

CHRIST THE KING CATHOLIC CHURCH

First Sunday in
Advent
December 1st

7414 SE Michael Drive
Milwaukie, OR 97222
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A EUCHARISTIC PARISH

PARISH STAFF:

Msgr. John Cihak, S.T.D., Pastor	(503)-785-2402
Msgr. Gerard O'Connor, S.L.D., In Residence	
Deacon Randy Hoang, Pastoral Intern	(503)-785-2407
Sarah Brentano, Principal	(503)-785-2411
Jenett Akles, Pastoral Assistant	(503)-785-2401
Edward Atkinson, Sacred Music	(503)-785-2422
Theresa Becker, Religious Education for Children	(503)-785-2413
Mary Ann Holliman, Business Manager	(503)-785-2406
Theresa Huiard, School Advancement and Campus IT	(503)-785-2420
Linda Mainard, Adult Faith Formation/ Marriage	(503)-659-8835
Julie Onderko, Evangelization	(503)-785-2410

PASTOR'S COLUMN

Thank you to all those who helped us celebrate our patronal feast of Christ the King: our Saturday Night Social crew and Knights of Columbus and all those who further the mission of Christ as a volunteer in the parish and school. You are appreciated and may the good Lord reward you for your generosity.

Advent is upon us! Unfortunately we live in a world that skips from Thanksgiving to Christmas without undergoing this important time of spiritual preparation for the coming of our Lord Jesus. As Christians, we always take time to prepare for the major events of our salvation: Easter has Lent and Christmas has Advent.

Advent comes from the Latin, *adventus*, meaning "the coming". It is a time of heightened spiritual awareness and vigilance, making room in our hearts and lives for His arrival. Our soul is like a manger, a place that is poor but a place where God the Incarnate Son wishes to dwell. The best way to offer the baby Jesus a clean manger is to make a good confession. If it has been more than a month, it's time to go to this powerful Sacrament of the Lord's mercy. If it has been a long time since you went to confession, no worries about coming back. It only takes few minutes to confess and be reconciled to God. Simply pick up the Confession brochure by the display cases in the back of church and spend a little time preparing. We have many opportunities to grow and to serve during Advent: our Advent retreat series on Tuesday evenings, Eucharistic Adoration, the Christmas luncheon and gift tree, the St. Vincent de Paul food box drive. Let be involved and prepare well for His coming.

I wish you all a blessed Advent

- Monsignor John Cihak



The Faith and Community Team has graciously put together a "welcome table" to welcome newcomers to our Parish.

This table will provide information, resources, and be staffed by members of the Faith and Community Team to welcome new members and answer questions.

We, as Parishioners of Christ the King, have a wonderful opportunity to extend our warm welcome to new parishioners, visitors, and returning Catholics...and as it may be, this action of ours, might bring a soul closer to Christ!

Please join us and invite visitors and newcomers to the Parish Center after Mass for coffee and donuts and lead them to the Faith and Community Welcome Table where they can find out more about the faith and our amazing Parish.



MASS TIMES:

Sunday:

Saturday Vigil: 5:30 pm

Sunday: 8:30 am & 10:30 am

Weekday:

Monday: 8:00 am

Tuesday: 6:00 pm

Wednesday: 8:00 am

Thursday: 8:30 am

Friday: 8:00 am

Saturday: 8:00 am

SACRAMENTS:

Confession:

Saturday: 3:30- 5pm, Tuesday: 5-6pm or by appointment

"But there was no room at the inn"; the inn is the gathering place of public opinion; so often public opinion locks its doors to the King."

- Venerable Fulton Sheen

IMPORTANT DATES

Sunday, December 1st

8:30 am Mass

10:30 am Mass

*Coffee and Donuts in the Parish Center following 8:30 & 10:30 masses.
No MS or HS Youth Group*

Monday, December 2nd

8:00 am Mass

1:00pm Prayer Shawl, Rm A

6:30 pm Bible Study, Rm A

Tuesday, December 3rd

9:00 am Bible Study, Rm A

5:00pm Confession

6:00 pm Mass

6:30 pm Advent Retreat, Parish Center

7:00 pm Men's Group, Rm A

Wednesday, December 4th

8:00 am Mass

Thursday, December 5th

8:30 am Mass, Adoration following Mass

10:30 am Mary's Guild, Rm A

1:00 pm Centering Prayer, Rm B

7:00 pm Choir practice

Friday, December 6th

8:00 am Mass

Church Cleaning after the Mass

Saturday, December 7th

8:00 am Mass

8:30 am Eucharistic Adoration & Confession

10:00 am Advent Penance Service

3:00– 5:00 pm Confession

5:30 pm Mass

Sunday, December 8th

8:30 am Mass

10:30 am Mass

Coffee & donuts in the Parish Center following 8:30 & 10:30 masses.

