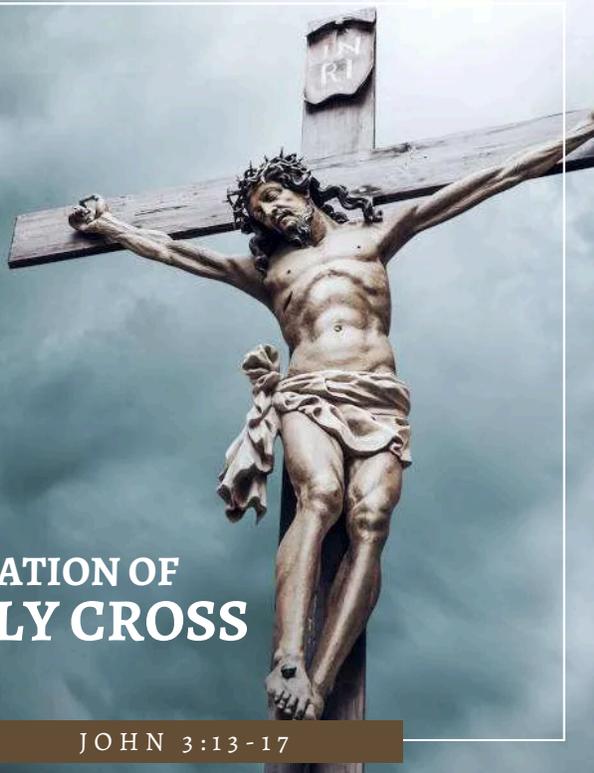


# PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST



## THE EXALTATION OF THE HOLY CROSS

JOHN 3:13-17

### SUNDAY MASSES

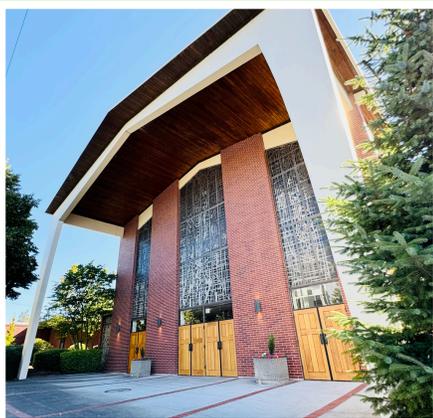
Saturday: 5:00 PM Vigil at St. Alphonsus  
5:00 PM Vigil at St. John  
Sunday: 8:30 AM at St. John  
9:00 AM at St. Alphonsus  
10:30 AM at St. John  
11:00 AM at St. Benedict

### DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus  
Friday: 9:00 AM at St. John  
Saturday: 8:00 AM at St. Alphonsus  
(except 1st Sat: 9:00 AM at St. John)

### CONFESSION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus  
Saturday: 4:00-4:45 PM at St. Alphonsus  
Sunday: 8:00 - 8:45 AM at St. Alphonsus  
Sunday: 9:45 - 10:15 AM at St. John  
By appointment: [info@parishfamily14.org](mailto:info@parishfamily14.org)  
First Thursday Confession and Adoration:  
7:00-8:00 PM at St. Alphonsus



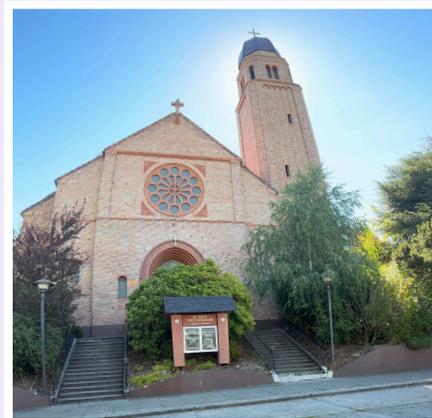
#### ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107  
Phone: 206-784-6464  
Email: [parishinfo@stalseattle.org](mailto:parishinfo@stalseattle.org)  
Website: <https://stalseattle.org>



#### ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103  
Phone: 206-632-0843  
Email: [parish@stbens.net](mailto:parish@stbens.net)  
Website: <https://parish.stbens.net>



#### ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103  
Phone: 206-782-2810  
Email: [parishoffice@stjohnsea.org](mailto:parishoffice@stjohnsea.org)  
Website: <https://stjohnsea.org>

For pastoral emergencies, please call: 206-271-3543.

