

# The Solemnity of the Most Holy Body and Blood of Christ June 2, 2024

Weekend Masses: Saturday (Vigil) 5:00 PM Sunday

8:30,11:00 AM and 5:30 PM

Reconciliation: Friday: 9:15 AM & Saturday: 3:00-4:00 PM

or by Appointment (Call Main Office)

Perpetual Eucharistic Adoration - See pg 2

Parish Office (253) 631-1940 Faith Formation (253) 631-6175 13055 SE 192nd Street Renton, WA 98058 www.ststephenslife.com

Listing of Parish Staff on the back inside page

#### Words from Fr. Ed

# The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover.

On the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, Jesus' disciples said to him, "Where do you want us to go and prepare for you to eat the Passover?" He sent two of his disciples and said to them, "Go into the city and a man will meet you, carrying a jar of water. Follow him. Wherever he enters, say to the master of the house, 'The Teacher says, 'Where is my guest room where I may eat the Passover with my disciples?' Then he will show you a large upper room furnished and ready. Make the preparations for us there." The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover.



While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body."

Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." Then, after singing a hymn, they went out to the Mount of Olives.

- Gospel of Mark 14:12-16, 22-26

Prepare the way of the Lord. Jesus comes to us in the fullness of the Father's love each and every Mass. He's all there. Are we? Too often we can come in scattered, be distracted during Mass, and go away unchanged. Like the bread and wine that is consecrated into the Body and Blood of Our Lord, we too should be transformed into the Mystical Body of Christ. Our priests spend years preparing for ordination and service to the Church. Their training should bear good fruit that testifies to the preparation process. Some are better than others. Thomas Merton would critique the method saying, "It would be a good idea if priests became Christian before ordination." Even priests can avoid or get distracted from the essence of our faith.

In Lanciano, Italy, a priest was struggling with doubt about the real presence of Christ in the Eucharist. Here is a description of what happened:

This wondrous Event took place in the 8th century A.D. in the little Church of St. Legontian, as a divine response to a Basilian monk "doubt about Jesus" Real Presence in the Eucharist. During Holy Mass, after the two-fold consecration, the host was changed into live Flesh and the wine was changed into live Blood, which coagulated into five globules, irregular and differing in shape and size.

The Host-Flesh, as can be very distinctly observed today, has the same dimensions as the large host used today in the Latin church; it is light brown and appears rose-colored when lighted from the back. The Blood is coagulated and has an earthy color resembling the yellow of ochre. Various ecclesiastical investigation "Recognitions" were conducted since 1574. In 1970-'71 and taken up again partly in 1981 there took place a scientific investigation by the most illustrious scientist Prof. Odoardo Linoli, eminent Professor in Anatomy and Pathological Histology and in Chemistry and Clinical Microscopy. He was assisted by Prof. Ruggero Bertelli of the University of Siena. The analyses were conducted with absolute and unquestionable scientific precision and they were documented with a series of microscopic photographs. These analyses sustained the following conclusions:

- The Flesh is real Flesh. The Blood is real Blood.
- The Flesh and the Blood belong to the human species.
- The Flesh consists of the muscular tissue of the heart.
- In the Flesh we see present in section: the myocardium, the endocardium, the vagus nerve and also the left ventricle of the heart for the large thickness of the myocardium.
- The Flesh is a "HEART"; complete in its essential structure.
- The Flesh and the Blood have the same blood-type: (AB) identical to that which Prof. Baima Bollone uncovered in the Shroud of Turin).
- In the Blood there were found proteins in the same normal proportions (percentage-wise) as are found in the sero-proteic make-up of the fresh normal blood.
- In the Blood there were also found these minerals: chlorides, phosphorus, magnesium, potassium, sodium and calcium. The preservation of the Flesh and of the Blood, which were left in their natural state for twelve centuries and exposed to the action of atmospheric and biological agents, remains an extraordinary phenomenon.

