reverence for it. The Society participates in parish activities, like family breakfasts, events, and service projects. To join and for more information, please contact Karl Hoffman at 206-784-7152 or karl3hoffmann@gmail.com.

NOTE: To learn more about these ministries, we invite you to visit the website of each parish.

Knights of Columbus

The Knights of Columbus is a global organization of Catholic men committed to the principles of charity, unity, fraternity, and patriotism. The local council supports the community through fundraising for local organizations, assisting with parish events, hosting pancake breakfasts, and holding regular meetings to plan and grow its outreach. For more info, contact the following:

St. Alphonsus: Louie Van Hollebeke - louiervh@gmail.com
St. John - Aaron Amort - aaronamort@gmail.com

Cabrini Ministry

Are you homebound, in nursing home or hospital and want to receive the holy communion? Our Cabrini Ministers would be happy to bring the holy communion to your home. For inquiries, please contact the following:

St. Benedict: Brenda Stratton - bjandmes.bjs@gmail.com
St. Alphonsus: Lori Corcoro - lcorcoro@stalseattle.org

Grief Support Group

If you are grieving the loss of a loved one, you don't have to go through it alone. Our Parish Family Grief Support Group is here to offer comfort, support, and a listening ear.

While regular monthly meetings take a break during the summer, it will resume with weekly drop-in sessions this fall.

For more information, please reach out to Margaret Alquist at margaretalquist1@gmail.com.

Sancta Vita

"Abortion doesn't just affect a mother or even a mother and her child. It affects the father. It affects other children the mother may have or has already birthed. It will have intergenerational effects upon an entire family. Mother Teresa understood this and conversely proclaimed the fact that every child deserves a chance at life. If denied this God-given right, all of society will suffer." (Unattributed)

SANCTA VITA

NEXT STEP PREGNANCY SERVICES ANNUAL GALA SEP 20, 2025

- Stay tuned for official invitations and ticket information!
- Sponsors are welcome! Please contact Heather at: heather@nextstepnw.com.
- You can also help by donating toy basket for baby's first year (infant to one year old). All items are needed by July 20.



FAITH IN FOCUS



Eucharistic Processions

THE BODY of Christ under the form of bread may be carried in solemn procession through public streets. The practice, more frequent in past generations and among certain ethnic groups, is still encouraged.

A Eucharistic procession forms after Mass or after a period of adoration. It is especially appropriate on the Solemnity of the Body and Blood of Christ. Usually a priest places a large, unbroken, consecrated host inside a glass protector called a lunette. He then inserts the lunette into a monstrance. A monstrance is a beautifully crafted vessel that draws attention to the host.

The priest, vested for Mass or wearing a white cope, holds the monstrance aloft. Ministers carrying candles and incense join him. Additional ministers may carry a canopy above the priest and the monstrance. The faithful join the procession, singing hymns and offering prayers as they walk.

The procession may pause at stations decorated for the occasion, where the priest blesses the faithful with the monstrance. Ideally, the procession begins at one church and ends at another, where the priest gives a final benediction and reposes the Blessed Sacrament in the tabernacle. Alternatively, the procession may return to the church from which it began.

Eucharistic processions evangelize the civic community, as Catholics witness to their faith.

Throughout the twentieth century, the faithful began sharing communion at Mass more frequently than they did before, and many Eucharistic devotions faded. The main reason Jesus gave his body and blood was for us to take, eat, and drink. Although some Eucharistic devotions are rarely seen, it is more important to see the faithful sharing communion at Mass.



SAINT OF THE MONTH

Saint Veronica

Feast Day: July 12

Patron Saint of laundry workers and photographers

We hear the story of Veronica when we pray the Stations of the Cross. At the Sixth Station, Jesus stopped to allow Veronica to wipe the blood, sweat, and dirt from his face. This simple act of kindness is all we know about Veronica, a woman in Jerusalem. She is not mentioned in the Gospels, but Jesus' followers must have shared the story of her loving care for the Lord so often that it has become part of our tradition.



