Church of the Assumption of the Blessed Virgin Mary

91 Maple Avenue, Morristown, New Jersey 07960

973-539-2141, Fax—973-984-0632

Visit our Website: www.assumptionparish.org Email: assumption@assumptionparish.org

Pastor: Rev. Msgr. John E. Hart
Parochial Vicar: Rev. Przemyslaw Nowak
Pastor Emeritus: Rev. Msgr. Martin F. Rauscher
In Residence: Rev. Dennis J. Crowley
In Residence: Rev. Samuel Monaco
In Residence: Rev. Geno Sylva
Deacons: Brian Beyerl, John Brandi, Michael Hanly, Elliott Stein

Trustees: Dan Poling 973-451-1617, Kathleen Hyland 973-539-2860

Parish Coordinator—Linda Macios Secretary—Liz Rotunno Comptroller—Robyn Morris

Parish Summer Office Hours Monday through Friday 8:30 a.m. to 3:00 p.m.

Parish Registration: Call 973-539-2141 or visit the parish website at www.assumptionparish.org.

Assumption School: 973-538-0590; www.assumptionnj.org
Sr. Merris Larkin, S.C. Principal

Religious Education: 973-267-5638, Fax 973-267-4223
Email: RelEd@assumptionparish.org
Linda Macios: Director
Sharon Bertram: Coordinator Grades 6, 7, and 8
Lisa Sullivan: Confirmation—973-267-8519
Tara Speer: Catechesis of the Good Shepherd
Sue Paradise: Secretary

The Religious Education program runs for 16 or 20 Sundays—October through March. Kindergarten through 5th grade classes meet 10:00 a.m. to 11:30 a.m.; 6th through 8th classes meet immediately following the 5:30 p.m. Sunday Youth Mass. The Catechesis of the Good Shepherd classes meet on Sunday mornings and Tuesday, Wednesday and Thursday afternoons. Confirmation groups meet once or twice per month on Sunday evenings.

Music Ministry—973-539-2141, extension 19
Claudia Nardi: Director, Karen Chiappini: Organist
Adult Choir, Youth Ministry Choir, Children's Choir

Holy Rood Cemetery—973-539-7501
Website: www.holyroodcemeterynj.com
Diana Loughman: Cemetery Director
Emerson Brito: Caretaker
Caleb Dunn: Caretaker

Church Sexton—Doug Reisch

Sacrament of Reconciliation:
Saturday—4:15 to 5:00 p.m. or by appointment

Marriage: Arrangements should be made with a priest or deacon by registered parishioners ***at least one year in advance*** of the marriage date. Marriage arrangements should be made PRIOR to reserving reception facility.

Baptisms: Registered parishioners should contact Liz Rotunno in the Parish Office to arrange for Baptismal Preparation and the Sacrament of Baptism. For first-time parents, attendance at one Baptismal Preparation evening class is required.

Visitation of the Sick and Elderly: Please keep us informed so that we may be attentive to those who are ill at home or in the hospital. Eucharistic Ministers are available to bring Communion on Sundays.

Ministries

Africa Surgery	Tom Johnson	973-292-3320
Altar Linens	Mike Cherello	973-267-6825
Altar Servers	Fr. John Hart	973-539-2141
Bereavement	Marion Lapchak	973-285-1976
Bethany	Linda Macios	973-539-2141
Boy Scouts	Dave Lage	201-919-7259
Cub Scouts	John Lago	973-580-6699
Centering Prayer	Fr. Ken Lasch	973-538-2653
Children's Worship	Teddi Connor	973-538-1846
CYO Basketball	Kevin Bopp	917-861-2876
Deaf Interpreter	Kathleen Skaf	862-432-6004
Deaf Ministry	Barbara Zurlo	973 337-7591 VP
Endowment for Poor	Claudia Nardi	973-539-2141
Eucharistic Min.	Hope Zenker	973-401-1010
Family Promise	Mary Dougherty	973-538-9003
Fertility Care (NFP)	Kelley Pridgen	704-305-2646
Finance Committee	Dorothy Flynn	973-538-2634
Food Pantry	Claudia Nardi	973-539-2141
Gardening	Janet Dedrick	973-539-2141
Giving Tree	Brian Morgan	973-462-6972
Good Samaritan	Pat Moore	973-539-2141
Home School Assoc.	Debbie DeAngelis	973-889-8520
Holistic Health	Michele Cameron	973-769-9634
Homeless Solutions	Ralph Ferrara	973-538-8268
JustFaith	Kerry Mowry	973-683-1220
Knights of Columbus	Joseph Lee	973-267-9175
Moms and Tots	Henriette Kahn	973-539-1350
Nursing Homes	Joan Kramer	973-539-4910
Pre-Cana	Ken and Rosa Rose	973-539-9845
RCIA	Fr. John Hart	973-539-2141
Readers	Andrea Bozzi	973-656-9864
Respect Life	Anne Marie and Leonard Crann	973-539-4650
Senior Citizens	Jeanne Hanly	973-539-4766
Singles 45+	Denise Imperiale	908-477-9450
Soup Kitchen	Annaliese Rush	973-455-0391
Ushers	Anthony Romano	973-267-5433
Welcome and Hospitality	Moira Clarkin	973-539-4390
Women's Cornerstone	Denise Imperiale	908-477-9450
Vocations	Tom Hand	973-998-4630
Young Professionals	Fr. Przemek	973-539-2141
Youth Ministry	Lisa Sullivan	973-267-8519