# THIS WEEK'S CALENDAR

September 14, 2025

## THE EXALTATION OF THE HOLY CROSS

Nm 21:4b-9/Phil 2:6-11/Jn 3:13-17

	ST. ALPHONSUS	ST. BENEDICT	ST. JOHN
<b>September 14</b> <b>THE EXALTATION OF THE HOLY CROSS</b>	8:00 AM Confession - <i>New!</i> - 8:45 AM 9 AM Mass 10 AM Coffee & Donuts after Mass 10:15am First Reconciliation Class 12:30 - The Climate Crisis talk 1:30 PM	11 AM Mass with CLOW (Livestream) 12 PM Coffee and Donuts after Mass	8:30 AM Mass 9:30 AM Lectio Divina 9:45 AM - Confession - <i>New!</i> 10:15 AM 10:30 AM Mass with CLOW & Blessing of the Backpacks  Coffee & Donuts after both Masses
<b>September 15</b> <b>Monday</b> <i>The Nativity of the Blessed Virgin Mary</i>	7:00 AM Confession - <i>New!</i> 7:30 AM Daily Mass RIP: Gary Olsen 7 PM Men's Group - McGrath Rm	7 PM Gospel Study via Zoom	
<b>September 16</b> <b>Tuesday</b> <i>Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs</i>	7:00 AM Confession - <i>New!</i> 7:30 AM Daily Mass RIP: Louis Trainer		
<b>September 17</b> <b>Wednesday</b>	7:00 AM Confession - <i>New!</i> 7:30 AM Daily mass		
<b>September 18</b> <b>Thursday</b> <i>Saint Robert Bellarmine, Bishop and Doctor of the Church; Saint Hildegard of Bingen, Virgin and Doctor of the Church</i>	7:00 AM Confession - <i>New!</i> 7:30 AM Daily Mass RIP: Jon Condon 10 AM Scripture Study 7 PM OCIA		3-4 PM Family Adoration
<b>September 19</b> <b>Friday</b> <i>Saint Januarius, Bishop and Martyr</i>	8:15 AM Adoration Chapel open to 8 PM		9 AM Mass INT: Erik Dodd
<b>September 20</b> <b>Saturday</b> <i>Saints Andrew Kim Tae-gön, Priest, and Paul Chông Ha-sang, red and Companions, Martyrs</i>	8 AM Daily Mass RIP: Leslie Lehnert 4 PM - Confession 4:45 PM 5 PM Vigil Mass		11 AM Funeral Mass for Greg Kokorowski 4:15 PM Eucharistic Minister training 5 PM Vigil Mass (Livestream) 6:30 PM Ballard Brass & Organ concert
<b>September 21</b> <b>TWENTY-FIFTH SUNDAY IN ORDINARY TIME</b>	8:00 AM Confession - <i>New!</i> - 8:45 AM 9 AM Mass 10 AM Coffee & Donuts after Mass 10:15 AM First Reconciliation Class	11 AM Youth Mass with CLOW (Livestream) 12 PM Social Hour	8:30 AM Mass 9:30 AM Lectio Divina 9:45 AM - Confession - <i>New!</i> 10:15 AM 10:30 AM Mass with CLOW  Pancake Breakfast after both Masses
	For livestream and recorded masses, click the links:	<a href="https://parish.stbens.net">https://parish.stbens.net</a> <a href="https://www.facebook.com/stben-seattle">https://www.facebook.com/stben-seattle</a>	<a href="http://www.stjohnsea.org/live-stream-masses">www.stjohnsea.org/live-stream-masses</a>

# PARISH FAMILY HIGHLIGHTS

## MORE OPPORTUNITIES FOR CONFESSION STARTING SEPTEMBER 13

Please note of the expanded confession times in our Parish Family!

**Beginning Saturday, September 13,** confession schedules will be as follows:

- At St. Alphonsus Church – New daily confessions at 7:00 AM, Monday to Thursday, before weekday Mass, and 8:00 - 8:45 AM on Sunday, plus the Saturday 4:00 PM time remains.
- At St. John the Evangelist Church – No longer on Saturdays. Moved to Sundays, 9:45–10:15 AM.
- By appointment is also available. Simply email us at [info@parishfamily14.org](mailto:info@parishfamily14.org) or call 206-782-2810.

With these changes, you can now choose the day and location that works best for you to receive the grace of the Sacrament of Reconciliation.

## HAVE YOU EVER FELT CALLED TO SERVE AT MASS?

Our Parish Family is looking for volunteers to join our Liturgical Ministry teams for St. Alphonsus, St. Benedict and St. John!

Whether you'd like to be a lector, altar server, Eucharistic minister, videographer or usher, there's a place for you.

No experience needed, just a willing heart. Sign up today and be part of something meaningful!

For more info, please contact Daniel Pelfrey at [dpelfrey@parishfamily14.org](mailto:dpelfrey@parishfamily14.org)

## WELCOME TO GOD'S FAMILY: CHILDREN BAPTIZED ACROSS OUR PARISH FAMILY

We joyfully welcomed new members into our Parish Family through the sacrament of baptism! These little ones are surrounded by love, faith, and community as they begin their spiritual journeys.