It is believed that Veronica used her veil to wipe Jesus' face. Afterward, the image of Jesus' face was imprinted on the cloth. Veronica's veil is a treasured Church relic, an object of a personal item of religious importance. According to legend, Veronica later touched Emperor Tiberius with the veil and he was cured of an illness. The veil has been preserved, or safeguarded, in St. Peter's Basilica in Rome since the eighth century.

We do not know if Veronica was a follower of Jesus before the day he was crucified or if she became a Christian because she was a witness to Jesus' suffering. We do know that Veronica responded to Christ on that first Good Friday by reaching out to comfort him.

The Church honors Veronica as a saint. We can imitate her loving and caring actions by doing all we can to help people who are hurting.

Bulletin Inserts for the Liturgical Life of the Parish: Devotions and Customs © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.

Source: www.saintsresource.com/veronica

PARISH FAMILY LEADERSHIP TEAM

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ST. ALPHONSUS
ST. BENEDICT
ST. JOHN THE EVANGELIST

PARISH FAMILY 14

We'd love to see a **SNAPSHOT OF YOU!**

It only takes a few minutes to fill out our Parishioner Profile Update Form, and it really helps us stay connected with you! Here's how:

Step 1: Scan the QR code, visit the link, or grab a paper form in the vestibule.

Step 2: Update your contact info so we can reach you (no spam, we promise!).

Step 3: Answer just four quick questions, hit submit, and you're done!

St. Alphonsus
bit.ly/PF14StAl



St. Benedict
bit.ly/PF14StBen



St. John
bit.ly/PF14StJohn



This is a simple way for us to get to know you—your story, your gifts, and what matters to you. Whether you're new or have been with us for a while, your presence is a blessing to our Parish Family. We look forward to walking this journey with you!

FEAST OF ST. BENEDICT, ABBOT - JULY 11



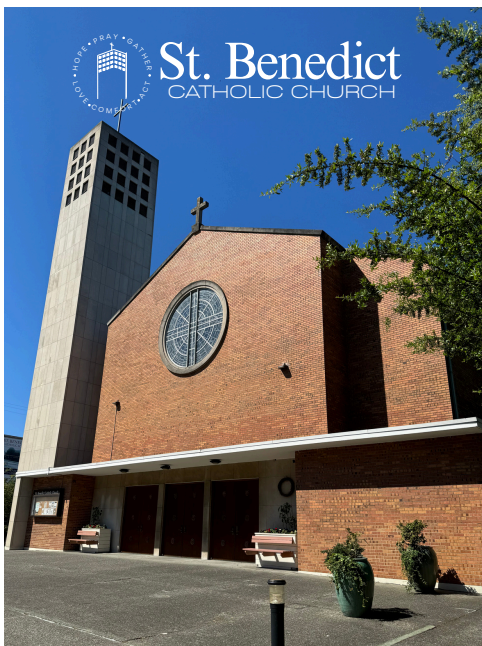
c. 480–c. 547

Patron Saint of Europe, monks and religious orders, architects, dying people, cave explorers, schoolchildren, agricultural workers, civil engineers, and coppersmiths
Invoked against erysipelas, fever, gallstones, inflammatory diseases, kidney disease, nettle rash, poison, temptations, and witchcraft

Canonized by Pope Honorius III in 1220

Declared Patron Saint of Europe by Pope Paul VI in 1964

Liturgical Color: White



“Hearken continually within thine heart, O son, giving attentive ear to the precepts of thy master. Understand with willing mind and effectually fulfill thy holy father’s admonition; that thou mayest return, by the labor of obedience, to Him from Whom, by the idleness of disobedience, thou hadst withdrawn. To this end I now address a word of exhortation to thee, whosoever thou art, who, renouncing thine own will and taking up the bright and all-conquering weapons of obedience, dost enter upon the service of thy true king, Christ the Lord.” ~From the Prologue of the Rule of Saint Benedict

Benedict was born into Roman nobility in Nursia, central Italy, roughly 100 miles northeast of Rome. His father was a prefect for the Western Roman Empire, which had fallen to the barbarians a decade prior to his birth. He had a twin sister named Scholastica, who also became a saint. As a youth, Benedict was sent to Rome for studies. However, he quickly became disillusioned by the prevalent immorality and disorder, particularly among his classmates. At the age of twenty, to find peace in his soul and avoid the traps that had ensnared many of his peers, he moved to the countryside of the town of Affile, about forty miles from Rome. Accompanying him was his nurse who cared for him like a mother. They moved in with some virtuous men in the Church of Saint Peter. While there, his nurse accidentally broke a dish used to sift wheat and was distraught. Witnessing this, Benedict miraculously mended the dish and returned it to her. News of this miracle spread quickly, and Benedict became the talk of the town.