Mass Intentions

SATURDAY	**August 8**
8:00 a.m.	George Beffa
5:30 p.m.	Claire M. Dunlap
	Edmundo Santos
SUNDAY	**August 9**
7:00 a.m.	People of the Parish
8:30 a.m.	Clara and John Sexton
	Jackie Negri
10:00 a.m.	The Poling Family Intentions
	Deacon William Harty
12:15 p.m.	Sergio Nepomuceno
	Barbara Bennett
MONDAY	**August 10**
7:00 a.m.	Mariano and Rose Romo Castellano
12:05 p.m.	Anne B. Covalesky
TUESDAY	**August 11**
7:00 a.m.	Edward Gilhooly
12:05 p.m.	Mario DiMatteo
WEDNESDAY	**August 12**
7:00 a.m.	James and Josephine Ryan Lynch
12:05 p.m.	Margaret Keough
THURSDAY	**August 13**
7:00 a.m.	Frank Zamarelli
12:05 p.m.	Thomas O'Brien
FRIDAY	**August 14**
7:00 a.m.	Regina Murray
12:05 p.m.	Charlie Cook
SATURDAY	**August 15**
8:00 a.m.	Ann Dorer
5:30 p.m.	Mark McGrath
	Leo Fendick
SUNDAY	**August 16**
7:00 a.m.	People of the Parish
8:30 a.m.	Joseph Haynes
	Jackie Negri
10:00 a.m.	Joan Ellen Rawding
	Deacon William Harty
12:15 p.m.	Eugene P. Fenton
	James Johnson

GATHER IN PRAYER

- Pray the Rosary weekdays 20 minutes before the 12:05 p.m. Mass.
- Pray the Perpetual Novena in honor of Our Lady of the Miraculous Medal every Monday immediately following the 12:05 p.m. Mass.
- Eucharistic Adoration every Friday from 7:00 a.m. to 7:00 p.m. at Notre Dame of Mt. Carmel, Cedar Knolls.
- Perpetual Adoration is observed 24/7 at St. Margaret of Scotland in Morristown.

First Reading: 1 Kings 19:4-8

All of our readings this weekend discuss the nourishment that believers need to remain steadfast in their faith. In this reading from the Hebrew Scriptures, the prophet Elijah is deeply depressed by his failure to reform the corrupt rule of King Ahab and Queen Jezebel. God sustains Elijah in his despair and guides him through the desert to a renewal of spirit at God's holy mountain, Mount Sinai, referred to as Mount Horeb in this passage.

Second Reading: Ephesians 4:30-5:2

In his letter to the Church in Ephesus a disciple of the Apostle Paul writes about the sustaining presence of the Holy Spirit. The Spirit supports believers in their efforts to live God-like lives.

Gospel: John 6:41-51

This Sunday's Gospel reading continues to present the bread of life discourse from the Gospel of John. These words are probably examples of the kinds of sermons preached in a Christian church, at the end of the first century, that was engaged in a vigorous debate with the local synagogue about the importance of Jesus. This excerpt stresses that Jesus brings transforming nourishment to the hearts of those who believe.

