

**Monday, February 5**  
**7:00 - 8:00 PM ADORATION**  
**9:00 AM NO MASS**

**Tuesday, February 6**  
**9:00 AM Anna Mae Wodele +**

**Wednesday, February 7**  
**9:00 AM Lawrence W Boe +**

**Thursday, February 8**  
**9:00 AM Mary Kriese +**

**Friday, February 9**  
**9:00 AM Gene Balow +**  
**10:00 AM Lawrence & Martha Wagner + @ NH**

**Saturday, February 10**  
**5:00 PM Bernie Goihl +**

**Sunday, February 11**  
**8:00 AM St. Patrick’s, West Albany**  
**10:00 AM Parishioners of St. Mary’s**

**LITURGICAL ROLLES**

**February 10 5:00 PM**  
**Lector: Jim Schreck**

**Servers: Volunteers**

**Ushers & Greeters: Gene & Kathie Durand, Joe & Juli Schmidt**

**February 11, 10:00 AM**  
**Lector: Jodi Hogan**

**Servers: Volunteers**

**Ushers & Greeters: Roger & LaVada Reckmann, Doug & Janet Thompson**

Sincere gratitude to everyone who has contributed food for the Lake City Food Shelf. During 2023, St. Mary’s parish-ioners contributed a significant 932 pounds of food/items to assist our neighbors in need. Thanks for your caring heart.

**Volunteer help needed for transporting food to the Lake City Food Shelf.**

The parish is in need of some volunteers to take food from our baskets (one at each entrance) to the LC Food Shelf during its open hours. One trip a week is needed. Each person would agree to take the food to the Food Shelf during open hours (either Tuesday between 1:00 & 3:00 PM or on Thursday morning between 9:00 AM & 11:00AM.) The volunteer would be asked to stay (and help) a few minutes at the Food Shelf while the food is weighed, expiration dates are checked, and food is shelved if needed. The kind people at the Food Shelf generally help do these tasks, so it is accomplished quite quickly.

Contact the church office @ 651-345-4134, and leave your name and phone number.

Dear brothers and sisters in Christ,

I have been asked about prayer and the practical steps of starting a prayer life from the parish. I am not the type to just refer you to a book, or podcast without explaining it first. I would like to invite all of you who are interested to attend a short talk on different forms of prayer right after the 10 am Masses during the Len-ten season.

The dates are

Feb. 18, 2024. – ARRR prayer  
Feb. 25, 2024- WRAP prayer

March 24, 2024 - Rote Prayer: Rosaries, Novenas, prayers to Saints


The obstacle isn’t that we don’t want to pray but sometimes the fear is that we don’t know how and to ask for help is embarrassing. There is nothing to be embarrassed about because we all need a refresher in how to pray and this mastering of this technique will take up most of our lives to achieve. Why not journey together this Lenten season?

Ash Wednesday Masses schedule is as follows.

Feb 14, 2024  
9 am St. Mary’s  
6 pm St. Mary’s  
7:30m St. Patrick’s


Some important announcements for you to be aware of is that the priests from our diocese will gather on Feb. 18-21, 2024 for our Lenten retreat after the Masses on the weekend. There won’t be Masses on Tuesday and Wednesday. The other news is that I have been asked to help lead a group of college kids from Winona State University on a mission trip to Mexico from March 1-10, 2024. A visiting priest from Unbound will come to cover the Masses on March 2-3, 2024 and Fr. Jason Kern will cover March 9-10, 2024.

Sincerely, Fr. The





We are looking for individuals that might be interested in helping with organizing our archives. If interested please let the of-  
fice know. 651-345-4134.


PARISH SUPPORT - JANUARY 28, 2023	
ADULT CHURCH SUPPORT	7,490.00
OFFERTORY	300.00
MASS STIPENDS	50.00
VIGIL CANDLES	67.09


 At the 6:00 PM Mass we are in need of 2 Eucharistic Ministers (Ashes & Com-munion) plus 4 Ushers.

Call the office if you can help out, 651-345-4134.

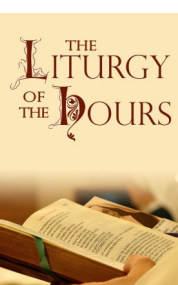
**LUNCH WITH FR. THE!**  
February 6th, noon. Open to any High School Students with extended lunch. Meet at the church.

 Ladies of the CCW will meet on Monday, February 12th, at 6:30 PM in the dining hall

 Mission Sewing ladies will meet on Tuesday, February 13th, at 9:30AM in the dining hall. Lunch will be served at noon followed by a short meeting.

 Knights of Columbus are meeting on Tues-day, February 13, starting with the Rosary at 6:20 PM. Supper & meeting to follow.



**LITURGY OF THE HOURS**

 During Lent 2024 Liturgy of the Hours will be offered twice a week starting Thursday, February 15 after Mass for morning prayer. If there is no Mass, we will still meet. If the church is in use for a funeral, we will meet in another room. Also, on Monday’s starting Feb-ruary 19th after adoration for night prayer.

Listed below are 7 reasons for praying the Liturgy of the Hours. (Word on Fire) The Liturgy of the Hours, January, 2024. Introduction page 11 - 18)


- 1) If you want to grow deeper in your relationship with Christ and you already frequent the Sacra-ments, your next step should be Liturgy of the Hours.
- 2) By praying the Liturgy of the hours you are united with people all over the world and the communion of saints in heaven.
- 3) Liturgy of the Hours is the highest form of prayer after Mass.
- 4) The Liturgy of the Hours is completely based on the bible.
- 5) Your spiritual life will mature and deepen.
- 6) Liturgy of the Hours allows you to pray continual-ly through out your day.
- 7) Liturgy of the Hours makes God the center of your day.

Please call or text Janet Thompson with questions @ 651-380-6509



**St. Mary’s Valentine Party**  
**Wednesday February 7th 3:30-6:15PM**  
Open to kids in grades 2-7  
Help make valentines for members of the parish and the elderly.  
Soup Supper will be Served  
Text Emmee to sign up 651-380-0003




 Mark Your Calendars!

Camp Summit will be the week of July 22 -25th. It is open to anyone going into 6-12th grades. Registration opens Feb. 1st.

**There are 6 openings for 6-8 graders and 2 open-ings for 9-12 grade. Also looking for 1 more Chap-erone. If interested let the office know.**

Totus Tuus will once again be here this summer! June 16-21st!

**CONSECRATED LIFE....**

Consecrated religious have heard the call to follow God, dedicated to prayer and service. They live out their lives in different ways. Religious nuns, sisters, brothers, religious priests, and monks consecrate their lives through their profession of their evangelical vows and live as part of a community. Single lay people may choose to be consecrated virgins and make private vows to the local bishop as they live out their vocation in various walks of life. Some follow the call in private silent lives as hermits. These followers of Jesus through the consecrated life bless the church. May they experience the support of the church as they con-tinue their growth in holiness and encourage others who will dedicate their lives to God’s service.

You may join the Serrans of Wabasha County as they sponsor a Holy Hour to pray for vocations on February 18, 12-4 PM at St. Mary’s Church in Lake City. Ques-tions can be directed to the church office at 651-345-4134.

**DID YOU KNOW.....**If you are over 70 1/2 years old, using a strategy called a **“Qualified Charitable Distribution”**, you can make your St. Mary of the Lake contribution directly from your IRA without be-ing taxed on the distribution and without needing to itemize on your tax return. If you are age 72 or older, these distributions also count towards your IRA’s an-nual Required Minimum Distributions. To learn more or to implement this tax-saving strategy, contact your tax preparer and your IRA custodian.