

Our Father
&
Forms of Prayer
Review Sheet

You must be able to write out the words of the Our Father and to explain the meaning of the petitions

Vocabulary to know:

Vocal meditation/meditative contemplation/contemplative

Intercession/intercessory praise petition blessing thanksgiving

Liturgy of the Hours St. Elizabeth of the Trinity

Concepts to understand:

Difference between meditation and contemplation

Mass/Eucharist as highest form of prayer and Thanksgiving

“Focus” items (images/scripture/crucifix) used in meditation

Ways in which we can “praise” God