

# CHRIST THE KING CATHOLIC CHURCH

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Twenty Eighth Sunday  
in Ordinary Time  
October 13th

7414 SE Michael Drive  
Milwaukie, OR 97222  
Phone: (503) 659-1475

Website: [www.ctk.cc](http://www.ctk.cc)  
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## A EUCHARISTIC PARISH

### PARISH STAFF:

Msgr. John Cihak, S.T.D., Pastor	(503)-785-2402
Msgr. Gerard O'Connor, S.L.D., In Residence	
Sarah Brentano, Principal	(503)-785-2411
Jenett Akles, Pastoral Assistant	(503)-785-2401
Edward Atkinson, Sacred Music	(503)-785-2422
Theresa Becker, Religious Education for Children	(503)-785-2413
Mary Ann Holliman, Business Manager	(503)-785-2406
Theresa Huiard, School Advancement and Campus IT	(503)-785-2420
Linda Mainard, Adult Faith Formation/ Marriage	(503)-659-8835
Julie Onderko, Evangelization	(503)-785-2410

# PASTOR'S COLUMN

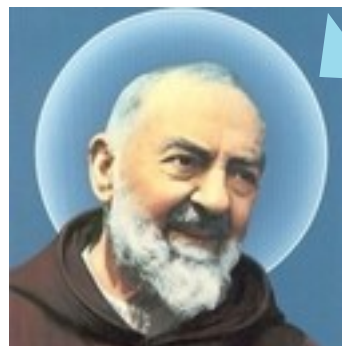
We have a wonderful resource to deepen our knowledge and love of the Faith - FORMED. It's an online subscription that is packed full of interesting, well done videos, movies and other resources. We use it in our programs like RCIA and Adult Education, but it's important that **all** of us engage with it. Every day we are bombarded with ideas and messages that challenge our faith. FORMED is way to fill our minds and hearts with the truth that not only help us to assess and respond to those ideas and messages but also to help us to be able to explain these truths to others. In other words, it's crucial to be able to articulate the Faith in an intelligent way, and FORMED helps us to do that. Deeper knowledge also leads to deeper love. The more I know, the more there is to love.

This subscription is provided to you by the parish for free. All you need to do is log in and set up your account. The interface looks and operates much like Netflix or Amazon Prime, so it's easy to navigate. Also, this resource can be accessed any time and anywhere - when waiting for an appointment or a flight, relaxing on vacation, up late at night, etc. FORMED is good to watch together as a family or as a couple. I would ask that we all use it or start using it because if we all deepen our knowledge. If you have any difficulty accessing FORMED or getting set up, please call the office or see one of the parish staff who can help you.

Have a blessed week!

- Monsignor John Cihak

**The Parish Office will close early on Wednesday, October 16th. Please join us as The Grotto at noon for a Mass with Archbishop Sample and a tour of the Relics of St. Padre Pio. This is a don't miss event!**



## MASS TIMES:

### Sunday:

Saturday Vigil: 5:30 pm

Sunday: 8:30 am & 10:30 am

### Weekday:

Monday: 8:00 am

Tuesday: 6:00 pm

Wednesday: 8:00 am

Thursday: 8:30 am

Friday: 8:00 am

Saturday: 8:00 am

## SACRAMENTS:

### Confession:

Saturday: 3:30- 5pm, Tuesday: 5-6pm or by appointment

## HYMNS FOR THIS

## WEEKEND (IN ORDER):

680 - The Lord Is My Light

689 - Healing River of the Spirit

336 - Eat This Bread

427 - For the Healing of the Nations

**"To die for Christ is not to sacrifice one's youth, but to renew it. Jesus Christ returns a hundredfold for all offered him, and adds to it eternal life." - Saint Cecilia**

