

St. Matthew the Apostle Parish

3rd Sunday
of Lent

Sunday,
March 12, 2023

Served by

Rev. Brian P. Quinn, Pastor	(Fr.Brian)
Permanent Deacon Edward Keegan	(Deacon.Ed)
Permanent Deacon Richard Brady	(Deacon.Rich)
Permanent Deacon William Ruane	(Deacon.Bill)
Moir A. Dziomba- Dir. of Faith Formation	(Moir.A.Dziomba)
Carol Lindsey - Faith Formation Assistant	(Carol.Lindsey)
Kathleen Burke - Music Minister	(Kathy.Burke)
David Southerland - Assoc. Music Minister	(David.Southerland)
MaryAnn Spagnuolo - Office Manager/Secretary	(MaryAnn.Spagnuolo)
Karen Loveys - Office Assistant	(Karen.Loveys)
Heather Baez - Youth Group Leader	(YouthGroup)
Scott Thornton - Custodian	
Beth Hart & Charlie Stoia - Trustees	

*All email addresses are (name)@stmatthewsrandolph.org

We Invite You to Celebrate

<u>Eucharist:</u>	Saturday - 5:00 pm Sunday - 8:00 am, 9:30 am & 11:00 am
<u>Weekday Mass:</u>	Monday - Friday at 8:00 am
<u>Reconciliation:</u>	Saturday 4:00 pm - 4:30 pm (*or by appointment)
<u>Adoration:</u>	Third Tuesday - 2:00 pm - 8:00 pm

Our Mission

We are a Catholic community seeking out and welcoming all in a spirit of hospitality and empowering people to grow in discipleship in Jesus Christ.

Mass Intentions

Saturday, March 11 5:00 pm	Ed & Candida Hall
Sunday, March 12 8:00 am	Joan & Frank Long
9:30 am	Jack Burke
11:00 am	Anna Mularska Roman Mularski
Monday, March 13	Jim McGrane Elma Fontana
Tuesday, March 14	Timothy Mehnert
Wednesday, March 15	Special Intention for Marie Therese Caruso
Thursday, March 16	Leonard & Lorraine Swell
Friday, March 17	Leonard & Kathleen Schmieder Raymond Potter
Saturday, March 18 5:00 pm	Roy Claps JoAnn Frank
Sunday, March 19 8:00 am	Janet Conhaim
9:30 am	Joseph Soranno Beatrice Guzzi
11:00 am	Jo-Ann Feeney



"If you knew who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water."

Sheepish Question:

Realizing it is all about Jesus, what must I do differently with my life?

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First Reading: Ex 17:6

"Strike the rock, and the water will flow from it for the people to drink."

Psalm: Ps 95

If today you hear his voice, harden not your hearts.

Second Reading: Rom 5:5

And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us.

Gospel: Jn 4:13-14

"Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life."

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Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4/Lk 4:24-30

Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/Mt 18:21-35

Wednesday: Dt 4:1, 5-9/Ps 147:12-16, 19-20/Mt 5:17-19

Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 & 17/Mk 12:28-34

Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

THIRD WEEK OF LENT

St. Matthew the Apostle

Monthly Offerings - January 2023

Envelopes & Loose Cash	\$ 16,695
We Share Online Giving	\$ 21,016
Total	\$ 37,524

Fiscal Year: July 1, 2022 - June 30, 2023

YTD Budget	\$245,581
YTD Offering	\$242,096
YTD surplus/(deficit)	(\$ 3,485)

January 2023 - Second Collections

Building & Maintenance Fund	\$ 1,962
MOP - Haiti Education	\$ 923

Stewardship of Treasure

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"Everyone who drinks this water will be thirsty again."
~ John 4:13



Jesus reminds us that material things, even something as basic as water, can never satisfy us over the long run. When we build our lives around material possessions we will always want more and no amount will ever satisfy our desire. True joy and peace only comes when we follow Jesus - when we become more "God-centered" and less "self-centered."

In Our Parish

Our Parish Prayers

Please pray for the sick members of our Parish community who have requested our prayers . . .

