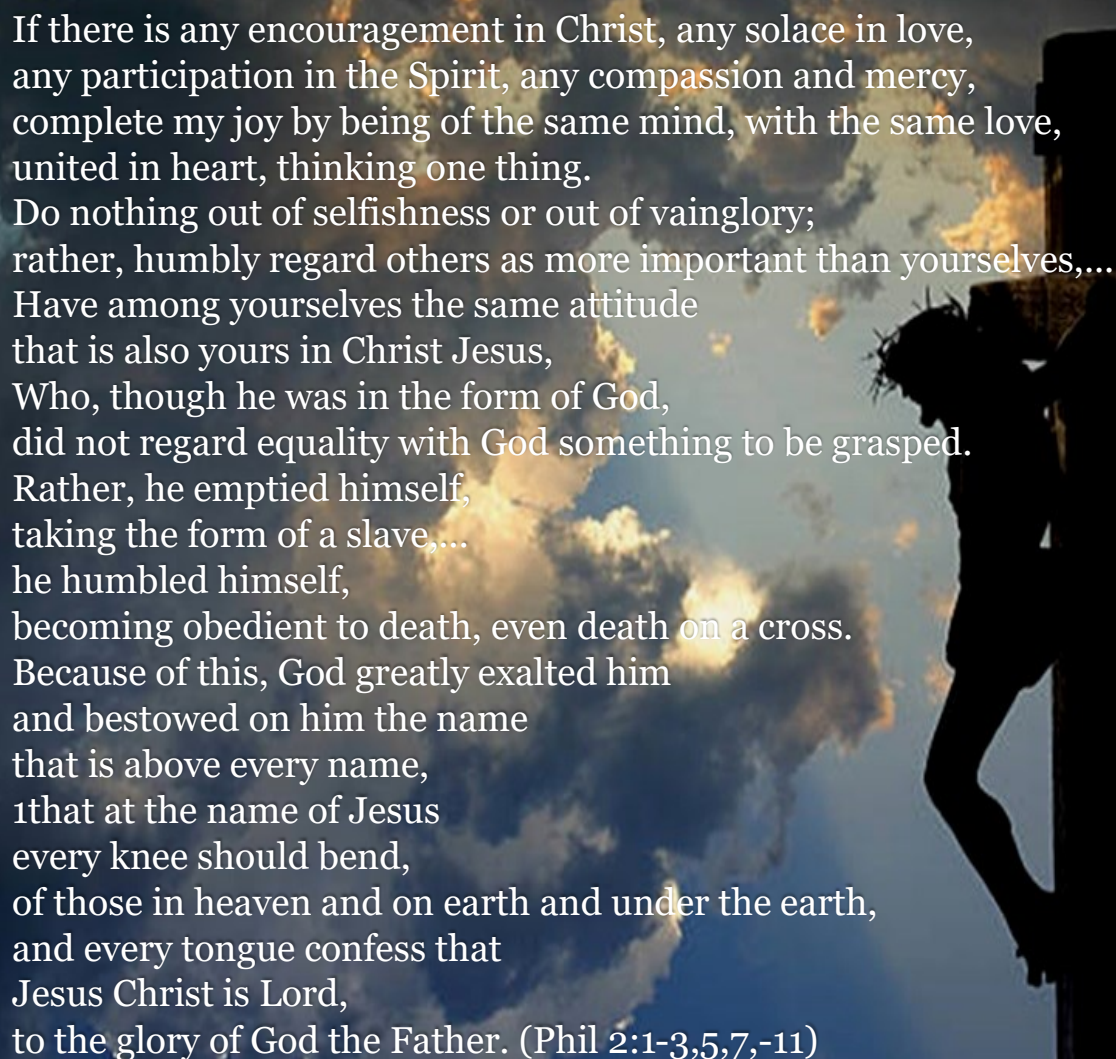


Blessed Sacrament News & Events

March 3, 2024, 3rd Sunday of Lent



If there is any encouragement in Christ, any solace in love,
any participation in the Spirit, any compassion and mercy,
complete my joy by being of the same mind, with the same love,
united in heart, thinking one thing.
Do nothing out of selfishness or out of vainglory;
rather, humbly regard others as more important than yourselves,...
Have among yourselves the same attitude
that is also yours in Christ Jesus,
Who, though he was in the form of God,
did not regard equality with God something to be grasped.
Rather, he emptied himself,
taking the form of a slave,...
he humbled himself,
becoming obedient to death, even death on a cross.
Because of this, God greatly exalted him
and bestowed on him the name
that is above every name,
that at the name of Jesus
every knee should bend,
of those in heaven and on earth and under the earth,
and every tongue confess that
Jesus Christ is Lord,
to the glory of God the Father. (Phil 2:1-3,5,7,-11)