Understanding and believing in the True Presence of Christ will help us worship Him and remain in His love.

O God, we believe, we adore, we hope and we love you.

We ask pardon for those who do not believe, do not adore, do not hope and do not love you.

(Prayer taught by the Angel of Portugal to the children at Fatima.)

#### **Corpus Christi Procession**

Please join us this Sunday after the 11:00 am Mass in procession with Jesus in the Blessed Sacrament. He will bless our neighborhood and lead us in prayerful love for all.

#### **Weekly Readings**

June 2 The Solemnity of the Most Holy Body and Blood of Christ Ex 24:3-8; Ps 116:12-13, 15-18; Heb 9:11-15; Mk 14:12-16, 22-26

June 3 Memorial of Saint Charles Lwanga & Companions, Martyrs 2 Pt 1:2-7: Ps 91:1-2, 14-16: Mk 12:1-12

June 4 Tuesday of the Ninth Week in Ordinary Time 2 Pt 3:12-15a, 17-18; Ps 90:2-4, 10, 14, 16; Mk 12:13-17

**June 5 Memorial of Saint Boniface, Bishop and Martyr** 2 Tm 1:1-3, 6-12; Ps 123:1b-2ab, 2cdef; Mk 12:18-27

June 6 Thursday of the Ninth Week in Ordinary Time 2 Tm 2:8-15; Ps 25:4-5ab, 8-10, 14; Mk 12:28-34

June 7 Solemnity of Most Sacred Heart of Jesus Hos 11:1, 3-4, 8c-9; Is 12:2-6; Eph 3:8-12, 14-19; Jn 19:31-37

June 8 Mem. of the Immaculate Heart of the Blessed Virgin Mary 2 Tm 4:1-8; Ps 71:8-9, 14-15ab, 16-17, 22; Lk 2:41-51

**June 9 Tenth Sunday in Ordinary Time** Gn 3:9-15; Ps 130:1-8; 2 Cor 4:13—5:1; Mk 3:20-35

#### Parish Calendar

Sunday June 2

8:30 am - 9:30 am Mass (live-streamed)

11:00 am - 12:00 pm Mass 1:00 pm - 3:00 pm Library Open 5:30 pm - 6:30 pm Mass 6:00 pm - 8:00 pm Library Open 7:00 pm - 8:00 pm

Monday June 3

9:00 am - 10:30 am **Darling Dusters** 

10:00 am - 11:45 am Food Pantry (drive by only) 1:00 pm - 3:00 pm Library Open

**Apologetics Meeting** 

3:00 pm - 3:30 pm Divine Mercy Chaplet 5:30 pm - 6:00 pm **Evening Prayer** 6:30 pm - 7:15 pm Mass (live-streamed)

**Tuesday June 4** 

1:00 pm - 3:00 pm Library Open 3:00 pm - 3:30 pm Divine Mercy Chaplet 5:30 pm - 6:00 pm **Evening Prayer** 6:30 pm - 7:15 pm Mass (live-streamed)

Wednesday June 5

8:00 am - 12:00 pm Campus Crew 10:00 am 10:45 am Rosary Group Divine Mercy Chaplet 3:00 pm - 3:30 pm 4:00 pm - 5:45 pm Food Pantry (drive by only) 5:30 pm - 6:00 pm **Evening Prayer** 6:30 pm - 7:15 pm Mass (live-streamed)

7:15 pm- 7:45 pm Our Lady of Perpetual Help Novena

7:30 pm - 8:30 pm Sacred Story

7:30 pm - 9:00 pm Adoration & Reconciliation

7:30 pm - 9:00 pm Young Adults

Thursday June 6

8:30 am - 9:30 am Mass (live-streamed) Food Pantry (Drive by only) 10:00 am - 11:45 am 3:00 pm - 3:30 pm Divine Mercy Chaplet 5:30 pm - 6:00 pm Evening Praver

