

# Fourth Sunday of Lent March 10, 2024

Weekend Masses: Saturday (Vigil) 5:00 PM Sunday

8:30,11:00 AM and 5:30 PM

Reconciliation: Friday: 9:15 AM & Saturday: 3:00-4:00 PM

or by Appointment (Call Main Office)

Perpetual Eucharistic Adoration - See pg 2

Parish Office (253) 631-1940 Faith Formation (253) 631-6175 13055 SE 192nd Street Renton, WA 98058 www.ststephenslife.com Listing of Parish Staff on the back inside page

#### Words from Fr. Ed

Gospel: Jn 3:14-21

Jesus said to Nicodemus: "Just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life." For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of



the only Son of God. And this is the verdict, that the light came into the world, but people preferred darkness to light, because their works were evil. For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed. But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.

Jesus is lifted up on the cross for all to see. It is a grace to look upon the crucifix and meditate on what God did for us. We heard this in last week's Cycle A Readings, "But God proves his love for us in that while we were still sinners Christ died for us." We offer every year the devotion of the Stations of the Cross as a way of meditating on Jesus' Passion for us. This devotion is granted a Plenary Indulgence as long as these few conditions are met:

**63. EXERCISE OF THE WAY OF THE CROSS. PLENARY INDULGENCE.** A Plenary indulgence is granted to those who piously make the Way of the Cross. The gaining of the indulgence is regulated by the following rules:

Must be done before stations of the cross legitimately erected.

- 1. 14 stations are required. Although it is customary for the icons to represent pictures or images, 14 simple crosses will suffice.
- 2. The common practice consists of fourteen pious readings to which some vocal prayers are added. However, nothing more is required than a pious meditation on the Passion and Death of the Lord, which need not be a particular consideration of the individual mysteries of the stations.
- 3. A movement from one station to the next is required. But if the stations are made publicly and it is not possible for everyone taking part to go from station to station, it suffices if at least the one conducting the exercise goes from station to station, the others remaining in their places.
- 4. Those who are "impeded" can gain the same indulgence if they spend at least one half hour in pious reading and meditation on the Passion and Death of our Lord Jesus Christ.
- 5. For those belonging to the Oriental rites, amongst whom this pious exercise is not practiced, the respective Patriarchs can determine some other pious exercise in memory of the Passion and Death for the gaining of this indulgence.

In addition, there are three necessary conditions for receiving a plenary indulgence for doing any of the prescribed works we just learned. Each one in this trinity of conditions also has the bonus of adding to our Lenten journey. They are:

- 6. Sacramentally confess your sins
- 7. Receive Holy Communion. ("It is certainly better to receive it while participating in Holy Mass, but for the indulgence only Holy Communion is required")
- 8. Pray for the intentions of the Holy Father. One Our Father and one Hail Mary fully satisfies this.

There is actually one more: You must "have the interior disposition of complete detachment from sin, even venial sin."

Hopefully you can spend some time with an image of Christ. All of us should have crucifixes in our homes as a way of honoring Christ, protecting our families, and lifting our eyes to God's infinite love for us. For more information see: https://www.ncregister.com/blog/4-ways-to-gain-a-plenary-indulgence-daily-during-lent https://www.catholic.org/prayers/indulgw.php

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#### **Weekly Readings**

**March 10 Fourth Sunday of Lent** 2 Chr 36:14-16, 19-23; Ps 137:1-6; Eph 2:4-10; Jn 3:14-21

March 11 Monday of the Fourth Week of Lent Is 65:17-21; Ps 30:2, 4-6, 11-12a, 13b; Jn 4:43-54

March 12 Tuesday of the Fourth Week of Lent Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16

March 13 Wednesday of the Fourth Week of Lent Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30

March 14 Thursday of the Fourth Week of Lent Ex 32:7-14; Ps 106:19-23; Jn 5:31-47

**March 15 Friday of the Fourth Week of Lent**Wis 2:1a, 12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30

March 16 Saturday of the Fourth Week of Lent Jer 11:18-20; Ps 7:2-3, 9bc-12; Jn 7:40-53

