

CATHOLIC FAMILY GUIDE

SOLEMNITY OF
OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

Volume IV, Guide 1, November 26, 2023



How can we attend to the needs
of Christ present in others just as
Jesus provides for us in the
Eucharist?

SPECIAL EDITION #1 of 5
National Eucharistic Revival



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**All underlined text in
this Guide is linked!
Just click!**



eucharisticrevival.org

How is this Guide working for you and your household or small group?

Share a resource, activity, or picture/video of what you are doing in your Domestic Church.

For questions, comments, and feedback, please contact us at

discipleship@cgscc.church

Welcome

DISCIPLES OF JESUS!

This is the first in a series of five very special *Catholic Family Guides* to help our parish families to grow in knowledge of the faith and deepen our relationship with Jesus as his disciples. As we encounter Jesus, we come to know him, love him, and serve him so that we can be reasonably happy in this life and happy with him forever in heaven.



This Week

A Eucharistic Journey

Today begins the first of five very special editions of the Catholic Family Guide, a joint effort of the parishes of **Prince of Peace, St. Ignatius of Loyola, Christ the Good Shepherd, and St. Edward the Confessor** (to commemorate the Eucharistic Procession between our parishes and to share among us the good news of God's mercy and salvation during the upcoming holy Advent Season. In the coming four weeks, we will hear from pastors Fr. Tom Ponzini, Fr. Norbert Maduzia, Fr. James Burkart, and Fr. Christian Bui, finding richness in their messages about Jesus Christ our Savior and King.

It is beautiful to see four parishes coming together for this common purpose. We pray our Eucharistic Procession and our reflections on it will help our parishioners come to know and love our Lord Jesus Christ more profoundly, particularly in his real, substantial, and abiding presence in the Eucharist. Learn more about the Need for Eucharistic Revival.

Ivana T. Meshell

Director of Evangelization & Discipleship, Christ the Good Shepherd Catholic Community

First Sunday of Advent



Rev. Tom Ponzini
Pastor of Prince of Peace
Catholic Community

Second Sunday of Advent



**Very Rev. Norbert
Maduzia Jr., E.V., D. Min.**
Pastor of St. Ignatius of
Loyola Catholic Community

Third Sunday of Advent



**Very Rev. James
Burkart**
Pastor of Christ the
Good Shepherd
Catholic Community

Fourth Sunday of Advent



Rev. Christian Bui
Pastor of St. Edward
Catholic Church

LEARN MORE: See this short video on the National Eucharistic Revival (1:34)

The Holy Mass

The liturgy is the summit toward which the activity of the Church is directed, at the same time, it is the font from which all her power flows. (Cf. SC #10)

Why go to Mass?

Mass Schedule for Our Parishes

Find Mass Anywhere

Tips for Taking Young Children to Mass

We come to know, love, and serve Jesus Christ.

Scripture Readings for This Guide

Solemnity of our Lord Jesus Christ the King

readings and podcasts, Year A

United States Conference of Catholic Bishops (USCCB)

Ezekiel 34:11-12, 15-17

Psalms 23:1-2, 2-3, 5-6

1 Corinthians 15:20-26, 28

Matthew 25:31-46



National
Eucharistic
Revival



Video (2:32)

[LEARN MORE >](#)

WE LEARN & BECOME DISCIPLES TOGETHER

Getting Started

HOW TO USE THIS GUIDE

How to manage a group discussion.

Question of the Week

How can we attend to the needs of Christ present in others just as Jesus provides for us in the Eucharist?

CONNECT with our GOD through Prayer

- Let's start with the The Sign of Cross.
- As we gather to share our faith, ask the Holy Spirit to be present. Use your own words or offer a Prayer to the Holy Spirit.
- As someone reads out loud the Gospel for this Sunday, listen to the Lord speaking to you.
- Listen to one other as everyone shares what in the Gospel caught their attention.
- Prayer for the Eucharistic Revival

Family life is the first place where children learn how to pray as the Church. Through family prayer, children experience the first witness of Christ's living memory.