May their faith journey be blessed with divine guidance, the support of their parents and godparents, and the warmth of our Parish Family as they grow in Christ.



*Congratulations on your Baptism!*

St. Alphonsus:  
Cameron James

St. Benedict:  
Chloe  
Gaia  
Nolan

St. John:  
Margot  
Genevieve  
Marcus  
Alexander



Sign up to **get notified of mass cancellations** or mass time changes.  
<https://bit.ly/PF14NotifyMe>



Subscribe to **weekly bulletin and e-newsletter**.  
<https://bit.ly/PF14WeeklyBulletin>



Submit your **questions & feedback** about our Parish Family.  
<https://bit.ly/PF14Queries>



@parishfamily14

# UPCOMING EVENTS



**Ballard Brass  
& Organ**

**SAT. 20 SEPT**  
AT 6:30 PM

St. John the Evangelist  
7916 1st Ave NW,  
Seattle, WA 98117

*No admission fee*

Join us for the second annual evening of brass and organ at St. John. Following the 5 PM evening mass, enjoy the Ballard Brass and special guests including organist Tyler Pattison, with a post-concert reception.

**Youth  
MASS**  
Every 3<sup>rd</sup> Sunday

**SEPTEMBER 21, 2025**  
**SUNDAY, 11 AM**  
**ST. BENEDICT CHURCH**  
*Our young hearts come  
together to worship and serve!*



*Calling all youth! Volunteer as altar servers, ushers, readers, or Eucharistic ministers. It is a great way to serve the Lord and get involved in our parish community. Scan the QR code to sign up!*



<https://bit.ly/StBLiturgicalMin>

## LORD, HEAR OUR PRAYER...



Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Lillian Anderson, Alexander Bodsky, Anneliese Bodsky, Carmen Marie Bravo, Linda Broderick, Joe Chitty, Donna Day, Jeff D'Amelio, Natasha Ryan D'Amelio, Bertha Eriksson, Ritchell Furigay-Cunanan, Todd Galvão, Espedito P. Galvão, Margaret Goodrich, Carol Grimes, Lianne Grimes, Myrna Israkul, Emily Jones, Joan Knebel, Nicholas Konopik, Daniel Love, Josephine Lynch, Seamus Lynch, Norma Macke, Ginny Massett, Darren Miller, Joanne Morgan, Jerry Mulka, Patricia Mulka, Jennifer Nagel, Ray Naidu, Dan Nichols, Patricia Patterson, Jack Piza, Bob Pohlman, Lucy Rogers, Hilda Saleh, Lisa Schmidt, Jack Serwold, Abby Simpson, Lil' Stanley, Jeannette Tannario, Scott Tom, Jane Treeheal, Dennis Weiler, Jerilyn Wetzel, Shea Wilson, Lillian Yamamoto, and Megan Yoshimura.

For those who have died, including Jon Condon, Anne Manfredi, Pat Nolan, Gary Olsen, and Shawn Thomason, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

**The prayer list is updated monthly. To keep your request active, please resubmit it each month.**

Note: To request a prayer, please call the Parish Office or use the QR code or this link:

<https://bit.ly/PF14Prayer>



## READINGS FOR SUNDAY, SEPTEMBER 21 - Twenty-fifth Sunday in Ordinary Time

### First Reading

*God cannot forget the sin of those who cheat the poor.*

**Amos 8:4-7**

Today's first reading, responsorial psalm, and Gospel speak to the pursuit and use of wealth. Amos decries the merchants who cheat the poor, promising that God will not overlook their selfishness. The psalmist promises that the Lord will lift up the poor and lowly. Jesus teaches his disciples to be trustworthy in handling worldly wealth so that they can be trusted with the true wealth that comes from God. Listening to today's selections from Scripture, let us consider our relationship to material wealth.

### Psalm

*"Praise the Lord who lifts up the poor."*

**Psalm 113**

### Second Reading

*Pray for everyone, not just your own.*

**1 Timothy 2:1-8**

### Gospel

*You cannot be the servant of God and the servant of money.*

**Luke 16:1-13**

# FAITH FORMATION AND SACRAMENTS

## SMALL FAITH SHARING GROUPS

### Scripture/Gospel Study

September 15, 7 PM | St. Benedict Gospel Study via Zoom  
Meeting ID: 864 2616 6842 Password: 961919

September 18, 10 AM | St. Alphonsus Scripture Study at  
St. Alphonsus McGrath Room

### Men's Group

September 15, 7 PM | St. Alphonsus Men's Group  
fellowship and faith sharing at St. Al  
McGrath Room

### Women's Group

Join us for a peaceful and uplifting evening as we come together to reflect on overcoming burnout, stress, and anxiety through faith, kinship, and shared wisdom. Whether you're feeling overwhelmed or simply seeking renewal, this gathering offers a space for rest, encouragement, and prayer. We'll meet on **Tuesday, September 30, 6:30 PM, in the St. Alphonsus' McGrath Room**. All are welcome! No RSVP necessary. Questions? Contact [olivia@raesegroup.com](mailto:olivia@raesegroup.com). Future Gatherings: October 28, November 25

## SACRAMENTAL PREPARATION

### Infant Baptism

Baptisms in our Parish Family are scheduled during the Saturday Vigil and Sunday Masses at our three churches. Please see the schedule below for upcoming dates. For more information, contact Julia Rudden at [jrudden@parishfamily14.org](mailto:jrudden@parishfamily14.org).