**March 17 Fifth Sunday of Lent** Jer 31:31-34; Ps 51:3-4, 12-15; Heb 5:7-9; Jn 12:20-33

#### **Parish Calendar**

Sunday	March 10	

8:30 am – 9:30 am Mass (live-streamed) 11:00 am -12:00 pm Mass

1:00 pm - 3:00 pm Living Stations Practice 1:00 pm - 3:00 pmFinancial Peace University

5:30 pm - 6:30 pm Mass

6:00 pm - 8:00 pm **Apologetics Meeting** 

Monday March 11

9:00 am - 10:30 am **Darling Dusters** 

10:00 am - 11:45 am Food Pantry (drive by only) 3:00 pm - 3:30 pm Divine Mercy Chaplet 5:30 pm - 6:00 pm **Evening Prayer** 

6:00 pm - 7:30 pm St. Vincent de Paul Meeting 6:30 pm - 7:15 pm Mass (live-streamed) 7:30 pm - 9:00 pm Living Stations Practice

**Tuesday March 12** 

9:00 am - 11:30 am Scripture Study 12:00 pm - 12:45 pm Stations of the Cross 3:00 pm - 3:30 pm **Divine Mercy Chaplet** 5:30 pm - 6:00 pm Evening Prayer

6:00 pm - 9:00 pm Girl Friends Lit & Latte Meeting

6:30 pm - 7:15 pm Mass (live-streamed) 6:30 pm - 8:30 pm Scripture Study

7:00 pm - 9:00 pm RCIA

#### Wednesday March 13

8:00 am - 12:00 pm Campus Crew 10:00 am - 10:45 am Rosary Group 3:00 pm - 3:30 pm **Divine Mercy Chaplet** 4:00 pm - 5:45 pm Food Pantry (drive by only) **Evening Prayer** 5:30 pm - 6:00 pm

6:30 pm - 7:15 pm Mass (live-streamed) 7:15 pm- 7:45 pm Our Lady of Perpetual Help Novena

7:30 pm - 8:30 pm Sacred Story 7:30 pm - 9:00 pm Young Adult Group 7:30 pm - 9:00 pm Adoration & Reconciliation

**Thursday March 14** 

8:30 am - 9:30 am Mass (live-streamed) 3:00 pm - 3:30 pm **Divine Mercy Chaplet** 5:30 pm - 6:00 pm **Evening Prayer** 6:00 pm - 9:00 pm

**Encounter School of Ministry** 6:30 pm - 8:00 pm Pastoral Council Meeting 7:00 pm - 8:30 pm Respect Life Ministry Meeting Precious Blood of Jesus Devotion 7:00 pm - 7:30 pm

Friday March 15

6:30 am - 7:30 am Men's Prayer/Reflection (Doors open at 6:15)

Stations of the Cross

8:30 am - 9:30 am Mass (live-streamed) 9:00 am - 10:00 am Sacrament of Reconciliation

10:00 am - 11:00 am Sacred Story

10:00 am - 11:45 am Food Pantry (Drive by only) **Divine Mercy Chaplet** 3:00 pm - 3:30 pm 5:15 pm - 6:30 pm Fish Frv **Evening Prayer** 5:30 pm - 6:00 pm

7:00 pm - 7:45 pm Saturday March 16

6:30 am - 7:30 am Saturday Morning Holy Hour

7:30 am - 8:30 am Exodus 90

8:30 am - 9:15 am Mass (live-streamed) 9:15 am - 2:30 pm Give Up a Saturday for Lent 3:00 pm - 4:00 pm Sacrament of Reconciliation

5:00 pm - 6:00 pm **Vigil Mass** 



#### Give Up a Saturday for Lent, March 16

Starts right after 8:30am Mass until 2:30pm. Sign up cards are in the pews. Lunch is provided, fellowship and projects abound. Please come and join our Parish Family in preparing our Campus for the celebration of Easter!! All ages are welcome. If you have any questions, please contact Kim Anderson at kanderson@ststephenslife.com or Dan Shonka at dan.shonka@outlook.com.