Alyson Attinello, Roland Boughton, Kaleigh Britton, Kristin Carr, Gina Ceva, Jeremiah Crowley, Aggie DeNunzio, Scott Donnelly, Connie Dziomba, Noelle Farmer, Eileen Fitzpatrick, Frank Gaudio, LoriAnn Gaudio, Ed & Maureen Ghali, Chris Groh, William Grey Halesworth, Jennifer Hendrickson, Herb Herter, Tammy Karr, Theresa King, Terri Kupets, Julie Lindsey, Carl Marchese, Louis Matriciano, Maeve McKendry, Jack Matthew McKendry, Christine Meola, Tim Meola, Maureen Merola, Matthew Munch, Al Napoliello, Sophie O'Brien, Jake Parks, Pat Reilly, Herb & Evelyn Schaebe, Marian Schuda, Sam Scotto, Elva Soto, Joseph Sterphone, Winifred Swiss & Christopher Torney



We Ask God the Father of us all, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces, to bless them in their efforts toward bringing peace and justice to our world. May they be brought back safely to those they love.

Please pray for those who have passed . . .

Brian Caufield - Brother of Maryanne Vindici
Brendan Hogan - Parishioner & Husband of Pat Hogan
Shirley Kraft - Parishioner

Please contact the Parish office if you would like to add/remove someone from the prayer listing. Names will remain on the Prayer for the Sick for three months at which time they will be removed. If you would like us to continue to pray for someone, please let us know.

Pray the Rosary
Weekday mornings at 7:25 am
Tuesday evenings at 6:00 pm



Come pray the Rosary with us every morning at 7:25 am (before 8:00 am Mass) in Church and on Tuesday evenings at 6:00 pm. Join us as we reflect upon the life of Jesus and Mary.

Reconciliation

The Sacrament of Reconciliation is celebrated each Saturday from 4:00 pm - 4:30 pm, before the evening Liturgy or by appointment. Please call the Parish office with any questions (973) 584-1101.



Faith Formation Sunday March 2023 Class Schedule



For the month of March, the St. Matthew's Faith Formation students will attend Family Faith Day on Sunday, March 12. A sign-up sheet will be sent to all families. In addition, all students will attend class on March 19. Following class, students and their families will attend mass either 9:30 am or 11:00 am. Pews will be reserved for children to sit with their class and/or parents.

This Week in our Parish

Saturday, March 11 - Matthew's Men 8:00 am, Bible Study 9:30 am, Confession 4:00 pm, Mass 5:00 pm

Sunday, March 12 - Mass 8:00 am, 9:30 am & 11:00 am, Faith Formation - Family Faith Day - Mass with *Living Stations* of the Cross 11:00 am & 2:00 pm

Monday, March 13 - Rosary 7:25 am, Mass 8:00 am, Friends of Bill (AA) Meeting 9:30 am, *Welcome Home to Healing* - Confession 7:00 pm - 8:30 pm

Tuesday, March 14 - Rosary 7:25 am, Mass 8:00 am, Friends of Bill (AA) Meeting 9:30 am, Bereavement 10:00 am, Sunrise 2:00 pm, Rosary 6:00 pm, Stations of the Cross 6:30 pm, Ministry for Sep. & Divorced 6:00 pm, Scout Troops 6:30 pm

Wednesday, March 15 - Rosary 7:25 am, Mass 8:00 am, Friends of Bill (AA) Meeting 9:30 am, Cornerstone 7:00 pm, Parish Council Meeting 7:00 pm

Thursday, March 16 - Rosary 7:25 am, Mass 8:00 am, Friends of Bill (AA) Meeting 9:30 am, Bell Choir 6:00 pm, RCIA 6:00 pm, Choir 7:30 pm

Friday, March 17 - *Happy St. Patrick's Day* 🍀
Rosary 7:25 am, Mass 8:00 am, Friends of Bill (AA) Meeting 9:30 am

Saturday, March 18 - Bible Study 9:30 am, Faith Kitchen 10:30 am, Confession 4:15 pm, Mass 5:00

Sunday, March 19 - Mass 8:00 am, 9:30 am & 11:00 am, Faith Formation 8:30 am, 9:30 am & 10:00 am

Gospel Meditation 3rd Sunday of Lent

When I became the pastor of a large parish, I soon found myself, for the first time in my life, riddled with anxiety, headaches, difficulty making decisions, and fatigue. I called a therapist friend and told her my symptoms and asked if she thought I needed a serious medical exam. She said, "How much water do you drink?" I told her, "I haven't had time to drink water lately." She responded, "You're chronically dehydrated. Drink eighty-five ounces a day and call me in a week." I started guzzling water and in a week all my symptoms went away. I felt great.

Like me, the people in the Exodus wanderings were dehydrated. But unlike me, they knew it. Their symptoms were bad. They fight with each other. They accuse God of being a monster who wants them and their children to die of thirst. Their thirst drives them to plot the bloody assassination of the man who rescued them. God responds by using Moses to strike a rock from which rivers of living waters flow to quench their thirst for years to come.