MASS INTENTIONS

Mon. Dec 2nd	Dan Hills +
Tues. Dec 3rd	Dolores Wolf +
Wed. Dec 4th	Dan Hills +
Thurs. Dec 5th	Al & Barbara Albrich+
Fri. Dec 6th	Lou Merrick +
Sat. Dec 7th	Int Jan Hooten & Jeremiah Albrich +
Sat Dec 7th	Peter & Annie Joseph +
Sun. Dec 8th	People of the Parish
Sun. Dec 8th	William & Stella Beraedinelli +



FROM THE PRINCIPAL

Please join us for Christ the King Catholic School's Lessons and Carols Service on Thursday, December 19 from 6:30-8:00pm in the church, followed by a reception in the Parish Center.

"Lessons & Carols is a beautiful service of scripture and song offered across the denominations, originating in England in 1880. In 1918, at the end of World War I, the service exploded in popularity and is now offered worldwide across denominations. In nine brief scripture lessons from Genesis to the Gospels, the service tells the story of the fall of humanity, the promise of the Messiah, and the birth of Jesus. Lessons are interspersed with the singing of favorite Christmas carols and choir anthems, led by the Christ the King students." Mr. Atkinson

In Christ the King,
Sarah Brentano

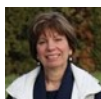
PARISH NEWS & EVENTS

Advent Retreat

Tuesdays, starting with Mass at 6:00 pm, We will prepare our hearts as we get ready to encounter Jesus at Christmas.



Dec. 3 at 6:30 in the Parish Center.
Deacon Randy will give a talk on
"What Did Mary Do for Advent"



Dec. 10 at 6:30 in the Parish Center
Julie Onderko will give a talk on
"St. Joseph"



Dec. 17 at 6:30 in the Parish Center
Msgr. Cihak will give a talk on the
"O Antiphons"



accompanied by
Edward Atkinson

Advent Penance Service

Saturday, December 7, 10:00am - 12:00pm

Reconciliation during Advent

Tuesday, Dec 3, 10, & 17 5:00pm - 6:00pm

Saturdays 3:00pm - 5:00pm

Feast of Our Lady of Guadalupe



Please join us for Mass on December 12th at 6:00pm followed by a play about Her apparition and Her story at 6:30 in the Parish Center. All are welcome to the pot-luck afterwards. Please bring your favorite dish to share.

Christmas Luncheon Giving Tree



Please place all giving tree items under the table in the back of church or drop off at the Parish Office. We are looking for volunteers to help with the Christmas Luncheon on Dec 14th. See sign-up sheets in the back of church.

Christmas Cookie Fair

December 8th, after both Sunday Masses. Please begin thinking about your home-made cookie donation (please no nut or nut butters) for the Altar Society's annual event. Cookies will be available for purchase after both Masses on December 8th. Cookies can be dropped off on Friday, December 6th at Christ the King Catholic School from 8:30am - 3:30pm and Saturday, December 7th from 11am - 1pm at the Parish Center. If you have any questions please contact Vonnie Welk (503) 657-9286.

SVDP Christmas Food Box 2019

St. Vincent de Paul's Christmas Food Box deliveries will be Saturday, December 21, 2019. We need volunteer drivers to deliver the Christmas Food boxes. This is a great opportunity for our Parishioners to help those in need, at this Holy Season. If you can help make Christmas Box Deliveries on Saturday, December 21st please call Stephanie Kummer at **(503) 516-8261** to sign-up. Filled Christmas boxes need to be brought back to the Church Masses on weekends or leave on the Parish Office porch before 4pm, Monday through Friday, no later than Wednesday, December 18th.