We invite you to prayerfully reflect on the Readings for the week of August 9

Monday	2 Cor 9:6-10; Ps 112; Jn 12:24-26
Tuesday	Dt 31:1-8; Dt 32; Mt 18:1-5, 10, 12-14
Wednesday	Dt 34:1-12; Ps 66; Mt 18:15-20
Thursday	Jos 3:7-10a, 11, 13-17; Ps 114; Mt 18:21—19:1
Friday	Jos 24:1-13; Ps 136; Mt 19:3-12
Saturday	**Assumption of the Blessed Virgin Mary** Rv 11:19a, 12:1-6a, 10ab; Ps 45; 1 Cor 15:20-27; Lk 1:39-56
Sunday	Twentieth Sunday in Ordinary Time Prv 9:1-6; Ps 34; Eph 5:15-20; Jn 6:51-58

PLEASE REMEMBER AND PRAY FOR THE RECOVERY OF:

Rosalie Sottile, Charles Arteglier, Patricia Ioannou, Jake Faccenda, Charles Arnolt, Paul Albanese, Eileen Scheibner, Dylan Lewman, Gladys Wilcox, Anthony DaMelio, Gerry Hogan, Kenneth Eastman, Colin Wisniewski, Barbara O'Hagan, Sandy Hruska, Joanne Veon, Susan Krauss, Kimberly Caswell, David Harris, Anetta Burdzy, Robert Kamenetz, Julie Winne, Dr. Tom Foley, Denise Kelly, Andrew Pineda, Sadina Certa, Pat Doran, David Sansone, Ruth Rusin, Marge Hefferon, Frank Lutz, Gloria Dabal, Ted Voghtman, Bob Nace, Barbara Zurlo, Francis Romance, Catherine Wright, Nigel Loeppky, Antonette Fraioli, Beth Patterson, Terri Gallagher, Lois Casson, Jack Kelly, Allan Russo, Francis Bourdin, Jim and Kay Cavanaugh, Michele McNany, Ralph Depp, Justin Lee, Al Franks, Rachelle Hines, Josephine McCarthy, Parker Enix-Ross, Albert Garcia, Jr., Mary Carr, Jim Gallo, Frank Geraghty, Phyllis Savage, Marie Therese Vaz, Brenda Hinds, John Hyland, William Peason, Whitney Wilson, Carol Padden, Elaine Metzger, Julia Marley, John Geraghty, Lois Collins, Denise Ginty, John Cvicker, Frank Cecala, Payton O'Brien, Gerry Caleo, Tom Baxter, Greg Baxter, John Baxter, Ruth Necco, Patty Parker Moncrief, Marva Jean Corbin, Lisa Maderna, Rossana Wright, Vivian Harris, Brian Conley, Mary Reisch, Robert Hook, Richard Mahmarian, William Carl Thigpen, Mary Curtis, Patricia Waters, Audrey Sherry, Dennis Joseph Roberts, Melissa Cavezza, Steven Cavezza, John Theivon, Mike Baxley, Dyrick Phillip, Jessie Moore, Barbara Kane, Kenneth Krause, Kathy Shay, Baby Emma Wyman, Dianne Jaworski, and Christopher McAllister.

Please call the Parish Office at 973-539-2141 with the names of who you would like included in the prayers for the good health of the sick and homebound.

GOOD SAMARITAN MINISTRY

Need help? Our ministry can assist Assumption parishioners with shopping, banking, local doctor and dentist appointments, and other similar errands. Contact our coordinator for August, Pat Moore 973-267-5304.

PLEASE PRAY FOR MEMBERS OF OUR PARISH COMMUNITY AND THEIR LOVED ONES WHO HAVE SERVED, OR ARE SERVING, IN THE ARMED FORCES