The Holy Spirit is the living water of love which flows from the pierced side of Jesus, the new Moses. What symptoms in your life suggest you're spiritually dehydrated? Anger at God? Cynicism at your leaders? Bitter rivalry and bickering with others? Don't panic. Of course we have those symptoms. Ask God to provide his water to quench your spiritual thirst, and he will. And all those symptoms will soon disappear.

~ Father John Muir
Reprinted from LPI

But whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.
John 4:14



In Our Parish

Everyday Stewardship

Recognize God in your Ordinary Moments

The Long Walk The Messiah Before You

If you would have asked me on the morning of my confirmation what the chances were of the Holy Spirit getting into my heart, I would have told you they were about the same as getting water from a stone.

My faith was fragile at this time in my life, primarily because I viewed it as exactly that - my faith. Something within my possession and subject to my own power. And I hadn't done the things I thought I needed to do in order to be the kind of Christian who knows the truth and lives it. I was waiting to be made stronger. I was waiting to be made more faithful. I was waiting for a transformation.

Little did I know, I was like the woman at the well, standing around talking about the coming of the Messiah, unaware that he was standing right in front of me. She wasn't ready; she was still living in her sin. She was caught so unaware that she left her water jar at the well, rushing out to tell what she had seen.

When I was anointed with the oil it no longer mattered that I wasn't strong enough to break open the stone that I was convinced encased my heart - God's grace gushed forth through the cracks. While I certainly didn't become a perfect Christian - and never will, in this life - I did learn that when God tells you to strike, it's probably best not to second-guess Him.

~ Colleen Jurkiewicz Dorman
Reprinted from LPI

Mathew's Men

An Itinerary for Lent - The Sunday Gospels
Saturday, March 11, 2023

A desert . . . A mountain . . . A well . . .
A pool . . . A tomb . . . A cross . . .

We talk about our Lenten experience as a journey, a pilgrimage, and nowhere is that more evident than in the Gospel readings we have for Lent this year. We walk alongside Christ, from those first steps into the desert that we heard last weekend to the steps of the *Via Dolorosa*, the Way of the Cross, that lead to Golgotha.



Next Saturday, at 8:00 am in room 202 & 203, Matthew's Men will reflect on Christ's journey through the Lenten Gospels and how we can make it our own. Maybe we already see some parallels, so we'll discuss them while we share a meal, as Jesus often does in St. Matthew's Gospel. All men of the parish, as well as their fathers, sons and friends are welcome to join us for 90 minutes of faith, fellowship and friendly discussion over a light breakfast. We will have a hard stop at 9:30 am and leave you free for the rest of your day. Please join us in rooms 202 & 203 (*NOT our usual Bauer Hall location*) on March 11 at 8:00 am.



Coffee, Tea & Camaraderie

Women of Faith

Thursday, March 16, 2023

We are a group of women of various ages nourishing our faith through prayer, learning, laughing and sharing our stories over a cup of tea/coffee! Come join us as we get back together again after this long winter. We will meet at 11:00 am - 12:30 pm. Please bring your cup and your lunch if you like. We will meet on Thursday morning March 16, and April 6 at 11:00 am in the library. We hope you join us! If you have any questions, please call Moira at (973) 584-1101 ext. 201. Be empowered to live God's Word and Love like Jesus. *Don't forget your cup!*

Saintly Inspiration . . .

St. Patrick - March 17, 2023

Whether you know him as the man who brought Christianity to Ireland or simply as a reason you eat corned beef and cabbage in March, St. Patrick (415 – 493) is a well-known saint around the world.

St. Patrick was born in Britain of a Romanized family. At the age of 16, he was kidnapped by Irish raiders from the villa of his father, a deacon and local official, and brought into slavery in Ireland. He spent six years there as a herdsman, during which he turned to his faith for strength. He later escaped back to Britain on a ship, where he was eventually reunited with his family.



His years of captivity changed him and brought out a zeal for God and a yearning to spread the message of Jesus Christ. Despite the constant danger of martyrdom, he continued to travel throughout Ireland where he baptized and confirmed in the name of Christ.