Benedict wasn’t interested in the praise of men; he sought only holiness. Leaving his nurse behind, he moved closer to the town of Subiaco and took up residence in a cave. Nearby, he met a holy monk, Romanus, whom Benedict consulted for spiritual advice. At Romanus’ encouragement, Benedict took on the monastic habit and lived in the cave for the next three years as a hermit. Romanus visited him frequently, bringing him food as needed. As a hermit, Benedict prayerfully sought to root out all sin in his life, especially the three temptations common to most men: “the temptation of self-affirmation and the desire to put oneself at the center, the temptation of sensuality and, lastly, the temptation of anger and revenge” (Pope Benedict XVI, General Audience, April 9, 2008).

After spending three years as a hermit near Subiaco, he became an abbot and founded twelve monasteries. At fifty, he moved to Monte Cassino, where he established a large monastery and wrote the “Rule of Saint Benedict,” which became the standard for Western monasticism. His sister Scholastica also founded a women’s monastery guided by his Rule. Benedict’s monasteries became centers of education and culture in Europe. He is known as the “Father of Monasticism” and was declared the Patron Saint of Europe by Pope Paul VI in 1964.

As we honor this important figure in Church and world history, reflect on his humble beginnings. He witnessed the immoralities of his day and fled from those temptations to embrace a life of holiness. At that time, it would have been difficult for him to comprehend the influence he would have had on all of Europe and, in fact, upon the whole world for many centuries to come. Reflect on the fact that God also calls you to flee from sin and embrace a life of holiness. When that happens, God can do great things through you in ways you may never comprehend. Follow the example of Saint Benedict and commit yourself to holy daily living, and leave it up to God to use you as He wills.

Prayer: *Saint Benedict, you witnessed the moral corruption in Rome at an early age and fled to the wilderness to seek out God’s will. Through your prayerful obedience to God’s will, inestimable good fruit has been borne. Please pray for me that I will always seek out God’s will in my life, leaving behind the many temptations to sin that I encounter, so that God can use me in ways known only to Him. Saint Benedict, pray for me. Jesus, I trust in You.*

Source: My Catholic Life!



St. Benedict

CATHOLIC CHURCH

PARISH NEWS

LITURGICAL MINISTRY

Training

This training is designed to help you deepen your understanding and enhance your role in the sacred liturgy, whether you serve as a **sacristan, lector, usher, Eucharistic minister, altar server**, or in any other capacity.

Two slots to choose from!

Saturday, July 19, 12 PM
Tuesday, July 22, 6 PM
Inside the St. Benedict Church

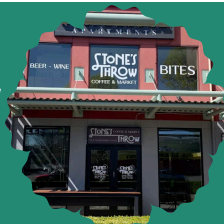
Questions? Call the Parish Office
at 206-632-0843.



Come Join Us for Social Hour!

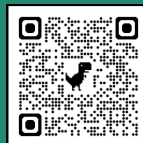
EVERY SUNDAY AT
10:00 AM
IN THE SCHOOL CAFETERIA

Now Serving:
**Stone's Throw
Coffee**



To host, scan the
QR code or go to:

<https://bit.ly/StBSocialHour>



SCHOOL NEWS

ONE FREE YEAR OF TUITION!

We believe **St. Benedict Catholic School** experience is worth sharing. This initiative makes enrollment more accessible for new families seeking a faith-centered, academically strong, and community-focused school for their children.

We understand that for some families, transitioning from public to private school can present a financial challenge. At St. Benedict, we're committed to making this change more accessible and welcoming for all families.