7:15 pm - 7:30 pm Precious Blood of Jesus Devotion

Friday June 7

6:30 am - 7:30 am Men's Prayer/Reflection (Doors open at 6:15) 8:30 am - 9:30 am Mass (live-streamed) 9:00 am - 10:00 am Sacrament of reconciliation 10:00 am - 11:45 am Food Pantry (Drive by only) 3:00 pm - 3:30 pm Divine Mercy Chaplet 5:30 pm - 6:00 pm **Evening Prayer** 

Saturday June 8

6:30 am - 7:30 am Saturday Morning Holy Hour 7:30 am - 8:30 am Exodus 90 8:30 am - 9:15 am Mass (live-streamed) 9:30 am - 3:00 pm Women's Retreat

3:00 pm - 4:30 pm Sacrament of Reconciliation

5:00 pm - 6:00 pm Vigil Mass

6:00 pm - 8:00 pm Saturday Night Social



#### **Annual Catholic Appeal 2024**

Through the Annual Catholic Appeal, our parish has been answering the call to support our shared mission - to help one another encounter Christ and put the Gospel into concrete action. Your gift is integral to bringing faith formation programs to life, inviting youth and young adults into the Church, fostering a welcoming community, and providing for the spiritual and physical needs of every person we encounter. Thank you to all who have returned your Annual Catholic Appeal pledges and gifts. As you know, all funds received over our goal will be returned to our parish. This year, our parish's goal is \$184,300. The average gift from our parish last

year was \$489. Please Prayerfully consider how you can participate in helping our parish be a light to others. It's easy to give to the 2024 Annual Catholic Appeal:

Go online to archseattle.org/GiveACA or,

Scan the QR code



Adoration Invitation - At St. Stephens we enjoy Perpetual Adoration of Jesus in the chapel/church. That means Jesus is exposed in the Monstrance 24 hours 7 days (except during scheduled Masses). At this



time we find ourselves with open hours needing to be filled by committed adorers. Is Jesus calling you to Come and Adore Him? Here are the hours in need of filling:

Tuesday at 3:00 am Thursday at 12:00 am Thursday at 1:00 am

To sign up visit https://ststephenslife.com/eucharisticadoration or contact coordinator Bernie 206-427-6085 or Tina 206-715-8462.

Weekly Collections	Note: These numbers are from last edition. Current numbers not available at press time due to holiday.					
	May 7-May 13, 2024	April 30-May 6, 2024	FY To date July 1 2023-Apr. 30, 2024			
Collections-actual	15,494	43,708	967,954			
Collections-Budget	15,374	18,457	871,345			
Variance	120	25,251	96,609			
*EFT-Actual	8,189	14,104	413,648			
*EFT-Budget	8,165	12,872	398,434			
Variance	24	1,232	15,214			
Total Collections Variance	144	26,483	111,823			

Outreach Collections							
Outreach Assistance		84		1021		35497	
Food Pantry		545		845		52856	

New Fiscal Year began 7/01/2023 \*FFT= Electronic Funds Transfer (Online Collections)

# Faith Formation Programs

**Children and Families (K-5th Grade)** This year, we provide onsite classes, family learning & activities, family Mass, and at-home learning. On-site classes are once/month on Wednesdays, 6:00-7:30 pm. We're also adding community nights for families (all parish) on Friday nights!

If you're interested in **First Sacraments (Baptism, First Reconciliation, First Eucharist)**, follow the link to our web-page. The program will be the same as above, plus more! There are prerequisites for First Sacraments and you will use a different registration form. (Our website will guide you.) To learn more and register, visit: https://ststephenslife.com/elementary-programs



Baptism Classes In-person classes to prepare for Infant Baptism are now available. Pre-registration is required to attend. Class size will be limited, and you must have proof of pre-registration to be admitted. Please, only 2 parents, baby, 2 godparents (5 total) per family. Pre-register by calling (253) 480-7106 or emailing Ellen Golden at egolden@ststephenslife.com.