# IMPORTANT DATES

## Sunday, October 13th

8:30 am Mass

10:30 am Mass

*Coffee and Donuts in the Parish Center following 8:30 & 10:30 masses.*

9:40 RCIA Rm A

*No Middle or High School Youth Group*

## Monday, October 14th

8:00 am Mass

2:00pm Blood Drive, Parish Office

4:30pm Cub Scouts, Parish Center-West

6:30 pm Bible Study, Rm A

7:00 pm Mom's Prayer Group, Rm B

## Tuesday, October 15th

9:00 am Bible Study, Rm A

5:00pm Confession

6:00 pm Mass

7:00 pm Men's Group, Rm A

## Wednesday, October 16th

8:00 am Mass

## Thursday, October 17th

8:30 am Mass, Adoration following Mass

7:00 pm Choir practice, Church

## Friday, October 18th

8:00 am Mass

*Following Mass, Church Cleaning - Church*

## Saturday, October 19th

8:00 am Mass

3:30– 5:00 pm Confession

5:30 pm Mass

Saturday Night Social following Mass

## Sunday, October 20th

8:30 am Mass

10:30 am Mass

*Coffee and Donuts in the Parish Center following 8:30 & 10:30 masses.*

*Middle and High School Youth Group resumes*

# MASS INTENTIONS

Mon. Oct 14th Albrich Family +

Tues. Oct 15th Allan & Betty Jones +

Wed. Oct 16th Barbara Gross +

Thurs. Oct 17th Int. David & Michelle Hammond

Fri. Oct 18th Int. Joyce Kissel & Gail McFarland

Sat. Oct 19th Al & Barbara Albrich +

Sat. Oct 19th Int. Steve & Karen Timm

Sun. Oct 20th Aileen Wilkins +

Sun. Oct 20th People of the Parish



# FROM THE PRINCIPAL

What a great week we have had at CTK! Our students ran in our annual Jog-A-Thon on Thursday and we all had a fantastic time. Fundraisers like these are such a great reminder of the overwhelming generosity of our school and parish community and the support and love that surrounds our school. We couldn't be more grateful for the time and treasure of our volunteers and donors who so graciously work and give to provide the best Catholic education to our students. We would not be able to fulfill our mission and create little saints without you. THANK YOU!

In Christ the King,  
Sarah Brentano

# PARISH NEWS & EVENTS

## Theology Tuesday

"An Encounter With Mercy" October 15th

We are not defined by our mistakes. In Confession, Jesus invites us to encounter his mercy and be healed by his love. When he tells us "Go and sin no more," he also gives us the grace to do so. Join us in the Parish Center after 6 pm Mass on Tuesday, October 15th for our Theology Tuesday presentation. Presented by Theresa Becker.

**Savethe Date:** Theology Tuesday will also be held after the 6pm Mass on October 29th. The presentation will be The Church: Divine origin? Human organization? Where did she come from? Why is she important for salvation? Presented by Monsignor John Cihak.

## Adoration Volunteers

Eucharistic Adoration will be held weekly on Thursdays after 8:30am school mass until 6pm with Benediction at 5:45pm. We are looking for volunteers for Adoration. Two volunteers are needed per shift each Thursday. Sign up sheets in the back of the church.

## Pro-Life Minute

Did you know our parish has its own Respect Life group that meets on the 3rd Monday of every month in the Parish Office, 6:30-7:30pm?

We are wives, husbands, Moms and Dads, singles, teens, already busy people, all ages and abilities, who seek to persevere in the cause of affirming the God-given dignity and right to life of every person, born and unborn, regardless of circumstance or condition. Our goal is to assist our parish in becoming a beacon of hope for the fight to preserve the sanctity of life. We pray, we learn, we assist those in need, and we help as we can. All are invited to join us!

Questions? Contact Parishioners Teri Sykes, [teri.sykes@gmail.com](mailto:teri.sykes@gmail.com) or Janice Donahue, [donahue.janice@yahoo.com](mailto:donahue.janice@yahoo.com)

God bless you and remember, life is sacred at Christ the King

**FOR YOUR MARRIAGE** Marriage Matters  
because through the Sacrament Christ enters our life.

For as God made Himself present to His people in the Old Testament, so now Christ "comes into the lives of married Christians through the sacrament of matrimony." Second Vatican Council *Gaudium et Spes* All relationships are unique; avoid comparing your marriage to other marriages and remember to appreciate your spouse for who he/she is.