CW3 Michael Benkosky Green Beret, Special Forces, Airborne Joint Forces; *Commander William H. Shipp,* Commanding Officer HCS-8, San Diego; *Andrew Vasquez* US Army; *Andy Soucy US Army; Dan Lessnau Former Marine and Veteran of the Viet Nam War; Kevin Felix* US Military Colonel; *Lt. Tim Fleury, US Navy; Staff Sergeant William J. McSweeney* Retired Marine Served Around the World; *Matthew Gonabe, Lt. US Navy* Pilot Serving in the Persian Gulf; *David Ribardo, 1st Lt. US Army* Serving in Afghanistan; *Capt. Brendan Griswold* 82nd Air Borne in Afghanistan; *Capt. Patrick Flynn, US Army* 1st Infantry, Afghanistan; *Sergeant Richard Galluzzo* Serving in Afghanistan, *Lt. Thomas Keyes Jr.*; *PFC Chad Chojnacki, Combat Medic,* grandson of Annabel Wannemacher; *Capts. Scott and Meghan Harra,* US Army in Afghanistan; Captain *Timothy Newcomb,* US Army Special Forces; *Col. Jason M. Barrett,* USMC in Iraq and Afghanistan; *Capt. James Cassidy,* USMC in Afghanistan; *Ensign Devon Cassidy,* Navy Nurse in California; *Penny and Christian Jimenez,* Navy Lt. Commanders in Japan; *2nd Lt. Andrew Pineda* and *Capt. Laurence Pineda*, US Air Force, SM*Sgt. John Bartow,* Stratton ANGB NY, *Douglas Reisch*, 1/325 Infantry, 82nd Airborne Division, *Daniel Baron*, US Navy, Hawaii, *Benjamin F. Carroll,* Army National Guard, 113th Infantry Regiment, Bahrain.

JOINED TOGETHER IN HOLY MATRIMONY

Courtney Beth Bertos and John Wesley Barnett

Jenna Liuzzi and Ryan William Esdale

BENEDICTION OF THE MOST BLESSED SACRAMENT

On the first Monday of each month, our deacons will be conducting benediction of the Most Blessed Sacrament at 7 p.m. at Assumption Church.

The liturgy will begin with solemn exposition of the Most Blessed Sacrament and adoration for one hour. During this hour, the Miraculous Medal Novena will be prayed and the service will conclude with benediction of the most blessed sacrament.

All are invited to spend some time in prayer with our Lord present in the Eucharist.

THE EUCHARIST
OUR REMINDER OF OUR TRUE HOME

At the foot of a great mountain in China lived a father and his three sons. They were a simple and loving family. The father noticed that travelers came from afar eager to climb the dangerous mountain. But not one of them ever returned! The three sons heard stories about the mountain, how it was made all of gold and silver at the top. Despite their father's warnings, they could not resist venturing up the mountain.

Along the way, under a tree, sat a beggar, but the sons did not speak to him or give him anything. They ignored him. One by one, the sons disappeared up the mountain, the first to a house of rich food, the second to a house of fine wine, the third to a house of gambling. Each became a slave to his desire and forgot his home. Meanwhile, their father became heartsick. He missed them terribly. "Danger aside," he said, "I must find my sons."

Once he scaled the mountain, the father found that indeed the rocks were gold, the streams silver. But he hardly noticed. He only wanted to reach his sons, to help them remember the life of love they once knew. On the way down, having failed to find them, the father noticed the beggar under the tree and asked for his advice.

"The mountain will give your sons back," said the beggar, "only if you bring something from home to cause them to remember the love of their family."

The father raced home, brought back a bowl full of rice, and gave the beggar some as a thank-you for his wisdom. He then found his sons, one at a time, and carefully placed a grain of rice on the tongue of each of them. At that moment, the sons recognized their foolhardiness. Their real life was now apparent to them. They returned home with their father, and as one loving family lived happily ever after.

When we come to Mass and receive Holy Communion we receive a reminder of home, a taste of food that will help us remember who we are. This is the Bread of Life, our Father's gift to us. This is the food of God's kingdom, and reminds us that this kingdom is our true home.

In Christ's Peace,
Father John

THE FEAST OF THE ASSUMPTION OF THE BLESSED VBIRGIN MARY

On the 15th of August the modest Church was entirely roofed, and Father McQuaid gave the Church the title of the Assumption in honor of the Blessed Mother of God, whose great feast saw the culmination of the hopes and desires of the little handful of Catholics.

The Story of a Parish
By Father Joseph Flynn

The solemnity of the Assumption is one of the greatest of all Marian celebrations. In this solemnity's prayers from the Mass, we are given the meaning of Mary's Assumption: "You would not allow decay to touch her body, for she had given birth to your Son, the Lord of all life, in the glory of the incarnation."

This year the Feast of the Assumption is not a Holy Day of Obligation.