Diocese of Paterson

St. Patrick's Day

Friday, March 17, 2023



From the office Bishop Sweeney

"This year the Memorial of Saint Patrick falls on Friday in the Third Week of Lent. Recognizing the faith that was brought to this community by immigrant families and missionary religious and priests, the spiritual sons and daughters of Saint Patrick, and the prominence of the Memorial in the practice of faithful Catholics of this diocese, I grant a dispensation from the obligation of abstinence on March 17, 2023 to those residing in or visiting the Diocese of Paterson. Those who partake of this dispensation are encouraged to undertake a work of charity or an act of comparable penance on some other occasion during the Third Week of Lent. In celebrating Saint Patrick, may we be given the grace to recognize Christ on our right and left, in the heart of everyone who thinks of us, in the mouth of everyone who speaks of us, in every eye that sees us, and in every ear that hears us. Most glorious Saint Patrick, pray for us!"

In Our Parish

Eucharistic Adoration

Tuesday, March 21, 2023 - beginning at 2:00 pm

The Risen Lord is asking, "Could you not spend some time with me?" ~ Matthew 26:40



Join us for Eucharistic Adoration and spend time with the Lord on Tuesday, March 21 from 2:00 pm - 8:00 pm. Please sign-up in the Gathering Space. Walk-ins are welcome! If you have any questions, please contact Tom and PeggyAnn Meola at (973) 277-7906.

Prayer Support for Our St. Matthew's Confirmation Candidates

Saturday, March 25, 2023

The St. Matthew's Confirmation Candidates are completing their 2 year preparation process for receiving the Sacrament of Confirmation. Bishop Sweeney will confirm the candidates as fully initiated members of the Catholic Church on Saturday, March 25, 2023.



In support of our amazing teens, we ask you to pray for them, especially the candidate named on the flame that you took. Blessings and God's peace to our candidates.

We are so proud of you!

Marthas & Marys

Spiritual Practices for you Soul
Saturday, March 25, 2023

During this season of Lent, the church focuses on the spiritual disciplines of prayer, fasting, and almsgiving. Do you regularly practice these or are there other ones which sustain your Christian walk? Perhaps you are longing to find a spiritual discipline which feels life-giving to your soul. Wherever you land, join us at our next Marys and Marthas meeting as we explore fifteen different spiritual practices with the help of the Catholic organization Blessed is She. It is a great opportunity to get some new ideas to continue to grow in your faith as we transition from Lent to Easter.



Marthas and Marys' next meeting will be on March 25, 2023 at 8:00 am in Bauer Hall. Come join other women of the parish in a relaxed atmosphere focused on growing in fellowship with one another and the Lord.

We are looking forward to seeing you!

Youth Group

Friendship, Faith & Stewardship

All teens in grades 8 -12 are invited to the St. Matthew's Parish Youth group! Join us from 12:00 pm - 1:00 pm in the Teen room on the following dates:

April 2 & 16 • May 7 & 21 • June 11

If you have any questions, please contact Heather Baez:
youthgroup@stmatthews.org.

CRS Rice Bowl

For Lent For Life

Return by Sunday, April 16, 2023

CRS Rice Bowl is Catholic Relief Services' Lenten faith-in-action program. Lent is a 40-day journey of prayer, fasting and almsgiving. Each day during Lent, CRS Rice Bowl invites you to reflect on how your Lenten sacrifices can help families around the world overcome the challenges of hunger and poor nutrition. It is an opportunity for us as a Parish to come together as a community and reflect on what it means to live out our Gospel call and encounter those most in need.

Visit gifts.crs.org to make a donation and see examples of how your donations transform lives. Rice Bowls may be returned to the basket in the Gathering Space or to the Parish office by Sunday, April 16, 2023.

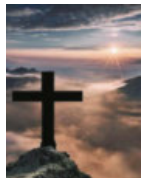


Women's Cornerstone

Friday & Saturday, April 28 & 29, 2023

Hop into spring with Women's Cornerstone! Come spend some time with the Lord or give a spot at this retreat as a gift to someone you love! It makes a great Easter treat!

The 26-hour overnight event will be held at St. Matthew's Church on beginning on Friday evening, April 28 and conclude on Saturday evening, April 29. The registration fee is \$85 and includes everything - all meals and snacks! Scholarship help is available for those who need it.



Pick up a pamphlet in the Gathering space—there is a beautiful Women's Cornerstone table set-up!



If you have any questions, please contact Gail Doyle at gaildnrse@aol.com or via phone (973) 479-7356.

It's the climb . . . A journey to stand upon His mountain of Faith, Hope & Love

Celebration of First Reconciliation

Our second grade students celebrated the Sacrament of Reconciliation on Saturday, March 4, 2023.

Please remember these children and their families in your prayers as they prepare to celebrate 1st Eucharist on May 13, 2023.



3rd SUNDAY OF LENT



In Our Parish



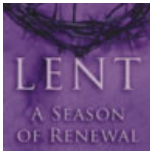
Lenten Schedule

©LPI

What is Lent?

