

ST. MARY’S

Monday, January 29
7:00 - 8:00 PM ADORATION
9:00 AM NO MASS

Tuesday, January 30
9:00 AM Mary Kriese +

Wednesday, January 31
9:00 AM Chuck Wallerich +

Thursday, February 1
9:00 AM Vernis, Herbert, Gary, Randy & Barb Getchmann +

Friday, February 2
9:00 AM Spencer Streed +
10:00 AM COMMUNION SERVICE @ N. H.

Saturday, February 3
5:00 PM Peggy Niemczyk +

Sunday, January 4
8:00 AM St. Patrick’s, West Albany
10:00 AM Parishioners of St. Mary’s & St. Patrick’s

LITURGICAL ROLLES

February 3, 5:00 PM
Lector: Valerie Cunningham

Servers: Volunteers

Ushers & Greeters: Ed & Pam Bauman, Tom Haase & Volunteer

February 4, 10:00 AM
Lector: Barb Kobs

Servers: Volunteers

Ushers & Greeters: John & Kelly Haeska, Robert Schuster, Volunteer

PARISH SUPPORT - JANUARY 21, 2023	
ADULT CHURCH SUPPORT	3,541.00
OFFERTORY	313.00
MASS STIPENDS	400.00
BUILDING FUND	100.00
JANUARY DIRECT DEPOSIT CHURCH SUPPORT (41 Families)	\$3,929.00
JANUARY DIRECT DEPOSIT FOR BLDG. MAINTENANCE (11 Families)	\$644.00

CONTRIBUTION STATEMENTS ARE READY AND CAN BE PICKED UP IN THE GATHERING SPACE.

LAKE CITY

Dear brothers and sisters in Christ,

The two books that have helped me a lot in my journey for greater peace amidst an anxious world are written by Fr. Jacques Philipe. The titles of them are Searching for Peace and Integrity and Interior Freedom.

These books are relatively easy to understand and not that thick. Fr. Jacque Philip teaches us some key tools to survive in a world where the common mental health issue is anxiety. How do we deal with it? What to do when even prayer doesn’t seem to work or even God’s presence is not felt?

Fr. Jacques recommended that we go deeper into prayer. A lot of our anxiety is caused by feelings of restlessness when we haven’t been giving of ourselves and we have been occupied with self-medication. We keep trying to fix this void with other temporary goods. The first step is to acknowledge to God that something is off. We are missing something in our lives and there are obstacles that need to be cleared up within our own lives.

We bring it to prayer and ask God to help us surrender this resistance day by day so that we can become freer in our journey to know and love God. Each day we trust God and we leave these worries and anxieties at his feet.

Sincerely, Fr. The

World Day of Prayer for Consecrated Life will be celebrated in the church on Friday, February 2 and in parishes on the week-end of Feb. 3rd & 4th. Join the Serrans of Wabasha County as we pray for the men and women who have made commitments in the consecrated life with their generosity of spirit and witness to the Gospel in a variety of ways. May they renew their knowledge and love of God and respond with generosity and courage. Please offer a prayer of thanks for the special religious in your life today.

To become a member of the Wabasha Serra Team that provides prayers and support to religious life, contact Mary Lu Harney 651-565-41667 or John Hampe 651-565-2350.

Remember in your prayers:

Vicky Nardinger, wife of Clement Nardinger and daughters to Jodi, Amy & Jill.

Wilda Prigge, mother of Jeff Prigge of our parish.

May they rest in peace with our Risen Lord!

4TH SUNDAY IN ORDINARY TIME

Family Game Night!

Don’t miss out on Family Game Night and Potluck in the dining hall. Bring a dish to pass and your favorite board or card game. All are welcome!

Friday Feb 2nd 5-9 PM
St. Mary of the Lake Family Ministry

We are in need of:

9 AM Mass - Lector

6 PM Mass - Lector

2 Eucharistic Ministers (Ashes & Communion)

4 Ushers

Call the office if you can help out, 651-345-4134.

We are looking for individuals that might be interested in helping with organizing our archives. If interested please let the office know. 651-345-4134.

LITURGY OF THE HOURS

During Lent 2024 Liturgy of the Hours will be offered twice a week starting Thursday, February 15 after Mass for morning prayer. If there is no Mass, we will still meet. If the church is in use for a funeral, we will meet in another room. Also, on Monday’s starting February 19th after adoration for night prayer.

Listed below are 7 reasons for praying the Liturgy of the Hours. (Word on Fire) The Liturgy of the Hours, January, 2024. Introduction page 11 - 18)

- 1) If you want to grow deeper in your relationship with Christ and you already frequent the Sacraments, your next step should be Liturgy of the Hours.
- 2) By praying the Liturgy of the hours you are united with people all over the world and the communion of saints in heaven.
- 3) Liturgy of the Hours is the highest form of prayer after Mass.
- 4) The Liturgy of the Hours is completely based on the bible.
- 5) Your spiritual life will mature and deepen.
- 6) Liturgy of the Hours allows you to pray continually through out your day.
- 7) Liturgy of the Hours makes God the center of your day.

Please call or text Janet Thompson with questions @ 651-380-6509

JANUARY 28, 2024

St. Mary’s Valentine Party
Wednesday February 7th 3:30-6:15PM
Open to kids in grades 2-7
Help make valentines for members of the parish and the elderly.
Soup Supper will be Served
Text Emmee to sign up 651-380-0003

Mark Your Calendars!

Camp Summit will be the week of July 22 -25th. It is open to anyone going into 6-12th grades. Registration opens Feb. 1st.

There are 6 openings for 6-8 graders and 2 openings for 9-12 grade. Also looking for 1 more Chap-erone. If interested let the office know.

Totus Tuus will once again be here this summer! June 16-21st!

Thank you to Gina LaBonte, Cheri Meineke, Eileen Glander and Barb Kobs, active members of the CCW, for preparing and serving the Family Dinner Night on Jan. 17th. Held monthly, the meal served on a night of Faith Formation, 5:515-6L30 for Faith Formation Families and open to any member of the parish.

Future dates:
Wednesday, Feb. 21 - Faith Formation Families.
Wednesday, March 13, Knights of Columbus
Wednesday, April 10, Parish Volunteers.
Contact Dorothy Arendt 507-254-8840 if interested in helping with these meals. There will be a volunteer in the kitchen at these meals to direct prep, serving and clean up.
Many hands make light work and smiley faces from those who are there. Thank You!

Please pick up your serving dishes from the Jim Sheridan funeral placed on a cart outside the kitchen.
Thank You!

Young Women's Discernment Day
SATURDAY APRIL 13, 2024
AT SAINT MARY'S UNIVERSITY IN WINONA

Register Today
dowr.my.canva.site/openhearts