**December 13 and 14, 2025**

**February 28 and March 1, 2026**

**June 13 and 14, 2026**

### Please feel free to contact us for the following:

**Baptism; First Holy Communion and Reconciliation; Youth Confirmation; Sacrament of Matrimony; Funerals -**

Julia Rudden at [jrudden@parishfamily14.org](mailto:jrudden@parishfamily14.org)

**Order of Christian Initiation for Adults and for Children -**

Claire Shea at [cshea@parishfamily14.org](mailto:cshea@parishfamily14.org)

**Parish Advocates for Annulment -** [annulment@stjohnsea.org](mailto:annulment@stjohnsea.org)

## ARE YOU AN ADULT SEEKING CONFIRMATION, OR INTERESTED IN BECOMING CATHOLIC?

OCIA begins this month! Sessions are held on Thursday evenings at 7 PM in the St. Alphonsus Family Center. This is open to anyone who would like to learn more about the Catholic faith. All are welcome!



## REGISTRATION IS NOW OPEN!

Open to baptized children 7 years of age and in the second grade.

**St. Alphonsus:** Classes started on September 7, 2025! Email [claireshea@stalseattle.org](mailto:claireshea@stalseattle.org) for more information.

**St. Benedict:** Classes start on Sunday, October 5th, at 10 AM in the St. Benedict Resource room. Please email [jrudden@parishfamily14.org](mailto:jrudden@parishfamily14.org) for registration form and more information.

**St. John:** Classes begin October 5, 2025! For more info, email [jrudden@stjohnsea.org](mailto:jrudden@stjohnsea.org) or visit <https://www.stjohnsea.org/first-reconciliation-and-first-communion>.

## FIRST HOLY COMMUNION & RECONCILIATION



REGISTER NOW!

## Youth Confirmation PREPARATION CLASSES

- All baptized Catholic youth of our Parish Family in grades 7 and above are invited to join.
- Register here: <https://bit.ly/PF14ConfirmationReg>
- For full details, go to <https://www.stjohnsea.org/confirmation> or contact Julia Rudden at [jrudden@parishfamily14.org](mailto:jrudden@parishfamily14.org) with any questions.

# SOCIAL JUSTICE COMMISSION

Social Justice Commission's  
*Hygiene Supplies*  
**DONATION DRIVE**  
 September 1 - 30, 2025



Here is a list of most needed supplies (full size please):

- Shampoo/Conditioner (TRESemmé, Garnier Fructis, Dove, Pantene)
- Body Wash (Suave and Dove)
- Soap bars
- Toothpaste/toothbrush (Colgate, Crest and Aquafresh)
- New socks & underwear
- Toilet paper
- Laundry detergent
- Dish soap

Donation boxes are placed in the vestibule of **St. Benedict and St. John**.



**IN-PERSON**  
 Sep 24, Wed, 6 - 7 PM  
 Solid Ground's Office in  
 Wallingford (1501 N 45<sup>th</sup> St.,  
 Seattle, WA 98103)

There will be food to share!

**ONLINE**  
 Oct 3, Fri, 12 - 1:30 PM  
 Hosted over Zoom.

All participants will receive a recording after training.

**LEARN HOW TO USE YOUR VOICE FOR HOUSING JUSTICE!**

**SCAN THE QR CODE TO REGISTER! IT'S FREE!**

For more information, visit:  
<https://www.solid-ground.org/events/housing-justice-human-services-advocacy-training/>

## Sancta Vita

"You are families, young people, less young, elderly, always the family. Let's defend the family, which is essential for raising children."

- Pope Francis, 06/06/2024

Sancta Vita's  
**DONATION DRIVE**

Thank you to all who contributed goods and funds to the Sacred Heart Shelter drive! Your generosity is greatly appreciated.



SOCIAL JUSTICE COMMISSION'S SPEAKER SERIES

# THE CLIMATE CRISIS



## AND THE FOUR LEVELS OF ACTION

**SEPTEMBER 14, SUNDAY**  
 12:30-1:30PM  
 St. Alphonsus Family Center

Speakers:  
**PAUL LITWIN (ST. JOHN)**  
**LEN KANNAPELL (ST. BENEDICT)**

Join us for a one-hour interactive discussion on the climate crisis! Learn what's at stake and explore how we can take action together. Light refreshments will be provided.



