What is the 'Cursillo'? (Short course in Christianity)

The Short Course in Christianity is a movement of Christian renewal that has its origins in a movement begun in Spain in 1949 by Bishop Juan Hervas and Dr. Eduardo Bonnin. Although it's quite different from a retreat, the Short Course in Christianity complements a retreat.

During the three days of the weekend, from Thursday evening to Sunday evening, people from all walks of life grow close to one another. Clergy and laity form a living, working Christian Community to gain a deep awareness of the treasures and responsibility of their faith. The Weekend gives those who make it a new understanding of Jesus Christ, the basic Christian truths, and the desire to serve the Church.

The Weekend is a blend of seriousness, light-heartedness, spiritual exercises, talks and discussions. The teachings of Christ are discussed within the atmosphere of joy and song. There are meditations and talks by clergy and laity and everyone making the weekend is urged to participate by taking notes, discussing, and even by making drawings that illustrate major points.

The Weekend ends at the close of the three days. However, the whole point of the movement is that ordinary people can steadily grow in the love and the service of God and humanity for the rest of their lives. Christian growth is not easy, but the Weekend provides a framework for it, both during the three days and afterwards. In the Cursillo emphasis is on maintaining a vibrant and growing Christian community from which springs the apostolic action required to make ours a better world in which to live.

To learn more, please visit: www.cursillolubbock.org

### **Sponsors Instructions:**

Have your candidate complete page 2, "CANDIDATE APPLICATION". As sponsor, you need to complete page 3, "SPONSOR'S INFORMATION SHEET" and page 4, "SPONSOR'S EVALUATION".

Mail the completed pages 2, 3, and 4 with \$200 payment so we can have a headcount and a room available for you.

If you have any questions, please email Lupe Rosas: <a href="gvrosas@yahoo.com">gvrosas@yahoo.com</a> or call 806 632-8899. Payment is refundable if circumstances prohibit attendance.

### **CANDIDATE APPLICATION**

(Please print clearly!)

Name:			Weekend	:	Age:
Parish and City:			Diocese (I	f not Lubbock):	
Your Address:					
City:	State:	Zip:	Married?/Spouse	:/	
Telephone (preferred):			Home Cell	Work	
Telephone (alternate):			Home Cell	Work	
Email Address:					
Has your spouse attended a Cursill	o weekend?	Yes No If	so, what date?		
If not, does your spouse plan to at	tend a future	e Weekend?			
Occupation:					
Please give a brief, frank statement as to why you wish to experience the Weekend:					
(Please use back of page if necessary to answer the above question.)					
What name would you like on your name tag?					
Please indicate any physical limitations, special medical needs, etc.:					
Please list your religious, civic, recreational activities, hobbies and/or any musical instruments you play:					
Do you have any friends who have attended a Weekend? Please list their names					
Do you have any children at home	?				
Emergency contact (name and tele	ephone):				
Signature of Candidate:				Date:	

Note: payment of \$200 is required with this application. Please return the completed application and payment to your sponsor. In rare instances, space limitations at the facility may preclude your attendance on the forthcoming Weekend. However, you will be notified in advance that you have been accepted and we will keep you informed regarding subsequent Weekend dates as they are scheduled. Thank-you for your application!!

### SPONSOR'S INFORMATION SHEET

#### **CANDIDATE SELECTION**

Those who are about to sponsor a candidate for a Cursillo weekend must be aware of the tasks and the seriousness of the commitment. The following is a list of guidelines that should be used for selection of a future Cursillo candidate.

