

## RED CROSS TRAINING FOR INDIVIDUALS

## ADULT/PED 1<sup>ST</sup> AID CPR/AED 2 year Certification

Knowledge in First Aid has its benefits. Accidents are inevitable, and there is no guarantee that people are safe from any physical injury, illness or trauma. The best possible thing that people can do is to <u>be prepared</u> if any accidents, mishaps, and occurrences happen.

A number of reasons are keeping people from learning first aid and getting the necessary training to perform it effectively.

- 1. Fear of doing the wrong thing
- 2. Misconceptions on the training costs
- 3. Not having enough time
- 4. No idea where to get training

A trained person is capable of saving a life and can make a world of difference. While a non-trained person is most likely puzzled and clueless in times of emergency.

A First aid training course only takes a matter of hours to complete, but it will render an individual powerful with all the knowledge needed to tackle an emergency.

Where: St. Vincent de Paul 250 Bebout Ave Stirling, NJ 07980

When: Saturday 9/20/25 9am to 2pm Lunch provided

Cost: \$85.00 for a 2-year Red Cross Certification

Enroll at: Streetkoconcepts.enrollware.com Any questions Contact: Dan Anderson 732-754-6991 or djasurf@hotmail.com