

# From the PASTOR'S DESK



## Most Holy Trinity

The Holy Trinity is at the heart of the Gospel. Even though there might be some people who on their own could come to the conclusion that there is God, we needed divine revelation to teach us that the one God is the Father, Son, and Holy Spirit. It is not surprising that we celebrate the Feast of the Holy Trinity the week after Pentecost. On Pentecost, the fullness of the Spirit of God was given to the apostles enabling them to praise God, to bless Him, and to preach what was revealed to them.

Whatever else we do with our lives, this is the one calling we all share: to know God, to love Him, and to share in the life of the Blessed Trinity.

Even though this mystery has been gradually revealed to us in time, we need to see the Trinity present and in action at every stage in the history of the world. Everything that was, has been, and will be is through the Trinity. Every time we make the Sign of the Cross, at the beginning and end of each day, we mirror this reality.

At the heart of the mystery of the Trinity, there is a call for both contemplation and action. We are not simply asked to just ponder the mystery of the Trinity. What is revealed gives us a trajectory for action.

The Father, Son, and Holy Spirit exist from all eternity. They are one and equal. The Father sends the Son, the Word, who becomes one with us in the Incarnation. They both send the Holy Spirit to us, enabling us to be spiritually connected as members of the Body of Christ.

Just as the Spirit and the Word are sent, so are we. We are sent out into the world to be the salt of the earth and the yeast through which the whole of humanity will grow and respond to the calling that we all share. We are sent to preach the trajectory of love.

Christ has prepared us for the mission when He says that everything that the Father has belongs to the Son, and what the Son has belongs to the Father. Christ prays for us that that perfect unity may be mirrored in us as we are sent to love and unite the world.

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