Church Cleaning Volunteers

The Church Cleaning Ministry is looking for Parishioners to help care for the Church. On Fridays after 8am Mass, volunteers work in the church to distribute envelopes, clean, change votive candles, and other tasks to maintain the beauty of our spiritual home. Please pray and consider joining this Ministry. If you are able to help or for more information please contact JoAnn Cerda (503) 387-3976.

AmazonSmile Foundation

The AmazonSmile foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases when you select "Christ the King Catholic Church and School" while shopping at smile.amazon.com

AROUND THE ARCHDIOCESE

Oregon Retrouvaille

A Lifeline for Married Couples

Marriage Help - Retrouvaille (pronounced retro-vi) has helped tens of thousands of couples at all stages of disillusionment or misery in their marriage. This program can help you too. For confidential information or to register for our next program beginning with a weekend on January 17-19, call (503)-225-9191 or email: portalnd@retrouvaille.org For more information visit the website at www.HelpOurMarriage.com

4th Annual Holy League Catholic Men's Conference

Saturday, December 7th, 2019
6am to 5pm
St. Stephens Catholic Church
1112 SE 41st Ave.
Portland, OR 97214

Holy mass with our Archbishop Alexander Sample, confession available throughout the day, continental breakfast and lunch provided, listening to nationally known Catholics speakers and authors.

Speakers include: Archbishop Alexander Sample, Dr. Ralph Martin, Jesse Romero, and Tim Gordon.

It's about igniting men to be soldiers of Christ and His Church, to encourage men to be the husbands, fathers, and sons that God has called them to be! Fathers bring your sons! Wives tell your husbands.!

Archbishop Sample has requested that **all** the men in his Archdiocese attend this event. It is the only Men's Conference where he will be speaking and celebrating Mass as well as sharing time in fraternity.

Get your tickets now at: www.hlcmcnw.net

FORMED Pick of the Week

Lectio: Mary

Episode 1- The New Eve

The New Fulfills the Old

The Book of Genesis begins with the story of Adam and Eve, whose sin of disobedience breaks their relationship with God. God does not abandon his people, but gradually prepares them for the coming of his Son, Jesus Christ. Jesus, the promised "seed" of Genesis 3:15 is the "New Adam" and his mother, the promised "woman" is the "New Eve".

Today marks the first day of the holy Advent season. We invite you to join us on a journey through Advent with Mary. Each week, we will be diving into an episode of Lectio: Mary with Dr. Brant Pitre. This week's episode is about the new fulfilling the old. As Jesus is the New Adam, Mary is the New Eve. Watch on formed.org

Advent Reflections

Looking for ways your family can enter into the Advent season together?

Grow closer to Christ this season with reflections sent to you daily.

Sign up at formed.org/advent

Awaiting the Arrival With the Saints

- Twilight Talk Series with Dina Marie Hale

Wednesday, December 11, 6:30pm - 9:00pm
Our Lady of Peace Retreat House
3600 SW 170th Ave
Beaverton, OR 97006
(503) 649-7127
www.olptretreat.org

Join Catholic Speaker Dina Marie Hale for this evening presentation on: "Awaiting the Arrival with the Saints." Evening features light refreshments, fellowship, presentation, and Adoration of the Blessed Sacrament. A free will offering will be taken. For more info www.dinamarie.org

IN OTHER NEWS . . .

BUSINESS REPORT

An update from the Maintenance and Safety Committee.

Many items were addressed and taken care of over the past months.

- 1) Installation of the new sound system.
- 2) Completion of all items recommended by the Archdiocese facility auditor's report from July.
- 3) Reconstruction of faulty stairs in the boiler room.
- 4) Spray removal of moss growing on the church roof.
- 5) Patching flooring issues in the church.

A very special thanks to Dave Card, Don Wenlund, and Ralph Carter for picking up the new lights from the shipping terminal. Msgr Cihak blessed them and they are truly beautiful.

EVANGELIZATION

Update on Confirmation.

We are in full swing with our preparation for Confirmation for our high school youth. This year we have 50 youth preparing for this sacrament. They meet weekly on Sunday evenings. Parents and sponsors are involved and attend with the youth approximately one Sunday per month. We've never had such a large group and on the nights with parents, our parish center has about 120 people attending along with a dozen or so team members. Please pray for our Confirmation, their parents & sponsors, and the Confirmation/Youth team.