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It is a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. Contemplate the meaning and origins of the Lenten fasting tradition in this reflection. In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs."



In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the Rite of Christian Initiation of Adults, a period of learning and discernment for individuals who have declared their desire to become Catholics.

St. Matthew's Website - Lenten Resources

The St. Matthew's website has a Lent tab that includes resources that will allow you to deepen your faith during your Lenten journey. Please visit the website for more information: www.stmatthewsrandolph.org/lent.

Keeping Lent Year Round

Part of the power of Lent is that we focus on renewing our faith and preparing for Easter. Our Lenten practices have a purpose and a goal. Therein lies the secret. When we focus our efforts on one virtue, or try to change one bad habit, or seek to deepen our understanding of one aspect of faith, we focus our efforts and give our full attention to what we are trying to accomplish. We tend to be more successful achieving our goals. More importantly, it has a ripple effect in our lives: one thing changes or is added to the spiritual mix of our lives and many aspects are changed.

All too often we leave our spiritual growth to chance and the practice of faith to habit, and then wonder why we have no sense of growth or progress. Think of it in terms of exercise. We walk, lift weights, bend and stretch to attain the maximum benefit from what we do. In addition, to keep those benefits, we eat healthy food and get enough vitamins and rest. Spirituality requires the same kind of attention: we pray, fast, read the Bible, receive sacraments, and do charitable work to maximize the benefits of practicing faith.

Keeping Lent year round keeps us in spiritual shape!

Lenten Schedule



Sacrament of Reconciliation

Welcome Home to Healing

Mondays: February 27 - March 27
from 7:00 pm - 8:30 pm



Rosary

Tuesday evenings at 6:00 pm

Stations of the Cross

Tuesdays: February 28 - March 28 at 6:30 pm

Family Faith Day - Sunday, March 12, 2023

Mass at 11:00 am *followed by Living Stations of the Cross*
Featuring the 10th grade Faith Formation students

Mass at 2:00 pm *followed by Living Stations*
Featuring the 9th grade Faith Formation students

Welcome Home to Healing

February 27, 2023 - March 27, 2023

Throughout the Lenten season in the Diocese of Paterson you are invited to celebrate the gift of forgiveness through the Sacrament of Reconciliations on Monday evenings from 7:00 pm - 8:30 pm at all Parishes. St. Matthew's welcomes all of our parishioners, neighbors and friends.

Reconciliation - A Short Guide

What is Reconciliation?

Reconciliation (also known as Confession) is a sacrament instituted by Jesus Christ in His love and mercy to offer sinners forgiveness for offenses committed against God. At the same time sinners reconcile with the Church because it is also wounded by our sins. Every time we sin, we hurt ourselves, other people, and God. In Reconciliation, we acknowledge our sins before God and His Church, make reparation for what we have done and resolve to do better in the future. The forgiveness of sins involves four parts. These are contrition, confession, penance and absolution.

- **Contrition:** a sincere sorrow for having offended God, and the most important act of the penitent. There can be no forgiveness of sin if we do not have sorrow and a firm resolve not to repeat our sin.
- **Confession:** confronting our sins in a profound way to God by speaking about them - aloud - to a priest.
- **Penance:** an important part of our healing is the penance the priest imposes for reparation for our sins.
- **Absolution:** the priest speaks the words by which "God, the Father of Mercies" reconciles a sinner to Himself through the merits of the Cross.

Rite of Reconciliation

Reconciliation may be face-to-face or anonymous, with a screen between you and the priest. Choose the option that is the most comfortable for you.

1. The Priest gives a blessing or greeting.
2. Make the Sign of the Cross and say "Bless me father, for I have sinned. My last confession was... (how long ago)."
3. Confess your sins to the priest, (If you are unsure or uneasy, tell him and ask for help.)
4. Say, "I am sorry for these and all of my sins."
5. The priest assigns the penance and offers advice to help you be a better Catholic.
6. Say an Act of Contrition, expressing your sorrow for your sins. The priest, acting in the person of Christ, then absolves you from your sins.

In Our Parish

Reconciliation - A Short Guide (continued)

How to Make A Good Confession

Confession is not difficult, but it does require preparation. We should begin with prayer, placing ourselves in the presence of God, our loving Father. We seek healing and forgiveness through repentance and a resolve to sin no more. Then we review our lives since our last confession, searching our thoughts, words, and actions that did not conform to God's love, to His law, or the laws of the Church. This is called examination of conscience.

