

*Are you or a loved one in need of support? Do you want to grow your faith? Do you want to join a ministry or committee that provides outreach (our community, or global community)?*

### For Children and Young Adults



#### Children's Liturgy

This program is for children from JK to Grade 4 and will be available during the Sunday 9am and 11am Masses (minimum # of children required). Gospel reflection appropriate to this age group is shared. Consider registering your children.



#### Confirmation Preparation

Young people in Grade 7 are invited to prayerfully consider this step in completion of their initiation into the community of faith. They learn about Sacrament and attend five sessions throughout the school year. Those who do not attend a Catholic school are prepared through the Diocesan's Catechetical Correspondence course.



#### Sacramental Preparation (Children)

Preparation is offered at schools and through the Diocesan's Catechetical Correspondence Course for children who do not attend a Catholic school.



#### Youth Ministry

Calling all 5<sup>th</sup> to 12<sup>th</sup> graders to weekly Alpha nights for fun games, snacks and a chance to explore life's biggest questions. This 9 week long program begins September 16<sup>th</sup> at 7pm and continues weekly. Come out to make new friends, and learn about the faith!

### For Students (University and College)

#### Saint John Paul II Student Centre

The Student Centre is a ministry of the Diocese of Hamilton. We serve students, staff, and faculty of Wilfrid Laurier University, University of Waterloo, and Conestoga College. We are here to accompany and strengthen you in our shared relationship with Jesus Christ!

### Pastoral Care / Healing Ministries

#### Grief Support Group – Heartache to Healing

Grief support provides companionship on the long journey through the grief process. We offer 2 programs open to everyone:

- 1) 6 week grief support group in the Spring and Fall. We discuss the theory of grief with time to share and provide fellowship. Registration is required.
- 2) Monthly informal drop-in provides an opportunity to share with one another while learning about the grief process.

#### Separated/Divorced Support Group – Act II

Life changes are never easy. After a separation or divorce you may be feeling isolated. If you are in need of support and healing to adjust to your new life this group may be for you! This monthly program provides an opportunity to learn, share and rebuild your life. Come together with others to realize there is a 'second act'.

#### Ministers to the Sick (Long Term Care, Retirement Homes and Home Visits)

This Ministry is offered to those who are ill or homebound, as well as those who reside at one of our 5 Long Term Care and Retirement Homes located in our Parish area. If you or a loved one resides at one of the homes we serve, or if you or a loved one is homebound, please contact us.

### Becoming Catholic

#### Rite of Christian Initiation of Adults (RCIA)

RCIA is a 9 month program for 'becoming Catholic' that begins in September, culminating at the Easter Vigil. Candidates meet weekly and journey alongside other candidates. Candidates receive the Sacraments of Initiation (Baptism, Confirmation and Eucharist).

### Organizations/Service Clubs

#### Catholic Women's League of Canada (CWL)

The Catholic Women's League is an active organization which invites women, 16 years of age and older to journey with us in a sisterhood which serves the needs of the parish and promotes Social Justice and Spirituality within our community. Consider joining the CWL!

#### Knights of Columbus

The Knights of Columbus is a Catholic organization for men 18 years or older who are committed to the Christian ideals of Parish family life. Call 519-884-2060 to learn more about the organization.

### Outreach Ministries

#### Africa Project (Kenya)

Since 2009, St. Michael Parish has embraced the Notre Dame Children Outreach program in Nyalieng'a, Kenya. Every year, more than 100 needy children have their educational, health, social/emotional well-being and food security needs supported by this program.



### Care Ministry - Community Outreach

Community outreach is important to us at our Parish. We support efforts throughout our community and coordinate efforts with our Parish's Social Justice Committee and St. Vincent de Paul Society. We volunteer at the House of Friendship, Out of the Cold Program, collect school supplies, to name a few.

### Care Ministry – Parish Outreach

This ministry focusses on YOU, our Parishioners. We want you to know and experience community here at St. Michael Parish; we are family. We're here during the good times and the challenging times. Keep us informed of your life events and contact us when you need support or want to share celebratory moments with us. We are family!

### Moms Ministry

Our Moms Ministry welcomes moms of all stages, fostering a community of fellowship, charity and witness of our Catholic faith to our families and community. Join our events, connect with other moms, build friendships and feel at home in our parish.

### Prayer Network

We all have times when we need and appreciate support through prayer. The Prayer Network is a committed network of individuals who pray for others' needs. Contact the Parish Office if you need prayer for yourself, or for a loved one.

### Prayer Shawl Ministry

Are you or a loved one going through a difficult time (i.e. illness, loss)? The Prayer Shawl Ministry provides prayerful support. A beautiful handmade prayer shawl that has been prayed over and blessed is gifted to those in need.

### Refugee Support Team (RST)

The RST, under the direction of the Office for Refugees at the Diocese of Hamilton, assists local families who wish to resettle family members, living as refugees overseas, in Canada.

### Social Justice Committee

The Social Justice committee informs and educates parishioners on social justice issues, leads our Share Lent activities and presents the annual Development and Peace Action.

### Society of Saint Vincent de Paul

The Society of Saint Vincent de Paul is a lay Catholic organization whose mission is to live the Gospel message by serving Christ in the poor with love, respect, justice and joy. We serve our local community as well as embracing Nunavut through the North of 60 project.



indicates children's programs.

**If we can support you with any of these St. Michael ministries, or if you want more information on any of the outreach groups listed here, please contact our Parish Office:**

Email: [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca), or  
Phone: 519-884-9311



# SUPPORT FOR YOU & OUR COMMUNITY AT ST. MICHAEL PARISH