FOOD FOR THE JOURNEY

When we eat any kind of food and drink any liquid, that food and drink becomes a part of our body and energizes us for the life we live.

Adults: How am I transformed each time that I receive the Eucharist?

Children: How do I want to be changed by the Eucharist?

A Family Perspective: Today's Gospel focuses our attention on our faith in Jesus' presence in the Eucharist. Jesus is the bread of life. He gives us his Body and Blood as bread so that we may have eternal life. When we receive the Body and Blood of Jesus in the Eucharist, our lives begin to reflect the reality that our communion with Jesus prepares in us. Our Eucharist leads us to live as people of the promise, confident that we will one day share the fullness of life with God.

As you gather as a family, talk about our hope that one day we will share eternal life with God in heaven. This hope can transform the way we live our daily lives, calling us to be people of hope and expectation. Read together today's Gospel, John 6:41-51. Observe that Jesus taught us that those who listen to God know that Jesus has been sent by God for the life of the world. Jesus fulfills this promise to us through his passion, death, and Resurrection. He gives us the gift of himself in the Eucharist, which is his Body and Blood, given so that we may have eternal life.

CATHOLIC PARENTS RECHARGE!

We now have our own form of CPR! Catholic Parents Recharge is for Assumption parents looking to apply our faith to their daily family life.

This parent discussion group is starting in October and will provide parents with a supportive, faith-filled environment to:

- help parents recharge from the pressures of the secular world
- strengthen the family dynamic, based upon our Catholic faith and values
- further your network of other Catholic families

Email parishioner Kelly Harris at CPR@assumptionparish.org, if you are interested in joining in and/or have a topic you'd like to discuss.

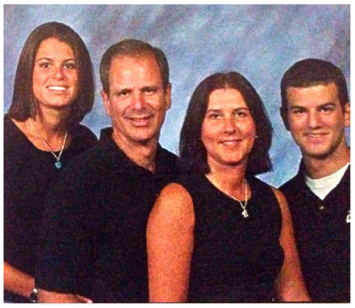
OFFERTORY PROCESSION

As we gather to celebrate the Mass each week, we encourage families and couples to participate in the Offertory Procession. If you wish to take part in the presentation of the gifts of bread and wine, please see one of the ushers prior to the start of Mass.

DON'T MISSS OUT
NEW DATES AVAILABLE IN THE FALL!
SIGN UP FOR THE ASSUMPTION PICTURE PROJECT

Do you ever see people and wonder what their names are? Have you ever heard an announcement regarding a member and wished you could put a face with a name? Are you a new member and wish you had something to help you put names with faces? Help is on the way! We are producing a new pictorial directory!

There is no cost to our church, and ***each participating family will receive a complimentary 8x10 portrait and directory*** and have the opportunity to purchase additional portraits to share with family and friends. Visit www.assumptionparish.org, or call the Parish Office at 973-539-2141 to schedule your photography session.



Do you recognize this family from the Parish Pictorial Directory of 2005?

- **All picture sessions take place in the Parish Community Room.**
- **Upcoming dates are Wednesday, August 26, Thursday, August 27, Friday, August 28, and Saturday, August 29. New dates open for September 30, October 1, 2, and 3.**

SUMMER 2015 6TH GRADE BUY A BIBLE CAMPAIGN

There's still time to buy a bible for one of our Sixth Grade Religious Edcation students.

Just fill out a "Buy a Bible" form (yellow sheet) available at the doors of the church and return it to the Religious Education office. The form can also be found on the forms and links page of the parish website at www.assumptionparish.org.

Contact Sharon Bertram at the Religious Education office for information, at 973-267-5638 or email Sharon.bertram@assumptionparish.org.

VISIT PORTUGAL AND SPAIN WITH CORPUS CHRISTI PARISH

Join Monsignor James Mahoney and Corpus Christi Parish in Chatham on a wonderful trip to Portugal and Spain, October 14 - 23, 2015. Spend two nights in Fatima with Mass at the Basilica, a night in Braga, two nights in Santiago de Compostela, a night in Avila and two nights in the beautiful city of Madrid. There are many more exciting visits on this tour. For more information please call 973-538-1700.