- Begin with a prayer asking for God's help.
- Review your life with the help of some questions, which are based in the 10 Commandments.
- Tell God how truly sorry you are for your sins.
- Make a firm resolution not to sin again.

An Examination of Conscience

An examination of conscience is the act of looking prayerfully into our hearts and asking how we have hurt our relationships with God and other people through our thoughts, words, and actions. We reflect on the Ten Commandments and the teachings of the Church. The questions below help us in our examination of conscience.

- What steps am I taking to grow closer to God and to others? Do I turn to God often during the day, especially when I am tempted?
- Do I participate at Mass with attention and devotion on Sundays and Holy Days of Obligation?
- Do I pray often and read the Bible?
- Do I use God's name and the names of Jesus, Mary, and the saints with love and reverence?
- Have I set a bad example through my words or actions? Do I treat others fairly? Do I spread stories that hurt other people?
- Am I loving toward those in my family? Am I respectful of my neighbors, my friends, and those in authority?
- Do I value human life? Do I do what I can to promote peace and end violence? Do I avoid talking about others in ways that could harm them?
- Have I taken or damaged anything that did not belong to me? Have I cheated or copied homework?
- Have I told the truth even when it was difficult?
- Do I show concern for the poor and offer assistance to them in the ways I am able? Do I show concern for the environment and care for it as God has asked?
- Do I quarrel with others just so I can get my own way? Do I insult others to try to make them think they are less than I am? Do I hold grudges and try to hurt people who I think have hurt me?

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen



Holy Week Schedule **Triduum**

Palm Sunday Mass

April 1 & 2, 2023
Saturday at 5:00 pm
Sunday at 8:00 am, 9:30 am & 11:00 am

Holy Thursday

Mass of the Lord's Supper
April 6, 2023 at 8:00 pm*
Following Mass, Adoration of the Blessed Sacrament
Will be observed until 10:00 pm

Good Friday

April 7, 2023
Liturgy of the Lord's Passion at 3:00 pm*

Holy Saturday

April 8, 2023
Blessing of Food at 11:30 am
Easter Vigil at 8:00 pm*

Easter Sunday

April 9, 2023
8:00 am, 9:30 am* & 11:00 am

Mass available via livestream where noted

Lenten Abstinence & Fasting **Guidelines & Reflections**

Abstinence from meat is to be observed by all Catholics 14 years and older on all Fridays during Lent. Fasting is to be observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 59. Those who are bound on by this may fast from one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid food between meals is not permitted.

Lent calls us to be with Jesus. Making Jesus our focus and placing ourselves in His Presence will bring us closer to live as resurrected Christians at Easter. Choose these forty days to live with Christ who was nourished by prayer and fasting and lived in communion with God.

For daily Lenten reflections, please visit:

www.lentreflections.com
www.atonementfriars.org/lenten-reflections

Every time you collaborate with God to create a Holy Moment...*the real you* emerges. Most people live and die without even scratching the surface of their potential. Don't let that be your story! Let Holy Moments reveal what the real you can do. And the real you is amazing! He knows God deeply. She loves her family patiently. The real you fills the world with undeniable goodness. You've caught glimpses of that person before. Now it's time to start living every day at the real you. It only takes a handful of Holy Moments to flood your soul with joy and show you a new and exciting vision for the rest of your life. Join us and experience the *Best Lent Ever!*

www.dynamiccatholic.com/best-lent-ever

In & Around Town

Happy 10th Anniversary Pope Francis!

On March 13, 2023, we will celebrate ten years since Pope Francis was first elected - 10 years of a papacy full of mercy, joy, and hope. Let us pray for our Holy Father, Pope Francis.

*O God, shepherd and ruler of all the faithful,
look favorably on your servant Francis,
whom you have set at the head of your Church as her
shepherd;*

*Grant, we pray, that by word and example
he may be of service to those over whom he presides
so that, together with the flock entrusted to his care,
he may come to everlasting life.*

*Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the
unity of the Holy Spirit, one God,
forever and ever.*

Amen.

<https://catholicnewsheald.com/88-news/fp/9016-pope-francis-10>



Day of Prayer

Tuesday, March 14, 2023

Join us for a day of prayer based on the book *The Gift of Years – Growing Older Gracefully* by Sr. Joan Chttister, Benedictine Sister of Eire. Sr. Joan speaks of there being the “young/old, 65-74; the old/old: 75-84, and the oldest/old, 85 and over” **All** of these ages have some things in common - and each of them face specific issues at the same time.