Saint Francis of Assisi Ministry

# SEASON OF CREATION

September 1 to  
 October 4, 2025

The 2025 Season of Creation encompasses the World Day of Prayer for Creation and the Feast of Saint Francis of Assisi, dedicated to celebrating God as Creator and renewing our commitment to caring for the Earth through prayer and action.

- **Sun, September 14, St. Alphonsus, 12:30 PM:** The Social Justice Commission is hosting "The Climate Crisis and the Four Levels of Action" with speakers Paul Litwin and Len Kannapell.
- **Sat, September 20, St. Benedict, 10 AM - 12 PM:** Neighborhood Cleanup at the corner of Wallingford and 49<sup>th</sup> St. Gloves, grabbers, garbage bags, and visibility vests will be provided. It will be a great opportunity for adults and children to beautify our neighborhood, have fun, and earn service credit!
- **Sun, October 12, St. John:** Blessing of Pets. After Mass in the **St. John schoolyard from Noon - 12:30 PM**. More details to come.
- **Sat, November 8, Christ the King, 9:00 AM:** North Seattle Sacred Salmon Pilgrimage. We will join with other North Seattle parishes and schools to walk from Christ the King church to Carkeek Park to view the spawning salmon. More details to come.

See [saintfranciseseattle.org](http://saintfranciseseattle.org) for more details.

# FAITH IN FOCUS



## Exaltation of the Holy Cross

THE CROSS could have become a symbol of shame for Christians. It brought about the death of Jesus Christ. However, faith in the Resurrection made the Cross a symbol of pride. The worst weapon of Jesus' enemies could not overpower him. Through the Cross, Jesus triumphs over death.



Pride in the Cross soon turned to veneration of the Cross. Since no record from the time of the apostles indicates that the Cross of Christ was preserved, zealous Christians later searched for its remains. They had already honored the general location of Calvary and the Sepulcher, so new basilicas were built over those sites under the reign of Constantine in the early fourth century. Around this same time, people believed they had identified relics of the Cross of Christ, and these diffused throughout the Christian world. John Calvin sarcastically noted that if all the splinters of the Cross were gathered together, they would fill a ship—three hundred people could not carry the Cross which one person carried up to Calvary.

It is difficult to verify splinters of the true Cross of Christ. However, legend has it that in 322, Helena, the mother of Constantine, uncovered three Crosses in the excavations for the new basilicas in Jerusalem. She assumed them to be the Crosses of Jesus and the two wrongdoers. Macarius, the bishop of Jerusalem, brought in a dying woman and had her touch the Crosses. The third one cured her, and that Cross was proclaimed the Cross of Christ. It became an object of veneration in Jerusalem until it was stolen in the seventh century, but Heraclius of Constantinople captured and returned it in 629, bringing it into the city, where it was lifted up for all to venerate again. This “exaltation” of the Holy Cross gave us a feast day on September 14 every year.

In recent decades, our calendar changed its title from the Exaltation of the Holy Cross to the Triumph of the Cross and back to Exaltation again. It is still celebrated on September 14 to commemorate both the victory of Christ and the dedication of the Basilica of the Holy Sepulcher in Jerusalem in 335. As a feast of Christ, when it falls on Sunday, it replaces the regular liturgy for Ordinary Time.

*Bulletin Inserts for the Liturgical Life of the Parish: The Liturgical Year* © 2020  
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Written by Paul Turner.

## SAINT OF THE MONTH

**Bl. Pier Giorgio Frassati** (Apr 6, 1901 - Jul 4, 1925)  
**Feast Day: July 4**



Pier was born in Turin, Italy, in 1901. His mother was an artist and his father founded and ran the Italian newspaper *La Stampa*.

As he was growing up, Pier developed two habits that became part of his everyday life. He went to Mass daily to receive the Eucharist, and he also prayed the Rosary. He never hesitated to share his faith with others.

Pier had a great concern for the poor, even as a child. One day a needy mother with a young son came to the Frassati home to beg for food. Pier noticed that the child was barefoot. He took off his own shoes and gave them to the boy, and then he and his mother fed the poor family. Pier used the money he got as a graduation gift to rent a room for a woman who had been evicted from her apartment because she had no money. He gave away his allowance to the poor, and sometime he chose to walk home from school because he gave the money for his bus or train fare to someone in need.

He joined the St. Vincent de Paul Society as a young man and spent hours on activities that helped the poor and sick. As a mining engineer, he cared deeply about the rights of the miners. He wanted them to have just working conditions and fair wages.