#### **REQUIREMENTS AND GUIDELINES**

- 1. The candidate is or has the potential to be a leader.
- 2. The Candidate must be capable of action to Christianize his or her environments.
- 3. The candidate must be 18 years of age or older and must be mature enough to understand and follow through on his or her responsibilities to live the Christian life.
- 4. The Cursillo Movement holds in highest regard the Sacrament of Marriage and if participation in a Cursillo by one and not the other might have an adverse effect on that Sacrament, then we suggest some other form of individual spiritual renewal. Once you have determined that your candidate is married, it is suggested that you approach both together in preparation. If both are eligible, complete both applications and turn them in together. If no problems exist, then either candidate may attend first.
- 5. The candidate must be a Roman Catholic and be able to receive the sacraments.
- 6. The primary responsibility of the sponsor begins after the candidate has attended the Weekend. The sponsor is responsible for follow-up and support of the Candidate by means of Group Reunions and Ultreyas.
- 7. The candidate should not be under any unusual stress. (Remember the weekend should not be used as a cure for marital or emotional problems or addictions to drugs or alcohol, since there is a risk of causing more harm than good. These matters require professional attention.)

#### CANDIDATE PREPARATION

- 1. Pray before contacting a possible candidate! And Answer honestly any questions the candidate has pertaining to the Movement or the weekend.
- 2. Explain the Cursillo to your candidate. (i.e., Group Reunion and Ultreya) and invite your candidate to attend Group Reunion and Ultreya before the weekend if possible.
- 3. If your Candidate requests more information, consult our website: <a href="www.cursillolubbock.org">www.cursillolubbock.org</a> and click the "Pre-Cursillo" tab to explore more literature which will describe the Cursillo Weekend and Movement.

#### SPONSOR'S RESPONSIBILITIES (The following are minimum responsibilities of a sponsor)

- 1. Bring your candidate to the Weekend or arrange for transportation for the candidate.
- 2. Submit a completed application along with the \$200 payment per instructions on page 1.
- 3. Attend the closing on Sunday evening and bring your candidate home.
- 4. Encourage your Group reunion and Cursillo community to write general palanca for the team and candidates.
- 5. Provide for assistance to family of candidate throughout the weekend in whatever is needed.
- 6. After the Weekend, introduce the candidate to Group Reunion and Ultreya and help him or her find a permanent Group Reunion. (Sponsor obligation here is for one year after Weekend.)
- 7. Assist the candidate in becoming part of the Cursillo community by attending Ultreya together. (Bring candidate for at least a year.)

l,	have read and fully understand my responsibilities as sponsor for t	this
candidate. DATE:		

## SPONSOR'S EVALUATION

After prayerful deliberation, Ias a candidate for a Catholic Cursillo Weekend.	, agree to sponsor		
Sponsorship Checklist: Are you participating currently in small group reunion? Ye When and where did you make your Cursillo Weekend? Do you attend Ultreyas? Yes No If so, which one(s) _			
How long have you known your candidate and what is your	relationship to him/her?		
Have you explained that the Weekend begins with a silent related your candidate ever attended an Ultreya or a small ground Have you used any other materials to explain about Cursillo Do you know if your candidate has any serious emotional or please realize the Cursillo Weekend could be harmful to him	up reunion? Yes No? Yes No? Mental problems, or addiction to alcohol or drugs? (If yes,		
Has your candidate lost a loved one or suffered other emoti	•		
Do you know if your candidate has any physical restrictions? eating, prolonged sitting, hearing, vision, etc.)	Yes No (e.g., difficulty climbing stairs, walking,		
Do you know if your candidate has any ongoing physical hea	•		
To your knowledge, is your Candidate able to receive the Sa			
Have you made transport arrangements to get your candida Yes No	te to the Weekend and return him/her home on Sunday?		
Does your candidate's family need any special assistance du	ring the Weekend? Yes No		
If the spouse has not attended a Weekend, did you discuss ( Is the Spouse a Cursillista? Yes No	Cursillo with the spouse? Yes No		
By sponsoring this candidate, you are agreeing to take the r	esponsibility for up to one year in helping your		
candidate find a small group reunion and attend Ultreyas. H	ave you considered this? Yes No		
Please explain any answers above and/or any special needs	your Candidate has (continue on back if necessary):		
Emai	 I:		
	Tel:		
City:	State: Zip:		
Parish and City:			
Signature:	Date:		

Application for a Cursillo Weekend - Lubbock Cursillo Revised: May 24, 2023