#### St Stephen's Church Library Open Hours

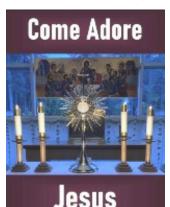
Our Church library is located toward the back of the Church to the left of the baptismal font (when facing the altar). Come and see our wonderful collection of faith-filling books. Open hours are:

Monday and Tuesday 1:00 pm - 3:00 pm

Sunday 1:00 pm - 3:00 pm and 6:00 pm - 8:00 pm

#### Adoration Invitation

At St. Stephens we enjoy Perpetual Adoration of Jesus in the chapel/church. That means Jesus is exposed in the Monstrance 24 hours 7 days (except during scheduled Masses). At this time we find



ourselves with open hours needing to be filled by committed adorers. Is Jesus calling you to Come and Adore Him? Here are the hours in need of filling:

Mondays at 1:00 am Thursdays at 11:00 pm Fridays at 12:00 am

To sign up visit https://ststephenslife.com/eucharisticadoration or contact coordinator Bernie 206-427-6085 or Tina 206-715-8462.

	Feb 20- Feb 26, 2024	Feb 13- Feb 19 2024	FY To date July 1 2023-Feb 29 2024
Collections-actual Collections-Budge	14,108	21,772	731,968
t	19,018	16,899	577,790
Variance	(4,910)	4,873	154,178
*EFT-Actual	11,951	4,955	324,945
*EFT-Budget	7,813	10,599	277,735
Variance	4,138	(5,644)	47,210
Total Collections Variance	(772)	(771)	201,388
Outreach Collections-	Not Included abo	ove	
Outreach Assistance	145	550	23,875
Food Pantry	2,431	1450	28,811
EFT= Electronic Funds Transfer (Online Collections)			New Fiscal Year began 7/01/202

### Faith Formation Programs

**Children and Families (K-5th Grade)** This year, we provide onsite classes, family learning & activities, family Mass, and at-home learning. On-site classes are once/month on Wednesdays, 6:00-7:30 pm. We're also adding community nights for families (all parish) on Friday nights!

If you're interested in **First Sacraments (Baptism, First Reconciliation, First Eucharist)**, follow the link to our web-page. The program will be the same as above, plus more! There are prerequisites for First Sacraments and you will use a different registration form. (Our website will guide you.) To learn more and register, visit: https://ststephenslife.com/elementary-programs

Teens (6th-8th Grade) Teens sign up for EDGE (6th-8th) or LIFE TEEN (9th-12th). Both programs will be on alternating Sundays.



**Early-bird registration for the Steubenville NW Conference** in Spokane are open now through Feb 28. The theme of this 3-day event (July 12-14) is "Illuminate" and will feature exciting Catholic speakers, Adoration, Mass, and Confession. The discounted rate for the conference and lodging is \$375, and is only available if you register by Feb. 28. Contact Michael Joseph at mjoseph@ststephenslife.com for information or visit the Conference's website at <a href="https://steubenvilleconferences.com/events/nw/">https://steubenvilleconferences.com/events/nw/</a>. Register at <a href="https://archseattle.ccbchurch.com/goto/forms/1842/responses/new">https://archseattle.ccbchurch.com/goto/forms/1842/responses/new</a>.



**Summer Service Project** - SSTM will be taking a group of 8 high school students on the Agape Service Project this summer (June 30-July 4). This week long service trip will engage our youth in elements of Catholic Social Teaching and allow them to help serve the marginalized people of Whatcom County. Since there is limited space, please contact Michael Joseph directly if interested at mjoseph@ststephenslife.com.



**Baptism Classes** In-person classes to prepare for Infant Baptism are now available. Pre-registration is required to attend. Class size will be limited, and you must have proof of pre-registration to be admitted. Please, only 2 parents, baby, 2 godparents (5 total) per family. Pre-register by calling (253) 480-7106 or emailing Ellen Golden at egolden@ststephenslife.com.