When he was 24, Pier became very ill with polio. Some people said he got this disease from caring for people in the slums of Turin, but Pier saw Jesus in the people he served. In his last days, he whispered the names of people who still needed assistance to his family and friends who gathered at his bedside. He died on July 4, 1925.

Peter was declared “Blessed” in 1990 by Pope John Paul II, who called him a “man of the Beatitudes” and a “joyful apostle of Christ.” Many people were surprised that the Vatican created an official portrait of him for his beatification that showed him outdoors, leaning on an ice axe, with one foot on a rock, in honor of his youthful vitality and his love of the mountains.

<http://www.saintsresource.com/pier-giorgio-frassati>

**Pier Giorgio Frassati's canonization is set for Sept. 7, 2025,** alongside Blessed Carlo Acutis, by Pope Leo XIV during the Vatican's Jubilee Year of Hope.

## PARISH FAMILY LEADERSHIP TEAM

### Pastor

Fr. Colin Parrish  
pastor@parishfamily14.org

### Parochial Vicar

Fr. Paul Nkolombidzo  
fr.nkolombidzo@parishfamily14.org

### Director of Operations

Dani D'Amelio  
ddamelio@parishfamily14.org  
206-782-2810 ext 314

### Director of Communications

Racquel Servito  
r.servito@parishfamily14.org  
206-632-0843 ext 210

### Pastoral Associate for Administration

Mary Wiseman  
mwiseman@stjohnsea.org  
206-782-2810 ext 314

### Principal, St. Alphonsus School

Nick Padrnos  
npadrnos@stalseattle.org | 206-782-4363

### Principal, St. Benedict School

Brian Anderson  
b.anderson@stbens.net | 206-633-3375

### Principal, St. John the Evangelist School

Abby Mansfield  
amansfield@st-johnschool.org  
206-782-2810 ext 310

# PARISH FAMILY UPDATES

## Help Drive Fr. Nkolombidzo

Call for  
volunteers!

We're looking for a few kind hearts to help drive Fr. Nkolombidzo to his Masses and parish meetings.

We'll put together a directory of volunteers with your usual availability and contact info, so it's super simple to schedule. Even if you can help just once in a while, it would mean so much.

It's an easy way to make a big difference and keep our Parish Family connected! Let's make this happen together!

Sign up here!

<https://bit.ly/PF14Drive>



## EUCCHARISTIC MINISTERS NEEDED: TRAINING & INVITATION

Become a Eucharistic Minister and serve our Parish Family in a beautiful and sacred way. As a Eucharistic Minister, you'll play a vital role in distributing the Body and Blood of Christ to your fellow parishioners.

This is a perfect ministry for confirmed Catholics who have a deep love for the Eucharist but prefer not to have a public speaking role. Your commitment is only during Mass, and you won't need to arrive early or stay late.

If you're ready to serve with fidelity, reverence, and love, please join us for **training at St. John the Evangelist on Saturday, September 20, at 4:15 PM before the vigil mass.** This is a great opportunity for new ministers as well as those experienced to get a refresher.

For more information, please get in touch with Lauren Exnicios at [lexnicios@gmail.com](mailto:lexnicios@gmail.com).

## POSITIONS AVAILABLE IN ST. JOHN'S XDC

St. John is looking for a few more XDC employees to staff the after-school program (2:30-6:00 PM), Monday to Friday.

Ages 16+ are welcome to apply, and it would be a great job for older highschoolers or college students. The greatest need is M-F 4:00-6:00 PM.

Contact Abby Mansfield ([amansfield@st-johnschool.org](mailto:amansfield@st-johnschool.org)) or Rachele Overby ([roverby@st-johnschool.org](mailto:roverby@st-johnschool.org)) if you know of anyone who might be interested.



## Our Parish Family NEEDS YOU!

We'd love your help at the  
**Faith Formation Office front desk**,  
located at the St. Benedict Parish Center.  
Even one day a week, or just a few hours  
here and there, will be a huge blessing.

Interested? Email us at [info@parishfamily14.org](mailto:info@parishfamily14.org)!

**Do you have a few hours to spare during the week?  
Volunteer now!**

Volunteers help by answering phone calls, sorting mail, and welcoming those who stop by. We'll give you guidance and a handy list of who to call for different inquiries.

We'll work around your schedule and the time you're able to give.

Your presence, time, and kindness will be such a gift to our Parish Family! For School Parents, this counts toward your volunteer hours!

## family ADORATION

Thursdays  
3:00 - 4:00 PM  
when school is in session

St. John Adoration Chapel



## FUNERAL ANNOUNCEMENT

The Funeral Mass for **Greg Kokorowski** will be on Saturday, September 20, at 11 AM at St. John. Reception to follow in Egan Hall.