Registration for this year's Steubenville NW Conference (July 12-14) is still open. The total cost for the trip is \$375, which includes the ticket for the conference, hotel room for two nights, and transportation to Spokane. A \$200 down-payment will be asked upon registration. The last day to sign up is May 31. Please contact Michael (mjoseph@ststephenslife.com) for more details.

**ATAP BBQ Night June 9!:** Please join us for the next **All Teen/All Parent** Dinner after the 5:30 mass on Sunday, June 9! Food will be prepared and served by the Knights of Columbus. Outdoor games and family fun shall ensue (weather permitting)!



**St Anthony School Now Enrolling:** St. Anthony School - Are you interested in your child receiving a mission-based, community-focused Catholic education? For nearly 100 years, St. Anthony School has educated the whole child to better the world and serve others. We have spots available in all grades for this upcoming school year, 2024-2025. Please visit our website at <a href="www.sasr.org">www.sasr.org</a> or email Jean Dang at <a href="mailto:dang@sasr.org">dang@sasr.org</a> to set up a school tour or to learn more info.



**Respect Life** In Evangelium vitae, Pope St. John Paul II wrote that, "A mother welcomes and carries in herself another human being, enabling it to grow inside her, giving it room, respecting it in it's otherness." (EV 99). Often the first and most basic way that a mother welcomes and cares for her child is by attending to her own health. In doing so, she ultimately contributes to the well being of her child, as the health of mother and child are inextricably connected. After her child is born, a mother's devoted care continues as she nurtures this new life and attends to her child's every need.



**Spiritual Adoption** Please remember to continue to pray for the baby that you have spiritually adopted. A message from your baby: Hi! I am now three months old. I am about 3 inches long and I weigh one ounce. That's not much but I am fully formed and can even suck my thumb. Keep praying for me.



**Wax for Candle Ministry** Got old wax or candles you don't need? Donate it to our Candle Making Ministry. Anything wax, no matter the color, is welcome. Your donations support making 51% bees wax candles for the church and chapel altars, as well as colored three inch pillar candles blessed and given away every first Saturday. Place your donations in the blue tote next to food donation baskets in the narthex. Questions? Contact Bernie 206-427-6085.

#### Farewell Gift for Fr. Ed White

A private effort has been organized for a farewell gift to Fr. Ed White. Checks and Cash are accepted. Please make checks out to: Fr. Ed White

(only)—NOT to the Church. Please add to your check memo the word: Gift. Important! Please DO NOT place your gift in the Collection Basket or give it to the Church Office or Staff. Deadline for gift: Sunday, June 23 Give your Farewell Gift to one of our Gift Team Members. They are available for any questions: Jill Eaton (Saturday, 5:00 p.m.); Lori Ibale (Sunday 8:30 a.m./Daily Mass); John DeMarre (Sunday 8:30 a.m.); China Krismer (Sunday 11:00 a.m.); Ann Corbett





### Women's Retreat Saturday, June 8, 8:30 AM - 3:30 PM

Topic: Experience Radiant Joy! We invite you for a day of Refreshment and Renewal as we reflect and rejoice:

- As Women who know Jesus in the Scriptures.
- As Women who know the Holy Spirit who helps us discern our path in life and find fullness of JOY in Christ.
- As Women who live in the JOY of the Eucharist at Mass and in Adoration.

Our featured speaker, Sister Mary Eucharista SMMC, has been a Spiritual Life and Retreat program manager at Immaculate Heart Retreat Center in Spokane since 2008. She also gives Retreats, Days of Prayer, and Talks at the Center and around the United States on Women, Families and Faith.