Points of Understanding
Grade 3, #4.4.1

Basic Church Process

CONNECT with our daily LIVES

Think of a time when you were in need--maybe it was a physical need like a meal or a ride to go somewhere or maybe it was a spiritual need like needing someone to talk to or someone to pray with you and for you.

- **Who satisfied that need, what did they do to make things better, and how did that make you feel?**



The everyday gift of Catholics, in love and care for others, is a priestly offering that is joined to the sacrifice of Christ in the Eucharist.

Points of Understanding
Grade 7, #5.5.2

WHAT IS THE CHURCH'S TEACHING?

POINTS OF UNDERSTANDING

Where they come from and ways to use them.



Choose from among the following Scriptures and teachings for reading, prayer, and discussion.

In the HOLY SCRIPTURE we read:

- Jesus himself commissions us to go into the world, teach people about him; he is sending us out on our divinely appointed mission in the world. Matthew 28:19-20
- "They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers." Acts 2:42
- When we serve others we are serving the needs of Christ himself. Matthew 25:31-46

In the Catechism of the Catholic Church

- "...the liturgy in which the mystery of salvation is accomplished concludes with the sending forth (mission) of the faithful, so that they may fulfill God's will in their daily lives" #1332.
- The Eucharist nourishes us for mission. #1394

The Need for a Eucharistic Revival

by Fr. Greg Ihm

Discuss

1. Many people satisfy our needs each day through service and charity. In what ways might you become more aware of the many good things that others do for you? How can you be more grateful for them?
2. God is always interested in providing for us whatever we need to have a more fulfilling life and life eternal with him. How does Jesus provide for you in the Eucharist?
3. Who do you need to provide for by serving their needs?
4. In what ways does the presence of Christ in the Eucharist challenge you? How might you invite Jesus to walk with you as you come to know his presence more fully?

Want more? Go Deeper!



Watch this short video, use reflection & discussion in article.

Together at One Altar: Sent Forth on Mission

Reflection Question

In what aspects in your life in which Christ's presence is more needed, and how can you let him in?



A Quick Summary of the Eucharist

CONNECT with OTHERS...

Living the Gospel with commitment & action.

What is one thing I am are willing to change in my life so that I can be more attending to the presence of Christ in those around me and seek to serve their needs?

Practical Activities



For the Individual -- **Be Attentive to Christ's Presence at Mass**

Make a conscious effort to pay attention to the words of the Mass, notice where you see the presence of Christ in the prayers and in those who are worshipping with you. This can be a little difficult to do if you have small children, but even in their squirmyness, Christ is there. Jesus isn't looking for perfection, he is looking for faithfulness.



For Couples -- **Deepen your Relationship with Jesus**

Three ways you can grow closer to Christ as a couple is to get to know Him better, spend more time with Him, and genuinely share your lives and your hearts with Him. If you are not sure where to start or what to do, pray together about it. God will help you. God brought you together and He wants to be part of your lives. Mike Schmitz has a video about [How to Practice the Presence of God](#) with some useful ideas.



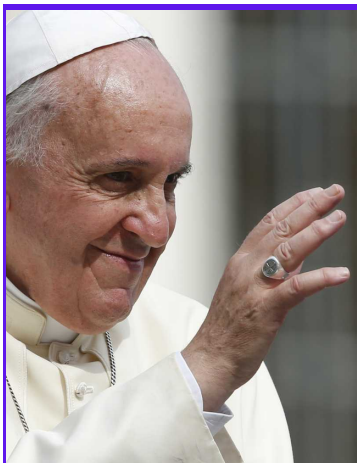
For the Domestic Church -- **Participate as a Family in the Eucharistic Procession**

November 27-30, four days of Eucharistic Adoration. Masses will be celebrated and a car procession will take place on three successive days carrying the Blessed Sacrament from Prince of Peace, to St. Ignatius, then to Christ the Good Shepherd, a stopover at Frasatti High School, then on to St. Edward. Take time this week for an opportunity for adoration, confession or take part in the Procession.



