Saint Thomas More Catholic Church

4 Convent Road, Morristown, New Jersey 07960 973- 267-5330 www.stmnj.org info@stmnj.org

We exist for one reason: to come to know and be formed by the Word of God and the Message of Jesus. When we gather in prayer and worship, in service and community, we assemble as disciples and friends with the Lord in our midst. Rooted in our Roman Catholic tradition, we are proud of our parish heritage and hopeful for our future.

Thirty-Second Sunday in Ordinary Time - November 8, 2020

Parish Staff

Fr. Thomas Fallone, J.D. Pastor tfallone@stmnj.org

Fr. Joe Davis Weekend Assistant

Fr. Daniel Chajkowski In Residence lionheartdan@gmail.com

Frank Miles Trustee

Mary Murphy Trustee

Parish Facility Closures:

Except for limited, public Masses as announced on our website, and office hours by appointment, the church, the parish office and all parish grounds will remain closed until further notice. We look forward to updating you when we can resume with scheduled ministries and events.

Celebration of the Eucharist

See our website each week for the most up-to-date information on limited public Masses to be celebrated on weekends and applicable sign-up information.

Sacrament of Reconciliation (Penance)

All parish activities and events, including Penance Services and scheduled Confessions, are suspended until further notice.

Additional Sacraments and Celebrations

<u>Baptism</u>: Baptisms are permitted with certain restrictions, including limited attendance. All are to keep the recommended social distance. Please email <u>info@stmnj.org</u> for more information and to make arrangements.

<u>Funeral Rites:</u> Funeral Masses are permitted with certain restrictions, including limited attendance. All are to keep the recommended social distance. Please contact Father Tom for more information and to make arrangements.

Marriage: Until further notice, all weddings are deferred.



Blast from the Past(or) Thirty-Second Sunday in Ordinary Time November 8, 2020

'Lord, Lord, open the door for us!'

Another weekly Christian lesson, another wedding parable. There's just no getting around the nuptial imagery in God's Covenant. Genesis to Revelation, the definitive love story of God's desire to marry you, embodied in the Incarnational union of humanity and divinity. In Christ Jesus, we are all invited to this Wedding Feast. But, and there's always a but, like the 10 Virgins in the parable, this invitation alone does not guarantee our admission. Chilling, I know. It was bad enough to see Willy Wonka deny chocolate to Charlie, a Golden Ticket holder, for crying out loud. Despite his ticket, Charlie was denied the prize because of his betrayal (Veruca Salt, however, got a raw deal, in my opinion. Discuss). I know this is an extremely poor analogy. But I thought of it all by myself after years of intense study. I'm so gifted and talented. My parents must be so proud. Like the Golden Ticket, our divine invitation is voidable through our own foolishness or presumption. This brings us back to our 10 Virgins. Each was invited to the wedding and looked quite prepared outwardly (little-known factoid: two of them wore the exact same dress, purchased from the exact same Nordstrom. So awkward). But despite their Golden Ticket, only 5 of them were eligible to collect its prize; only 5 had the oil of selflessness that comes in loving God with all mind heart and soul and our neighbor as ourselves. Each and every one of us his been offered Salvation, the Golden Ticket. Our greatest failure would be to hear at the end of our lives, ticket in hand, 'I do not know you....' Without oil, not even our cries of 'Lord, Lord....' can redeem an expired ticket. In the end, we know that Charlie realized his fault and Willy honored the ticket. So too we want to recognize what is in our possession, keep vigilant of our oil and strive to hear the euphoric refrain of a successful life: 'well done, good and faithful servant, enter in to your Master's joy.' You're invited. Now make sure you go.

God bless you!!!!!!!!!!!



Although we are not yet able to offer public Masses every day, Father Tom or Father Daniel continue to say Mass daily for all Mass intentions. If you would like to request that a Mass be said for a loved one or another intention, please email Sue Marshall at smarshall@stmnj.org.