The Day of Prayer will be held at the Loyola Jesuit Center, 161 James Street, Morristown from 9:00 am - 3:00 pm. Come and spend a prayer day pondering, with soul friends and God, the transitions in your own life noticing how the presence of God has been with you and where do you go from here.

To register for the day, please visit the Loyola website:

www.loyola.org/events/day-of-prayer-anna-graziano

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Hope for Haiti Dinner Dance & Auction

Saturday, April 22, 2023

Please join us as we raise money to support Dr. Maklin and New Hope Hospital in their mission to help the people of Haiti. We will host a dinner dance event in Heritage Hall, including a catered dinner, DJ and dancing and Silent Auction. Tickets are \$50 per person - 100% of proceeds will be donated directly to New Hope Hospital via the Haiti Hope & Promise Foundation.

The dinner will be held on Saturday, April 22 from 6:30 pm – 10:00 pm at St. Matthew's. More details will follow soon but please keep the date clear so you can attend!

~ The St. Matthew's Social Committee



Kids Korner

Lent Word Search



WEDNESDAY	RELIGION	EASTER	ASHES	CROSS
SACRIFICE	LITURGY	CHURCH	JESUS	PALMS
KINDNESS	FASTING	PURPLE	FORTY	LENT



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February 22, 2023

St. Matthew The Apostle Parish
335 Dover Chester Road
Randolph, NJ 07869

Dear Confirmation Candidates:

On behalf of the Randolph Township Department of Parks, Recreation and Community Services, I want to thank everyone who participated in the service project to "tackle hunger" that resulted in such a generous donation of all types of paper products and peanut butter and jelly for the Randolph food pantry.

I am grateful for all of your hard work. Your support makes it possible for us to continue to help our neighbors who find themselves to be in need.

Thank you for choosing the Randolph pantry for your donations. I look forward to working with you in the future. Thank you again for such a generous donation.

Wishing you all the joy and happiness in the world as you make your Confirmation!

Sincerely,

A handwritten signature in black ink that reads "Barbara Lukavich". The signature is written in a cursive, flowing style.

Barbara Lukavich
Parks and Recreation Services Coordinator
Randolph Township

In Our Parish

Celebrate the Sacraments

Baptism: Baptism is celebrated on the 1st and 3rd Sunday of the month after the 11:00 am Mass and on the 4th Sunday during the 11:00 am Mass. Please call the Parish office at least two months in advance to make arrangements.

First Reconciliation & First Communion: Our Faith Formation Program begins with Grade 1. First reconciliation and First Communion is a 2-year program. Please call the Faith Formation office to register your child.

Confirmation: Confirmation is a 2-year program beginning in 9th grade. Students will receive the Sacrament of Confirmation in the spring of their 10th grade year.

Matrimony: Couples are asked to contact Fr. Brian directly in the Parish office at least one year in advance.

Anointing of the Sick: Please call the Parish office at anytime for Communion calls or visitation of the sick or elderly. Holy Communion may be brought to the home of any person who is temporarily or permanently homebound.

Rite of Christian Initiation for Adults (RCIA): RCIA prepares adolescents and adults for Baptism and full Communion into the Catholic Church. Please call the Parish office for information

New Parish Registration

St. Matthew's invites everyone to participate in our spiritual, educational and social life. Please complete a registration form and join our Parish family! Forms may be found on the Parish website, in the Gathering Space or you may contact the Parish office and we will mail/email the registration form to you. Registration is required for Religious Education Programs and for the reception of all Sacraments. ***Only active, registered members of the Parish may receive sponsor forms for Baptism or Confirmation.*** If you need a sponsor form, please contact the office and we will be happy to assist you.

Updating Parishioner Registration

Registered Parishioners: Do you have a new email address? mailing address? phone number? Please be sure to contact the Parish office with any changes to your contact information. It will allow us to continue to provide Parish and community news and updates in a timely manner. Do you have an adult child who no longer lives at home? It is important for young adults to establish their own registration. Please contact MaryAnn Spagnuolo in the Parish office with any questions (973) 584-1101, ext. 205.

Homebound or Hospitalized



If you have friend or loved one who is homebound or hospitalized and would like a visit and the opportunity to receive Holy Communion, please contact the Parish Office (973) 584-1101. Thank you for helping us support those in our Parish Community.