## Prayer Shawl

Do you know someone who would benefit from receiving a prayer shawl? **A friend, family member or just someone you heard of that could use some comfort of prayers and a shawl.** Please contact Joan Adams 503-698-2435 or Eileen Roundtree 503-310-0166

## Altar Society

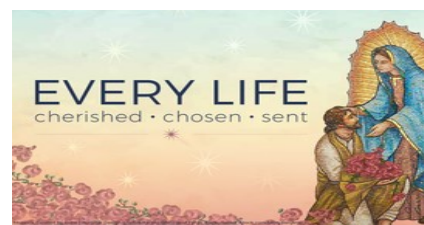
Altar Society meetings began in September for the 2019-2020 year. Please note our new meeting schedule is monthly on the 2nd Thursday of the month at 1:00 pm in the Parish Office. Please consider joining our ministry. We have a variety of volunteer opportunities. Our next fundraiser is the Christmas Cookie Fair on December 8th. For more information please contact our President, Vonnie Welk at (503) 657-9286.

## October is Respect Life Month

### **Celebrate Respect Life Month!**

You're invited to join Catholics nationwide in celebrating Respect Life Month this October with the message "Every Life: Cherished, Chosen, Sent!"

Learn more at [www.usccb.org/respectlife](http://www.usccb.org/respectlife).





# AROUND THE ARCHDIOCESE

## **NCC Workshop Teaches Boundary Skills for a Healthier YOU**

All of us, at one time or another, has found ourselves being pulled in too many directions. Sometimes we feel invisible or powerless, perhaps even experiencing emotional pain in our relationships.

Mark your calendar for Saturday, November 16, 2019. Learn from a knowledgeable therapist about boundary types, healthy limits and maintenance tools to help improve your physical, relational and mental well-being. The workshop runs from 1 PM to 3 PM at The northwest Catholic Counseling Center, 8383 NE Sandy Blvd., Suite 205, Portland, OR 97220. The cost is \$30. Hardship scholarships are available upon request.

To register, please visit [www.nwcounseling.org/services/workshops/](http://www.nwcounseling.org/services/workshops/) or call 503-253-0964. Pre-registration is required. The fee must be paid at the time of registration.

## **The Relics of St Pio in Tour**

Saint Pio comes to the Archdiocese of Portland.

Tuesday, October 15th from 3pm to 9pm at St Mary's Cathedral 1716 NW Davis St Portland, OR 97209. A mass in honor of St Pio will be celebrated at 5:30pm by The Rev. Msgr. Patrick Brennan

Wednesday, October 16th from 1pm to 9pm at The National Sanctuary of Our Sorrowful Mother (The Grotto) 8840 NE Skidmore St Portland, OR 97220. A mass in honor of St Pio will be celebrated by Archbishop Alexander Sample at 12:00pm.

The relics on display include Saint Pio's glove, the crusts of his wounds, cotton gauze bearing his blood stains, a lock of his hair, his mantle, and his handkerchief, which was soaked with his sweat only hours before he died.

For information about the public veneration, please call (503) 233-8386, or send an email to [tcooper@archpdx.org](mailto:tcooper@archpdx.org)

## **FORMED Pick of the Week**

**True Reformers**  
**Saints of the Catholic Reformation**  
Episode 5: Saint Teresa of Avila

Living Completely for God. Wealthy and headstrong, Teresa was an unlikely choice for a great reformer. But after years as a Carmelite, she learned divine inspiration what living totally for God could be. Watch on [FORMED.ORG](http://FORMED.ORG)

## **Fall Day of Renewal**

Saturday, October 19, 2019, 8:00 am - 3:30 pm

**Location:** Our Lady of the Lake Parish

With Bishop Peter Smith

Please bring your own lunch. Coffee, tea, hot chocolate, and breakfast snacks provided. There will be no registration fee. A free will donation opportunity during the day.

Music by: Dan Scott  
Event contact: (503) 913-6232

## **Gonzaga University Presents**

**Fall 2019 Portland Tour**  
**"What We Need is Here"**

Music of community, contentment, and resilience. Timothy Westerhaus, Conductor and Annie Flood, Pianist

Friday, October 25, 2019 7:30 pm  
With Pacific Youth Choir  
St Mary's Cathedral  
1716 NW Davis St  
Portland, OR  
503-228-4397

Saturday, October 26, 2019, 3:00 pm  
With Grant High School  
The Grotto  
8840 NE Skidmore St  
Portland, OR  
503-254-7271

# IN OTHER NEWS . . .

## BUSINESS REPORT

Welcome to our business column! Each week there will be information about the business aspects of the parish. This week we will be reporting certain numbers to maintain financial transparency with our parishioners.