If you're ready to learn more, fill out our no-cost Inquiry Form today, and someone will reach out to you.

Still have questions? Scan the **QR CODE** or feel free to call the office at 206-633-3375 to speak with someone directly.

Summer office hours: 9:00 a.m. – 1:00 p.m., Monday–Thursday

¿Hablas español? Llama los jueves de 9:00 a.m. 1:00 p.m.



Week of July 6, 2025

MASS ATTENDANCE

Sunday, 11 AM 152

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

PARISH COLLECTION

Mass Collection	\$454.00
Online Donations	\$ 3,688.73
Mailed-in	\$ 478.00
Total Collection	\$ 4,620.73
Weekly Budget	\$ 7,500.00
Under Weekly Budget	\$ 2,879.27

Thank you so much for all your support to St. Benedict Parish!

Set up your
recurring online
giving now!



PARISH STAFF

PA for Administration
Harold Hamilton
paa@stbens.net
206-632-0843 ext 216

Music Director
Andrew Koch
music@stbens.net

Facilities Supervisor
Anita Hardwick
a.hardwick@stbens.net
206-632-0843 ext 222

Admin/Front Desk Staff
Simone Knopp
parish@stbens.net
206-633-3375 ext 210

School Principal
Brian Anderson
b.anderson@stbens.net

School Office Manager
Stacey Nice, s.nice@stbens.net
206-633-3375

LOOKING FOR A WAY TO SERVE?

Encounter Christ Through Ministry



Scan below to discover opportunities to exercise your spiritual gifts

Whether it's
greeting, serving,
or leading -
there's a place
for you!



THROUGHOUT THE ARCHDIOCESE



WEBINAR

NO CHOICE, NO VOICE



THURSDAY **NOON**
JUL 17, 2025 **1:00 PM**

How do we stand up for and with those forced into lives of slavery? Join us as we get a clearer vision of the issue and learn more about the four areas of advocacy in the fight against human trafficking. The more you know, the stronger and more compelling your voice and actions to help bring about positive change and save lives.

REGISTER NOW

<https://bit.ly/43XLqkn>



GUEST SPEAKER

KAT DOYLE

DIRECTOR OF JUSTICE AND PEACE
MINISTRIES, ARCHDIOCESE OF ATLANTA

Visit Our Website
wacatholics.org



Experience a **LIFE** with the Holy Spirit **RETREAT**



July 19 | 9:00 AM - 4:30 PM | Sacred Heart Parish Hall

Spend the day on a personal journey with Jesus, through the power of the Holy Spirit. Through teaching, personal stories, discussion and prayer together, you can experience what life with the Holy Spirit looks like and be better equipped to use the Gifts bestowed on you at your Sacramental Baptism.

Register at wwccr.org



Seattle Men's Retreat Monastic Weekend at Westminster Abbey, Mission, B.C

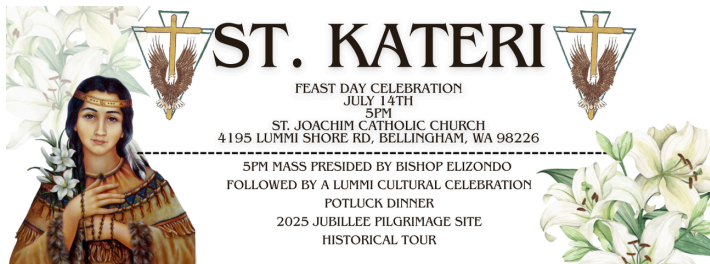
August 15-17, 2025

The 68th Annual Seattle Men's Retreat Monastic Weekend with the Benedictines of **Westminster Abbey, Mission, B.C.** is scheduled for **August 15-17**. You will have an opportunity to immerse yourself in the lives & liturgy of the monks and experience religious life in the beautiful British Columbia countryside. Our weekend will commence with dinner at 6 PM, Friday, August 15, and will conclude at the Sunday noon meal with the Monastic Community.

Cost: \$145.

Reservation deadline: August 1, 2025

For further information, call Dr. Greg Gosch @ 425.220.3019 or email GJGosch@gmail.com.