Monday, November 9: Dedication of Saint John Lateran Special Intention for Lorraine Zedalis Moschini Tuesday, November 10: Saint Leo the Great

William Connolly

Wednesday, November 11: Saint Martin of Tours

Gordon Roberts "Obo" Maher

Thursday, November 12: Saint Josaphat

Bill Austin

Friday, November 13: Saint Frances Xavier Cabrini

Larry Tilli

Saturday, November 14:

Angelo and Isabel Rich

Sunday, November 15: Thirty-Third Sunday in Ordinary

Time

Pauline Falcone

Bissainthe Fleurinor



Mass Cards - New Online Request Form

You can now request a Mass Card online! Simply go to: https://stmnj.org/request-a-mass-card or click on the link on our home page. Please try to provide at least 24 hours' notice to give us time to prepare one for you. If you have trouble with the online form, you can also always send an email with the requested Mass information to info@stmnj.org or leave a message at 973-267-5330. In your request please let us know if you'd like us to mail the card to you or directly to the recipient, or to leave it for you to pick it up.



Prayers for the Sick

Please join us in praying for all who are ill in our community, and in a particular way for Chris Auger, Phil Barrett, Bob Bass, Rose DeMarco, Fred Donikowski, Jim Johnson, Florence Kearney, Barbara Kline, Anne Morrison, Patty Meyers, Lorraine Zedalis Moschini, John O'Neil, Bobby Polidore, Christopher Popp and Flynn Sullivan. May God bring them and their families His healing, comfort and peace. If you would like to have your name or that of a loved one included in (or removed from) the request for healing prayers in our weekly bulletin, please send email Sue Marshall smarshall@stmnj.org.



This Week's Daily Mass Schedule

This week we will have daily Masses on Monday, Wednesday, Thursday and Friday at 8:15 am. *Please remember advanced registration is required. For contact tracing purposes and everyone's safety, please make sure to sign up prior to coming.* Sign-up information for Mass attendance and necessary volunteers will be sent via Flocknote and posted to our website, www.stmnj.org.



New Weekend Mass Sign-Up Schedule

To accommodate the addition of the 5 pm Mass, we'll now be sending parishioners the volunteer sign-up link by Flocknote on <u>Tuesday</u> and the sign-up link to attend Mass on <u>Wednesday</u>. Links for any remaining spaces will be posted to our website on <u>Thursday</u> and registration for all Masses will close at <u>4 pm on Friday</u>.



News from St. Vincent Martyr School in Madison

St. Vincent Martyr School invites families with children entering preschool through 8th grade to participate in an online information session on Tuesday, November 10 at 7:00 p.m. to learn more about our competitive academic program, rooted in the spiritual values of the Catholic faith. Please visit the school's website at www.svmsnj.org to register to attend the session.



Villa Walsh Academy Virtual Tour

Villa Walsh Academy invites you to experience their newly Visit launched virtual tour. the www.villawalsh.org. Click on the Admissions tab and scroll to Virtual Tour. Villa Walsh is a Catholic, college preparatory, independent school. Applications are being accepted for young women entering grades 7 and 9. Applicants for other grades will be considered if there is space. If you have any questions about the admissions process, please contact Mrs. Jennifer Hornyak (973) 538 -3680, Ext. 181 or reach out to our admission email at vwa@villawalsh.org.



Supporting St. Thomas More

A continued "thank you" to all who have continued to support our parish during these challenging times. For those looking for a way to provide financial support, you can contribute through the following channels:

- Collections can be dropped in the basket at Sunday Mass.
- You can mail your contribution to the parish office at St. Thomas More Parish, 4 Convent Road, Morristown, New Jersey 07960
- You can quickly set up a one-time or recurring donation online by going to: https://stthommore.weshareonline.org/
- You can set up a contribution online through the Diocese's site, at helpmyparish.thankyou4caring.org. Select "St. Thomas More Church Convent Station" and make either a one-time gift or a weekly recurring donation.



Parish Office

As a reminder, due to the pandemic, we do not have regular parish office hours at this time but are instead open by appointment. Please send an email to info@stmnj.org or leave a message at 973-267-5330 and someone will get back to you as soon as possible. Thank you.



For the Most Up-To-Date STM Information...

All STM news will be communicated via Flocknote (by text and email) and also posted to our parish website. If you haven't already signed up for Flocknote, please take a moment to do so by texting 'STMNJ' to 84576 or visiting flocknote.com/STMNJ. As a reminder, Flocknotes with the sign-ups for Sunday Masses are only being sent to registered parishioners (i.e. those registered with the parish, not just with Flocknotes). The sign-up link for any remaining spots will be posted on our website each Friday.



