



The book “The Biggest Lie in the History of Christianity” sounds like it’s a book about lies. But the reality is, it’s a book about truth—and truth is beautiful. Life is messy, but at the heart of God’s plan for humanity, and at the heart of God’s plan for the world, is transforming people—you and I—one at a time.

And that’s what the book’s about. It’s a book about God’s dream for you, God’s dream for me, God’s dream for humanity, and God’s dream for Christianity—and the role of Christianity in the world.

How’s your Happiness Project going? You see, we all have a Happiness Project. We all want the same thing—we all want to be happy. And the reason we all want to be happy is because God created us for happiness.

One of the lies of the world is that you'll be happy when you get what you want. But getting what you want doesn't make you happy. You know that. There've been times in your life when you got what you want, but it didn't make you happy. God's message to us is, he wants you to become the-best-version-of-yourself.

And the other thing is, God promises you suffering. He promises you a little bit of sacrifice—and maybe a little bit more than a little bit of sacrifice. The reality is, it's not easy to become the-best-version-of-yourself. It's not easy to be happy. Anyone who tells you it's easy to be happy is lying to you. You should run a thousand miles away from anyone who tells you that it's easy to be happy, because that's one of the great lies in our world.

What God tells us is that he created us for happiness. He wants us to become the-best-version-of-ourselves. But there's suffering in that journey. There's sacrifice in that journey. There's discipline in that journey. But the journey is worth it. And the reason the journey is worth it, is because you're worth it.

For more reflections as you continue to read the book given to you by your parish, visit this site:

<https://dynamiccatholic.com/the-biggest-lie-in-the-history-of-christianity/overcoming-the-lie/reflections>