#### Attention Youth: The Living Stations are Happening!

Lent is just around the corner, and our annual tradition is set to return! Watch for details in the bulletin or weekly Update. Our next meeting will be **Sunday**, **March 10th at 1:00 pm** in the main church. For questions or to sign-up, contact Michael Joseph at mjoseph@ststephenslife.com





**St Anthony School Now Enrolling:** St. Anthony School - Are you interested in your child receiving a mission-based, community-focused Catholic education? For nearly 100 years, St. Anthony School has educated the whole child to better the world and serve others. We have spots available in all grades for this upcoming school year, 2024-2025. Please visit our website at <a href="www.sasr.org">www.sasr.org</a> or email Jean Dang at <a href="mailto:dang@sasr.org">dang@sasr.org</a> to set up a school tour or to learn more info.



Job Opening: Custodian Lead Position Custodian Lead Position at St. Stephen the Martyr 5 days a week, 36 hours, afternoons to evening work hours. Position responsibilities include coordination of custodial schedules, managing and ordering supplies for Facilities, and Coordinating Set-ups & takedowns of tables and chairs for events and ministry needs. Also is responsible for monitoring other custodians, training new custodians, and coaching when processes change. The Lead Custodian works closely with the Facilities Manager. Flexibility regarding work hours is necessary for church holidays and events. Guest service is an essential part of this job. The lead custodian will work with fellow staff members and volunteers in a variety of ways and be responsible for maintaining safety policies to keep the staff and volunteers safe. Occasionally will be required to work on special projects such as floor stripping & waxing, basic repairs, and other projects as directed by the Facilities Manager. Basic computer skills are required. The starting wage based on experience is \$17.50 - \$18.00 per hour plus Benefits. For an application or questions, please contact Kim Anderson at kanderson@ststephenslife.com or Tom Jones at tjones@ststephenslife.com.



#### St. Stephen's Food Pantry Needs Your Donations!

Please prayerfully consider providing the pantry with the following: Peanut butter, Canned fruit, Canned vegetables, Pasta sauce, Pasta or spaghetti, Chili, Dry rice (1lb. Bags), Dry beans (1lb. bags), Soups, Ramen noodles, Tuna or canned meat, Mac and cheese, Dry cereal, Oatmeal packets.

## -REVIVAL NIGHTS



## -FORMATION NIGHTS

## **Revival Nights**

A prayerful time of reflection, worship and adoration before the Blessed Sacrament. In the main Church Wednesdays: March 13, April 24, May 22, June 26

## Formation Nights

Explore the treasure of the presence of Jesus in the Eucharist. Program includes quality video content, reflection and discussion. In the main Church Mondays: March 18, April 15, May 13, June 17.

St Stephen the Martyr Church 13055 SE 192nd St, Renton, WA 98058 ststephenslife.com













#### Are You or Someone You Know Thinking of Returning to the Catholic Church?

While people become separated from active Catholic life for all kinds of reasons, Christ extends His invitation of love for all to return home. Our parish community welcomes anyone looking to rediscover their Catholic Faith. It is our hope and prayer that you'll feel welcome to join us for a time of rediscovery. To get started contact Bill Swedberg at 253-480-7107 (121) bswedberg@ststephenslife.com.

**Grief Ministry** - If you are grieving the death of a loved one, come find strength and compassion with the St. Stephen's Virtual Grief Support Group on Sunday, **March 17th,** St Patrick's Day, from 1:00-2:30 pm. The meeting will be held in the Chapel as well as on Zoom. Our topic will be "Pain, Pain Go Away". For more information and to register, please contact Sharon Rasmussen at srasmussen910@yahoo.com. "God comforts us in all our troubles so that we will be able to comfort others." 2 Corinthians 1, 4

#### **Financial Peace University**

If you've ever felt like you just can't get in control of your money, you're not alone. You'd be surprised how many people you know are struggling just like you. But it's time for your struggle to end—starting today. Join my Financial Peace University class at St. Stephen the Martyr starting on Sunday, March 10, 2024, and learn how you can pay off debt, save more money, and build wealth. Visit <a href="https://www.fpu.com/AFD728">https://www.fpu.com/AFD728</a> to sign up!