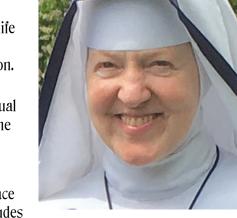
All are encouraged to attend 8:30 am Mass in the Church. Check-in will take place

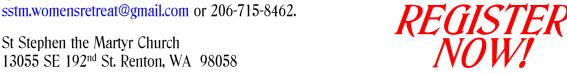
at 9:15 in the Social Hall. Registration Fee: \$40 - Includes

light breakfast, lunch, snacks and materials.

Ouestions / information contact: Tina, at sstm.womensretreat@gmail.com or 206-715-8462.

St Stephen the Martyr Church











**June 2 - Corpus Christi:** Today as we celebrate the gift of the Body and Blood of Christ let us pray for those who are hungry, malnourished, and starving. Our conference is hosting coffee and donuts this morning to raise some funds to help our neighbors in need. Please come and join us downstairs. Is there a family you know who needs assistance? Please call the Society of St. Vincent de Paul so that together we can help those who are hungry and in need of rental or utility assistance. 206-767-6449.

#### St. Stephen's Food Pantry

Thank you for your support of the Food Pantry! We are appreciative of your donations and with your continued support, we will keep striving to meet the basic needs of the most vulnerable in our community. Please check the list in the Narthex for the pantry's most needed items currently.

**The Gabriel Project is** in need of diapers and wipes for their young Moms. They especially need sizes 4, 5, and 6 as well as unscented wipes. You may leave them at the Food Pantry Baskets in the Narthex. Thank you for your continued support for our Moms who chose life!



# **Breath of Aire Benefit Concert Friday, June 14th**

Breath of Aire is a choir whose roster draws from all over Washington. They have performed internationally and are committed to helping communities by singing a wide range of music for benefit concerts. In lieu of admission there will be a freewill offering. To hear some of their music go to <a href="https://www.youtube.com/watch?v=ys-9vmYSiso">https://www.youtube.com/watch?v=ys-9vmYSiso</a>. All proceeds will support Terrific Tuesday Meals.

#### **Parish Information**

New to St. Stephen's? Welcome! Learn more about our vibrant community by visiting our web site at <a href="www.ststephenslife.com">www.ststephenslife.com</a>. Registration forms are online or may be obtained from the ushers and put in the collection basket or mailed in. **Bulletin Notices:** The **content deadline is 12:00 PM on the Friday** a week before the weekend you wish it to appear (8 days in advance). Notices about parish events or items of interest to the parish are welcome, however posting cannot be guaranteed. Email notices to: <a href="mailto:ourbulletin@gmail.com">ourbulletin@gmail.com</a>.

#### Main Office Phone: TEL 253-631-1940 / FAX 425-255-2943 Ten digit phone numbers listed below are direct lines.

Pastor	Fr. Edward G. White	For Fr. Ed contact his assistant, Betty Mencke 253-480-7103 (100)			
Deacon	Dec. Carl Chilo		sstmdeaconcarlchilo@gmail.com		
Deacon	Dec. Sonny Ungco		sonny.ungco@gmail.com		
Deacon	Dec.lke Tarabi		ike.tarabi@outlook.com		
Director of Parish Operations	Tom Jones	253-480-7114 (103)	tjones@ststephenslife.com		
Pastoral Associate	Anne Merklin	253-480-7108 (126)	AMerklin@ststephenslife.com		
Pastoral Assistant for Outreach	Darlene Simpson	253-480-7121 (127)	Dsimpson@ststephenslife.com		
Outreach Ministry Assistant	Lisa Grigaliunas	253-480-7109	lgrigaliunas@ststephenslife.com		
Office Manager/Pastor's Assistant	Betty Mencke	253-480-7103 (100)	bmencke@ststephenslife.com		
Liturgy Coordinator	Janet Denby-Stewart	253-480-7115 (102)	JStewart@ststephenslife.com		
Pastoral Care	Marijean Heutmaker	253-480-7116 (106)	Mheutmaker@ststephenslife.com		
Bookkeeper	Debbie Blakely	253-480-7113 (101)	DBlakely@ststephenslife.com		
Facilities & Parish Life Coordinator	Kim Anderson	253-480-7120 (129)	KAnderson@ststephenslife.com		
Director of Faith Formation	Shannon Battles	253-480-7112 (114)	SBattles@ststephenslife.com		
Youth Ministry	Michael Joseph	253-480-7110 (113)	mjoseph@ststephenslife.com		
Young Adult Ministry/Talents Ministry	Beth Nieva	253-480-7105 (123)	bnieva@ststephenslife.com		
Evangelization & Communications	Bill Swedberg	253-480-7107 (121)	bswedberg@ststephenslife.com		
Marriage & Child Baptism Prep	Ellen Golden	253 480-7106	egolden@ststephenslife.com		
Faith Formation Support Coordinator	Maria Trejo	253-631-6175 (115)	MTrejo@ststephenslife.com		
Choir Director	Nina DeJesus	253-236-2882 (137)	ndejesus@ststephenslife.com		
St Stephen Housing Association		253-480-7122	office@ststephenhousing.org		
SVDP Help-Line		206-767-6449			