**O Jesus! meek and humble of heart, Hear me.
From the desire of being esteemed,
Deliver me, Jesus.**

REGULAR OFFICE HOURS

Tues.- Sat. 8:30 am - 4:30 pm
303-355-7361

1912 Eudora St. (mailing address)
Denver CO 80220

4900 Montview Blvd (church)
80207

WEBSITE

BLESSEDSACRAMENT.NET

MASSES

Mon. - Fri.: 8:00 am

Sat. Anticipatory: 4:30 pm

Sun.: 8:00 am & 10:30 am

CONFESSIONS

Sat.: 8:00 am until finished

Sat.: 3:00 - 4:00 pm

Sun.: 7:30 - 7:50 am

Sun.: 10:10 - 10:20 am

FR. JOHN LUDANHA - PASTOR

J.ludanha@bscs-denver.net

DEACON JERRY SWAIN

J.swain@bscs-denver.net

MUSIC DIRECTOR

Melissa Roldan

m.rolدان@bscs-denver.net

PRINCIPAL

Brooke Urban, ext. 322

B.urban@bscs-denver.net

DIR. OF RELIGIOUS EDUCATION

Sarah Rogers

DRE@blessedsacrament.net

SACRAMENTAL PREP. COORD.

Nicole Stephan

n.stephan@bscs-denver.net

DIR. ADULT FAITH FORMATION & EVANGELIZATION

Bonnie Corcoran, ext. 213

b.corcoran@bscs-denver.net

OFFICE MANAGER/RECEPTION

Michelle Black, ext. 210

m.black@bscs-denver.net

Work Days Tuesday—Saturdays

BUSINESS MANAGER

Frank Sahurie, ext. 212

F.Sahurie@bscs-denver.net

Work Days Monday—Friday

BUSINESS MANAGER ASSISTANTS

Sally Inman

s.inman@bscs-denver.net

Alicia Martin

a.martin@bscs-denver.net

March 14 | 6:30 PM | Most Precious Blood

DENVER EUCHARISTIC REVIVAL PILGRIMAGE TALK

*Living Sacrifice: The Holy Mass
and Our Christian Life*



ADORATION OF THE BLESSED SACRAMENT

Saturdays

7:50 am - 3:50 pm

Sign up at

[BLESSEDSACRAMENT.NET](https://blessedsacrament.net)

Or <https://adorationpro.org/bsdenver>



STATIONS OF THE CROSS

on Fridays of Lent
at 6:30 pm in church

Here's a list of who is leading
the Stations each Friday.

March 8, 6:30pm Society of St. Vincent de Paul

March 15, 6:30pm Lectors of our church

March 22, 6:30pm Fr John

Potluck Soup and Bread dinners

Are being held each Friday of Lent at
5:30pm in Campbell Hall.

Potluck can include meatless foods like fish, cheese, beans, vegetables, bread, rice, quinoa, salads, mac n' cheese, pizza, fruit, simple desserts, etc. No chicken or beef including broth. Butter and cream are fine.

LITANY OF HUMILITY

O Jesus! meek and humble of heart, Hear me.
From the desire of being esteemed,
Deliver me, Jesus.
From the desire of being loved...
From the desire of being extolled ...
From the desire of being honored ...
From the desire of being praised ...
From the desire of being preferred to others...
From the desire of being consulted ...
From the desire of being approved ...
From the fear of being humiliated ...
From the fear of being despised...
From the fear of suffering rebukes ...
From the fear of being calumniated ...
From the fear of being forgotten ...
From the fear of being ridiculed ...
From the fear of being wronged ...
From the fear of being suspected ...
That others may be loved more than I,
Jesus, grant me the grace to desire it.
That others may be esteemed more than I ...
That, in the opinion of the world,
others may increase and I may decrease ...
That others may be chosen and I set aside ...
That others may be praised and I unnoticed ...
That others may be preferred to me in everything...
That others may become holier than I,
provided that I may become as holy as I should...

How to Pray the Litany of Humility

By Cate Von Dohlen

People often think humility is making yourself small, “less than,” and lowering your self-esteem. This isn’t the kind of humility that Christ, the disciples, Mary, and the Saints have shown us! Instead, we pray that we desire a humility that exudes love and tenderness, that knows we are all created equal in the image of God, and that understands our service in this earthly life is to love others beyond everything else.

Sometimes humility is being so comfortable with yourself, the person God created you to be, that you don’t spend time or energy worrying so much about what others think about you. Instead, you might spend that time and energy thinking about others, loving them, and supporting them. Humility sometimes manifests as being comfortable in compassion for the sake of others. As Mother Teresa said, “if you are humble, nothing will touch you, neither praise nor disgrace, because you know what you are.”

<https://hallow.com/blog/how-to-pray-the-litany-of-humility/#how-to-pray>

MARRIAGE PREPARATION

Deacon Jerry Swain

ANOINTING OF THE SICK

720-319-8365

MEN’S FELLOWSHIP

Contacts: Marcus Kwan

marcuswonmankwan@gmail.com

SOCIETY OF ST. VINCENT DE PAUL

Help Line Phone Number

303-322-4886

Donate by VENMO



SENIOR SUPPORT MINISTRY

Marty Fanganello

goffmarty@yahoo.com

303-875-5183

NEW ONLINE GIVING PORTAL!

We need your financial support to continue our mission here at Blessed Sacrament. Consistent monthly or bi-monthly donations helps up budget and plan for programs & upkeep maintenance projects.

Consider scheduling a reoccurring gift online by visiting blessedsacrament.net or use the QR code to donate today!

Thank you and bless you!



If you already have a donation scheduled in Abundant, your donations have been cancelled.