Our September 29th budget was for \$12,000 with a YTD budget of \$185,000.

Our actual received was \$9,157 with a YTD received of \$176,837.

We thank all of you for being so generous . To donate please visit our website at [ctk.cc](http://ctk.cc) and click on "Donate"  
- Mary Ann Holliman

## EVANGELIZATION

St. Pio of Pietrelcina (1887-1968), affectional known as Padre Pio, was a Capuchin Friar so united with Jesus and His mission to save the world, that he bore the wounds of Christ. His life is really amazing for his humility, the unjust reprimands he endured, his mystical gifts, his battles with the devil, but mostly for helping people to love Jesus and Mary. Padre Pio made a promise to God, "Lord, I will stand at the gates of Heaven until I see all my spiritual children have entered."

Do you want to be Padre Pio's spiritual child? Just ask him. I did—he is a wonderful spiritual Father

- Julie Onderko

## SACRED MUSIC

"Sacred music" is a term that's strange to many of us. The word "sacred" in Hebrew (qodesh) and Greek (hagios) means "purified" or "different, set apart." One of the qualities of sacred music is that it is set apart for God. It is aurally distinct from secular music. It is created explicitly for the purpose of worship.

Workout music gets my blood pumping and helps me get excited to lift weights (like rock or pop). Music I play while chopping veggies helps me get in the cooking groove, and relax as I prepare a meal (like jazz). Sacred music helps quiet my mind, make room for God, and focus on Jesus (like hymns, polyphony, or Gregorian chant).

- Edward Atkinson

## RELIGIOUS EDUCATION

"Pray with your children, not at them, not in front of them."

Children learn very quickly the prayers they hear repeatedly and are encouraged to learn and pray with the family. The Rosary contains three of the most common prayers of our faith. Try praying a decade at mealtime, bedtime, or in the car. Make praying spontaneously with your children a natural response to hearing a siren, seeing a homeless person, when they are sad, when they are happy, when they are scared, when they are worried about a friend or a situation and even when they are joyful and thankful. Praying is a good response to any situation.

- Theresa Becker, Coordinator for RE

# THIS WEEK'S FEATURED MINISTRY/GROUP

## TEAMS OF OUR LADY (TOOL)

Think there isn't anyone pulling for your marriage? Think again!

Marriage is a challenge. Whether a couple is newlywed, raising a family, or 'empty nesting' the call to grow together in love is ever present. Often couples find they are living in social climate where forces and stress are at work that can undermine both their marriage and their faith. All over the world, couples have found a way to meet their desire for growth in love and faith through the Teams of Our Lady (Teams) movement. A team is a group of four to seven couples who have freely decided to join together to find support in their efforts to lead Gospel lives.

The Team meets once a month in each other's homes for a simple meal and in the spirit of friendship to share their experiences of the previous month. After dinner, the mood shifts to the more obviously spiritual as the Team reflects on scripture and prays. Finally, they discuss study material on married life and faith. The Team meeting is truly a unique gathering—lively and enjoyable yet structured and meaningful.

How does a team get started? Local Teams couples conduct information meetings to provide information, answer questions, and place couples on teams.

For more info contact Harold & Ginny Mcnees (503) 655-4560 | [virginiamcn@yahoo.com](mailto:virginiamcn@yahoo.com)

## FROM THE SCHOOL

I can simply echo Sarah's sentiments in a profound thank you to all that have supported our children in our Jogathon. The weather was perfect, and it was a beautiful celebration of everyone's hard work. Those that were on campus that day for Adoration joined in the fun. What a special blessing! We are so grateful that you joined and supported us.

The Jogathon is a community building event. Your participation created powerful relationships, taught important social skills and created a caring environment. It linked staff, students, parents and parishioners.

The event was kicked off with Blaze the Trailblazer mascot and our dear Monsignor graciously and enthusiastically ran with our children. We were truly "Running on Faith."

Yours in One Faith, One Family,

Theresa Huiard, Director of Advancement & Campus IT