Missionary Mindset -- **Go!**

Jesus himself commissions us to go into the world, teach people about him; he is sending us out on our divinely appointed mission in the world. ([Matthew 28:19-20](#)) At the end of each celebration of the Mass the Priest sends us out into the world to take what we have learned through the readings and prayers and live like Jesus and show God's love to people in our daily lives. Consider ways that you as a disciple can do what he asks us to do.



Advent begins next Sunday!

"Advent invites us to a commitment to vigilance, looking beyond ourselves, expanding our mind and heart in order to open ourselves up to the needs of people, of brothers and sisters, and to the desire for a new world."

- Pope Francis, Angelus, 2018

Begin Advent with a Wreath

Why do we have Advent wreaths?

Where does the tradition come from, and how do you start your own?

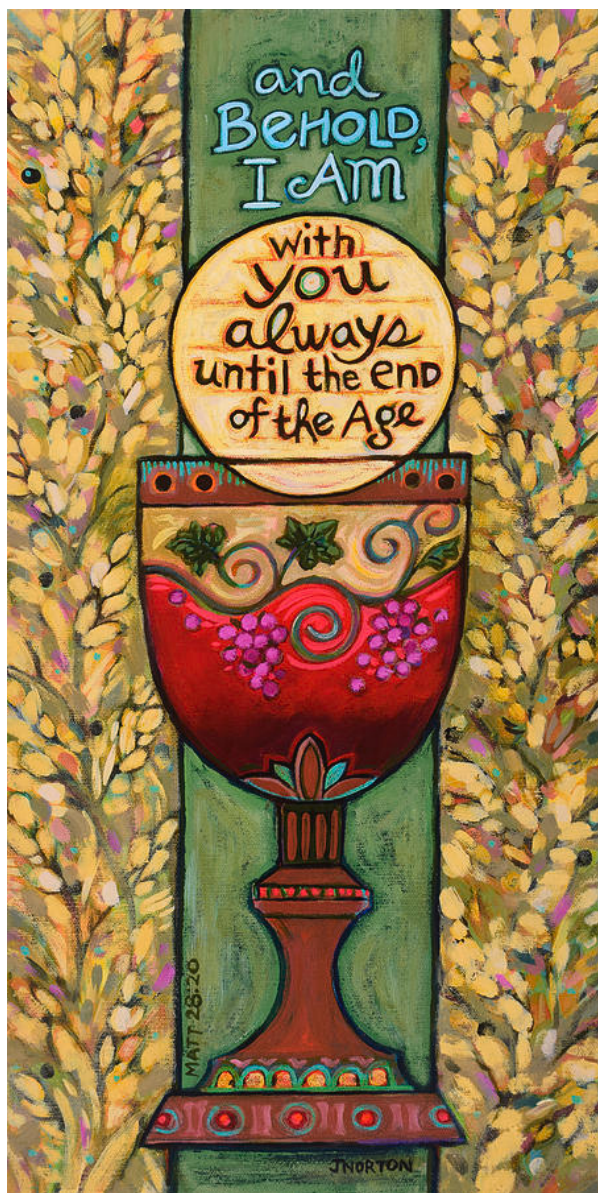
[Click here](#) to learn more about Advent Wreaths and how to make one for you Domestic Church.

Closing Prayer

- We sign ourselves with the Sign of Cross.
- According to what we reflected on, or whatever is in my heart share a petition. At the end we all say: **Lord hear our prayer.**
- Then we can pray the Our Father, Hail Mary and the Glory be...
- As we finish, let us share a sign of peace with each other.



"Let us pray that families grow closer together, and together, closer to God." Fr. James



Prayer

Loving and Gracious God,
We come to you today needing Eucharist more than ever.
We pray for your guidance in our lives,
that the ever-present spiritual nourishment of your Body and Blood will fill us with your spirit.
We eat your flesh and drink your blood so that we may have eternal life.
Lead us, O Lord, in our daily lives.
Ease our pain and struggle,
and sing with us in our joy!
We pray all this through Christ our Lord.
Amen.