# PARISH FAMILY UPDATES

## BUMP IT UP! IS BACK THIS SEPTEMBER!

This is our Annual FUNraiser Tournament to support St. John/Alphonsus Athletics!

Registration: \$50 per person

Faculty/Staff : <https://bit.ly/BIPFaculty>

NON-Faculty/Staff: <https://bit.ly/3VoPeMo>

Dates: Starts the week of September 22. Playing times will be for 50 minutes, twice a week during the evening hours (6pm or 6:50pm or 7:40pm or 8:20pm) on Tuesdays, Wednesdays, and Thursdays during late September and October.

Thank you for supporting St. John/St. Al Athletics by coming out and playing! Questions? Contact John Fletcher (Bump It Up Coordinator), [fletchjp@aol.com](mailto:fletchjp@aol.com), or Brian Haid (Athletics Director), [stjohnad@st-johnschool.org](mailto:stjohnad@st-johnschool.org).



**SUNDAY**  
**Sept. 21**

Please Join the Knights of Columbus for a  
**PANCAKE**  
**Breakfast**  
AFTER EACH MASS  
St. John the Evangelist Parish, Admin Building



## HAM AND PANCAKE BREAKFAST AT ST. ALPHONSUS



On Sunday, **September 28**, the men of the **Holy Name Society** will serve up a ham and pancake breakfast after the 9 AM Mass, at the St. Alphonsus Family Center. All Parish Family members are invited. Suggested donation is \$5 per plate.

## PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

### Week of September 7, 2025

#### St. Alphonsus Parish

##### MASS ATTENDANCE

Saturday, 5 PM	104
Sunday, 9 AM	221

##### PARISH COLLECTION

Mass Collection	\$ 4,324.00
Online Donations	\$ 3,082.65
Mailed-in	\$ 515.00
<b>Total Collection</b>	<b>\$ 7,921.65</b>
Weekly Budget	\$ 9,833.00
<b>Under Weekly Budget</b>	<b>\$ 1,911.35</b>

Thank you so much for all your support to St. Alphonsus Parish!

Set up your recurring online giving now!



#### St. Benedict Parish

##### MASS ATTENDANCE

Sunday, 11 AM	242
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##### PARISH COLLECTION

Mass Collection	\$756.00
Online Donations	\$ 3,868.54
Mailed-in	\$ 800.00
<b>Total Collection</b>	<b>\$5,424.54</b>
Weekly Budget	\$ 6,055.00
<b>Under Weekly Budget</b>	<b>\$ 630.46</b>

Thank you so much for all your support to St. Benedict Parish!

Set up your recurring online giving now!



#### St. John Parish

##### MASS ATTENDANCE

Saturday, 5 PM	100
Sunday, 8:30 AM	175
Sunday, 10:30 AM	177

##### PARISH COLLECTION

Mass Collection	\$ 3,354.00
Online Donations	\$ 10,490.79
Mailed-in	\$ 7,071.00
<b>Total Collection</b>	<b>\$ 20,915.79</b>
Weekly Budget	\$ 17,229
<b>Over Weekly Budget</b>	<b>\$ 3,686.79</b>

Thank you so much for all your support to St. John Parish!

Set up your recurring online giving now!  
<https://bit.ly/PushpaySJ>



# SCHOOL NEWS

## St. Benedict Parents' Club

INVITES YOU TO JOIN US FOR A DINE OUT FUNDRAISER AT



TUESDAY, SEPTEMBER 30TH, 2025  
4 PM - 9 PM

2501 EASTLAKE AVE E. SEATTLE, WA 98102

20% OF ALL SALES GO TO  
ST. BENEDICT SCHOOL

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YOU CAN JOIN THE ONLINE WAITLIST. CAN'T WAIT TO SEE YOU THERE!

WWW.MIOPOSTOPIZZA.COM

## DISCOVER THE GIFT OF CATHOLIC EDUCATION

Our Parish Family is blessed with vibrant Catholic schools that partner with families in nurturing faith, knowledge, and community.

We invite you to consider them for your child's education and contact them through the following:



St. Alphonsus Parish School  
admissions@stalseattle.org  
206-782-4363



St. Benedict School  
p.ziemer@stbens.net  
206-633-3375



St. John School  
jskogan@st-johnschool.org  
206-783-0337 ext. 323

We look forward to welcoming your family into our school communities!

