

Our Lady of Mount Carmel

Sunday, July 5, 2020
Fourteenth Sunday in Ordinary Time



PARISH STAFF

Father Abuchi F. Nwosu Pastor
fatherabuchi@aol.com
Father Peter Oddo Weekend Assistant
Deacon Anthony Barile
Deacon Al Kucinski
Deacon Edward Muller
Dan Salvatore Coordinator of Religious Education
Caroline Mazzola Secretary
Ann Johnson Secretary

PARISH OFFICE

203 Newton-Swartswood Road • Swartswood, NJ 07860

Hours 9:00 am - 1:00 pm

Phone 973-383-3566

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Web www.olmcswartswood.org

RELIGIOUS EDUCATION OFFICE

Hours 9:00 am - 1:00 pm

Phone 973-579-2355

Email olmcccd@gmail.com

OLMC JOY CLUB (Just Older Youth)

Patricia Cholasta 973-534-7733

YOUTH MINISTER

Aneesha Begraft mtcarmelyouths@gmail.com

KNIGHTS OF COLUMBUS, Council 9920

Vincent Kornmeyer Grand Knight
olmckofc9920@gmail.com

WEEKEND MASSES

Saturday 5:00 pm

Sunday 7:30, 9:00 & 11:00 am

DAILY MASSES

Monday-Saturday 8:30 am (except Wednesday)

Wednesday 7:00 pm

First Friday Mass 2:00 pm

@Homestead Nursing Home

Holy Days 8:30 am & 7:00 pm

EUCCHARISTIC ADORATION

Monday 9:00 am - 12:00 pm

SACRAMENT OF RECONCILIATION

Saturday 4:15 - 4:45 pm

SACRAMENTS OF BAPTISM, MARRIAGE & ANOINTING OF THE SICK

Please contact the office to arrange.