News from St. Patrick School in Chatham

"Tour" St. Patrick School at Virtual Walk-In Wednesdays: Curious about how your child can #BeTheFuture? Virtually visit St. Patrick School to see for yourself! Visit with the Admissions Office and take a virtual tour of the school during Virtual Walk-In Wednesdays from 9-11 a.m. weekly. To register, contact the Admissions Office at admissions@st-pats.org or at 973-309-0267.

St. Patrick School Hosting Virtual Open House on Wednesday, November 18: Join the St. Patrick School Admissions Office, its Principal and faculty for a Virtual Fall Open House on Wednesday, November 18 at 6:30PM. Learn more about the school, its curriculum and teachers! Applications being accepted now for students entering grades Pre-K3 – Grade 7. Students in Grades 1-7 may qualify for a Tuition Transfer Grant. To register for the Virtual Open House, email the SPS Admissions Office at admissions@st-pats.org.



2020 Diocesan Ministries Appeal "Love Thy Neighbor"

With the help of funding from the Diocesan Ministries Appeal, Nazareth Village, our diocesan priests' retirement residence, has been a home over the years for a number of our priests. Perhaps a beloved priest who lovingly served your own parish now calls Nazareth Village home. The Appeal also helps in providing financial support for the extraordinary healthcare needs of our priests. Your gift to the Diocesan Ministries Appeal is a concrete way to recognize the wonderful pastoral work of those priests who have dedicated many years of faithful service to our Church. Please make a gift to the Appeal today as a way of showing thanks. For your convenience, you can make an online gift or pledge at www.2020appeal.org.





USCCB Reflection for Month of November

<u>Intercession</u>: May we help each other on our earthly pilgrimage to heaven.

Prayers: Our Father, 3 Hail Mary's, Glory Be

Reflection: The annual observances of All Saints Day (November 1) and All Souls Day (November 2) remind us that "death is not the end, but rather the door through which we must pass to gain eternal life." We are called to journey together on our pilgrimage to heaven, and we can take steps now to deepen our understanding of the transition from this life to the next and prepare for it.

For example, let's encourage each another in regular prayer and reception of the sacraments, especially Confession and the Eucharist; these give us "grace to live in ever-deeper communion with God and with one another." It is also important to learn about the dignity of human life and applicable principles for medical care, so we can make decisions about end-of-life care that respect God's gift of life. And, knowing "our prayers can help those who are being purified in Purgatory," let us pray especially this month for those who have gone before us.

*(Excerpts are from "Catholic Considerations for Our Earthly Passing.")

Acts of Reparation (choose one):

Praying for the living and the dead is a spiritual work of mercy. Pray a decade of the Rosary today for someone you know who is nearing death or who has passed away.

Visiting those who are sick is one of the corporal works of mercy. Set a time this month to visit someone who is ill. Your local church may be able connect you with a parishioner who would welcome a visit.

November is celebrated in the United States as Black Catholic History Month. Learn about one of the following candidates for sainthood: Venerable Henriette Delille; Venerable Pierre Toussaint; Servant of God, Mother Mary Lange; and Servant of God, Father Augustus Tolton. Focus this week on practicing one of the virtues he or she exemplified.

One Step Further: "Catholic Considerations for Our Earthly Passing" provides several considerations as starting points for understanding and preparing for death in a way that respects God's gift of human life.

PRAYING FOR OUR BELOVED DECEASED

By Bishop Kevin J. Sweeney November 5, 2020 (https://www.rcdop.org/news/praying-for-our-beloved-deceased)

"Jesus said to her, 'Your brother will rise.' Martha said to him, 'I know he will rise, in the resurrection on the last day.' Jesus told her, 'I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?' " (Jn. 23–26)

In the 11th Chapter of John's Gospel, we hear of the death of Lazarus and Jesus's arrival after Lazarus had "already been in the tomb for four days." We eventually hear how Jesus raised Lazarus from the dead. I have found there are two moments in between Jesus' arrival and raising of Lazarus that are most important for our prayer and reflection. First, the encounter between Jesus and Martha (Jn. 11:17–27) is filled with emotion. Martha is mourning the death of her brother. She may even be angry with Jesus as she says, "If you had been here, my brother would not have died." How many of us have experienced this grief and pain at the death of a loved one? As a priest, trying to offer consolation, I have found Jesus' words so comforting, "Your brother will rise." I have also been inspired and strengthened by Martha's faith, "Yes, Lord, I have come to believe."

