



Introduction to Ignatian Prayer & the Spiritual Exercises

May 8 - 11, 2026

*All conferences and Morning Prayer are in Conference Center. Mass and Eucharistic Adoration are in Chapel.
Meals and Confession/spiritual direction are in Dining /Administration Bldg.*

Friday, May 8

3:00 – 4:30 p.m. Registration
5:00 – 5:45 p.m. Dinner
6:00 – 6:45 p.m. Conference #1—**Introduction / Ignatian Prayer**

Saturday, May 9

8:30 – 9:10 a.m. Breakfast
9:15 – 10:00 a.m. Conference #2—**Desire is Prayer** (First Principle and Foundation)
10:10 – 11:00 a.m. Personal Prayer & Reflection
11:15 – 12:00 p.m. Mass
12:00 – 12:45 p.m. Lunch
12:45 – 2:15 p.m. Rest / Free time
2:15 – 3:00 p.m. Conference #3—**Principle and Foundation**
3:00 – 5:00 p.m. Personal Prayer & Reflection (Fr. Greg available for Confession & spiritual direction)
5:00 – 5:45 p.m. Dinner
6:00 – 7:00 p.m. Eucharistic Adoration with Rosary/Benediction

Sunday, May 10

8:30 – 9:10 a.m. Breakfast
9:15 – 10:00 a.m. Conference #4—**Stronger in the Broken Places**
10:00 – 12:00 p.m. Personal Prayer and Reflection
12:00 – 12:45 p.m. Lunch
12:45 – 2:15 p.m. Rest / Free time
2:30 – 3:15 p.m. Mass
3:15 – 4:00 p.m. Conference #5—**Discernment of Spirits**
4:00 – 5:00 p.m. Personal Prayer & Reflection (Fr. Greg available for Confession & spiritual direction)
5:00 – 5:45 p.m. Dinner
6:00 – 7:00 p.m. Eucharistic Adoration with Rosary / Benediction

Monday, May 11

Please check out of rooms by 10am

8:30 – 9:10 a.m. Breakfast
9:15 – 10:00 a.m. Conference # 6—**Call of the King**
10:00 – 11:00 a.m. Personal Prayer & Reflection
11:15 – 12:00 p.m. Mass
12:00 – 12:45 p.m. Lunch
1:00 p.m. Check out

OLPH
A Sacred Encounter, A Moment of Grace