PLEASE PRAY FOR THE BARDES/RAUSCHER FAMILIY

Jane Bardes, sister of our Pastor Emeritus, Monsignor Martin Rauscher, died on July 26, 2015 . Jane brought love, hope and happiness everywhere she went. Her life was one of service to others, working first within her own family and then attending to the needs of others in the communities where she lived. Born on November 27, 1926, Jane was the first child and only daughter of Helen and Fred Rauscher.

Jane and Herb were devoted parents to seven adopted children: Peter, Matthew, Ann Marie, Stephen, Joseph, Mary and Timothy. The family would like to thank the teams at Morris Hills and Morristown Memorial Hospital for their love and care of Jane during her illness.

Donations may be made in Jane's name to Africa Surgery, Inc., c/o Assumption Church.

ST. MONICA'S CHURCH TRIP TO ITALY SEPTEMBER 29 – OCTOBER 11, 2015

Florence, Assisi, Rome, Naples, Pompeii, Sorrento, Amalfi Coast, Capri. Trip price includes transportation to/from Sussex to JFK airport,, airfare, first or superior class hotels, daily breakfast, 8 dinners, entrance fees for sites on itinerary, taxes and service charges. $3,850.00 dbl. occupancy; Call Carol Bezak at 973-875-4521 for a complete travel brochure with daily itinerary.

TRIP TO SEPTEMBER 11 MUSEUM

Join St. Margaret's Social Club on September 22nd as we visit the National September 11 Museum and learn the story of 9/11 through multimedia displays, archives, narratives and a collection of monumental and authentic artifacts. After time of quiet reflections, proceed to Little Italy for an included Lunch. $94 per person. Call Joyce 973-455-0636 or Michael at Longs Travel 973-538-1700 for additional details.

2015 MISSION COOPERATION APPEAL

On **August 15 and 16,** Sr. Milagros C. Acerimo a member of the Missionary Sisters of the Holy Face of Jesus{MSHFJ) will join us at all Masses to share with us her missionary experiences in the Diocese of San Pablo in Laguna, Philippines.

The Missionary Sisters of the Holy Face of Jesus have 24 professed sisters, 5 temporary professed sisters and 3 novices. They dedicate themselves to draw people to the love of God through contemplative prayer, adoration to Eucharistic Lord, propagation of the devotion to the Holy Face of Jesus, catechesis in schools owned by the diocese and in public schools, liturgical apostolate, adult and youth formation, caring for elderly priests and the abandoned.

With joyful hearts, they render these services to the Church. However, with the increasing number of the sisters they deem it necessary to construct a 3 story house for the sisters to dwell This is to provide them a more conducive place for training and formation. Your financial contribution will help support the construction of their house and facilities and other concerns for formation. Thank you for giving us a chance to share their mission partner with your parish in this year's Missionary Cooperation Plan of the Diocese of Paterson .

MASS ATTENDANCE AUGUST 1/2

5:30 p.m.	238
7:00 a.m.	103
8:30 a.m.	180
10:00 a.m.	298
12:15 p.m.	307
Total:	1,126

FINANCIAL BLESSINGS

Assumption is a Tithing Parish

The collection for the weekend of July August 1/2 was $17,994 The collection for this weekend last year was $19,574.

Pastor's Thank You: Your generosity is outstanding. I deeply appreciate all the ways that you support Assumption Parish and make our family of families the vibrant, welcoming community where people encounter the gentle, powerful mercy of the Lord Jesus Christ.

THINGS TO DO BEFORE VACATION

The summer can be a very busy time for families and during the vacation season it is easy to forget that Assumption Parish needs your donations. Setting up recurring donations with Faith Direct is an easy way to make sure Assumption still receives your donations while you're away. Thank you for your support. To sign up, call 866-507– 8757, or visit the website at www.faithdirect.net. Our church code is NJ294.

GIVE WITNESS TO THE LIFE OF JESUS BE A CATECHIST

A catechist described the catechetical program as being, "All Jesus, all the time." The underlying principle is that if we want to know and love Jesus, we must become familiar with him and with what he did and continues to do through the Church. Please consider becoming a catechist who can talk about Jesus and share our faith with our children and youth of the parish.

Our particular needs at this time are as follows:

- 6th & 8th Grade After School Groups, Wednesdays, 6—7:30 p.m.
- *Fridays, Faith and Family,* One Friday Evening per Month for 6th and 8th grade.