*There is no 7:30 AM Mass until further notice

Masses for the Week

Saturday, July 4

AM 9:11-15 / MT 9:14-17

9:00 am Peace in Our Nation

by Parish Staff

5:00 pm Anne Savacool

by Liz Ryan

Sunday, July 5

ZEC 9:9-10 / ROM 8:9, 11-13 / MT 11:25-30

7:30 am Deceased Members of the Muller and

Weisser Families

by Deacon Ed & Mary Lou Muller

9:00 am Intentions of Charles Sullivan

by John Sullivan

11:00 am Wayne Francis Rowe

by Deacon Tony & Beth Barile

Monday, July 6

HOS 2:16, 17C-18, 21-22 / MT 9:18-26

8:30 am In Honor To All Celestial Choirs of Angels

by C. Tirado

Tuesday, July 7

HOS 8:4-7, 11-13 / MT 9:32-38

8:30 am Intentions of Tierney Veliz

by Larry & Mary Anne Condit

Wednesday, July 8

HOS 10:1-3, 7-8, 12 / MT 10:1-7

7:00 pm Scholastica Ndeche

by Deacon Ed & Mary Lou Muller

Thursday, July 9

HOS 11:1-4, 8E-9 / MT 10:7-15

8:30 am Health and Blessing for Connie Hackel

by Lisa Cangelosi

Friday, July 10

HOS 14:2-10 / MT 10:16-23

8:30 am Ranonita Roman

by C. Tirado

Saturday, July 11 Memorial of St. Benedict, Abbott

IS 6:1-8 / MT 10:24-33

8:30 am Special Blessing to Fr. Jaime Reyes, DSB

by C. Tirado

5:00 pm Intentions of Bruno Curulli

by Mazzola Family

Sunday, July 12

IS 55:10-11 / ROM 8:18-23 / MT 13:1-23 or 13:1-9

7:30 am Neche S. Ndeche

by Lisa Cangelosi

9:00 am Wladyslawa Koltec

by Knas Family

11:00 am Susan McGovern

by Meyer & Hartmann Families

PLEASE REMEMBER TO PRAY FOR THE FOLLOWING

Ann Bott, Walter & Concetta Brock Jr., Bradley Burchfield, Ellen Burroughs, Ted Cassera, Joseph Colon, Olivia Compton, Fr. Angelus Croce, Stephanie Cuomo, Ingrid Diaz, Steve DeAngelis, Kara Deserto, Ray Doyle, Barbara Ingallinera, Eva Kieger, Ava Kljajic, Michael Kochanski, Bruce Konar, Joshua Koontz, Alex Krucinski, John Kucinski, Kden LeoGrande, Pete Mahler, Maria Mallozzi, Mary Jo Manno, Deacon Charles Mathias, Susanne Martone, Greyson Christopher Mueller, Deacon Ed Muller, Mary Ellen Nienstedt, Stephen Osborn, Jason Parker, Harry Pasternak Sr., Lorraine Paxton, Laura Pierce, Peter F. Reynolds, Tammy Rivers, Charles Schult, William Schult, Carol Rock, Colleen Romano, Olga Romeo, Linda Ross, Rose Marie Sciascia, Carole Salvatore, John Samsock, Greg Schmiditty, Marianne Skrocki, Debbie Smith, Stephanie, Andrew Sorce, Richie Sorce, Kenneth Spellman, Dale Swoboda, Connie VanHoven, David & Vince Ventresca, Fred Worman, Brooke Zaleski

A GOOD STEWARD

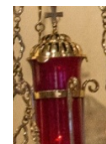
Sunday

June 28	\$ 2,401.00
Online Giving	\$ 825.00
Bishop's Relief	\$ 237.00
Online Giving	\$ 75.00

Thank you for your generosity!

*Next weekend's 2nd collection is for Diocesan Assessment

*This Week
the Sanctuary Lamp Burns for
Sylvia Arotin*



WOMEN AND MEN OF THE ARMED FORCES

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Major Brandon Bennett, NJ Army National Guard (Federal); Larisa Furs, US Navy; Capt. Jason Gieniewski, US Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik, Jr., National Guard; Pvt. Chance Phillips, Army; Captain Cheryl Ryan, US Army; Seaman Recruit Tyler Joseph Salonia; Ethan Swartz; Michael Valeich, Staff Sergeant; Pvt. Kyle Titus, US Army; Pvt. Zachary Wharton, Robert Williams, Airman



PARISH PARKING LOT & SECURITY**CAMERAS**

My dear parishioners, we are raising funds for our parking lot and security cameras for our safety. The camera installation will cost over \$2,500.00 and the parking lot will cost over \$92,000.00. It will be great when it's finished.

Honestly, I have *NO* idea how much to ask you for, but a gift of \$_____ is something you'd be able to consider? You can also make a pledge to be paid in installments. Envelopes are provided for your convenience at all doors of the church. Please fill out the amount of your contribution or if you want to make monthly installments over a 12 month period.

Together we can build our parish and I thank you for your tremendous support all this while.

Total received to date: \$ 52,720.00

Unpaid pledges: \$ 1,575.00

Total: \$ 54,295.00

SACRAMENTAL NEEDS

Sacrament of Anointing: Please call the parish priest as soon as there is any serious illness.

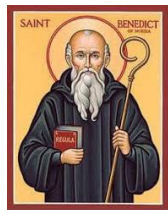
Ministry to the Sick: Please call the parish office for a priest visit to the physically handicapped, aged, hospitalized, sick and shut in.

Sacrament of Reconciliation: The Sacrament of Reconciliation is celebrated individually every Saturday afternoon at 4:15pm or by individual appointment with Fr. Abuchi at any time.

Baptisms: Parents may contact the parish before or after their child's birth. The Sacrament of Baptism is celebrated every Sunday at the 11 am Mass or after. We also accommodate other days. You will be invited to attend a Pre-Baptismal session either before or after the birth of your child.

Sacramental Marriage ~ The couple should contact the office several months before the desired date for the marriage to insure proper preparation for this Sacrament. Those who are civilly married may also contact the priest to help them convalidate their marriage in the Church.