Join the **St. Joachim Catholic Church** in celebrating the **feast day of St. Kateri on July 14th** with a **5 pm Mass** followed by a Lummi cultural celebration and potluck dinner. An additional historical tour and a Jubilee Pilgrimage are also available. St. Joachim, the oldest church in Whatcom County, is located at 4195 Lummi Shore Road, Bellingham, WA 98226. Mass will be presided over by Bishop Elizondo. All are welcome to celebrate St. Kateri, especially during the Jubilee Pilgrimage year.

Under Mary's Mantle of Hope



Speaker
Fr. Lawrence Lew, O.P.
As seen on EWTN

July 19 • 5:30 PM
Blessed Sacrament
Seattle

Register @
ShrineforMary.org



Join us for Mass, followed by a talk and reception



Discover how Marian devotion rewires the soul for deeper friendship with Jesus. In this inspiring Marian Talk, you'll learn how the Rosary is intimately connected to the virtue of hope—a true Christian measure of resilience.

Multiple dates/venues - register at <https://shrineformary.org>

- July 14 | 7:00 - 9:00 PM | St. Monica Church, Mercer Island
register at <https://bit.ly/3FH5myb>
- July 16 | 6:00 - 7:00 PM | Mary Queen of Peace, Sammamish
- July 17 | 6:00 - 9:00 PM | St. Teresa of Calcutta, Woodinville
- July 19 | 5:30 - 8:30 PM | Blessed Sacrament, Seattle

Come for golf,
stay for the raffle

ARCHBISHOP'S
golf tournament
Archdiocese of Seattle - Crazier Society

**Archbishop's
Golf Tournament:
Raffle prizes announced!**

July 29, 11 a.m. tee time
The Club at Redmond Ridge

Register for Archbishop's Golf Tournament to support seminarian education. Raffle items include a zoo experience with Fr. Carlos Orozco, round of golf with Fr. Gary Lazzeroni, cabin adventure, award-winning olive oil and more. Learn more and register: <https://bit.ly/43OlokB>



**Grant applications open
now through September 12**

The St. Joseph Foundation supports Catholic ministry and encourages Catholic nonprofits in Western Washington to apply for funding. For more information, go to <https://archseattle.org/st-joseph-foundation>





On July 1, 2024, the 136 parishes in the Archdiocese of Seattle became 60 parish families, with eight stand-alone parishes. Led by a pastor or pastoral coordinator, along with a parochial vicar, parish families just completed the first year of the three-year process of creatively re-envisioning parish life to bring the love of Jesus Christ to others in Western Washington.

Focused on welcoming and getting to know each other, this first year was full of community events, pastor meet and greets and getting to know the gifts of each parish in a parish family.

Pastors met their assigned parish liaisons who will support the parish family through the process. First steps for staff included getting to know each other and for some parishes, joint staff retreats were held.

Later in the year, each parish family formed new groups including the Parish Family Leadership Team comprised of parish staff and the Parish Family Advisory Council comprised of parishioners representing the rich diversity of the parishes in the parish family.

Now that these groups are in place, the parish family will dive into the planning work outlined in the One Parish Planning process. This process is designed to help parish families develop a vision for the future and the plan to execute it – ensuring these are grounded in listening and community discernment to foster local decision-making.



To learn more, visit archseattle.org/partners



PARTNERS IN THE GOSPEL

Prayer for Partners in the Gospel

Gracious God, we praise and thank you
for the Catholic Church in Western Washington.

We praise and thank you
for the women and men
who have shared the joy of the Gospel here
for more than 170 years.

Send your Holy Spirit upon us
that we might encounter your Son anew
and become more effective partners
in sharing the Good News of his saving love.

May our partnership in the Gospel
empower us to be your missionary disciples,
bringing the Good News to all,
especially to those who are marginalized or hurting in any way.

Give us the courage,
the flexibility and the vision
to renew parish life,
so that the good work,
begun long ago,
may continue among us,
and one day, be brought to completion
in your Kingdom,
where you live and reign
for ever and ever.

Amen.

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