The second moment follows (Jn. 28–37), as they go to the tomb and Martha's sister, Mary, has a similar emotional encounter with Jesus. Then we read, "When Jesus saw her weeping and the Jews who had come with her weeping, he became perturbed and deeply troubled, and said, 'Where have you laid him?' They said to him, 'Sir, come and see.' And Jesus wept." We remember that Jesus was "fully human," like us "in all things but sin." In this moment, we see Jesus sharing in the grief and deep feeling of loss that Martha and Mary felt, that we have felt and feel at the death of a loved one.

We know and believe that Jesus not only raised Lazarus from the dead, but also that, by his own death and Resurrection, he has conquered sin and death, so that we may have eternal life. As we celebrate this "Paschal Mystery" at every Mass, we may be especially conscious of the hope and promise of eternal life when we celebrate Mass at Easter or at a Funeral or Memorial Mass.

The month of November is another time when we, as Catholics, are especially conscious of the "promise of everlasting life." Part of the beauty of our Catholic faith is the Liturgical Calendar, the Feasts and Seasons that we celebrate and remember together, year by year, in our prayer, as individuals, families, parishes and together with the whole Church. As we begin November with the Feast of All Saints and the "Commemoration of All the Faithful Departed" on All Souls' Day, we pray for and remember throughout this month all those who have died and especially those who have died in the past year. Sadly, in this year of 2020, in our local communities, in our country and throughout the world, we have lost so many loved ones to the coronavirus. We pray for the repose of their souls and the consolation of their families.

I recently read a quote from St. Mother Teresa of Calcutta, speaking about this time: "November begins with two beautiful days, The Feast of All Saints and All Souls. Holy Mother Church remembers all of her children, to whom she has given the life of Jesus through Baptism ... We all know that during this whole month we give them extra love and care, by praying to them and for them."

Whether we offer a Mass intention for a loved one who has died or we visit the cemetery or we simply called that loved one to mind (and heart) in prayer, that act of faith can strengthen our hope. We remember Jesus's words to Martha, not only, "your brother will rise," but, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?" We can each ask for the grace and confident faith to say, with Martha, "Yes, Lord, I have come to believe," especially during this month of November as we pray for all our beloved deceased.



We need your Help!

We know how much everyone missed being able to come together to celebrate during the pandemic closures earlier this year, so as we continue to do our best to offer as many public Masses as possible, we are asking for your help...

- PLEASE, PLEASE BE SURE TO SIGN UP IN ADVANCE FOR EACH MASS, DAILY OR SUNDAY, PRIOR TO COMING. This not only helps us manage attendance but also enables us to have the proper resources in place and to engage in contact tracing if needed. Sign up via Flocknote, by calling the office or by emailing Sue Marshall at smarshall@stmnj.org. As a reminder, due to the limited number of spots available, we are unfortunately unable to reserve any spots on an ongoing basis, and you will need to sign up each week.

- PLEASE CONSIDER VOLUNTEERING TO ASSIST AT MASS IF AT ALL POSSIBLE. Each Mass requires a number of people to help—as greeters, hand sanitizers, seaters and, for daily Masses, cleaners. The same few people have been helping each week; we really would appreciate additional hands to give them a break. The more help we have, the more quickly we will be able to offer more Masses. People have asked how they can help; truly this is our greatest need for volunteers. Given all of the protocols to be followed, each Mass takes a great deal of effort to coordinate. Any additional assistance would be greatly appreciated. Please sign up on the weekly volunteer lists via Flocknote or feel free to email Sue Marshall at smarshall@stmnj.org to either sign up or to request more information.

Thank you to all for your stewardship of your parish and helping to support it during these challenging times!