**March 10 - Fourth Sunday of Lent:** In today's Gospel, God demonstrates great love for us by sending his Son so that we may believe in him. We demonstrate our great love for God by doing good works: reaching out to others, acting in justice and charity. Through your almsgiving you are performing a good work; far greater than you think. Know that your donations to St. Vincent de Paul are helping to keep lights on, water running and rent paid to our neighbors in need.

**40 Days for Life February 14 - March 24** - Renton 40 Days for Life For more information go to St. Stephen Respect Life web-page: https://ststephenslife.com/respect-life for more information to sign in and up to stand vigil in the 40 Days for Life/Renton campaign. Scroll down to the Renton 40 Days for Life campaign flyer to find the URL or QR code for the campaign. Questions? contact Mary K at: 19jmj54@comcast.net

Cruise with Fr. John! Fr. John Madigan is traveling again. You may join him for a 7 day Inside Passage Alaska Cruise beginning 1 MAY or the 4 Day Pacific Northwest Explorer. Just take the bus or train to Vancouver to board Holland America's ms Zaandam. Catholic Women and friends are invited to Celebrate a "Century+ of HERstory" while at sea between Astoria & Seattle from 27APR to 1MAY. A special half day "Mary & Martha" tour is planned for Seattle. Contact Kathleen Tansey at 253-653-6074 or Kathleen@travelcenter4u.com for details.



## Seattle Men's Conference at St Stephen the Martyr April 20th

All Men are invited to this powerful day of fellowship, worship, and growth as we delve into what it means to live as authentic Catholic Christian men in today's world. Our theme this year, Forged by Love, will explore the power of the Eucharist to form our hearts and minds in Christ. Keynote speakers include Bishop Frank Schuster, Fr Paul Heric, Seattle Seahawk Abraham Lucas, Musician Daniel Oberreuter and Deacon Jim Johnson! Come and connect with fellow men of faith, and equip yourself with practical tools and insights to navigate the challenges of modern life with courage and integrity. Whether you're a husband, father, single man, young adult, or seasoned veteran in your faith journey, there's a place for you at this exciting day!

Visit www.seattlemensconference.org.

#### **Parish Information**

New to St. Stephen's? Welcome! Learn more about our vibrant community by visiting our web site at <a href="https://www.ststephenslife.com">www.ststephenslife.com</a>. Registration forms are online or may be obtained from the ushers and put in the collection basket or mailed in. **Bulletin Notices:** The **content deadline is 12:00 PM on the Friday** a week before the weekend you wish it to appear (8 days in advance). Notices about parish events or items of interest to the parish are welcome, however posting cannot be guaranteed. Email notices to: <a href="https://oursulletin@gmail.com">oursulletin@gmail.com</a>.

