

Church of St. Joseph – Mendham, NJ
Confirmation
Session 3 – February 1/2, 2026

Agenda

1. Welcome
2. Opening prayer and look ahead
3. Presentation on prayer
4. Guided Prayer Process

Remaining Dates:

Retreat: Saturday – February 28, 2026 – 12:00 pm–6:00 pm
Mandatory retreat for Confirmation Candidates only.
Ends with 5:00pm Mass, everyone invited.

Session 4: Sunday – April 12, 2026 – 5:00–6:30 pm
Monday – April 13, 2026 – 7:00–8:30 pm

Confirmation Mass: Monday – May 11, 2026 – 7:00 pm
Candidates & Sponsors seated by 6:30 pm

Middle School Chinnners: February 11, March 25, April 28 from 6:00-7:30pm

Confirmation Attire for Candidates and Sponsors: Wear your “Sunday best.”

- No jeans, no sneakers, no flip flops, no miniskirts, no bare shoulders—please use a sweater over spaghetti straps or strapless dresses;
- Dresses/blouses should be modestly cut;
- Skirts/dresses should be at least finger-tip length;
- Guys wear a shirt and tie. A sport coat or suit is customary.

My Little Prayer Process

- 1 Thank God for whomever and whatever you are most grateful today.
- 2 Think about yesterday. Talk to God about the times when you were and were not the-best-version-of-yourself.
- 3 What do you think God is trying to say to you today? Talk to him about that.
- 4 Ask God to forgive you for anything you have done wrong and to fill your heart with peace.
- 5 Talk to God about some way he is inviting you to change and grow.
- 6 Pray for the other people in your life by asking God to guide them and watch over them.
- 7 Pray the Our Father.



Name: _____

GOD
SHOW ME
ONE WAY
IN THIS MASS
I CAN BECOME
A BETTER
VERSION OF
MYSELF
THIS WEEK!

February 7-8

My family & I attended Mass at St. Joe's: _____
We attended Mass at another parish: _____
We did not attend Mass this weekend: _____

GOD
SHOW ME
ONE WAY
IN THIS MASS
I CAN BECOME
A BETTER
VERSION OF
MYSELF
THIS WEEK!

February 14-15

My family & I attended Mass at St. Joe's: _____
We attended Mass at another parish: _____
We did not attend Mass this weekend: _____

**GOD
SHOW ME
ONE WAY
IN THIS MASS
I CAN BECOME
A BETTER
VERSION OF
MYSELF
THIS WEEK!**

February 21-22

My family & I attended Mass at St. Joe's: _____
We attended Mass at another parish: _____
We did not attend Mass this weekend: _____

**GOD
SHOW ME
ONE WAY
IN THIS MASS
I CAN BECOME
A BETTER
VERSION OF
MYSELF
THIS WEEK!**

Feb. 28-March 1

My family & I attended Mass at St. Joe's: _____
We attended Mass at another parish: _____
We did not attend Mass this weekend: _____

**GOD
SHOW ME
ONE WAY
IN THIS MASS
I CAN BECOME
A BETTER
VERSION OF
MYSELF
THIS WEEK!**

March 7-8

My family & I attended Mass at St. Joe's: _____

We attended Mass at another parish: _____

We did not attend Mass this weekend: _____

**GOD
SHOW ME
ONE WAY
IN THIS MASS
I CAN BECOME
A BETTER
VERSION OF
MYSELF
THIS WEEK!**

March 14-15

My family & I attended Mass at St. Joe's: _____

We attended Mass at another parish: _____

We did not attend Mass this weekend: _____

**GOD
SHOW ME
ONE WAY
IN THIS MASS
I CAN BECOME
A BETTER
VERSION OF
MYSELF
THIS WEEK!**

March 21-22

My family & I attended Mass at St. Joe's: _____

We attended Mass at another parish: _____

We did not attend Mass this weekend: _____

**GOD
SHOW ME
ONE WAY
IN THIS MASS
I CAN BECOME
A BETTER
VERSION OF
MYSELF
THIS WEEK!**

March 28-29

My family & I attended Mass at St. Joe's: _____

We attended Mass at another parish: _____

We did not attend Mass this weekend: _____

