



This Lent – You are Invited to Grow in Virtue – Week 2 The Virtue of Faith

*The theological virtues of faith, hope, and charity (or love) are infused by God into the souls of the faithful, disposing Christians to live in a relationship with the Holy Trinity. They are the presence and solemn promise of the Holy Spirit in us. **

***Faith** is the theological virtue by which we believe in God and believe all that He has said and revealed to us. By faith "man freely commits his entire self to God." (DV5) ***

PRAY: *Come, Jesus — our light in the darkness! Help us to focus on you, Jesus.
Come, fill us with the Holy Spirit and infuse your virtue in us.*



“And as he was leaving Jericho with his disciples and a sizable crowd, Bartimaeus, a blind man, the son of Timaeus, sat by the roadside begging. On hearing that it was Jesus of Nazareth, he began to cry out and say, “Jesus, son of David, have pity on me.” And many rebuked him, telling him to be silent. But he kept calling out all the more, “Son of David, have pity on me.” Jesus stopped and said, “Call him.” - Mark 10:46-49



*Commit to 10 minutes of silence.
Reflect on the scripture passage above, imagining yourself in the scene.
Consider what's happening and how it applies to you right now.*

ask Jesus questions

practice gratitude

choose obedience

Questions: *Ask Jesus: "Where have You been in my moments of crying out this week? Whose example of faith are You allowing me to see or experience this week? How do You want me to step out in courage for You?"*

Gratitude: *Write down at least three instances for which you are grateful.*

Obedience: *Write down one concrete action you will take this week when you encounter a difficult person or situation. Write down one concrete act of courage you will take this week.*

Source: Flocknote Lent Series – “Making Space: Habits of Virtue”; and

Excerpt from Catechism of the Catholic Church *paraphrase CCC 1813, ** CCC 1814 (DV = Dei Verbum)

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