



Introduction to Ignatian Prayer & the Spiritual Exercises

May 10 - 13, 2024

*All conferences and Morning Prayer are in Conference Center. Mass and Eucharistic Adoration are in Chapel.
Meals and Confession/spiritual direction are in Dining /Administration Bldg.*

Friday, May 10

3:00 – 4:30 p.m.	Registration
5:00 – 5:45 p.m.	Dinner
6:00 – 6:45 p.m.	Conference #1— Introduction / <i>Lectio Divina</i>

Saturday, May 11

8:30 – 9:10 a.m.	Breakfast
9:15 – 9:30 a.m.	Morning Prayer
9:30 – 10:15 a.m.	Conference #2— Meaning of Life (First Principle and Foundation)
10:15 – 11:00 a.m.	Personal Prayer & Reflection
11:15 – 12:00 p.m.	Mass
12:00 – 12:45 p.m.	Lunch
12:45 – 2:15 p.m.	Rest / Free time
2:15 – 3:00 p.m.	Conference #3— Sin / Capital Vices
3:00 – 5:00 p.m.	Personal Prayer & Reflection (Fr. Mark available for Confession & spiritual direction)
5:00 – 5:45 p.m.	Dinner
6:00 – 8:00 p.m.	Movie: <i>Ignatius of Loyola</i> (Conference Center)

Sunday, May 12

8:30 – 9:10 a.m.	Breakfast
9:15 – 10:00 a.m.	Conference #4— Using the Imagination in Prayer / Acquired Contemplation
10:00 – 12:00 p.m.	Personal Prayer and Reflection
12:00 – 12:45 p.m.	Lunch
12:45 – 2:15 p.m.	Rest / Free time
2:30 – 3:15 p.m.	Mass
3:15 – 4:00 p.m.	Conference #5— Rules for Discernment of Spirits, Part I
4:00 – 5:00 p.m.	Personal Prayer & Reflection (Fr. Mark available for Confession & spiritual direction)
5:00 – 5:45 p.m.	Dinner
6:00 – 7:00 p.m.	Eucharistic Adoration with Rosary / Benediction

Monday, May 13

8:30 – 9:10 a.m.	Breakfast
9:15 – 9:30 a.m.	Morning Prayer
9:30 – 10:15 a.m.	Conference # 6— Rules for Discernment of Spirits, Part II
10:15 – 11:00 a.m.	Personal Prayer & Reflection
11:15 – 12:00 p.m.	Mass
12:00 – 12:45 p.m.	Lunch
1:00 p.m.	Check out

OLPH
A Sacred Encounter, A Moment of Grace