-Julie Onderko

SACRED MUSIC

First Sunday of Advent, Introit Antiphon: Unto you have I lifted my soul. O my God, I trust in you, let me not be put to shame; do not allow my enemies to laugh at me; for none of those who are awaiting you will be disappointed. Verse: O Lord, make me know your ways. Teach me your paths. Guide me in your truth and teach me; for you are the God of my salvation. I have hoped in you all day long. Psalm 25, from which the Introit for the First Sunday of Advent is taken, connects directly with the First Reading ("Come, let us climb the LORD's mountain... that he may instruct us in his ways, and we may walk in his paths."), the Second Reading ("Let us then throw off the works of darkness and put on the armor of light"), and the Gospel ("Therefore, stay awake! For you do not know on which day your Lord will come.")
- Edward Atkinson

RELIGIOUS EDUCATION

Advent is here. Preparing for the birth of Our Lord, who was laid in a manger in a barn. A far cry from the Santas in the mall and stores and the temptations everywhere to buy, buy, buy. How do you make this about the Baby Jesus for your children? Use a religious Advent calendar, create a star filled sky (construction paper) for the Baby Jesus, each star representing a good deed or sacrifice; or a manger to be filled with straw, a straw for each good deed or sacrifice; read a story of the first Christmas each night to create the anticipation of Jesus' birthday; or plan a birthday party. Your ideas?

- Theresa Becker

THIS WEEK'S FEATURED MINISTRY/GROUP

SVDP CHRISTMAS FOOD BOX 2019

Here is a preview of the suggested foods to fill a Christmas food box. If you are a bargain shopper, you can start collecting these items as you see them on sale. We will have the actual box available the weekend after Thanksgiving, so we ask that you keep your groceries at home.

PLEASE AVOID SUPER-SIZED PRODUCTS AND GLASS CONTAINERS

To keep all boxes relatively similar these first 15 items are essential.

- 1) Pancake Mix (1 box) & Pancake Syrup (1 bottle)
- 2) Ground Coffee (10-12 oz), Tea & Hot Cocoa Mix (you choose 1 or 2 items)
- 3) Peanut Butter (10 oz), Jam or Jelly (10 oz)
- 4) Canned Meats - tuna, chicken, turkey, ham or similar (4 -6 cans)
- 5) Boxed Cold Cereal (1 box) and (1 box) Hot Cereal
- 6) Box of Dinner Helper (suggestion: Banquet Home Style Bake or similar)
- 7) Package of Dry Pasta, spaghetti or similar (1 12 - 16 ounce package)
- 8) **Canned** Pasta Sauce or Spaghetti Sauce (1 - 2 cans)
- 9) **Canned** Fruit, Peaches, Pears or similar (3 - 4 cans)
- 10) Canned Vegetables, Green Beans, Corn or similar (4 - 6 cans)
- 11) Canned Soups, Stew and Chili or similar (4 - 6 cans)
- 12) Dry packaged mashed potatoes (1 box), boxed stuffing (1 box)
- 13) Packaged gravy mix (2 packages)
- 14) Cake mix w/frosting, Brownie Mix or similar dessert (1 box)
- 15) Treats - mixed nuts and/or candy, cookies (you decide)

Other items that can be added: Pork and Beans, Olives, Top Ramen, Mac and Cheese or any other canned or dry packaged items that you think may be appropriate to fill your box. At the time of delivery, we will supply a frozen ham and/or turkey, bread, butter, fresh fruit and vegetables.

Please keep your groceries until we hand out the actual box.

FROM THE SCHOOL

Continuing on our theme to "Discover Catholic Schools," Sarah and I recently had the opportunity to meet with Brian Timm of the Pastoral Council and Kelly Schiedler to discuss how to further integrate our parish and school. .

During our conversation it became apparent that very few parishioners are aware that we attend Mass weekly in family groups. Over the next few weeks, we will explain our family group structure so that our strengths are more apparent. This led to a discussion that included brainstorming many ideas to further grow our parish-school relationship. One result was an agreement to more purposefully share parish information with school families.

A primary communication tool for school parents is our weekly family email, or as we know it, the "FE." It is emailed every Thursday to our parents with important dates and information. We will now include a section in our FE that highlights parish news as well.

We are "spiritual, lifelong learners and persons of integrity. "

-Theresa Huiard