**Marriage:** Couples seeking Marriage must contact the church 9 months before their wedding date. Some preparation and Parish Registration are required before a date can be set. Contact See contact information above to reach a Staff person for Marriage or Baptism. **Annulments:** (for those who are civilly divorced). For compassionate and confidential answers to your questions, please contact our Pastoral Associate, Anne Merklin, 253-480-7108 (ext. 126), AMerklin@ststephenslife.com.

**Baptism:** Preparation and Parish Registration are required for both Parents and Godparents/Sponsors. Baptisms are held monthly. Contact the Faith Formation Office for details (253-631-6175).

**RCIA** (Rite of Christian Initiation of Adults) For adults desiring to become Catholic, including those needing baptism. Contact Anne Merklin 253-631-1940 ext 126. sstmassociate@gmail.com

#### **Praying For Sick**

Erlinda David, Canlas Ingraham, Angel M. Piol, Suzie Stonecipher, Buddy Day, Jeff Tobin

Please note we are revising the list of those who are ill and in need of prayers. Names will be posted for 3 weeks unless we receive further notification.

If you or a loved one would like to be included in the bulletin listing please contact Betty Mencke at 253-631-1940.

#### **Recent Deaths**

Conrado Redila, Peter Olson, Charito Rubis Galindo Names will be posted for 3 months.

#### Serving in the Military

Captain Philip Clay, LT Luke Carpenter (deployed), Jack Cullers US, Zenaida Roth, Joey Buslon Poland, PFC 2 Anthony Vogeler, Poland.

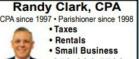
To add names to the box, please email ourbulletin@gmail.com, or contact Betty Mencke, 253-631-1940. To contact the Prayer Chain, please see Teresa Wright, at 425-255 0301 or teresa2pray@gmail.com

Rachel's Corner: Hope and Healing After Abortion The Lord sets prisoners free; the Lord gives sight to the blind. The Lord raises up those who are bowed down. - Psalm 146: 7-8. When thoughts come to your mind regarding the day you were involved in an abortion decision, do they make you feel blind to hope, entrapped in regret and burdened with shame? Call for a compassionate, confidential conversation, and be free again. Registering now for our Virtual Healing Series. English: (206) 920-6413 / Español: (206)-450-7814

Email projectrachel@ccsww.org Visit us at www.ccsww.org/projectrachel or www.facebook.com/projectrachelww Project Rachel is a program of Catholic Community Services. You are loved with an everlasting love!









#### **Furlong Counseling & Consultation** Rhonda Furlong, MA, LMHC -Counselor & Licensed Therapist one & Online Video Counseling/Therapy

olictherapists.com/rhonda-furlong-lmho or call us 425-728-0060 Serving individual adults











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