The Eucharist

by Jen Norton

Inspired by the bible verse Matthew 28:20, this acrylic painting features elements of the Last Supper, the Bread and Wine in which Christ is present at every Mass.

AT THE END OF THE LESSON OR END OF THE WEEK

From what you have learned, how would you now answer the Question of the Week?

How can we attend to the needs of Christ present in others just as Jesus provides for us in the Eucharist?

WE ARE THE CHURCH

What Makes us Catholic?

Liturgy – the Joining of Heaven with Earth

The Church Fathers, who as bishops presided at liturgy every day, wrote often of the presence of the community of worshippers, saints, the deceased, and the company of the heavenly host at the public worship of the Church. The Fathers did so from the very first days of the Church, for the Jewish custom of praying for the dead, which memorialized their continued presence among the living, carried over into Christianity

Saint Augustine wrote that at the liturgy the angels, the saints, and those yet to be born all join together in the great act of worship of the trinitarian God, as though the faithful departed stood beside the living, and the angels flank the altar of sacrifice in the sanctuary.

Read more in the article by Robert W. Shaffern--
[Joining Heaven with Earth](#)



Word of the Week - Liturgy

From the Greek, meaning “public work.” It refers, especially to the public worship of the Church, including the Mass and the Liturgy of the Hours. Liturgy is the work of Christ and that of the Church, the Body of Christ. By virtue of our participation in Christ's work as members of the Body, we also participate in the divine life of the Trinity, an eternal exchange of love between the Father, Son, and Holy Spirit.

United States Catholic Catechism for Adults

Faith Groups



Four Reasons Why Faith Groups are Vital

(Video, 2:49)

Join a small Faith Group or start one of your own! Contact your parish for more information.

Saints of the Month

by Jeremy Hearne



Podcast each Tuesday!

More for your Domestic Church



Ave Maria Radio

Local Catholic Radio within the Archdiocese of Galveston-Houston

ADULT & FAMILY MINISTRY

Adulthood

Articles

- St. Faustina Catholic Church, Fulsher, Texas // [The Mass is Ended...Or Is It?](#)
- Clarion Herald // [The Mass Explained: Final Blessing and Dismissal](#)
- Denver Catholic // [Go and announce the Gospel of the Lord: The Concluding Rites](#)
- Franciscan Media // [A Short History of the Eucharist](#)

Videos

- Christ in the City // [Serving others - Encountering Christ - Transforming Culture](#) (3.08)



Videos on FORMED

Deepening Understanding of the Eucharist

Resources for Adults, Teens, and Children

Loyola Press

To pray a holy hour of Adoration of the Eucharist, all you need is a tabernacle with a lit sanctuary lamp, maybe a Bible or other reflective reading and/or prayers. Want more information on what to do during a Holy Hour check out the links below:

Aleteia// [A minute-by-minute guide for a Holy Hour of Adoration](#)

Hallow// [How to Pray While Making a Holy Hour](#)

USCCB// [Eucharistic Devotion](#)



Catholic Apps



Book Suggestions

Adult Faith Formation

Young Adult & Campus Ministry

Sacramental Information



& Becoming Catholic!

FAMILIES WITH YOUTH

Characteristics of Early Adolescents

Early Adolescence

Jr.High, Grades 6-8

Characteristics of Adolescents

Adolescence

High School, Grades 9-12

Question: How can I be present to others in the Eucharist?