Sponsor Certificates: Letters of recommendation for sponsors of the Sacraments can be issued only to active registered members of the parish who are receiving the Sacraments on a regular basis.

Memorial of Saint Benedict, Abbott

Before the time of St. Benedict, to be a monk meant to wander into the Syrian desert and never come back, to climb a rocky summit in the Sinai and never descend, to sit cross-legged atop a pillar, to fast to emaciation or to remain wordless as a hermit in a damp cave in Lebanon. Saint Benedict changed all of this. This revolutionary introduced evolutionary change, a new way for monks to be radically committed to Christ. No more would a monk have to perch like a hawk in its eyrie, alone, gazing over the valley below. When Benedict opened his mouth and called the monk out of the desert, down from the mountain, off of his pillar and out of his cave, monks answered. Benedict founded Western monasticism, the communities of monks who pray, eat, work and socialize together in a common chapel, refectory, field and workshop. Benedictine monks created Europe out of the vacuum of blackness and disorder which enveloped the land after Roman order disintegrated. So many centuries later, the pioneering path that Benedict cut for Western civilization is difficult to appreciate. What was fresh is now ancient. What was revolutionary is now just the way things are.

The Church has been blessed through Benedictine devotion to the liturgy, not only in its actual celebration with rich and proper ceremony in the great abbeys but also through the scholarly studies of many of its members. Liturgy is sometimes confused with guitars or choirs, Latin or Bach. We should be grateful to those who both preserve and adapt the genuine tradition of worship in the church.



“Notice He does not offer us a pillow, a resort for vacation or a fully funded 401K but only an invitation to get some rest.”

Are you right now exhausted from your routine? Who are actually those who labor and are heavy-burdened? So many people of our time still fit that description. Our children might no longer work in mines, and we no longer turn our fields by hand, but many workers have to put in long hours of demanding work. For these people, it is heavy load hours of work in various places. They spent stressful long hours in order to provide the basics of food and shelter for their families. In the midst of our suffering, hard work or stress, the words of Jesus today offers some comfort and rest.

These words of our Lord Jesus were taken from Saint Matthew in our Gospel for today. It has inspired many people and artists. In fact, you may have seen these words engraved on tombstones, recited at twelve step recovery programs, and printed over the doors of homeless shelters, hospitals, and chapels. It reads, “Come to me, those of you who are burdened and heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am meek and lowly, and you will find rest for your souls.” These words of Jesus are often quoted; so often. It is simply the invitation to find **rest** for those who are exhausted and burdened. "Many of us right here today this morning are reeling under a staggering load of grief, guilt, debt, sickness, emotional trauma, or physical exhaustion. We need a break, a recess, a chance to come up for air, a chance to start all over. If not today, then you have been here before, and you might be at this point of exhaustion one day again in the future."

Longing to go home to rest is a sign of tiredness or stress. This is the reason people stare at the clock on the wall at work, waiting and wishing its hands to strike 3:00, 4:00 or 5:00 on Friday. We just want to hang on until the weekend—a time to sleep late in the morning, to play and hang out with our friends and family, to watch some sports on TV, in short—to rest. And when the weekend is not enough, we long for a vacation. Or even better, retirement. In our gospel today, Jesus acknowledges our need for rest, and He offers it to us. "But notice He does not offer us a pillow, or a hammock, or a fully funded 401K. The offer of Jesus is not to take a nap, or a vacation, or to retire from life. Instead He offers us a yoke. Imagine that, to those of us who are absolutely exhausted, He offers a yoke!" By offering us a “yoke”, He wanted us not to go alone. He wanted us to draw from His strength, His companionship, His partnership and most of all to draw from His love and care for us. The question is: are you willing to turn to Him when you feel burdened, in pain or in a moment of uncertainty or do you prefer to be alone? --**Fr. Abuchi**



QUOTE OF THE WEEK:

“Act as if every day were the last of your life and each action the last you perform.”

--Saint Alphonsus Liguori