As a Reminder, Here are our Weekly Mass Procedures for the Current Time:

As we continue our slow reopening, each week we will reassess what Masses and other events we will be able to hold based upon many factors, such as available resources, volunteers and attendance. We will post each week's schedule on our website, so please check back every Monday for an update.

The weekly process for Mass sign-ups will be as follows:

Daily Masses:

A Flocknote will be sent over the weekend (or early in the week) to all registered for St. Thomas More Flocknotes with the sign-up links for each daily Mass and also to volunteer to assist at each Mass.

Sunday Masses:

<u>Tuesday</u>: A Flocknote will be sent to registered parishioners by email requesting volunteers to be greeters, hand sanitizers and seaters at each Mass.

Wednesday: A Flocknote will be sent to registered parishioners with sign-ups for that weekend's Masses. Each Mass will be limited to 60 people. Registered parishioners will have the first opportunity to sign up until a set time on Thursday mentioned in the Flocknote. Any registered parishioner who does not have access to a computer, tablet or smartphone can call the office and request a reservation which will be granted on a first-come, first-serve basis.

<u>Thursday</u>: After the deadline, a link will be posted on our home page (<u>www.stmmj.org</u>) to the sign-ups for the remaining spots for that weekend's Masses. Again, anyone who does not have access to a computer, tablet or smartphone can call the office and request a reservation which will be granted on a first-come, first-serve basis.

Friday Afternoon, 4 pm: Sign-ups will be closed so we can plan for the Masses.

<u>Saturday/Sunday</u>: People who have not signed up may stop by but will only be admitted if there are spots remaining for that Mass. As a reminder, to be admitted, everyone must bring a mask/face covering and wear it for the entire Mass.

If you have any questions, please email Sue Marshall at smarshall@stmnj.org.

Thank you for your continued patience as we work through this new process!

UPDATED LIMITED PUBLIC MASS RE-OPENING PROCEDURES

[These procedures are subject to revision upon receipt of any additional guidance from Bishop, the Governor and/or any other governing entity, as well as any ways we find to improve the process as we go along.]

Welcome back! We are excited to be able to welcome those of you who will be able to join us. As we reopen our church in phases, we wanted to explain the procedures we are putting in place that will help keep you and those around you safe during Mass. Please be patient with each other and us as we learn these new procedures. Good humor, understanding and patience are very much appreciated and will add to our joy as we welcome each other back. Please remember this is a new world for all of us and we are doing our very best.

Remember:

Please follow CDC recommendations regarding your own health. If you are at higher risk for severe illness according to the CDC (https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html) we strongly encourage you to stay home and join us for Mass online. We will continue to post Sunday Mass on our website (www.stmnj.org) and our YouTube Channel. We are encouraging you to stay home because we care about you! If you are sick or symptomatic, taking care of someone who is ill, or living with a sick or symptomatic person you must stay home. Additionally, if for any reason you are unable or unwilling to abide by each of these procedures, we must also ask you to remain home. Each person who enters our doors is relying on compliance with these guidelines to make us all as safe and comfortable as possible. Please respect the health of those around you as well as your own by following these procedures.

As a reminder, Bishop Sweeney has continued to dispense the obligation to attend Mass on Sundays and Holy Days of Obligation. The purpose is to enable anyone who chooses not to or is unable to attend Mass because of COVID-19 or other concerns to be serenely free. We are continuing to consider options for distribution of Communion for those who are at greater risk or will not be able to come to Mass. Please pay attention to the website and Flocknotes for further information.

MASS SIGN-UPS:

We will celebrate public Masses at a capacity of **no more than 60 people** at each Mass. We will begin with Sunday Masses only. The number of Masses each weekend will vary, starting at first with only one as we attempt a "soft reopen" to work through the system. **Initially, only those who have registered or contributed as parishioners and have provided an email address will receive a Flocknote with the link for sign-ups.** Each individual will need to be signed up separately, even if part of the same family, so we can accurately gauge capacity. Please take care to avoid duplicate signups so we can allow as many people to come as possible. Please also take note of the signup cutoff time that will be referenced in the email. After that deadline we will open any remaining spots to non-registered parishioners. Also, if you reserve a spot but later cannot come, please cancel your reservation to allow someone else the opportunity to attend.