Parish Ministries & Contact Information

Altar Servers	Deacon Ed Keegan	(973) 927-1146
Bible Study	Suzanne Johnson	(973) 361-1028
Bridges	Debbi Tavares	(973) 895-8874
Church Environment	Tom & PeggyAnn Meola	(973) 895-4437
Eucharistic Adoration	Tom & PeggyAnn Meola	(973) 895-4437
Eucharistic Ministers	Andy & Doreen Guzo	(973) 451-0814
Faith Kitchen	Andy & Doreen Guzo	(973) 451-0814
Finance Council	John Potter	(201) 723-4180
Food Pantry	Deacon Bill Ruane	(201) 787-0029
Friends of Bill	Gerry	(973) 219-9261
Fundraising	Parish Office	(973) 584-1101
Funeral Ministry	Parish Office	(973) 584-1101
Greeters	Darcy Ronchi4	(973) 328-4573
Interfaith Furnishings	Mary Jo Welch	(973) 361-1666
Lectors	Ro Peach	(973) 584-1041
Liturgy	Fr. Brian Quinn	(973) 584-1101
Marriage Preparation	Deacon Ed & Sandie Keegan	(973) 927-1146
Marthas & Marys	Beth McNeilly	(973) 989-7547
Matthew's Men	Deacon Bill Ruane	(201) 787-0029
Meals on Wheels	Gene Cottrell	(973) 722-7733
Music Ministry	Kathy Burke	(973) 610-5654
Parish Leadership Team	Deacon Bill Ruane	(201) 787-0029
Prayer Chain	Debbi Tavares	(973) 895-8874
RCIA	Deacon Ed Keegan	(973) 927-1146
Shopper's Club	Rosanna Pasquale	(201) 247-8196
Ushers	Parish Office	(973) 584-1101
Women's Cornerstone	Peggy Wagner	(973) 432-8486
Women of Faith	Moiria Dziomba	(973) 584-1101
Youth Group	Heather Baez	(973) 584-1101
Youth Protection (Virtus) Coordinator	Karen Loveys	(973) 584-1101

St. Matthew the Apostle Parish

335 Dover Chester Road
Randolph, NJ 07869
Phone: (973) 584-1101
Fax: (973) 584-0499

Website: www.stmatthewsrandolph.org
Facebook: @SaintMatthewsRandolph
Flocknote: stmatthewsrandolph.flocknote.com

Office Hours: Monday - Thursday: 9:00 am - 3:00 pm
Friday: Closed

In & Around Town

Pilgrimage to Fatima & Lourdes

with St. Therese Parish

Informational Meeting - March 15, 2023

Join St. Therese Church in Succasunna on a Pilgrimage to Fatima & Lourdes from October 1, 2023 - October 10, 2023. The trip will offer two nights in Fatima, two nights in Burgos, Spain, two nights in Lourdes and two nights in Barcelona.

If you are interested in this wonderful opportunity, please plan to attend a meeting on Wednesday, March 15, 2023 at 3:00 pm in the all purpose room at St. Therese Church. If you have any questions or would like to attend the meeting, please contact Pat Howlett at (862) 432-6475.

Broken & Blessed: Men in Communion with Christ

Friday, March 24, 2023

Calling all men in the Diocese of Paterson to a Lenten Evening of Prayer at Saint Paul Inside the Walls (205 Madison Avenue, Madison) beginning at 6:00 pm. As we journey through this Lenten season, why not join us for a men's night of pizza, penance and prayer? Bishop Emeritus Arthur Serratelli will present a reflection on the Eucharist and the evening will include both Adoration of the Blessed Sacrament and an opportunity for Confession.

Catholicism from Scratch

Saturday, March 25, 2023

Join us on Saturday morning, March 25, 2023, at 10:00 am for this self-contained session on specific topics, focusing on the basics of Catholicism for those who need a brush-up, those who missed it the first time around, or those who never heard it before. We are using Bishop Barron's video series, "The Creed," to orient, inform and energize our discussions. The topic for March is *The Church*.

=====

For more information or to register for either program, visit

<https://insidethewalls.org>



Randolph Arts in the Park

Veterans Park, Randolph

Saturday, May 20, 2023

Randolph Arts in the Park will be held on Saturday May 20 from 11:00 am – 5:00 pm (rain date May 21) at Veterans Community Park on Calais Road. The event will feature visual, performing, and literary artists, along with activities for children and a variety of food trucks. Admission and parking are free. Please come out and support the local artists and enjoy the day!

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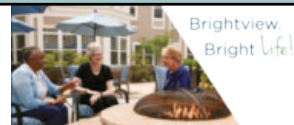
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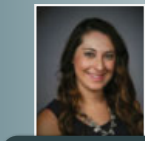
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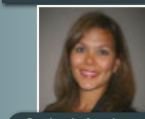


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