Contact Linda at the Religious Education office at RelEd@assumptionparish.org or call 973-267-5638 for additional information or to have your questions answered.

REGISTRATION FOR RELIGIOUS ED 2015 - 2016 CLASSES IS OPEN ONLINE

Registration for the 2015-16 Religious Education school year is now open. Visit www.assumptionparish.org, and click on the Religious Education link, then on the Sign Up tab, and select the appropriate form from the following choices:

- Catechesis of the Good Shepherd
- Confirmation
- Fridays Faith and Family
- Kindergarten through Eighth Grade

RITE OF CHRISTIAN INITIATION FOR ADULTS (RCIA)

Do you know someone who would like to become a Catholic or are you a Catholic adult who would like to receive the Sacraments of First Reconciliation, First Communion, and/or Confirmation? You are invited to come and join us in this journey of faith. Inquire now for the session that will begin in the Fall. Contact the Parish Office at 973-539-2141 or send an email to assumption@assumptionparish.org.

FREE PROGRAM FROM THE ALZHEIMER'S ASSOCIATION

The Alzheimer's Association will be offering a program for those who have a loved one that they suspect may be suffering from Alzheimer's disease or a related dementia. The program is free but registration is required. Call 1.800.272.3900 to reserve a space.

"Dementia Conversations" will be offered at Arden Courts of Whippany on Wednesday, August 12 from 6:00-7:30 p.m. This program is designed to help you talk with your family about some challenging topics around Alzheimer's and dementia. Join us to learn some tips for breaking the ice and setting the stage for meaningful and productive conversations about dementia.

A NOTE ABOUT ASSUMPTION CHOIRS

Our Sunday 5:30 p.m. Youth Mass will resume on September 13th. If you are going into 7th grade or beyond, please consider joining the Youth Music Ministry which meets at 4:30 p.m. on Sunday's and sings at the 5:30 p.m. Mass.

Our Children's Choir is for grades two through eight and meets on Mondays from 4:00 to 5:00 p.m. It's lots of fun and a wonderful way to pray with your friends and to learn music. Please contact Claudia Nardi at 973-539-2141 ext. 19 if you are interested.

WHY BOTHER WITH CHOIRS?

Singing in choir…

- *Provides a healthy creative and artistic balance to heavily data-based education.*
- *Is therapeutic, giving singers the chance to momentarily put aside their other pressures and concerns.*
- *Is an effective vehicle for developing faith using music and church history.*
- *Develops poise under pressure.*
- *Teaches the value of teamwork.*
- *Develops young people's sense of culture and sophistication by adding beauty and aesthetic depth to worship.*
- *Teaches the value of careful preparation in reaching goals.*
- *Teaches a sense of responsibility and setting priorities.*
- *Provides the foundation for a lifetime enjoyment of music.*
- *Gives members a sense of pride and self-worth by showing singers that their individual leadership, demeanor and discipline make a significant contribution to the success of the group.*

THE CARMELITES NEED YOUR HELP

The Carmelite sisters in Morristown are receiving an increase in vocations. In addition to their growing needs the 89 year old monastery is in constant need of repair and update. The sisters are totally dependent on charitable donations. Prayerfully consider helping them as their life of prayer and sacrifice helps us. Donations can be brought sent to the Carmelite Monastery, 89 Madison Ave, Morristown, New Jersey 07960. Or visit www.gofundme.com/whzyas

ASSUMPTION COLLEGE FOR SISTERS

www.acs350.org

August 26 – December 18 Theology and Philosophy Courses

Sacred Scripture I

Wednesdays 12:30 p.m. – 3:15 p.m.

This course traces the self-disclosure of God in the Scriptures shared by the Jewish and Christian communities through an examination of selected books from the Old Testament.

Sacramental Theology

Wednesdays 9:00 a.m. – 11:45 a.m.

This course is an in-depth study of the scriptural, theological, and historical dimensions of the seven sacraments, including the rite and celebration of each sacrament.

Spiritual Theology

Tuesdays 10:30a.m.-11:45 a.m.
and 12:30 p.m.-1:45 p.m..

A study of the spiritual life, this course is a biblical and theological presentation of the activity of the Holy Spirit in the life of the person striving for holiness.

Historical Intro. to Philosophy

Mondays. & Fridays 9:00- 10:15 a.m.