Any online sign-up will be confirmed immediately. Any registered parishioner without access to a computer may leave a message on the parish voicemail at 973-267-5330 requesting to sign up for a specific Mass. Voicemail requests will be granted on first come, first serve basis, subject to availability. Those who have left a voicemail will receive a call letting you know if your requested Mass was available. To avoid any unnecessary trips, if you request a reservation by phone, please do not come to Mass unless you receive a call confirming your reservation.

Once we get a better feel for the demand for Mass, if we find additional spaces are available, we will also post the sign-up on our website. While we hope to be able to accommodate everyone who wishes to attend, if we find any Mass is reaching capacity, we may institute a weekly rotation system to confirm that everyone has equal opportunity to attend Sunday Mass.

WHEN ATTENDING MASS:

Before you arrive at church:

Before you arrive for Mass, please wash your hands for 20 seconds with soap and water. Please use the restroom before coming to church. Our restrooms will be available only in case of emergency and will be cleaned before and after each Mass. If you do need to use the restroom, please allow for only one occupant at a time (with the exception, of course, for an infant, young child or anyone else needing assistance).

Arrival at church:

Please remember to bring and wear a face mask that completely covers your mouth and nose. Unfortunately, Greeters are required to turn away anyone who does not have a face mask for the safety of all.

Please note only the front, main entrance to the church will be open. All other doors will remain locked. This door will be open 20 minutes prior to the start of Mass to ensure time to sanitize and clean the church. This also allows time to have our volunteers ready to serve you. Please remain in your vehicle until the front door has been unlocked and opened. As you approach the church please keep a six-foot distance from anyone outside of your household.

Please bring your own hand sanitizer to use during Mass. Greeters will check you in on the reservation list and dispense sanitizer on your hands at the entrance of the church as you enter.

In the church, every third pew will be available for seating. Please note this important change: For now, each family will be seated by a Seater who will be responsible for filling the Church starting from the front and finishing in back. Please understand this means you will not be able to choose a preferred or "regular" seat. Once seated, please do not leave your pew for the entirety of Mass absent an emergency. For the safety and comfort of all, we must require that no one gather in the vestibule, Sacristy or anywhere else inside the church other than in your assigned seat. Please note unfortunately the priest will not be able to meet with anyone before or after Mass. If you would like to set up a time to speak with Father Tom or another priest, please call or email to schedule a separate appointment.

If the seating in the church reaches our 60-person capacity, the Greeters will not be permitted to allow anyone else into the church. If this happens, you may return for a later Mass (when available) or watch online. Our registration for Mass should help to eliminate this problem. Greeters will be checking people in and asking those who have not registered to wait in their cars to see if a seat is available.

During Mass:

All are required to wear a face mask, fully covering their nose and mouth, for the duration of Mass. A collection will not be taken during the offertory, but a collection basket will be placed close to the entrance for your convenience. If you have not already, we strongly encourage you to set up your donations through online giving. Online giving is dependable, safe and of course much lower risk for possible transmission of COVID-19. You can sign up for online giving here: https://stthommore.weshareonline.org/.

We have been informed that singing expels significantly more droplets into the air and therefore increases the risk of spreading COVID-19. In response, the Diocese has determined that it is best to discourage congregational singing. Additionally, per Diocesan directives, Altar Servers will not assist at the Altar until a later date when the risk of contagion is further ameliorated. There will also be no Lectors or Eucharistic Ministers until further notice.

There should be no physical contact between different households before, during or after Mass. There will be no sign of peace, and we ask that you do not hold hands with anyone outside of your household during the Our Father. During the Communion Rite of the Mass, only the celebrant will receive Communion. However, Holy Communion will be distributed immediately following the final blessing, as described below.

Reception of Holy Communion:

Please note the distribution of the Precious Blood remains discontinued for the foreseeable future. The Body, Blood, Soul and Divinity of Christ is received under either species. If you would like to receive Holy Communion, after the final blessing and dismissal please remain in your seat and kneel or be seated. The celebrant will announce if he will come to each pew or direct you somewhere else, depending upon the number of people present. *Please do not approach for Holy Communion until you are directed to do so.*

<u>Reception of Holy Communion will take place in this way</u>: A volunteer will dispense sanitizer on your hands before you approach the priest. He will hold up the Host and say through his face mask, "The Body of Christ." Please reply "Amen," and then remove your face mask. Extend your hands at a distance with one hand flat and the other underneath it. Please do not wear gloves as they are unbecoming of the Blessed Sacrament. Receive Communion. Then please depart immediately.