Articles:

LifeTeen // [See You in the Eucharist...No, Really](#)

LifeTeen // [At the Foot of the Cross](#)

Life Teen // [The Odd One Out](#)

LifeTeen // [Getting to Know...YOU](#)

LifeTeen // [Jesus Dropped His Cross Too](#)

Videos:

Formed // [Introduction | Prepare Your Heart: Advent with Fr. Agustino Torres, CFR--](#) (4:34)

Formed // [You Are Not Alone--](#)(16:00)

Ascension Presents // [The Absolute Necessity of Saying "Thank You"--](#)(9:16)

Ascension Presents // [Why Am I Catholic? The Eucharist--](#)(9:07)



"In an ever changing world, the Holy Eucharist is a constant reminder of the great reality of God's changeless love."

St. Teresa of Calcutta



Youth & Young Adults

[See when youth meet at your parish!](#)

[Young Adult and Campus Ministry](#)

[Or contact your
local parish.](#)

FAMILIES WITH CHILDREN



Birth to Age 2

The role of parents at this stage is to model the example of Jesus by offering God's unconditional love to their children and to others. Parents benefit from growing in their own faith so they are able to hand on the faith to the next generation.



Early Childhood Ages 3-5

Characteristics of Young Children

Question: How can I share Jesus with others?

FORMED // [Adventure Catechism: Who Is Jesus?](#) -- video (7:25)

[Christ the King Coloring Page](#)

Catechist // [Living Faith Kids Calendar](#)



Childhood Elementary, Grades 1-5

Characteristics of Children

Question: How can I help others like Jesus does?

Sophia Institute // [Ready to Use Lesson for Each Sunday](#)

EWTN // [My Time with Jesus: Christ the King](#) -- video (30:00)

Catechist // [Living Faith Kids Calendar](#)

The Kids Bulletin // [November 26, 2023: Christ the King](#)

For Parents



Strong Catholic Family Faith

A project of Strong Catholic Families, Strong Catholic Youth Initiative



Family Faith Practices

GENERAL RESOURCES

The Holy Bible

Online Bible via the United States Conference of Catholic Bishops (USCCB)

If you don't know much about the Bible or want to learn more: **Scripture Support**

Catholics use the **New American Bible Revised Edition** (NABRE) as the translation for Mass readings. There are many acceptable versions of NABRE as well as other approved translations. You may purchase from any vendor. Basic editions are available upon request at no charge. Pick one up at the parish office.



Recommended Print Bibles

These are all by St. Mary's Press: Order directly from the publisher or search online for other vendors.

Catholic Family Connections Bible
(digital version available)

Catholic Youth Bible (Adolescents & College)
"Breakthrough" (Early Adolescents // Jr. High)

Catholic Children's Bible

The Catechism of the Catholic Church (CCC)

Online Catechism via the United States Conference of Catholic Bishops (USCCB)

NEW! Simplified version of the Catechism of the Catholic Church

If you don't know much about the Catechism or want to learn more: Catechism Support

Formed Online

Our parish subscribes to a library of online resources called **Formed**. It is excellent and free for you to use. Register at formed.org - Just click "Sign Up as a Parishioner." Need help? Watch this video.

Counseling & Spiritual Direction

Our parish offers **Rejoice Counseling** for individuals and families for a variety of issues and needs. You may use this online form to contact them directly.

We also offer **Spiritual Direction** for anyone interested in a spiritual companion, discerning God's will in your life. Follow the links or inquire through the parish office.

Prayers and Praying

Loyola Press // How Catholics Pray



Prayer Requests



Common Prayers and
Formulas to Learn by Heart

and a chart showing at what
age level they should be learned.



How to create a prayer table
or prayer area in your home.

ART & MUSIC

Sacred Art on Formed

Parish subscription free for parishioners--register once, access all content.