## PARISH FAMILY STAFF

### Pastor

Fr. Colin Parrish

### Parochial Vicar

Fr. Paul Nkolombidzo

### Admin/Operations Team

St. John Admin Building

Trunkline: 206-782-2810

### Director of Operations

Dani D'Amelio

ddamelio@parishfamily14.org

### PA for Administration

Mary Wiseman

mwiseman@stjohnsea.org, ext 313

### Director of Communications

Racquel Servito

r.servito@parishfamily14.org

### Director of Development

Teresa Gillett

tgillett@stjohnsea.org, ext 355

### Administrative Assistant

Sheila Marty

smarty@stjohnsea.org, ext 358

### Receptionist/Admin Assistant

HongPhuc Nguyen

hpnguyen@stjohnsea.org, ext 300

### Faith Formation Team

St. Benedict Parish Center

Trunkline: 206-632-0843

### Executive Assistant

Lori Corcoro

lcorcoro@parishfamily14.org

### Liturgy Coordinator

Daniel Pelfrey

dpelfrey@parishfamily14.org

### Evangelization Coordinator

Claire Shea

cshea@parishfamily14.org

### Sacramental Coordinator

Julia Ruden

jrudden@parishfamily14.org

### Music Director

Andrew Koch

### On-Site Staff

#### St. Benedict Site Director

Anita Hardwick

a.hardwick@stbens.net

206-632-0843 ext. 222

#### St. Alphonsus Facilities Supervisor

Erik Ronning

facilities@stalseattle.org

#### St. John Facilities Supervisors

Ryan Roach | Beatriz Palomo

maintenance@stjohnsea.org

# THROUGHOUT THE ARCHDIOCESE



**Are you unhappy in your marriage?**

It doesn't have to be that way! Retrouvaille (pronounced retro-vi) is a marriage program that helps couples restore their marriage and rebuild a loving relationship. Whether you need a refresh or a rescue, we can help.

Our next program starts **September 19-21, 2025**. To learn more go to [www.marriagehelpnw.com](http://www.marriagehelpnw.com) or call 206-706-2608



**Rev. James D. Picton**

St. Madeleine Sophie Church, Bellevue

**Vigil Service**  
September 18, 7pm  
Fr. Tony Bawyn,  
presider

**Funeral Mass**  
September 19, 11am  
Archbishop Paul D.  
Etienne, presider



## WEBINAR

**UNDERSTANDING THE INTERSECTION OF CATHOLIC MORAL TEACHING AND MIGRATION**

**THURSDAY** **NOON**  
SEP 18, 2025 **1:00 PM**

Dr. Todd Scribner will examine the ways in which the Catholic moral tradition informs Church teaching on migration and provides guidance to Catholics who engage the issue in the public square. He will provide an overview of migration policy considering current events and highlight some of the ways that Church leadership has responded to these developments.

**REGISTER NOW**

<https://bit.ly/4j6ZWei>



**GUEST SPEAKER**

**TODD SCRIBNER**

ASSISTANT DIRECTOR, EDUCATION & OUTREACH, MIGRATION AND REFUGEE SERVICES (USCCB)

Visit Our Website  
[wacatholics.org](http://wacatholics.org)

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# VINCENTIAN CHARITY GOLF CLASSIC

at Washington National Golf Club

Friday, Sept. 26, 2025 8am Tournament Start

**GOLF FOR A GREAT CAUSE AND SUPPORT A CATHOLIC CHARITY!**

Register today at: [www.svpdseattle.org/golf](http://www.svpdseattle.org/golf)

Join us for the Jubilee Year **Immigration Pilgrimage of Hope**

October 4 | 9:30am — noon  
Starts at St. Leo's Tacoma  
Ends at ICE Detention Center

Archdiocese of Seattle  
Jubilee 2025

### Spanish-speaking Web Developer Contractor

Seeking a part-time Spanish-speaking website contractor with experience in WordPress to help update and maintain the Spanish version of the Archdiocese of Seattle website. Knowledge of Catholic faith practices and terms preferred. To apply, please send in your resume and cover letter to [Web.Development@seattlearch.org](mailto:Web.Development@seattlearch.org).

The Archdiocese of Seattle has a number of open positions at parishes, schools, camps, the Retreat Center and the Chancery. Are you or someone you know interested in putting your gifts and talents to work for the archdiocese? View all open positions at <https://archseattle.org/careers>

SPANISH-SPEAKING WEB DEVELOPER



## OPENING OUR HEARTS TO FAITH IN ACTION

### 9th Annual Catholic Immigration Summit

September 27 | 9am-3:30pm | Seattle University  
Registration is required. To learn more and sign up, go to <https://bit.ly/3J6FahF>

## CARING FOR CREATION

The Cry of the Earth Miniseries

*Will we listen?*

**“Caring for Creation”:**  
**A miniseries with the Sisters of St. Joseph of Peace**  
Sept 1 - Oct 4 | Virtual - Episode 1: <https://bit.ly/4nqq4To>

The Archdiocese of Seattle is co-sponsoring this weekly video series during the Season of Creation. Learn more about our earth, its suffering in today's climate, and how we can become better stewards of it. Sign up to get new weekly episodes in your inbox: <https://bit.ly/41NUPJf>

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