If the priest has touched the hand of a communicant, he will re-sanitize his hands before distributing to the next communicant.

The Diocese has indicated that Communion should be received on the hand during this time. If that is not possible for you, please indicate this to your Seater before Mass so alternate arrangements may be made. Likewise, please notify your Seater before Mass if you require a Low Gluten Host so those arrangements can be made as well.

Departure:

Please do not linger in or outside the church or in the parking lot. We know everyone is excited to be back and see each other, but we need to continue our social distancing efforts as we slowly re-open. There will be no hard copy bulletins at this time or collection envelopes in the vestibule. Bulletins will continue to be available online.

Let us continue to pray for one another in preparation for the day when COVID-19 is far less of a threat and all of us can be reunited (physically) in prayer and worship.

We are greatly looking forward to seeing you again!

Praised be Jesus Christ now and forever!





Ways to Stay Spiritually Connected When not Attending Mass in Person

- 1. <u>View Mass Online or on Television</u>: Check out our parish website to view Mass each Sunday celebrated by Father Tom. You can also view daily and weekend Masses at <u>www.catholictv.org</u> or on television on EWTN.
- 2. <u>Make an Act of Spiritual Communion</u>: This beautiful practice has been part of the lives of countless saints who found it drew them closer to God on a daily basis. Below is a traditional prayer of spiritual communion which can be prayed while watching Mass online or on television, in the midst of your daily work, or at any time during the day, lifting up your thoughts to God.

My Jesus,

I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

3. Pray the Rosary: Appealing to our beloved, Blessed Mother and uniting with other Catholics throughout the world by praying the Rosary is a profound way to find peace and strength during these difficult times. A number of resources are available to assist in praying the Rosary at home, in the car, or wherever your social distancing might take you.

Apps: (Free, available in the Apple and Google Play stores)
Laudate App- Combines a large number of Catholic resources such as Daily Mass, prayers (including the Rosary), the Bible, Stations of the Cross, the Catechism and much more.

Mary App- Created by the Marian Fathers of the Immaculate Conception, this app is a helpful resource on our Blessed Mother and includes, among many other things, an interactive Rosary with an audio option.

Family Rosary's Mobile Rosary- Offers the traditional Rosary with the text of each prayer. You can pray in silence or with the companion voice of Venerable Patrick Peyton. iRosary- Displays a fully-animated set of Rosary beads which displays each prayer as you move each bead with your finger, like a standard Rosary.

YouTube: There are many videos of people praying the Rosary that you can join. One popular example is that of the Dominican Sisters of Mary Mother of the Eucharist, which can be found through a YouTube search or at: https://www.youtube.com/channel/UCijy_J5ozpFLoxo4v Z4RRYA.

Online: The Rosary Center & Confraternity website offers a number of resources and options for praying the Rosary, including, "Praying the Rosary Without Distractions," "Scripturally Based Rosary," and "In Stained Glass." You can find a description of the Rosary and prayer links here: https://www.Rosarycenter.org/homepage-2/Rosary/how-to-pray-the-Rosary/

- 4. <u>Participate in Virtual Stations of the Cross:</u> Various examples can be found online, but here is one: https://bustedhalo.com/video/virtual-stations-of-the-cross.
- 5. Even Washing your Hands Can Lead to Prayer: Instead of singing *Happy Birthday*, try reciting the *Hail Mary* two times as you scrub. It's a great way to keep us centered while we're keeping safe.



Prayer of Pope Francis for Protection and Help

O Mary,

you always shine on our path as a sign of salvation and of hope.

We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm.

You...know what we need,

and we are sure you will provide

so that, as in Cana of Galilee,

we may return to joy and to feasting

after this time of trial.

Help us, Mother of Divine Love,

to conform to the will of the Father

and to do as we are told by Jesus,

Who has taken upon Himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of those of us who are in trial, but deliver us from every danger, O glorious and blessed Virgin.

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