Formed.org



Using Sacred Art to Bring the Faith Alive

[Sophia Institute](http://SophiaInstitute.org)



Sacred Art to Inspire You

COVER IMAGE

Jerry Bacik // [The Eucharist](#)

Eleatta Diver // [Love One Another](#)

William Zadanak // [In His Image](#)



Our Lord Jesus Christ, King of the Universe

National Shrine of the Immaculate Conception

**True Prayer Should Lead Us To
Love God and To Serve Our
Neighbor In Our Daily Duties and
In Ordinary Acts Of Kindness**

Painting by Elizabeth Wang

Music to Move You

- Jeremy Riddle // [All Hail King Jesus](#) -- Video (8:17)
- Steve Bell // [Jesus Feed Us](#) --Audio (5:03)
- Phil Wickham // [This is Our God \(Official Music Video\)](#) -- (4:33)
- John Michael Talbot // [I Am the Bread of Life](#) -- Audio (4:17)

In what ways do art and music help strengthen your relationship with God?

Meet Our Directors

Helping People to Know and Love Jesus Christ



Prince of Peace

Dave Regitz

Director of Evangelization

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St. Ignatius Loyola

Lucille Pavlock

Pastoral Associate for Formation & Evangelization

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St. Edward the Confessor

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Director of Evangelization & Catechesis

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**The
CHURCH EXISTS
IN ORDER TO
EVANGELIZE**

...bringing all
humanity to union
with God; this is
the missionary
mandate
of the Church.

*Pope Paul VI in
"Evangelii Nuntiandi"
("Evangelization in the
Modern World"), 1975.*

About This "Special Edition" Series

These **"Special Editions" of the Catholic Family Guide** are a joint effort of our four parishes for the Sundays of Our Lord Jesus Christ the King through the four Sundays of the Advent season, 2023. They are written by our clergy and staff for our parishioners to come to know, love, and serve Jesus Christ during this Advent Season, culminating in the great Eucharistic Revival of 2024. Our pastors each desire their parishioners to know and love Jesus Christ in the Eucharist in a deeper and more profound way during this Eucharistic Revival. We want to demonstrate that, though we are distinct parishes, we are one Church of the Archdiocese of Galveston-Houston; we are part of something bigger than ourselves. It is up to us to evangelize the world so that many more people will come to the knowledge and love of God and receive the gift of salvation. We can accomplish great things when we work together and cooperate with the Holy Spirit.

Our priests and staff are excited to be working collaboratively and it is beautiful to see our pastors coming together and encouraging unity and fellowship among Catholics in our archdiocese. We want you to be a part of this because together, we are the Church--for the glory of God and the good of his holy people.

—Ivana Meshell

Special thanks to our priests and staff who contributed to the creation of these Guides.

Meet Our Pastors

The priesthood is the love of the heart of Jesus.
When you see a priest, think of our Lord Jesus Christ."

— St. John Vianney, patron saint of parish priests.



Rev. Tom Ponzini

Prince of Peace

19222 Tomball Parkway, Houston, Texas 77070
281.469.2686 * pophouston.org



Very Rev. Norbert Maduzia Jr., E.V., D. Min.

+St. Ignatius of Loyola

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281.370.3401 * ignatiusloyola.org



Very Rev. James Burkart

Christ the Good Shepherd

18511 Klein Church Road, Spring, Texas 77379
281.376.6831 * cgscclchurch.org



Rev. Christian Bui

St. Edward the Confessor

2601 Spring-Stuebner Road, Spring, Texas 77389
281.353.9774 * saintedward.org



Our daily access to the Eucharist is possible because of our priests.

Through their lives of dedicated service, we have access to the Mass and the sacraments.

Please pray for vocations to the priesthood, diaconal ministry, and religious life. Please pray for families, that they may nurture the lives of their children and raise holy men and woman who are ready to serve the Lord in whatever ways he calls.



The contents of this Guide are in accordance with the teachings of the United States Conference of Catholic Bishops (USCCB) and the *Catechetical Framework for Lifelong Faith Formation* of the Archdiocese of Galveston-Houston, under the pastoral care of Archbishop Daniel Cardinal DiNardo. Accordingly, the *Catechetical Framework* serves the definitive aim of catechesis which is to put people not only in touch with, but also in communion and intimacy, with Jesus Christ.

All parishes of our Archdiocese follow the same plan for catechesis. It is part of the unity of our Church.