#### Main Office Phone: TEL 253-631-1940 / FAX 425-255-2943 Ten digit phone numbers listed below are direct lines.

Pastor	Fr. Edward G. White	For Fr. Ed contact his assistant, Betty Mencke 253-480-7103 (100)	
Deacon	Dec. Carl Chilo		sstmdeaconcarlchilo@gmail.com
Deacon	Dec. Sonny Ungco		sonny.ungco@gmail.com
Deacon	Dec.lke Tarabi		ike.tarabi@outlook.com
Director of Parish Operations	Tom Jones	253-480-7114 (103)	tjones@ststephenslife.com
Pastoral Associate	Anne Merklin	253-480-7108 (126)	AMerklin@ststephenslife.com
Pastoral Assistant for Outreach	Darlene Simpson	253-480-7121 (127)	Dsimpson@ststephenslife.com
Outreach Ministry Assistant	Lisa Grigaliunas	253-480-7109	lgrigaliunas@ststephenslife.com
Office Manager/Pastor's Assistant	Betty Mencke	253-480-7103 (100)	bmencke@ststephenslife.com
Liturgy Coordinator	Janet Denby-Stewart	253-480-7115 (102)	JStewart@ststephenslife.com
Pastoral Care	Marijean Heutmaker	253-480-7116 (106)	Mheutmaker@ststephenslife.com
Bookkeeper	Debbie Blakely	253-480-7113 (101)	DBlakely@ststephenslife.com
Facilities & Parish Life Coordinator	Kim Anderson	253-480-7120 (129)	KAnderson@ststephenslife.com
Director of Faith Formation	Shannon Battles	253-480-7112 (114)	SBattles@ststephenslife.com
Youth Ministry	Michael Joseph	253-480-7110 (113)	mjoseph@ststephenslife.com
Young Adult Ministry/Talents Ministry	Beth Nieva	253-480-7105 (123)	bnieva@ststephenslife.com
Evangelization & Communications	Bill Swedberg	253-480-7107 (121)	bswedberg@ststephenslife.com
Marriage & Child Baptism Prep	Ellen Golden	253 480-7106	egolden@ststephenslife.com
Faith Formation Support Coordinator	Maria Trejo	253-631-6175 (115)	MTrejo@ststephenslife.com
Choir Director	Nina DeJesus	253-236-2882 (137)	ndejesus@ststephenslife.com
St Stephen Housing Association		253-480-7122	office@ststephenhousing.org
SVDP Help-Line		206-767-6449	

**Marriage:** Couples seeking Marriage must contact the church 9 months before their wedding date. Some preparation and Parish Registration are required before a date can be set. Contact See contact information above to reach a Staff person for Marriage or Baptism. **Annulments:** (for those who are civilly divorced). For compassionate and confidential answers to your questions, please contact our Pastoral

**Baptism:** Preparation and Parish Registration are required for both Parents and Godparents/Sponsors. Baptisms are held monthly. Contact the Faith Formation Office for details (253-631-6175).

**RCIA** (Rite of Christian Initiation of Adults) For adults desiring to become Catholic, including those needing baptism. Contact Anne Merklin 253-631-1940 ext 126. sstmassociate@gmail.com

Associate, Anne Merklin, 253-480-7108 (ext. 126), AMerklin@ststephenslife.com.

#### **Praying For Sick**

Erlinda David, Canlas Ingraham, Angel M. Piol, Suzie Stonecipher

Please note we are revising the list of those who are ill and in need of prayers. Names will be posted for 3 weeks unless we receive further notification.

If you or a loved one would like to be included in the bulletin listing please contact Betty Mencke at 253-631-1940.

#### **Recent Deaths**

Conrado Redila, Peter Olson Names will be posted for 3 months.

#### Serving in the Military

Captain Philip Clay, LT Luke Carpenter (deployed), Jack Cullers US, Zenaida Roth, Joey Buslon Poland, Pv. 2
Anthony Vogeler, Fort Carson, Colorado Springs

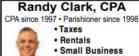
To add names to the box, please email ourbulletin@gmail.com, or contact Betty Mencke, 253-631-1940. To contact the Prayer Chain, please see Teresa Wright, at 425-255 0301 or teresa2pray@gmail.com

Rachel's Corner: Hope and Healing After Abortion The Lord sets prisoners free; the Lord gives sight to the blind. The Lord raises up those who are bowed down. - Psalm 146: 7-8. When thoughts come to your mind regarding the day you were involved in an abortion decision, do they make you feel blind to hope, entrapped in regret and burdened with shame? Call for a compassionate, confidential conversation, and be free again. Registering now for our Virtual Healing Series. English: (206) 920-6413 / Español: (206)-450-7814

Email projectrachel@ccsww.org Visit us at www.ccsww.org/projectrachel or www.facebook.com/projectrachelww Project Rachel is a program of Catholic Community Services. You are loved with an everlasting love!









#### **Furlong Counseling & Consultation** Rhonda Furlong, MA, LMHC -Counselor & Licensed Therapist ne & Online Video Counseling/Therapy

olictherapists.com/rhonda-furlong-lmho or call us 425-728-0060 Serving individual adults



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