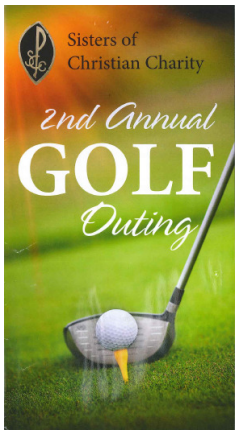
This course surveys the history of philosophy from the pre-Socratics to the modern era.

Assumption College for Sisters welcomes lay people to register for theology and philosophy courses for credit or audit and any other course for audit. $495/course for credit, $248/course for audit. For registration call or e-mail 973-957-0188, or academicdean@acs350.org

LADIES NIGHT OUT AT THE SISTERS OF CHARITY

Women of the parish are invited to join the Sisters of Charity Book Sharing Evening on Wednesday, August 19 from 7:00-8:30 p.m.. The book for discussion will be Jesus, a Pilgrimage, by Father James Martin, SJ. Light refreshments will be served. RSVP by August 17 to 973-290-5325 or choosecharity@yahoo.com.

SISTERS OF CHRISTIAN CHARITY GOLF OUTING



The Sisters of Christian Charity will be holding their Second Annual Golf Outing at Cedar Hill Golf and Country Club in Livingston, New Jersey, on Thursday, September 24. The tournament will be played by shotgun start and scramble format. Registration begins at 10 and brunch will be served. Shotgun start at 1:00 p.m., followed by cocktails and dinner afterwards. For more information please contact Mary Beth Green at dev.director@scceast.org, or call 973-543-6528.

THE CATHOLIC DIET

For 2,000 years, the Catholic Church has been in the business of getting men and women into top spiritual shape. CrossFit has nothing on the Bride of Christ. From spiritual practices and devotions to sacramental graces and practical wisdom for everyday life, the "Catholic Diet" is a foolproof way to strengthen our spiritual muscles and lose our spiritual flab.

Your Daily Regimen

Here is a sample "fitness schedule" for spiritual growth; individual routines will vary.

Daily

⇒ Pray: The Morning Offering; the Rosary; Acts of Faith, Hope and Charity; the Guardian Angel Prayer; daily Mass when possible; an examination of conscience and act of contrition at night.

⇒ Read: Sacred Scripture.

⇒ Give: Time and attention to friends and family; money and kind words to the homeless; prayers for those in need.

⇒ Do: Work hard; serve your spouse, children, parents and friends; be kind and charitable in all your interactions with others, both on and offline; perform some small act of penance (skipping dessert, going without seconds, not hitting the snooze button on the alarm, etc.).

Weekly

⇒ Pray: At Sunday Mass; before Our Lord in the Blessed Sacrament.

⇒ Read: Articles or essays about faith, culture and the Church.

⇒ Give: A generous donation to your parish; an invitation to a friend to have coffee or eat a meal with you, whether out or in your home.

⇒ Do: Exercise; shop for healthy ingredients for healthy meals; carve out time away from the Internet and social media; avoid eating meat on Friday or perform an alternate act of penance on that day.

Monthly

⇒ Pray: Attend sacramental confession; offer a novena for a friend or special intention.

⇒ Read: A spiritual classic or a contemporary book about the Catholic Faith.

⇒ Give: A generous donation to nonprofit organizations or people in need.

⇒ Do: Volunteer at your parish, a local food pantry, crisis pregnancy center or other community organization.

Excerpted from Our Sunday Visitor, The Catholic Diet, https://www.osv.com/Article/TabId/493/ArtMID/13569/ArticleID/17819/The-Catholic-Diet.aspx

YOUTH GROUP RETURNS FROM WEST VIRGINIA

Assumption's Youth Ministry Team has returned safe and sound from our annual Habitat for Humanity trip to West Virginia! As a group, the 68 high school students and adults built a house for a mother and her 17 year old son. When we arrived day 1, there was a concrete slab in front of us; by day 5, there was a home for a family. It was such a humbling experience to work with this group from Assumption, and the habitat workers and partner families to achieve this amazing goal! THANK YOU to all of those who contributed to our AD Journal fundraiser, attended our Spring Fling, or contributed in another way to this trip. We could not have done this without you all, and of course, without the overwhelming support of Fr. John and Fr. Przemek!

Lisa Sullivan, Youth Minister